

$$\begin{array}{ccccc}
 X & \xleftarrow{\text{id}} & X & \xleftarrow{p} & Z \\
 f \downarrow & & \downarrow f & & \downarrow g \\
 Y & \xrightarrow{\text{id}} & Y & \xrightarrow{q} & U
 \end{array}
 \quad \equiv \quad
 \begin{array}{ccccc}
 X & \xleftarrow{p} & Z \\
 f \downarrow & & \downarrow g \\
 Y & \xrightarrow{q} & U
 \end{array}$$