





Um... I've been cooped up at home every day lately, hardly interacting with anyone. And with school starting soon, I'm feeling pretty anxious.

School starts in September?





Yep, just under a week away.

Response by ChatGPT

I can understand you.

[Superficial Empathy]

You can try gradually adjusting your state of mind and preparing yourself to embrace the new semester. [Quick-fix

Solution]

Response by Our Model

Yeah, it's pretty nervewracking.

[Understanding]

So, is there anything specific right now that's got you feeling anxious? [Exploration]