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Newslingon ABristal



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Bristol is a great place to learn to cycle and a great place to enjoy cycling whether on specific cycle paths, routes created by Sustrans, at the Family Cycling Centre, with a group or at a local event. Here is some information to help you enjoy cycling in Bristol. It doesn't include everything, so if you are a cycling organisation and would like your information to be included please email ActiveCity@bristol.gov.uk

Better by Bike is the Official cycling website for Bristol, Bath & NE Somerset, North Somerset and South Gloucestershire.

NEWSBetter By Bike have launched a new Cycling Journey planner to make it easier to plan a safer and faster route. Check it out here Recent Facebook Posts

BRISTOL ACTIVE CITY Bristol
Active
City
shared
Life Cycle
UK's post.
9 hours
ago

Life Cycle UK can help workplaces encourage a healthier lifestyle by asking for #DrBike to hold a bike surgery at your workplace. Check out the post and weblink for more info....

How can workplaces promote healthier lifestyles?

One way is to encourage cycling... And a simple way to do this is to make sure staff have a safe bike that runs smoothly. That's where output Bike



OIOBARIKE

Starting Out

 Read about initiatives and programmes to help get started here

Road Cycling

+ Group cycle rides and Cycling clubs

Mountain Biking

+ How to get started and where to go

BMX

+ Try out BMX riding at a track or session

Other Cycling Resources

Read more

Bristol Cycling Campaign

A volunteer group who want to make Greater Bristol better for cycling.

See More

Photo

View on Facebook · Share



Bristol
Active
City
shared
Kings
LTC's post.
11 hours
ago

Tennis courses at Kings LTC this October halfterm. A great chance to have some fun, fresh air, learn a new skill and dress up for Halloween on Wednesday 31st October. And dont forget their buy 2 days get the third day FREE offer.

Kings LTC

Holiday
Courses 9AM
- 1PM,
Tuesday
30th Oct Friday 2nd
Nov, Sign up
for 2 days
and claim a
3rd day
FREE!!

Wednesday 31st October Dress 🔊 in



Yo Bikes

Bikes that can be hired around the city

Share this:



come and play a fun Halloween...

View on Facebook · Share



Bristol
Active
City
shared
World
Mental
Health
Day's
post.
11 hours
ago

We absolutely love this advice from Sustrans
South for #WorldMentalHealthDay.
#WalkandTalk
#CycleandTalk
#RunandTalk with a friend, relative, colleague this Wednesday.

You don't have to keep your thoughts inside. Share what you are feeling with someone you trust.

This is a reminder for all of us to open our hearts and speak openly about mental health

Photo

View on Facebook · Share





Recent Tweets

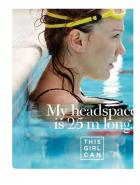
Tweets by @BrisActiveCity

BristolActiveCity Retweeted



This Girl Can
@ThisGirlCanL

Escape the chaos of your everyday & take some for yourself. #LoveSwir #ThisGirlCan Find your nearest pool swimming.org/loveswir



BristolActiveCity Retweeted



This Girl Can I

@TGCRunning

⇔ ⇔ #ThisGirlCar #ThisGirlCan #RunTog #ukrunchat #runchat #ı #runners #runningtime #tunners

> Good things come to those who sweat





חוסוטועפוועפטונא

Retweeted



HILLFIELDS CLUB SESSIONS:

- -Starting 13th October, 4pm
- -BS16 4EH
- -Welcome to all abilities ages (6+ advised)
- -First session FREE (£ further sessions)
- -All equipment provided
- -Wear long sleeves and trousers
- -Wingz sessions
 TBC@CllrAnnaKeen
 @Creative_Youth



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COOKIE POLICY

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