$$\mathbf{1_{D}} \otimes_{\mathbf{D}} F(X) \xrightarrow{\mathrm{iso} \otimes_{\mathbf{D}} \mathrm{Id}_{F(X)}} F(\mathbf{1_{C}}) \otimes_{\mathbf{D}} F(X) \qquad F(X) \otimes_{\mathbf{D}} \mathbf{1_{D}} \xrightarrow{\mathrm{Id}_{F(X)} \otimes_{\mathbf{D}} \mathrm{iso}} F(X) \otimes_{\mathbf{D}} F(\mathbf{1_{C}})$$

$$\downarrow \qquad \qquad \downarrow \qquad \qquad \downarrow \qquad \qquad \downarrow$$

$$F(X) \longleftarrow_{F(\mathrm{Iu}_{\mathbf{C}}^{\mathbf{C}})} F(\mathbf{1_{C}} \otimes_{\mathbf{C}} X) \qquad F(X) \longleftarrow_{F(\mathrm{ru}_{\mathbf{C}}^{\mathbf{C}})} F(X \otimes_{\mathbf{C}} \mathbf{1_{C}})$$