

### Smoking Questionnaire:

1. In your entire life, have you smoked at least 100 cigarettes (5 packs)? ☐ Yes  
☐ No
2. Do you currently smoke cigarettes? ☐ Yes  
☐ No
3. If you are a former cigarette smoker, how old were you when you quit? \_\_\_\_\_ (age in years) ☐ N/A

**IF NO TO QUESTIONS 1 & 2, SKIP TO QUESTION 5.**

#### **IF YOU CURRENTLY SMOKE**

4a. How many cigarettes do you smoke per day? \_\_\_\_\_

4b. For how long have you used this amount? \_\_\_\_\_

The following questions refer to other nicotine products you may or may not use (in other words products that are not regular cigarettes). In the **past month** have you used...

5.	<b>Chewing tobacco, snuff, dip or snus?</b>	0 Never	1 Some of the days	2 About half the days	3 Most of the days	4 Every day
6.	<b>Tobacco pipe?</b>	0 Never	1 Some of the days	2 About half the days	3 Most of the days	4 Every day
7.	<b>Cigars, cigarillos, or little filtered cigars</b>	0 Never	1 Some of the days	2 About half the days	3 Most of the days	4 Every day
8.	<b>Nicotine vaping (electronic cigarettes, Juul, etc.)</b>	0 Never	1 Some of the days	2 About half the days	3 Most of the days	4 Every day
9.	<b>Nicotine replacement (nicotine gum, patch, lozenges)</b>	0 Never	1 Some of the days	2 About half the days	3 Most of the days	4 Every day

<b>10.</b>	<b>Other nicotine product (write in)</b> _____ _____	<b>0</b> Never	<b>1</b> Some of the days	<b>2</b> About half the days	<b>3</b> Most of the days	<b>4</b> Every day
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The following questions refer to cigarette and any other nicotine products.				
<b>11.</b>	Do you smoke or use nicotine products to help you lose weight or diet?	YES	NO	N/A
<b>12.</b>	Do you avoid quitting smoking, or quitting nicotine products, for fear of gaining weight?	YES	NO	N/A
<b>13.</b>	Do you smoke or use nicotine products to undo the effects of eating too much?	YES	NO	N/A
<b>14.</b>	Do you smoke or use nicotine products to feel less hungry?	YES	NO	N/A
<b>15.</b>	Do you smoke or use nicotine products to prevent overeating?	YES	NO	N/A
<b>16.</b>	Over the past four weeks (28 days), on how many days have you smoked cigarettes, or used any nicotine products, as a means of controlling your shape or weight?	_____ days		