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Taking the bus or train can often be quicker, more





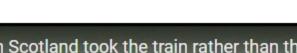
GREENER SCOTLAND LET'S GO GREENER TOGETHER

great start to greener living.











Figures in video provided by the **Energy Saving Trust**, 2014.

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Leaving the car at home lets you relax too. You don't have to worry about

getting stuck in traffic. And you can work, read or just take time to think until you get there.

When you consider the cost of running a car, fuel is only one factor. There's

Why public transport?

also vehicle tax, insurance, MOT, servicing, repairs and depreciation.

Vehicle tax is now linked to carbon emissions, which is why owners of highly fuel efficient cars have no vehicle tax to pay.

Save money

When you do the sums on what your car costs you to run, think about everything it takes to keep it on the road and consider whether other

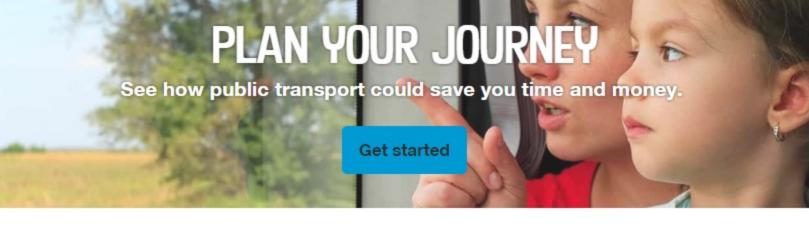
greener lifestyle.

options might be better. By comparing your mileage to the cost of fuel and the price of public transport tickets, you can get an idea of whether trains or buses might save you money and give you more time in your day as well.

Cleaner travel

One double-decker bus can mean up to 75 fewer cars on the road each

year. So making the choice to use public transport can help you to live a



see when the next bus, train or ferry is on its way.

Benefits of public transport

Reduced cost compared to a car – both financially and

If you use a smartphone, many local transport providers have dedicated

apps or mobile-friendly websites that will help you to plan your journey and

environmentally, with the option to save money by buying a season ticket that lets you use the train or bus more for a lower fare per

- journey
 Convenience regular services that let you hop on and off where and when you like
 Work, read or just take a break with no road to watch or vehicle to
- Control, the time is all yours
 Bypass traffic jams and save time buses can zip along bus lanes and journeys are often quicker by train than driving
- a travel option that causes less pollution

 For many people, the nearest bus stop is no more than a few minutes' walk

away. If you can't make your full journey by public transport, try park and

Greener - help work towards a cleaner, greener Scotland by choosing

ride. Drive part of the way, leave your car at the train station and finish your journey by rail. You avoid the worst of the traffic, save on fuel and reduce your carbon emissions.

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