Lemma. Given posets \mathbf{P} , \mathbf{Q} and a monotone map $f: \mathbf{P} \to \mathbf{Q}$, we have: $\uparrow \left(\bigcup_{p' \in \uparrow \{p\}} \{f(p')\}\right) = \uparrow \{f(p)\}.$