$$\operatorname{Tr}_{X',Y}^{Z}((g \times \operatorname{Id}_{Z}) \circ f)(x') = \left\{ y \in Y \mid \bigvee_{z \in Z} \langle y, z \rangle \in ((g \times \operatorname{Id}_{Z}) \circ f)(x', z) \right\}$$
$$= \left\{ y \in Y \mid \bigvee_{z \in Z} \langle y, z \rangle \in \bigcup_{\langle x, z' \rangle \in g(x') \times \{z\}} f(x, z') \right\}$$