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# 9. Accelerated proximal gradient methods

- Nesterov's method
- analysis with fixed step size
- line search

## **Proximal gradient method**

#### **Results from lecture 6**

each proximal gradient iteration is a descent step:

$$f(x^{(k)}) < f(x^{(k-1)}), \qquad ||x^{(k)} - x^*||_2^2 \le c ||x^{(k-1)} - x^*||_2^2$$

with 
$$c = 1 - m/L$$

• suboptimality after k iterations is O(1/k):

$$f(x^{(k)}) - f^* \le \frac{L}{2k} \|x^{(0)} - x^*\|_2^2$$

### Accelerated proximal gradient methods

- to improve convergence, we add a momentum term
- we relax the descent property
- originated in work by Nesterov in the 1980s

## **Assumptions**

we consider the same problem and make the same assumptions as in lecture 6:

minimize 
$$f(x) = g(x) + h(x)$$

- ullet h is closed and convex (so that  $\mathrm{prox}_{th}$  is well defined)
- g is differentiable with  $dom g = \mathbf{R}^n$
- there exist constants  $m \geq 0$  and L > 0 such that the functions

$$g(x) - \frac{m}{2}x^Tx, \qquad \frac{L}{2}x^Tx - g(x)$$

are convex

• the optimal value  $f^*$  is finite and attained at  $x^*$  (not necessarily unique)

#### **Nesterov's method**

**Algorithm:** choose  $x^{(0)} = v^{(0)}$  and  $\gamma_0 > 0$ ; for  $k \ge 1$ , repeat the steps

• define  $\gamma_k = \theta_k^2/t_k$  where  $\theta_k$  is the positive root of the quadratic equation

$$\theta_k^2/t_k = (1 - \theta_k)\gamma_{k-1} + m\theta_k$$

• update  $x^{(k)}$  and  $v^{(k)}$  as follows:

$$y = x^{(k-1)} + \frac{\theta_k \gamma_{k-1}}{\gamma_{k-1} + m\theta_k} (v^{(k-1)} - x^{(k-1)})$$

$$x^{(k)} = \operatorname{prox}_{t_k h} (y - t_k \nabla g(y))$$

$$v^{(k)} = x^{(k-1)} + \frac{1}{\theta_k} (x^{(k)} - x^{(k-1)})$$

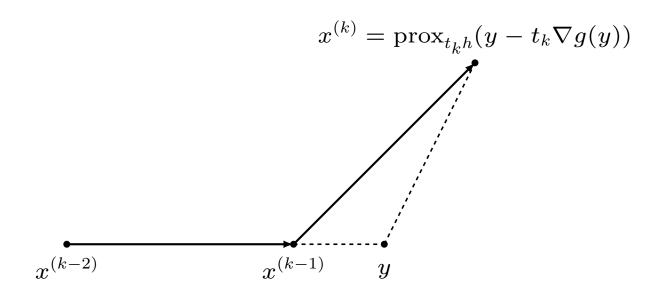
stepsize  $t_k$  is fixed ( $t_k = 1/L$ ) or obtained from line search

## **Momentum interpretation**

- first iteration (k=1) is a proximal gradient step at  $y=x^{(0)}$
- next iterations are proximal gradient steps at extrapolated points y:

$$y = x^{(k-1)} + \frac{\theta_k \gamma_{k-1}}{\gamma_{k-1} + m\theta_k} (v^{(k-1)} - x^{(k-1)})$$

$$= x^{(k-1)} + \frac{\theta_k \gamma_{k-1}}{\gamma_{k-1} + m\theta_k} \left(\frac{1}{\theta_{k-1}} - 1\right) (x^{(k-1)} - x^{(k-2)})$$

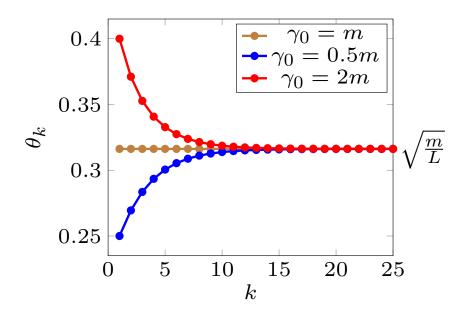


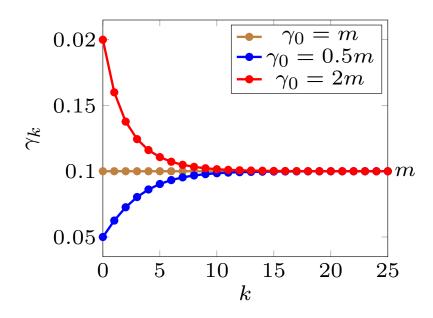
## **Algorithm parameters**

$$\frac{\theta_k^2}{t_k} = (1 - \theta_k)\gamma_{k-1} + m\theta_k, \qquad \gamma_k = \frac{\theta_k^2}{t_k}$$

- $\theta_k$  is positive root of the quadratic equation
- $\theta_k < 1$  if  $mt_k < 1$
- if  $t_k$  is constant, sequence  $\theta_k$  is completely determined by starting value  $\gamma_0$

**Example:** L = 1, m = 0.1,  $t_k = 1/L$ 





### **FISTA**

if we take m=0 on page 9-4, the expression for y simplifies:

$$y = x^{(k-1)} + \theta_k (v^{(k-1)} - x^{(k-1)})$$

$$x^{(k)} = \operatorname{prox}_{t_k h} (y - t_k \nabla g(y))$$

$$v^{(k)} = x^{(k-1)} + \frac{1}{\theta_k} (x^{(k)} - x^{(k-1)})$$

eliminating the variables  $v^{(k)}$  gives the equivalent iteration (for  $k \geq 2$ )

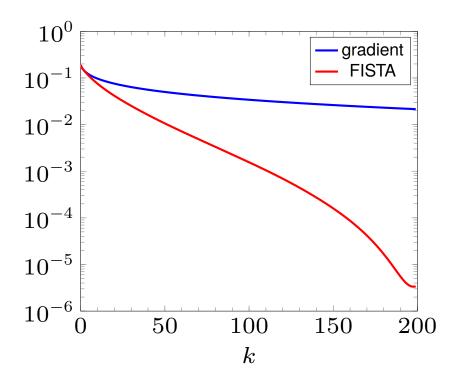
$$y = x^{(k-1)} + \theta_k \left( \frac{1}{\theta_{k-1}} - 1 \right) (x^{(k-1)} - x^{(k-2)})$$
$$x^{(k)} = \operatorname{prox}_{t_k h} (y - t_k \nabla g(y))$$

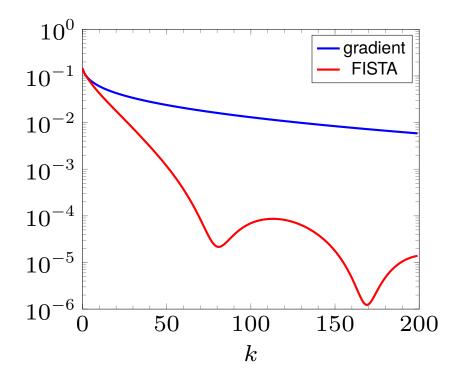
this is known as **FISTA** ('Fast Iterative Shrinkage-Thresholding Algorithm')

## **Example**

minimize 
$$\log \sum_{i=1}^{m} \exp(a_i^T x + b_i)$$

- ullet two randomly generated problems with m=2000, n=1000
- same fixed step size used for gradient method and FISTA
- figures show  $(f(x^{(k)}) f^{\star})/f^{\star}$





## Nesterov's simplest method

• if m>0 and we choose  $\gamma_0=m$ , then

$$\gamma_k = m, \qquad \theta_k = \sqrt{mt_k} \qquad \text{for all } k \ge 1$$

• the algorithm on p. 9-4 and p. 9-5 simplifies:

$$y = x^{(k-1)} + \frac{\sqrt{t_k}}{\sqrt{t_{k-1}}} \frac{1 - \sqrt{mt_{k-1}}}{1 + \sqrt{mt_k}} (x^{(k-1)} - x^{(k-2)})$$
$$x^{(k)} = \operatorname{prox}_{t_k h} (y - t_k \nabla g(y))$$

ullet with constant stepsize  $t_k=1/L$ , the expression for y reduces to

$$y = x^{(k-1)} + \frac{1 - \sqrt{m/L}}{1 + \sqrt{m/L}} \left( x^{(k-1)} - x^{(k-2)} \right)$$

### **Outline**

- Nesterov's method
- analysis with fixed step size
- line search

#### **Overview**

ullet we show that if  $t_k=1/L$ , the following inequality holds at each iteration:

$$f(x^{(k)}) - f^* + \frac{\gamma_k}{2} \|v^{(k)} - x^*\|_2^2$$

$$\leq (1 - \theta_k) \left( f(x^{(k-1)}) - f^* + \frac{\gamma_{k-1}}{2} \|v^{(k-1)} - x^*\|_2^2 \right)$$

• therefore the rate of convergence is determined by  $\lambda_k = \prod_{i=1}^k (1 - \theta_i)$ :

$$f(x^{(k)}) - f^{\star} \leq f(x^{(k)}) - f^{\star} + \frac{\gamma_k}{2} \|v^{(k)} - x^{\star}\|_2^2$$

$$\leq \lambda_k \left( f(x^{(0)}) - f^{\star} + \frac{\gamma_0}{2} \|x^{(0)} - x^{\star}\|_2^2 \right)$$

(here we assume that  $x^{(0)} \in \operatorname{dom} h = \operatorname{dom} f$ )

### Notation for one iteration

quantities in iteration i of the algorithm on page 9-4

• define  $t = t_i$ ,  $\theta = \theta_i$ ,  $\gamma = \gamma_i$ , and  $\gamma^+ = \gamma_i$ :

$$\gamma^+ = (1 - \theta)\gamma + m\theta, \qquad \gamma^+ = \theta^2/t$$

• define  $x = x^{(i-1)}$ ,  $x^+ = x^{(i)}$ ,  $v = v^{(i-1)}$ , and  $v^+ = v^{(i)}$ :

$$y = \frac{1}{\gamma + m\theta} (\gamma^{+}x + \theta\gamma v)$$

$$x^{+} = y - tG_{t}(y)$$

$$v^{+} = x + \frac{1}{\theta}(x^{+} - x)$$

•  $v^+$ , v, and y are related as

$$\gamma^+ v^+ = (1 - \theta)\gamma v + m\theta y - \theta G_t(y) \tag{1}$$

#### Proof (last identity):

• combine v and x updates and use  $\gamma^+ = \theta^2/t$ :

$$v^{+} = x + \frac{1}{\theta}(y - tG_t(y) - x)$$
$$= \frac{1}{\theta}(y - (1 - \theta)x) - \frac{\theta}{\gamma^{+}}G_t(y)$$

• multiply with  $\gamma^+ = \gamma + m\theta - \theta\gamma$ :

$$\gamma^{+}v^{+} = \frac{\gamma^{+}}{\theta}(y - (1 - \theta)x) - \theta G_{t}(y)$$

$$= \frac{(1 - \theta)}{\theta}((\gamma + m\theta)y - \gamma^{+}x) + \theta my - \theta G_{t}(y)$$

$$= (1 - \theta)\gamma v + \theta my - \theta G_{t}(y)$$

## **Bounds on objective function**

recall the results on the proximal gradient update (page 6-13):

• if  $0 < t \le 1/L$  then  $g(x^+) = g(y - tG_t(y))$  is bounded by

$$g(x^{+}) \le g(y) - t\nabla g(y)^{T} G_{t}(y) + \frac{t}{2} ||G_{t}(y)||_{2}^{2}$$
(2)

• if the inequality (2) holds, then  $mt \leq 1$  and, for all z,

$$f(z) \ge f(x^+) + \frac{t}{2} ||G_t(y)||_2^2 + G_t(y)^T (z - y) + \frac{m}{2} ||z - y||_2^2$$

• combine the inequalities for z=x and  $z=x^*$ :

$$f(x^{+}) - f^{\star} \leq (1 - \theta)(f(x) - f^{\star}) - G_{t}(y)^{T} ((1 - \theta)x + \theta x^{\star} - y)$$
$$- \frac{t}{2} \|G_{t}(y)\|_{2}^{2} - \frac{m\theta}{2} \|x^{\star} - y\|_{2}^{2}$$

## **Progress in one iteration**

• the definition of  $\gamma^+$  and (1) imply that

$$\frac{\gamma^{+}}{2}(\|x^{*} - v^{+}\|_{2}^{2} - \|y - v^{+}\|_{2}^{2})$$

$$= \frac{(1 - \theta)\gamma}{2}(\|x^{*} - v\|_{2}^{2} - \|y - v\|_{2}^{2}) + \frac{m\theta}{2}\|x^{*} - y\|_{2}^{2} + \theta G_{t}(y)^{T}(x^{*} - y)$$

• combining this with the last inequality on page 9-13 gives

$$f(x^{+}) - f^{*} + \frac{\gamma^{+}}{2} \|x^{*} - v^{+}\|_{2}^{2}$$

$$\leq (1 - \theta) \left( f(x) - f^{*} + \frac{\gamma}{2} \|x^{*} - v\|_{2}^{2} - G_{t}(y)^{T}(x - y) - \frac{\gamma}{2} \|y - v\|_{2}^{2} \right)$$

$$- \frac{t}{2} \|G_{t}(y)\|_{2}^{2} + \frac{\gamma^{+}}{2} \|y - v^{+}\|_{2}^{2}$$

the last term on the right-hand side is

$$\frac{\gamma^{+}}{2} \|y - v^{+}\|_{2}^{2} = \frac{1}{2\gamma^{+}} \|(1 - \theta)\gamma(y - v) + \theta G_{t}(y)\|_{2}^{2}$$

$$= \frac{(1 - \theta)^{2}\gamma^{2}}{2\gamma^{+}} \|y - v\|_{2}^{2} + \frac{\theta(1 - \theta)\gamma}{\gamma^{+}} G_{t}(y)^{T}(y - v) + \frac{t}{2} \|G_{t}(y)\|_{2}^{2}$$

$$= (1 - \theta) \left(\frac{\gamma(\gamma^{+} - m\theta)}{2\gamma^{+}} \|y - v\|_{2}^{2} + G_{t}(y)^{T}(x - y)\right) + \frac{t}{2} \|G_{t}(y)\|_{2}^{2}$$

last step uses definitions of  $\gamma^+$  and y (chosen so that  $\theta\gamma(y-v)=\gamma^+(x-y)$ )

substituting this in the last inequality on page 9-14 gives the result on page 9-10

$$f(x^{+}) - f^{*} + \frac{\gamma^{+}}{2} \|x^{*} - v^{+}\|_{2}^{2}$$

$$\leq (1 - \theta) \left( f(x) - f^{*} + \frac{\gamma}{2} \|x^{*} - v\|^{2} \right) - \frac{(1 - \theta)\gamma m\theta}{2} \|y - v\|_{2}^{2}$$

$$\leq (1 - \theta) \left( f(x) - f^{*} + \frac{\gamma}{2} \|x^{*} - v\|^{2} \right)$$

## Analysis for fixed step size

the product  $\lambda_k = \prod_{i=1}^k (1-\theta_i)$  determines the rate of convergence (page 9-10)

• the sequence  $\lambda_k$  satisfies the following bound (proof on next page)

$$\lambda_k \le \frac{4}{(2 + \sqrt{\gamma_0} \sum_{i=1}^k \sqrt{t_i})^2}$$

• for constant step size  $t_k = 1/L$ , we obtain

$$\lambda_k \le \frac{4}{(2 + k\sqrt{\gamma_0/L})^2}$$

ullet combined with the inequality on p. 9-10, this shows the  $1/k^2$  convergence rate:

$$f(x^{(k)}) - f^* \le \frac{4}{(2 + k\sqrt{\gamma_0/L})^2} \left( f(x^{(0)}) - f^* + \frac{\gamma_0}{2} ||x^{(0)} - x^*||_2^2 \right)$$

#### Proof.

- ullet recall that  $\gamma_k$  and  $\theta_k$  are defined by  $\gamma_k=(1-\theta_k)\gamma_{k-1}+\theta_k m$  and  $\gamma_k= heta_k^2/t_k$
- we first note that  $\lambda_k \leq \gamma_k/\gamma_0$ ; this follows from

$$\lambda_k = (1 - \theta_k)\lambda_{k-1} = \frac{\gamma_k - \theta_k m}{\gamma_{k-1}} \lambda_{k-1} \le \frac{\gamma_k}{\gamma_{k-1}} \lambda_{k-1}$$

• the inequality follows by combining from i=1 to i=k the inequalities

$$\frac{1}{\sqrt{\lambda_i}} - \frac{1}{\sqrt{\lambda_{i-1}}} \geq \frac{\lambda_{i-1} - \lambda_i}{2\lambda_{i-1}\sqrt{\lambda_i}} \quad \text{(because } \lambda_i \leq \lambda_{i-1}\text{)}$$

$$= \frac{\theta_i}{2\sqrt{\lambda_i}}$$

$$\geq \frac{\theta_i}{2\sqrt{\gamma_i/\gamma_0}}$$

$$= \frac{1}{2}\sqrt{\gamma_0 t_i}$$

## **Strongly convex functions**

the following bound on  $\lambda_k$  is useful for strongly convex functions (m>0)

• if  $\gamma_0 \geq m$  then  $\gamma_k \geq m$  for all k and

$$\lambda_k \le \prod_{i=1}^k (1 - \sqrt{mt_i})$$

(proof on next page)

• for constant step size  $t_k = 1/L$ , we obtain

$$\lambda_k \le \left(1 - \sqrt{m/L}\right)^k$$

• combined with the inequality on p. 9-10, this shows

$$f(x^{(k)}) - f^* \le \left(1 - \sqrt{\frac{m}{L}}\right)^k \left(f(x^{(0)}) - f^*\right) + \frac{\gamma_0}{2} ||x^{(0)} - x^*||_2^2\right)$$

#### Proof.

• if  $\gamma_{k-1} \geq m$ , then

$$\gamma_k = (1 - \theta_k)\gamma_{k-1} + \theta_k m$$

$$\geq m$$

- since  $\gamma_0 \geq m$ , we have  $\gamma_k \geq m$  for all k
- ullet it follows that  $heta_i = \sqrt{\gamma_i t_i} \geq \sqrt{m t_i}$  and

$$\lambda_k = \prod_{i=1}^k (1 - \theta_i) \le \prod_{i=1}^k (1 - \sqrt{mt_i})$$

### **Outline**

- Nesterov's method
- analysis with fixed step size
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#### Line search

• the analysis for fixed step size starts with the inequality (2):

$$g(x - tG_t(y)) \le g(y) - t\nabla g(y)^T G_t(y) + \frac{t}{2} ||G_t(y)||_2^2$$

this inequality is known to hold for  $0 \le t \le 1/L$ 

- if L is not known, we can satisfy (2) by a backtracking line search: start at some  $t:=\hat{t}>0$  and backtrack ( $t:=\beta t$ ) until (2) holds
- step size selected by the line search satisfies  $t \geq t_{\min} = \min \{\hat{t}, \beta/L\}$
- for each tentative  $t_k$  we need to recompute  $\theta_k$ , y,  $x^{(k)}$  in the algorithm on p. 9-4
- requires evaluations of  $\nabla g$ ,  $\operatorname{prox}_{th}$ , and g (twice) per line search iteration

## **Analysis with line search**

• from page 9-16:

$$\lambda_k \le \frac{4}{(2 + \sqrt{\gamma_0} \sum_{i=1}^k \sqrt{t_i})^2} \le \frac{4}{(2 + k\sqrt{\gamma_0 t_{\min}})^2}$$

• from page 9-18, if  $\gamma_0 \geq m$ :

$$\lambda_k \le \prod_{i=1}^k (1 - \sqrt{mt_i}) \le \left(1 - \sqrt{mt_{\min}}\right)^k$$

ullet therefore the results for fixed step size hold with  $1/t_{
m min}$  substituted for L

#### References

#### **Accelerated gradient methods**

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#### **FISTA**

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#### Interpretation and insight

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#### **Implementation**

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