



Walking

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Travel by Foot

The 2008 Staff Travel Survey revealed that just over 12% of staff live or travel within one mile of their place of work and that nearly 20.8% of car drivers are driving a distance that is only 1-2 miles to work. It is highly possible, given congestion and parking problems, that these journeys could be walked quicker. So if you live a couple of miles from your workplace and usually drive, why not try walking?



The table below indicates journey walking times:

1 mile	15 mins
2 miles	30 mins
3 miles	45 mins
4 miles	60 mins
5 miles	75 mins



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