Component	k_{pull} [N/m]	k_{push} [N/m]	Length [m]	Mass [kg]
Rope	$5.6 \cdot 10^2$		0.2	0.1
Elastic	17.0	0.2		0.15
Brick	$20 \cdot 10^7$		0.2	2.0
Glass	$7.0 \cdot 10^7$		0.2	0.5
Spring	5.0	0.2		0.5
Rubber	45.0	0.2		0.3