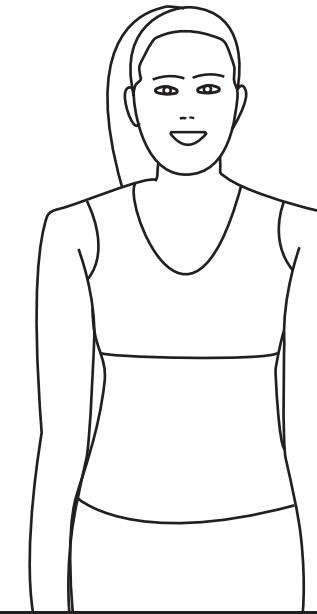
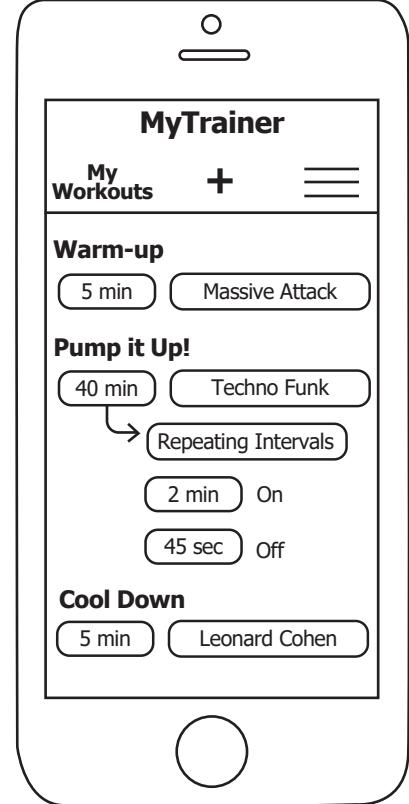


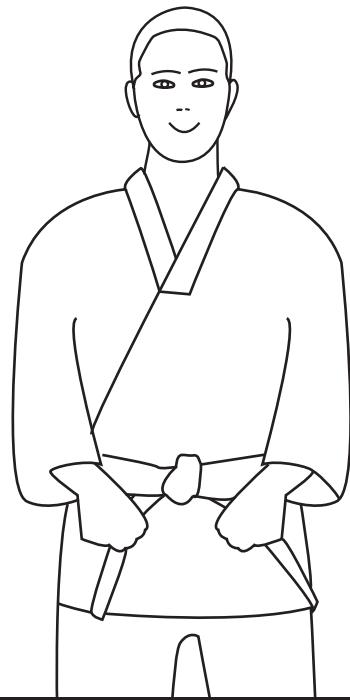
A young woman pounds the heavy bag, rocking out to her tunes while she does interval training.

Oh crud! How long was this interval supposed to be? She has to go over to the clock and check.

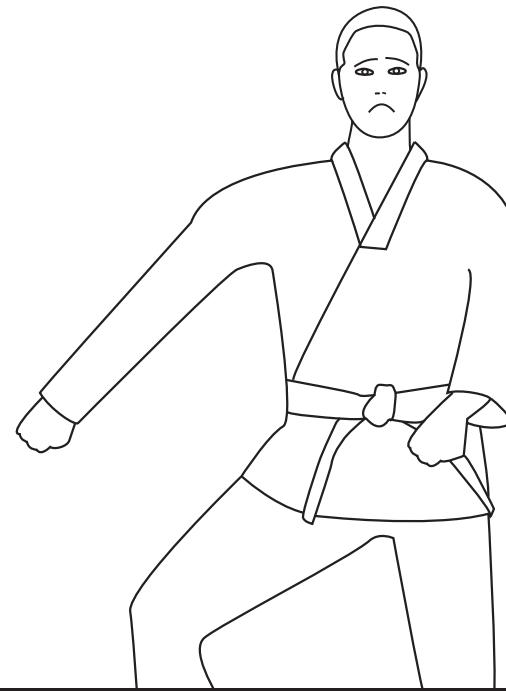


Yay! With MyTrainer, she can set up her music and interval notices in advance.

Sweet! She had a great, hassle free workout without ever having to look at her clock or training plan.



John, a martial arts student, is training his heart out, so dedicated that he practices at home.

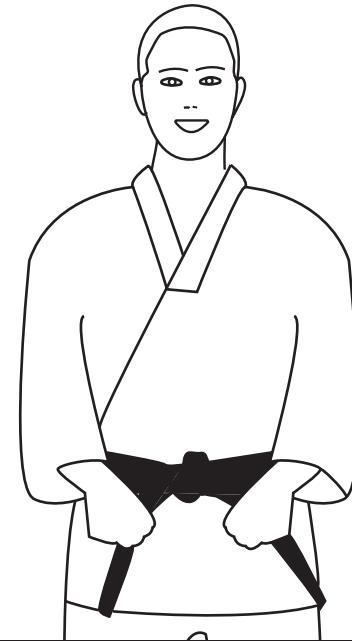


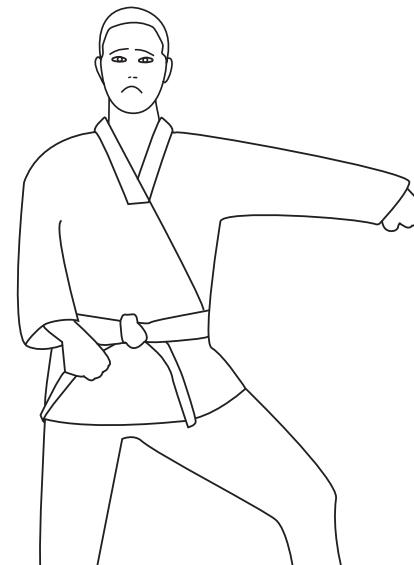
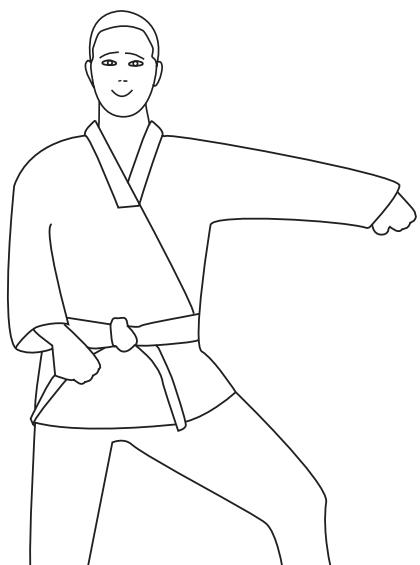
But when he's alone, how can he know if he's doing the moves right?



Cool, with Sense Time he can upload a video of his moves and get feedback from expert martial artists.

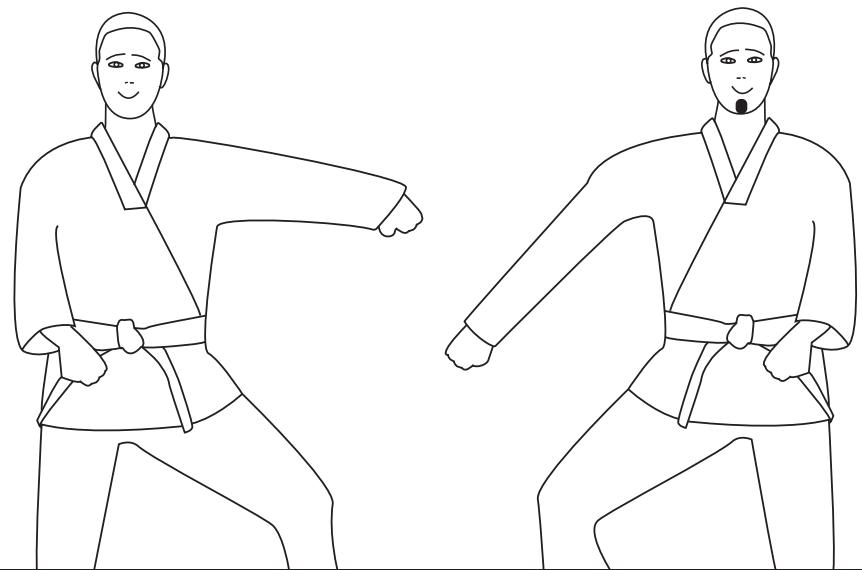
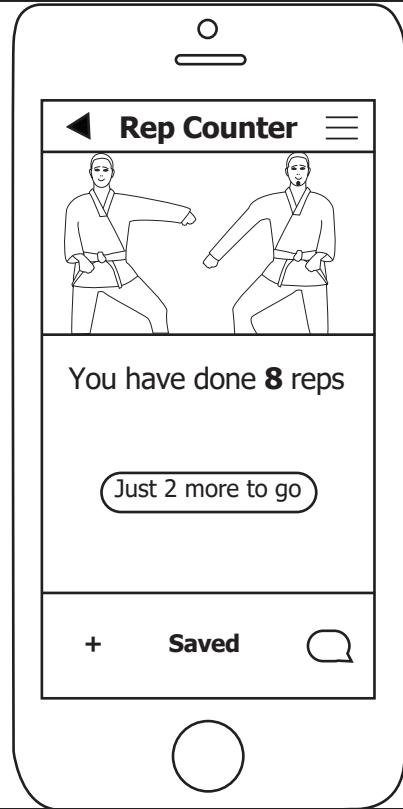
Now he has the tools to become a martial arts master.





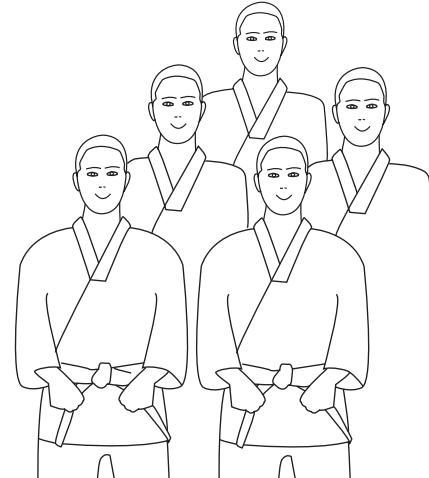
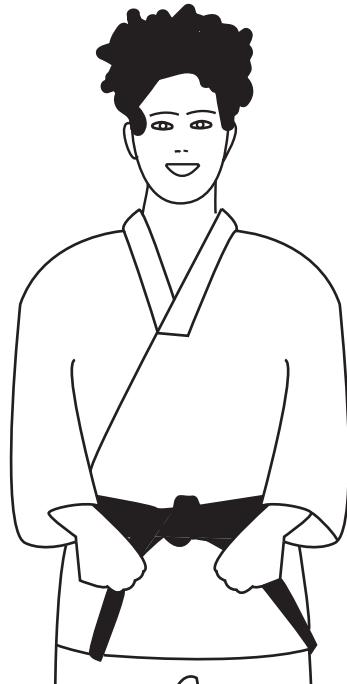
These martial arts students are trading blows, drilling each other on their dodging techniques.

Crud. They lost track of whose turn it is. Which rep are they on?

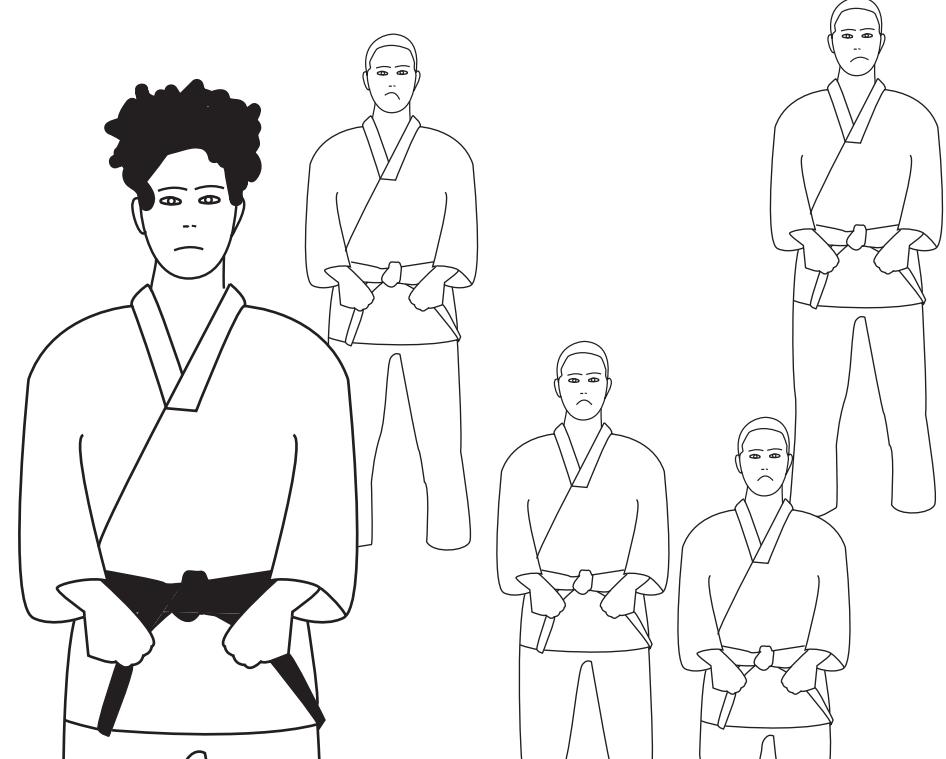


RepCounter can keep track of where you are in your set and let you know when to trade places or switch activities.

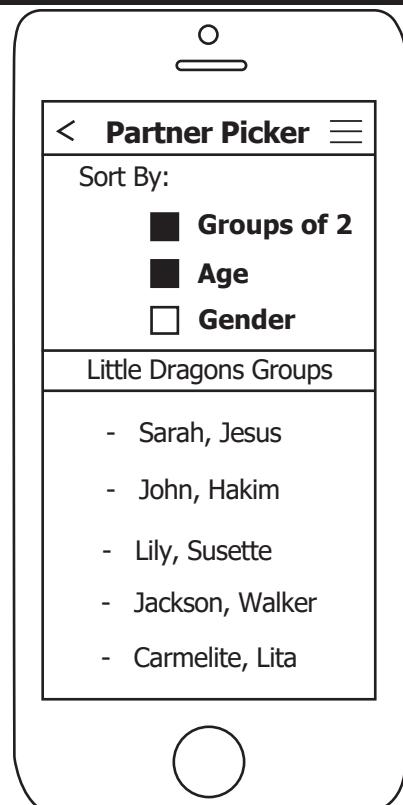
Now the partners can concentrate on what really matters - not getting hit in the face.



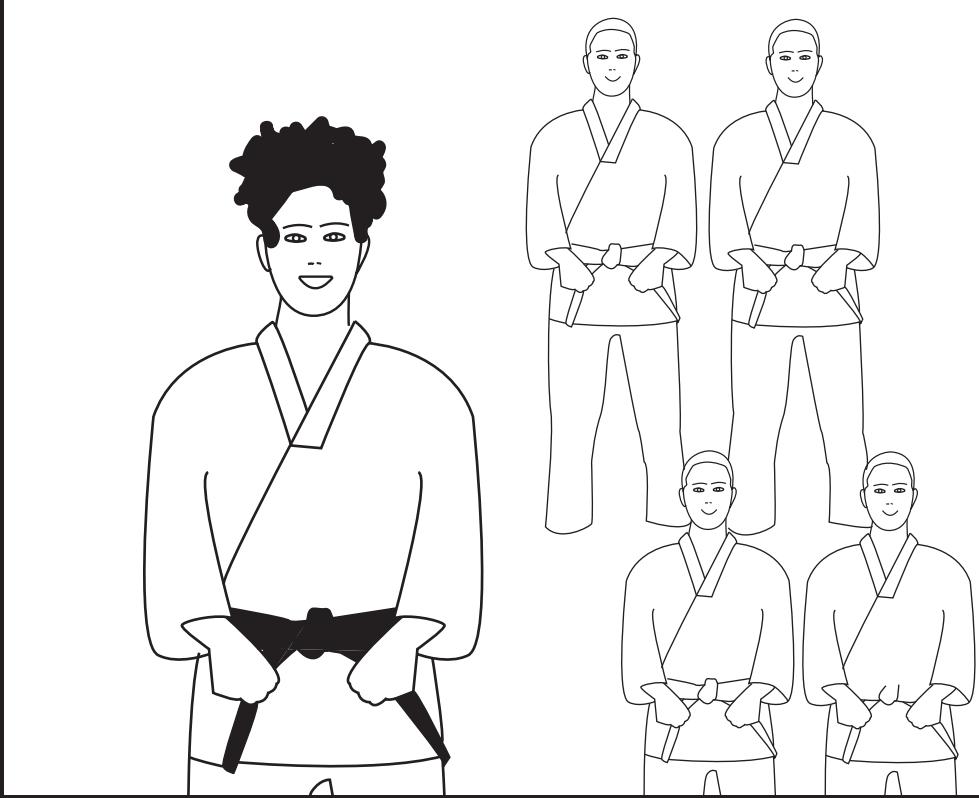
Gene, a martial arts instructor, is ready to start partner drills with his class.



Wait. How should he group these kids? Who were their partners last time?



Sweet! Partner Picker can use my attendance list to sort the kids randomly, by ability, or any number of ways.



Now Gene doesn't have to worry about grouping the kids and he can concentrate on his real job, teaching.