

# HEALTHY AGING SIGNALS

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# General Background - The Topic of Aging



- The topic of aging has almost always been associated with health issues.
- A large portion of age-related research has been focused on neurodegenerative disease, like cognitive decline, depression and Parkinson's disease.

The Top 10 Hot Topics in Aging 🕮

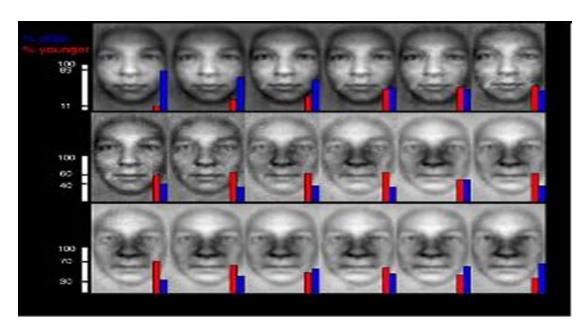
John E. Morley

The Journals of Gerontology: Series A, Volume 59, Issue 1, January 2004, Pages M24–M33,

https://doi.org/10.1093/gerona/59.1.M24

Published: 01 January 2004

## Background - Aging signals



- Far less work has been done to understand the signatures and characteristics of aging itself.
- In our project, we are going to study the signals of aging, specifically healthy aging, potentially through lab imaging data, personal traits and DNA sequences.

## Literature review timeline

#### 2015 - Putin et al - Application of deep neural networks to biomarker development

21 DNN to predict human chronological age from blood tests

2018 - Tozer et al - Textured analysis of T1-weighted and fluid-attenuated inversion recovery images detects abnormalities that correlate with cognitive decline in small vessel disease

- Investigated correlation between texture parameters (TP) on MRI scans in relation to small vessel disease (SVD)
- Study showed differences in TP between SVD cases and controls

#### 2020 - Lagner et al - Identifying Morphological Indicators of Aging with NN on large-scale whole body MRI

- Investigation into age-related changes in whole body MRIs of 32,000 subjects
- Trained a convolutional NN based on VGG16 architecture to predict the age of a given subject based image data from the scans

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## Goals

- What are general signals of aging?
- How are these signals manifested in lab imaging data?
- How do we separate healthy aging signals from unhealthy ones?
- Two parts:
  - Process data
  - Model

## Goals

- Processing data
  - Very large datasets
  - Representative 2D or 2.5D slices
- Model
  - Find aging indicators
  - Predict age/health state

## **Datasets**

## The Human Connectome HCP-Aging Database

689 Healthy individuals age 36 to 100

- Unprocessed brain imaging MRI data
- Minimally preprocessed structural MRI data for 128 subjects
- Basic demographic data (age, sex, race/ethnicity, handedness).

## **Datasets**

#### **PMI Parkinson's Database**

#### 215 in control group

All have had clinical assessments every 3 months for the past 9 years

#### **Data**

- Imaging, Structural MRI Imaging
- Gene expression, RNAseq
- Medical histories and demographic data
- Neurological exams
- Cognitive assessment tests

