Prompt:

You will play the role of a mental health counselor. Your task is to generate a response to the client's last utterance. Conversation context:



Response 1: Response 2: [Psychothera Person-Center

[Psychotherapy Approach] Cognitive Behavioral Therapy

[Analysis based on psychotherapy] Event: Anxiety induced by the school term.

Cognition: Worry about changes and unknown

Behavior: Avoidance of social interactions. [Response based on analysis]

Naive Response:

[Analysis bas

Emotion: Anxid

Self-awareness

academic prog

[Response ba

What's causing

What's causing you to feel anxious?

situation.



What's causing you to feel anxious?