Definition (Strong monoidal functor). Let $\langle \mathbf{C}, \boldsymbol{\otimes}_{\mathbf{C}}, \mathbf{1}_{\mathbf{C}} \rangle$ and $\langle \mathbf{D}, \boldsymbol{\otimes}_{\mathbf{D}}, \mathbf{1}_{\mathbf{D}} \rangle$ be two monoidal categories. A *strong monoidal functor* between **C** and **D** is given by:

1. A functor

$$F: \mathbf{C} \to \mathbf{D};$$

2. An isomorphism

iso:
$$\mathbf{1}_{\mathbf{D}} \to F(\mathbf{1}_{\mathbf{C}});$$

3. A natural isomorphism μ

$$\mu_{X,Y}: F(X) \otimes_{\mathbf{D}} F(Y) \to F(X \otimes_{\mathbf{C}} Y), \quad \forall X, Y \in \mathbf{C},$$

satisfying the following conditions:

a) Associativity: For all objects $X, Y, Z \in \mathbb{C}$, the following diagram commutes.

where as^C and as^D are called associators.

b) Unitality: For all $X \in \mathbb{C}$, the following diagrams commute:

$$\mathbf{1_{D}} \otimes_{\mathbf{D}} F(X) \xrightarrow{\mathbf{iso}} \otimes_{\mathbf{D}} \operatorname{Id}_{F(X)} \\
\downarrow \qquad \qquad \downarrow \qquad \qquad \downarrow \\
F(X) \xrightarrow{F(\operatorname{lu}_{X}^{\mathbf{C}})} F(\mathbf{1_{C}} \otimes_{\mathbf{C}} X) \\
F(\operatorname{lu}_{X}^{\mathbf{C}}) \xrightarrow{F(X)} \otimes_{\mathbf{D}} \operatorname{iso} \\
F(X) \otimes_{\mathbf{D}} \mathbf{1_{D}} \xrightarrow{F(X)} F(X) \otimes_{\mathbf{D}} F(\mathbf{1_{C}}) \\
\downarrow \qquad \qquad \downarrow \qquad \qquad \downarrow \\
F(X) \xrightarrow{F(\operatorname{ru}_{X}^{\mathbf{C}})} F(X \otimes_{\mathbf{C}} \mathbf{1_{C}})$$

where lu^C and ru^C represent the left and right unitors.