

# Andrew Cring

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## EXPERIENCE

### Trader Joe's

*Crew Member*

March 2020 – Present

- Leader of the vitamin and protein bar section for the store.
- Monitor my sections of the store's inventory to limit excess backstock.
- Organize displays to make the store visually appealing and orderly.
- Communicate with the sign team for special promotions displays.
- Manage pressure of high customer demand during summer and holiday seasons.
- Selected as a trainer for new hires on systems and conduct of the store.
- Educated coworkers how to use the company's ordering system when a new system was introduced.
- Awarded bonuses based on my performance reviews and customer satisfaction.
- Lead group stretching after the store had close to help the crew with the repetitive movements of the job.

### BodyStreet USA

*Facility manager*

November 2017- March 2020

- Pioneered a fitness studio that specialized in Electrical Muscle Stimulation workouts
- Learned studio management and quality standards for 3 weeks in Munich, Germany.
- Hired and managed all new employees.
- Trained new employees on operations and quality standards of the company.
- Oversaw daily functions of the studio and member trainings.
- Signed over 100 new members to the facility after initial trial.
- Educated potential and new members on the benefits of a new type of exercise.
- Communicated statistics and needs for the facility through headquarters in Munich, Germany.
- Coordinated with companies to maintain stock in equipment and tools.
- Operated the studio's social media accounts and promotional marketing.
- Managed clientele and corporate expectations for the studio.

### Foothills Sports Medicine

*Intern/Personal Trainer*

January 2017- May 2017

- Trained professional baseball players in their off season.
- Learned a variety of training techniques and exercise theory.
- Led high school level athletes through hour long workouts.
- Evaluated clients exercise abilities and fitness goals.

## EDUCATION

**Arizona State University**  
**College of Health Solutions**  
*Bachelor of Science, Exercise and Wellness*

May 2017

## ACTIVITIES

### Learning How To Code

*Self-taught*

June 2020 - Present

- Started learning about HTML & CSS and enjoyed creating static web sites.
- Practiced JavaScript while working full time at Trader Joe's.
- Created a routine of coding daily and building projects averaging 15 hours a week of practice.
- Deployed four small projects that are live on GitHub.
- Studying React to help further my understanding of frontend development.
- Looking forward to learning more about web development.