

Date	Hours	<b><u>VOLUNTEERS to HELP WITH MOVING</u></b> Activities	Location	Notes
Thurs, Oct 24	Noon – 8 pm	VOLS: Painting touch-up at new building	3808 Nicollet	Bring tools
		VOLS: Packing & cleaning at old building	730 East 38 <sup>th</sup> Street	
Fri., Nov. 1	9 am – 4 pm	<b>LAST DAY OF SERVICES at old building;</b> VOLS: Assist with packing	730 East 38 <sup>th</sup> Street	
Sat., Nov. 2	10 am– 4 pm	VOLS: Assemble cubicles & furniture; cleaning	3808 Nicollet	Bring tools
Sun., Nov. 3	1 pm- 5 pm	VOLS: Assemble cubicles & furniture; cleaning	3808 Nicollet	Bring tools
Mon., Nov. 4	9 am – 8 pm	<b>KITCHEN EQUIPMENT MOVING DAY</b>	730 East 38 <sup>th</sup> Street	(by Strategic Moving Company)
		VOLS: Pack & move frozen / fresh food /boxes	730 East 38 <sup>th</sup> Street	Use U-Haul truck
Tues., Nov. 5	9 am – 8 pm	VOLS: Pack food service / food shelf carts & other 1 <sup>st</sup> (& 2 <sup>nd</sup> ) floor items	730 East 38 <sup>th</sup> Street	Bring tools
Wed., Nov. 6	9 am – 5 pm	<b>1<sup>st</sup> FLOOR MOVING DAY</b>		(by Suddath Relocation Services)
		VOLS: Pack 2 <sup>nd</sup> Floor items	730 East 38 <sup>th</sup> Street	
Thurs., Nov. 7	9 am – 5 pm	<b>2<sup>nd</sup> FLOOR MOVING DAY</b>		(by Suddath Relocation Services)
		VOLS: Unpack 1 <sup>st</sup> floor items at new site	3808 Nicollet	Bring tools
Fri., Nov. 8	9 am – 5 pm	VOLS: Unpack at new building	3808 Nicollet	Bring tools
		VOLS: Clean at old building	730 East 38 <sup>th</sup> Street	Bring any cleaning supplies to share
Sat., Nov. 9	8 pm – 2 am	<b>SO ALIVE 2.0 Dance Party Fundraiser</b>	Solomon's Porch, at 100 West 46 <sup>th</sup> Street	FUN 80's & 90's theme dance fundraiser hosted by the Kingfield Neighborhood Assn. (Volunteers needed. Interested?)
Mon., Nov. 11	9 am – 7 pm	<b>FIRST DAY OF SERVICES at new site;</b> VOLS: assist with unpacking	3808 Nicollet	
Wed., Nov. 13	9 am – 5 pm	VOLS: Receive & set up tables for Holiday Basket Program	3808 Nicollet	

**Notes about these shifts:**

RSVP's preferred to **Monica@aliveness.org, or 612-822-7946, ext. 206**; or to The Aliveness Project front desk at **612-822-7946**. (Note, computers will be unavailable for a few days during the move. Phone may be best.)

**“VOLS:”** in the schedule above means volunteers are welcome during this shift, RSVP's preferred. Bring friends!

Schedule is subject to change. Thank you for volunteering and being flexible. During much of this time activity will be happening in both buildings. We may ask you to work in either one. Please dress in layers of “paint clothes,” as you may get dirty, and close-toed shoes.

Please know your own skills and limitations so that you don't get injured. Don't be afraid to ask for help!

**“Bring tools”** means if you have hand or power screwdrivers, adjustable wrenches, pliers, levels, allen wrenches, 4 coaster dollies, or other useful assembly tools please put your name on them and bring them!