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Why Public Transport?

CO2 emissions per train/bus passenger are on average 6-8 times lower than car travel.

Why use public transport?

- · It's better for the environment than driving singularly in a car
- · Travel time can be used for leisure (reading/sleeping/social media etc.)

Did you know the University offer staff a range of discounted travel schemes for staff?

- Arriva
- Go North East
- Metrosaver
- Networksaver
- Northern Rail
- Stagecoach

If you are unsure which scheme would be best for you download details of all <u>discounted travel schemes 2013/14</u> (Word: 49KB). Alternatively if you would like some advice on which scheme would offer the best value for money for your particular journey please contact <u>ess-helpdesk@ncl.ac.uk</u>.

If you're new to public transport, plan your route at http://jplanner.travelinenortheast.info.

The table below shows average time from the same location in various areas for the journey into University campus.

Origin	Walking	Cycling	Public Transport
Jesmond	10 mins	9 mins	20 mins
Heaton	42 mins	15 mins	30 mins
Gateshead	35 mins	17 mins	18 mins
Gosforth	58 mins	14 mins	30 mins
Wallsend	1 hour 21 mins	28 mins	30 mins
Ryton	2 hours 32 mins	49 mins	43 mins
Plan your route here	WalkIt	Cyclestreets	Travel Line

As shown using public transport can sometimes take longer than cycling or walking – so if you can, try and walk or cycle into University. If not, using public transport is a much better option than driving.

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