

$$\begin{array}{ccc}
 M & \xrightarrow{\text{unM}} & M ; M \\
 & \searrow & \downarrow \text{mu} \\
 & \text{Id}_M & M
 \end{array}$$

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 M & \xrightarrow{M \text{un}} & M ; M \\
 & \searrow & \downarrow \text{mu} \\
 & \text{Id}_M & M
 \end{array}$$