The association between education and earnings in the 1997 National Longitudinal Survey of Youth.

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Introduction

Explanation of Research Topic

Using data from the National Longitudinal Study of Youth, we analyze the relationship between education and poverty. We hypothesize that increased levels of education lead to less poverty. While many studies have already shown this to be true of earlier cohorts (Card, 1994), to our knowledge, there has not been a study to date that analyzes this relationship using the more recent 1997 cohort. This analysis is relevant as it has been rumoured (Chetty et al., 2018) that the offspring of the Baby Boomer generation are slated to earn less (on avearge) than there progenitors.

Design

We conducted a cross-sectional cohort study using the most recent responses to the NLSY follow-up surveys which were conducted in 2015. Our primary outcome is the ratio of household income to the poverty level in 2015. The primary exposure of interest is the highest level of education acheived. We model the ratio of income to poverty as a continuous variable using multivariate linear regression.

Data Source

The 1997 National Longitudinal Survey of Youth¹ consists of repeat observations on 8,984 U.S men and women born in the years 1980-84; respondents were ages 12-17 when first interviewed in 1997. This cohort has been interviewed several times since 1997 and most recently in 2015. While each survey in the NLSY has over 100,000 variables, the features we are interested in are income and education. In adjusted analysis, we consider a subset of features including: employment history, family background, marital status, childcare & fertility, health, attitudes, and crime & substance use.

¹ U.S. Bureau of Labor Statistics (BLS) website NLSY-1997

Methods

Cohort & Exclusions

In the first step of our analysis we exclude any respondents that had no interviews in 2015. We can identify this with the CVC_RND_XRND feature which is an integer representing each year since 1997. Since we only want respondents to the 2015 wave we remove anyone with CVC_RND_XRND < 17. This resulted in an exclusion of 1,881 respondents from our cohort.

Outcome

There are several income related questions on the NLSY, including the below. In the current analysis we are primarily interested in the CV_HH_POV_RATIO features. We used the ratio of household income to the poverty level in 2015 as our main outcome. Adjusted analysis included the same metric from 1997 to account for the baseline wealth of the respondents household.

Select income features from the NLSY 1997.

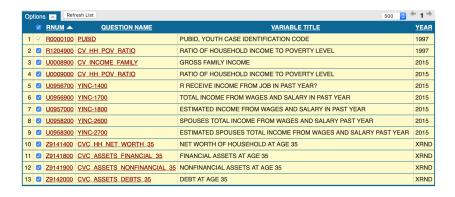


Figure 1: Income Variables

Primary exposure

The primary exposure of interest in this analysis was the highest degree received as of 2015 (CVC_HIGHEST_DEGREE_EVER). This feature has the following possible allowed responses:

```
0 None
1 GED
2 High school diploma (Regular 12 year program)
3 Associate/Junior college (AA)
4 Bachelor's degree (BA, BS)
5 Master's degree (MA, MS)
6 PhD
7 Professional degree (DDS, JD, MD)
```

Adjustment features

The NLSY has hundreds of demographic and socio-economic data on their respondents. In the current analysis we decided to focus on a subset of these, including: sex, race, marital status, whether the respondent resides in a metropolitan statistical area (MSA), the number of biological children, and the health status of respondent.

We selected sex to account for the differences in earnings potential across genders, and similar reasoning was followed when including race. We included marital status to account for the potential increase in household wealth resulting from a potential spouses income. MSA was included to accouunt for spatial differences in income. We included the number of children to adjust for the fact that children are very expensive. Finally we included the health status of the respondents as illness can impact longterm earnings due to extended absences from work.

Statistical Analysis

In analyzing this data the BLS recommends using their post-stratification survey weights. Thus we use survey weighted least squares regression to assess the relationship between the poverty ratio and education. Specifically our primary model can be parameterized as²

$$R \sim \beta_0 + \beta_1 X_{Education}$$

Where R is the ratio of household income to the poverty level in 2015. For the adjusted analysis we considered the following model:

$$R \sim \beta_0 + \beta_1 X_{Education} + \beta_2 X_{Female} + \beta_3 X_{Race} + \beta_4 X_{HealthStatus} + \beta_5 X_{MaritalStatus} + \beta_6 X_{MSA} + \beta_7 X_{zChildren}$$

² All statistical analysis was conducted with the survey package (Lumley, 2004) in R (R Core Team, 2019). This report was rendered in markdown (Allaire et al., 2018) using the tint template (Eddelbuettel and Gilligan, 2019).

Results

Univariate Statistics

Looking at our table of demographics we can get a better idea of our sample. The majority of the sample is White (70.4%), in good to very good health (66%), married (48%), live in the suburbs (56%), have on average 1.4 children, are relatively wealthy and earn ~4 times the poverty rate, and 40% have some post-High School education.

```
kableone(svyCreateTableOne(data = svyds
          , vars = c("Female", "Race", "HealthStatus"
            , "MaritalStatus", "MSA", "Children"
             , "PovertyRatio1997", "PovertyRatio2015"
             , "HighestDegreeCat"))
         , caption = 'Table 1: Patient demographics, poverty, and education.')
```

Table 1: Table 1: Patient demographics, poverty, and education.

	Overall
n	1937845395.00
Female (mean (SD))	0.49 (0.50)
Race (%)	
Non-Black / Non-Hispanic	1364176820.0 (70.4)
Black	298706421.0 (15.4)
Hispanic	249228863.0 (12.9)
Mixed Race (Non-Hispanic)	25733291.0 (1.3)
HealthStatus (%)	
Excellent	427569314.0 (22.1)
Very good	708926429.0 (36.6)
Good	569948794.0 (29.5)
Fair	195855146.0 (10.1)
Poor	32709511.0 (1.7)
MaritalStatus (%)	
Married	931275521.0 (48.3)
Never Married	784853466.0 (40.7)
SepaDivoWido	211743832.0 (11.0)
MSA (%)	
Not in CBSA	86808761.0 (4.5)
In CBSA, not in central city	1077689180.0 (55.7)
In CBSA, in central city	745809844.0 (38.5)
In CBSA, not known	4149829.0 (0.2)
Not in country	20835996.0 (1.1)
Children (mean (SD))	1.38 (1.36)

	Overall
PovertyRatio1997 (mean (SD))	3.15 (2.80)
PovertyRatio2015 (mean (SD))	4.11 (3.75)
HighestDegreeCat (%)	
None	140074265.0 (7.2)
GED	230946962.0 (12.0)
High School	765319880.0 (39.6)
Associate	167835390.0 (8.7)
Bachelor	428004573.0 (22.1)
Master	155251148.0 (8.0)
PhD	13658359.0 (0.7)
ProfessionalDegree	31230839.0 (1.6)

Bivariate Relationships

Looking at some bivariate relationships between poverty rate and our adjustment features we see some evidence towards confirmation of our hypothesis. The increasing trend in wealth with increasing education is made apparent in Fig. 2.

```
par(mfrow = c(1,2))
svyboxplot(PovertyRatio2015 ~ HighestDegreeCat
           , design = svyds, horizontal = TRUE
           , las = 2, main = "PovertyRatio2015 ~ HighestDegreeCat")
svyboxplot(PovertyRatio2015 ~ HealthStatus
           , design = svyds, horizontal = TRUE
           , las = 2, main = "PovertyRatio2015 ~ HealthStatus")
par(mfrow = c(1,2))
svyboxplot(PovertyRatio2015 ~ MaritalStatus
           , design = svyds, horizontal = TRUE
           , las = 2, main = "PovertyRatio2015 ~ MaritalStatus")
svyboxplot(PovertyRatio2015 ~ factor(Female)
           , design = svyds
           , main = "PovertyRatio2015 ~ Female")
```

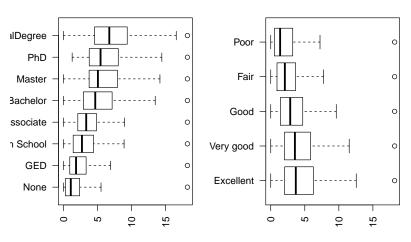
Main Effect

We begin modeling our relationship with the single predictor first. Since we are dealing with survey weighted data we run a survey weighted regression in addition to the standard OLS model. Wald tests for the significance of this regression model are highly significant, providing evidence towards a relationship between education and wealth.

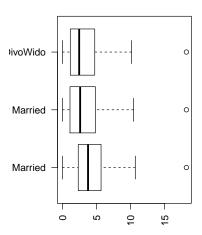
PovertyRatio2015 ~ HighestDegreeC

PovertyRatio2015 ~ HealthStatus

Figure 2: Boxplots reveal a nice linear trend with more education and health.



PovertyRatio2015 ~ MaritalStatus



PovertyRatio2015 ~ Female

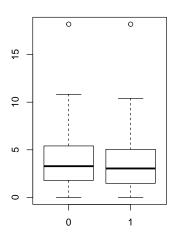


Figure 3: Boxplots reveal slight decreases in poverty across sex and marital status (SepaDivoWido is the separated, divorced, or widowed category).

```
# Survey weighted model
svym01 <- svyglm(PovertyRatio2015 ~ HighestDegreeCat, design = svyds)</pre>
# Ignoring the weights
m01 <- lm(PovertyRatio2015 ~ HighestDegreeCat, data = ds)</pre>
# Wald test
regTermTest(svym01, ~HighestDegreeCat)
Wald test for HighestDegreeCat
in svyglm(formula = PovertyRatio2015 ~ HighestDegreeCat, design = svyds)
F = 133.6054 on 7 and 6292 df: p = < 2.22e-16
anova(m01)
Analysis of Variance Table
Response: PovertyRatio2015
                   Df Sum Sq Mean Sq F value
HighestDegreeCat 7 12956 1850.91 173.64
Residuals
                 6292 67070 10.66
                    Pr(>F)
HighestDegreeCat < 2.2e-16 ***</pre>
Residuals
___
Signif. codes:
  0 '*** 0.001 '** 0.01 '* 0.05 '. 0.1 ' 1
```

To see how close the effect sizes are for the survey weighted and standard models we can quickly plot the coefficient and 95% confidence intervals. From Fig. 4 we can see that the coefficient estimates are guite close whether we decide to include the survey weights or not. Interestingly, while the estimated effect due to PhD is significant it is highly unstable (high variability) and does not appear to be significantly different from the effect of Master's.

```
# Create dataFrame of coefficient estimates
coefMain <- rbind.data.frame(confint(m01), confint(svym01))</pre>
names(coefMain) <- c("LB", "UB")</pre>
coefMain$Estimate <- c(coef(m01), coef(svym01))</pre>
coefMain$Term <- gsub("HighestDegreeCat","", gsub("\\d+","", rownames(coefMain)))</pre>
coefMain$Model <- c(rep("M01", length(coef(m01))), rep("SVYM01", length(coef(m01))))</pre>
# Order the terms by effect size
foo <- aggregate(Estimate ~ Term, coefMain, mean)</pre>
coefMain$Terms <- factor(coefMain$Term, levels = foo$Term[order(foo$Estimate)])</pre>
ggplot(coefMain, aes(x = Terms, y = Estimate, group = Model, colour = Model)) +
  geom_errorbar(aes(ymin=LB,ymax=UB), position = "dodge") +
```

```
coord_flip() +
theme_tufte()
```

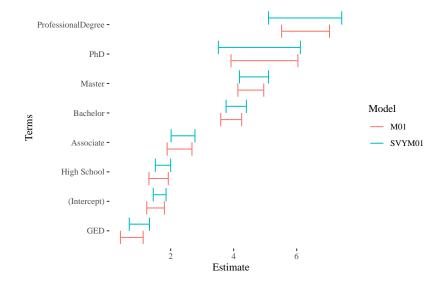


Figure 4: 95 confidence intervals for the model coefficient estimates for both the non-survey weighted regression (M01) and the survey weighted regression (SVYM01)

Multivariate Model

In the next step we add the adjustment variables and test for significance of regression. The Wald test and Ftest reveal that education is still a significant predictor of wealth even after accounting for sex, race, health, marital status, location, number of children, and historic poverty.

Df Sum Sq Mean Sq

```
svym02 <- update(svym01, . ~ . + Female + Race + HealthStatus</pre>
        + MaritalStatus + MSA + zChildren + PovertyRatio1997)
m02 <- update(m01, . ~ . + Female + Race + HealthStatus</pre>
        + MaritalStatus + MSA + zChildren + PovertyRatio1997)
regTermTest(svym01, ~HighestDegreeCat)
Wald test for HighestDegreeCat
in svyglm(formula = PovertyRatio2015 ~ HighestDegreeCat, design = svyds)
F = 133.6054 on 7 and 6292 df: p = < 2.22e-16
anova(m02)
Analysis of Variance Table
Response: PovertyRatio2015
```

```
HighestDegreeCat
                      8724 1246.30
Female
                  1
                       337 336.89
                  3
                    1760 586.51
Race
                            87.76
HealthStatus
                  4
                       351
MaritalStatus
                  2
                    179 89.35
                  4
                            30.58
MSA
                       122
zChildren
                  1
                      1938 1938.12
PovertyRatio1997
                  1
                       953 952.61
Residuals
               4606 43741
                             9.50
                F value
                          Pr(>F)
HighestDegreeCat 131.2383 < 2.2e-16 ***
Female
                35.4750 2.776e-09 ***
Race
                61.7614 < 2.2e-16 ***
             9.2415 1.956e-07 ***
HealthStatus
MaritalStatus
                9.4085 8.361e-05 ***
MSA
                3.2200 0.01195 *
zChildren
               204.0894 < 2.2e-16 ***
PovertyRatio1997 100.3120 < 2.2e-16 ***
Residuals
Signif. codes:
 0 '*** 0.001 '** 0.01 '* 0.05 '. 0.1 ' 1
```

To see which levels of the factor variables are contributing to the model fit we again plot the 95% CI for the coefficient estimates. We include a vertical bar at 0 to highlight those effects that are not significantly different from zero. From Fig. 5 we see that

```
# Create dataFrame of coefficient estimates
coefMain2 <- rbind.data.frame(confint(m02), confint(svym02))</pre>
names(coefMain2) <- c("LB", "UB")</pre>
coefMain2$Estimate <- c(coef(m02), coef(svym02))</pre>
coefMain2$Term <- gsub("HighestDegreeCat","", gsub("\\d+","", rownames(coefMain2)))</pre>
coefMain2$Model <- c(rep("M02", length(coef(m02))), rep("SVYM02", length(coef(m02))))</pre>
# Order the terms by effect size
foo <- aggregate(Estimate ~ Term, coefMain2, mean)</pre>
coefMain2$Terms <- factor(coefMain2$Term, levels = foo$Term[order(foo$Estimate)])</pre>
ggplot(coefMain2, aes(x = Terms, y = Estimate, group = Model, colour = Model)) +
  geom_errorbar(aes(ymin=LB,ymax=UB), position = "dodge") +
  coord_flip() +
  geom_hline(yintercept = 0, alpha = 0.4) +
  theme_tufte()
```

Listing the predictors that are significant we see that all of the education levels are significant and increasing with higher levels. This confirms our

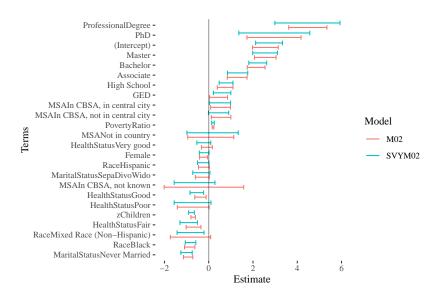


Figure 5: 95 confidence intervals for the model coefficient estimates from the adjusted models: non-survey weighted regression (M01) and the survey weighted regression (SVYM01)

hypothesis. However, the model fit is quite bad (adjusted \mathbb{R}^2 = 0.243441) and only accounts for 24% of the variability in the data.

```
sigEffects <- unique(coefMain2[!(coefMain2$LB<=0 & coefMain2$UB>=0), 'Term'])
knitr::kable(coefMain2[coefMain2$Term%in%sigEffects & coefMain2$Model=="MO2"
                      , c("Terms", "Estimate", "LB", "UB")]
             , row.names = FALSE)
```

Terms	Estimate	LB	UB
(Intercept)	2.5617613	1.9818103	3.1417124
GED	0.4438528	0.0379522	0.8497535
High School	0.7418823	0.3883218	1.0954428
Associate	1.2855236	0.8391990	1.7318482
Bachelor	2.1420104	1.7407255	2.5432952
Master	2.5552903	2.0659845	3.0445962
PhD	2.9488943	1.7279398	4.1698487
ProfessionalDegree	4.4755803	3.6130538	5.3381068
Female	-0.2320873	-0.4150012	-0.0491734
RaceBlack	-0.8597644	-1.0941832	-0.6253456
RaceMixed Race (Non-Hispanic)	-0.8231866	-1.7337739	0.0874008
HealthStatusGood	-0.3742507	-0.6296899	-0.1188115
HealthStatusFair	-0.6843471	-1.0185820	-0.3501121
MaritalStatusNever Married	-0.9316330	-1.1432985	-0.7199675
MSAIn CBSA, not in central city	0.5584102	0.1176660	0.9991545
MSAIn CBSA, in central city	0.5331697	0.0848783	0.9814612
zChildren	-0.7017609	-0.8038454	-0.5996764

Terms	Estimate	LB	UB
PovertyRatio	0.1941398	0.1561384	0.2321413

Is a PhD worth it? Digging into our discovery above about the overlap in effects between the effects due to Master's and PhD's we test the linear hypothesis that $\beta_{PhD} = \beta_{Master's}$ using the (Torsten et al., 2010) package. The large p-value on the below tests reveals that under the assumptions in this model, PhD's and Master's are on average equivalently wealthy (or poor, depending on your point of view).

```
summary(multcomp::glht(m02
      , linfct = c("HighestDegreeCatMaster - HighestDegreeCatPhD = 0")))
     Simultaneous Tests for General Linear Hypotheses
Fit: lm(formula = PovertyRatio2015 ~ HighestDegreeCat + Female + Race +
    HealthStatus + MaritalStatus + MSA + zChildren + PovertyRatio1997,
    data = ds)
Linear Hypotheses:
                                                      Estimate
HighestDegreeCatMaster - HighestDegreeCatPhD == 0 -0.3936
                                                      Std. Error
HighestDegreeCatMaster - HighestDegreeCatPhD == 0
                                                          0.6181
                                                      t value
HighestDegreeCatMaster - HighestDegreeCatPhD == 0 -0.637
                                                      Pr(>|t|)
HighestDegreeCatMaster - HighestDegreeCatPhD == 0
                                                         0.524
(Adjusted p values reported -- single-step method)
  Just to verify that a Master's degree is worth the effort we can also test the
hypothesis that eta_{Bachelor's}=eta_{Master's}. While the p-value is significant, it is
borderline.
```

```
summary(multcomp::glht(m02
      , linfct = c("HighestDegreeCatMaster - HighestDegreeCatBachelor = 0")))
     Simultaneous Tests for General Linear Hypotheses
Fit: lm(formula = PovertyRatio2015 ~ HighestDegreeCat + Female + Race +
    HealthStatus + MaritalStatus + MSA + zChildren + PovertyRatio1997,
    data = ds)
```

Pr(>|t|)

```
Estimate
HighestDegreeCatMaster - HighestDegreeCatBachelor == 0
                                                         0.4133
                                                       Std. Error
HighestDegreeCatMaster - HighestDegreeCatBachelor == 0
                                                           0.1984
                                                       t value
HighestDegreeCatMaster - HighestDegreeCatBachelor == 0
                                                         2.083
```

```
HighestDegreeCatMaster - HighestDegreeCatBachelor == 0 0.0373
HighestDegreeCatMaster - HighestDegreeCatBachelor == 0 *
Signif. codes:
 0 '*** 0.001 '** 0.01 '* 0.05 '. ' 0.1 ' 1
```

(Adjusted p values reported -- single-step method)

Conclusions

Linear Hypotheses:

This study analyzed the relationship between education and wealth using the National Longitudinal Survey of Youth from 1997. In our analysis we found a strong association between education and wealth as measured by the proportion of earnings above the poverty line. This relationship held after adjusting for respondent demographics, location, and baseline poverty.

While we originally expected a linear trend, with higher education leading to higher wealth, we discovered that while respondents with Master's degrees are wealthier than respondents with Bachelor's, it is not the case that respondents with PhD's have higher earnings than Master's (on average).

The major limitation in this study is the overall poor fit of the models. Further analysis should be done using more advanced methods to identify those factors that influence the relationship between education and wealth.

References

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