



Week 2 Quiz

TOTAL POINTS 6

1. Negative feedback is used when:

1 point

- ☐ Twice a week, not dependent on employee behavior.
- ☒ You want to change an undesirable behavior.
- ☐ You are happy with your employee's performance and want it to continue.
- ☐ You are angry at your employees.

2. One danger of negative feedback is:

1 point

- ☐ It can make employees disrespect you.
- ☒ It can be punishing or hurtful.
- ☐ It can force change in employees too quickly.
- ☐ It can fail easily if you are too gentle with it.

3. People tend to:

1 point

- ☐ Weigh positive information more heavily than negative information.
- ☒ Weigh negative information more heavily than positive information.
- ☐ Weigh positive and negative information the same.
- ☐ Not weigh positive or negative information.

4. What is one explanation for the negativity bias?

1 point

- ☐ Our ancestors were war-like, and therefore predisposed to see the worst in others.
- ☐ People are inherently negative, and enjoy seeing negative characteristics in other people.
- ☒ Our ancestors needed to pay more attention to negative stimulation in order to survive.
- ☐ People are inherently good, and therefore sensitive to negative characteristics of others.

5. How many compliments should you give per criticism in a marriage, according to Dr. Gottman?

1 point

- ☐ 3
- ☐ 1
- ☐ 7
- ☒ 5

6. The impact of negative events lasts:

1 point

- ☒ Longer than the effects of positive events.
- ☐ As long as it needs to.
- ☐ Not as long as the effects of positive events.

- ☐ Shorter than the effect of positive events.
- ☐ The same amount of time as positive events.

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