

the 1990s, the number of people with a mental health problem has increased by 50% (Mental Health Foundation, 2000).

There is a growing awareness of the need to address the needs of people with mental health problems. The Department of Health (2000) has set out a vision of a new mental health system, which will be based on the following principles: (1) a focus on the needs of the individual; (2) a focus on the prevention of mental health problems; (3) a focus on the recovery of people with mental health problems; (4) a focus on the needs of the community; and (5) a focus on the needs of the family.

The Department of Health (2000) has also set out a vision of a new mental health system, which will be based on the following principles:

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