

Self-Directed Learning Plan: Cesar D. Spaniol Ramos

This plan was produced in the Self-Directed Learning class based on the goals and process that Cesar D. Spaniol Ramos wanted to execute. This plan can be changed at any time and is an aid in thinking about the process of being a self-directed learner, in essence, becoming both the student and the teacher.

- ☐ Develop Your Specific Learning Goals
- ☐ Develop the Why for Your Goals
- ☐ Outline Your Plan
- ☐ List Your Internal Needs and Plan How to Handle Them
- ☐ List Support Systems and What You Need From Them
- ☐ Start Building Mental Models For Your Learning Goals
- ☐ Start Doing Course(s) or Program(s)
 - ☐ When Times Get Hard, Reread Your Why
 - ☐ Take Care of Yourself - You Can Do It All
 - ☐ Use Your Support System
- ☐ Have Fun and Choose Powerfully!

1. Goal

my educational goals is to archived a bachelors in computer science and then hopefully be certifies in government certifications that are fundamental to succeed in my job area. the main reason why i am getting a bachelors in computer science is because i like the challege due to the fact that even my own family doubted my abilities. Even though i support myself i have come closer to making that goal. my education goals is to be informed about military intelligence and be the best at it. this course will help me by expading my skills.

2. Your Why

1. Your “WHY” in taking this course

why taking this course, because web programming was the reason i went into computer science. I liked the design of computer programs/web and how you can express yourself on your design which impacts your thinking out the box and creativity.

2. Your “WHY” for self-directed learning

why self directed learning, well because that way i am more serious about my work and putting on the dedication knowing that i will struggle but learn once i figure out the problem at my own pace and time.

3. Desired Emotions

self accomplishment, confident, accomplished, brave

4. Your Desired Self-Talk

i have done harder things

everyone is not the same, i can do it like before

i can do this, i gotten this far

i will succeed

5. Learn to Learn How to Learn (L3) - Outline

Subject: A Subject area i know a lot about is military networks.

Outline:

military networks have multiple levels

division highest level of security that determines the capabilities of the missions for the networks

battalion implements and distributes the information of the networks

company trains few leaders to use and secure information to keep networks secure

platoon deploys the training and policies to keep the local networks secure

section updates, informs and maintains the local networks used for the company and individuals.

6. Generalization

Generalization Video Notes:

near learning helps with the most common techniques and far learning helps with more deep knowledge of the problems presented.

Generalization Video Learnings:

the concepts learned in my educational journey impacts my personal journey,
group learning teaches the environment of social work.
reflection about the success and failures of projects improves to overcome the thinking to succeed.

7. Example of Mental Model - What Does That Mean game

Fundamental: running is the subject area and a fundamental concept is breathing endurance.

Level 1: the concept implies that you need to control your breathing technique to last longer

Level 2: this implies that the breathing technique needs to be practiced to ensure better endurance

Level 3: this implies that you need to practice your breathing while running

Level 4:

Level 5:

8. Your Plan

everyday check icollege.
go through the due dates.
work on homework and assignments in advance.
prioritize assignments.
work everyday including weekends.
take break when neccessary and keep on workin on homework,

9. Internal Setup

Physical

physical health needs for me are eating well, sleep minimum 7 hours and exercise to keep up with the mental stress after long hours of homework.

Mental

mental needs for me, would be listening to music, working out and having time of piece which is either a quiet place or watching videos about astronomy.

Spiritual

spiritual need for would be self care by listening to music or doing long drives which helps to relax me. spiritual needs would mean church acivities or anything related to a higher being but it does not apply to me due to the fact that it is better to live as a good person rather than religious.

Alocated Time

everyday i log in to the classes to check my work and due out which helps me stay constant with the homework and assignments of the class. depending of the urgency of the assignment i place it in priority and work on the most recent due date assignments until it is done.

Environmental Setup

my environmental setup the past three years have the home set up of two screens which helps with the ability to multitask. It is a quiet place and i have learned to concentrate because it is a home office.

10. External Setup

Need 1 & People

need to remind me to stay focus – my girlfriend reminds me of things that needed to be finished

Need 2 & People

need to remind me about class – my brothers from to time when it becomes late at night and say to come watch a movie or show we all like.

Need 3 & People

need to relax and think about the goals – my brothers from to time when it becomes late at night and say to come watch a movie or show we all like.

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