I. FREE ENERGY

The Boltzmann weight of a configuration is

$$P(S_c) = \frac{e^{-\beta E_c}}{Z} \tag{1}$$

where Z is the partition function

$$Z = \sum_{c} e^{-\beta E_c} \tag{2}$$

and $\beta = 1/T$.

The internal energy is

$$U = \sum_{c} E_{c} P(S_{c}) = \frac{1}{Z} \sum_{c} E_{c} e^{-\beta E_{c}}$$
 (3)

The entropy is

$$S = -\sum_{c} P(S_c) \log P(S_c)$$
 (4)

$$= -\sum_{c} \frac{e^{-\beta E_c}}{Z} \log \left(\frac{e^{-\beta E_c}}{Z} \right)$$
 (5)

$$= -\sum_{c} \frac{e^{-\beta E_c}}{Z} \left(-\beta E_c - \log Z \right) \tag{6}$$

$$= \log Z \left(\sum_{c} \frac{e^{-\beta E_{c}}}{Z} \right) + \beta \left(\sum_{c} \frac{E_{c} e^{-\beta E_{c}}}{Z} \right)$$
 (7)

$$= \log Z + \beta U \tag{8}$$

The free energy is

$$F = U - TS \tag{9}$$

$$= U - T(\log Z + \beta U) \tag{10}$$

$$= -T \log Z \tag{11}$$