

THE ALIVENESS PROJECT



2006 annual report





Since 1985, The Aliveness Project has been a place of life-giving support for people whose lives have been changed by HIV/AIDS. In 2006, we served 1,352 individuals — that's one in four individuals living with HIV infection in Minnesota!

In 1985, a small group of individuals living with HIV gathered together in homes to share support and potluck meals. In 2006, our on-site Meal Program and Food Shelf together provided the equivalent of more than 80,000 meals — and at least 500,000 since 2000!



In 1985, there was no effective treatment for HIV infection. In 2006, although treatments for HIV infection help many people live longer, our members still need the healing therapies of our Complementary Care Program to combat the symptoms of this disease and side effects of current treatments.

In 1985, less than 100 cases of full-blown AIDS were reported in Minnesota. In 2006, The Minnesota Department of Health reported 318 new cases of HIV/AIDS — a five percent increase — and a total of 5,566 Minnesotans living with HIV/AIDS. In 2006, The Aliveness Project added 181 new members and served 15 percent more people than the previous year.



In 1985, The Aliveness Project was founded by a small group of volunteers. In 2006, more than 1,000 individuals volunteered over 30,000 hours to run food shelf drives, serve thousands of hot meals, provide complementary therapies, and donate hundreds of gifts for our Holiday Basket Program!

In 1985, there was little funding for AIDS services. In 2006, over 300 volunteer ambassadors helped collect one in four dollars out of a total of \$100,000 raised by our 103 Dining Out for Life restaurants!



I want to express my sincere gratitude to all our staff, volunteers, members and supporters who have made it possible for The Aliveness Project to serve one in four Minnesotans living with HIV/AIDS in 2006!

Joe A. Larson

Joe A. Larson
Executive Director

THE ALIVENESS PROJECT

Board of Directors

Marsha Berry
Lisa Boone
Terry Chambers
Deb Cohen, Vice President
Max Fallek
Jeffrey Farnsworth
Richard Hernesman
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Daniel Cashman
Tom Genty
David Hanson
Randy Hornstine
Roger Moore
Theodore Pinegar
Tedd Richardson
Scott Schlaffman, Gaming Manager
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Staff

Dan Capelli, Food Shelf Coordinator
Sean Divine, Food Services Director
Dan Gerard, Cook
Brian Gray, Substitute Cook
Jennifer Gunderson, Gaming Coordinator
Donavan Harmel, Kitchen Assistant
Johnny Herda-Brown, Membership Services Director
Mike Jefferis, Prevention Case Manager
Joe Larson, Executive Director
Tim Marburger, Director of Fundraising & Special Events
Frank Mlakar, Kitchen Assistant
Louis Taylor, Receptionist
Monica Travis, Volunteer Services Director

OUR MEMBERS

Since its founding in 1985, The Aliveness Project has served an growing number of individuals living with HIV/AIDS. During 2006, we added 181 new members — an average of 15 members per month. Since 2000, the number of members served each year has nearly doubled, with a 15% increase in 2006. Last year, we served 1,352 members — **one out of four Minnesotans living with HIV/AIDS!**

2006 Demographics

	Aliveness Program Recipients	HIV/AIDS Cases in Minnesota
GENDER:		
Female	25%	23%
Male	75%	77%
Transgender	0.4%	NA

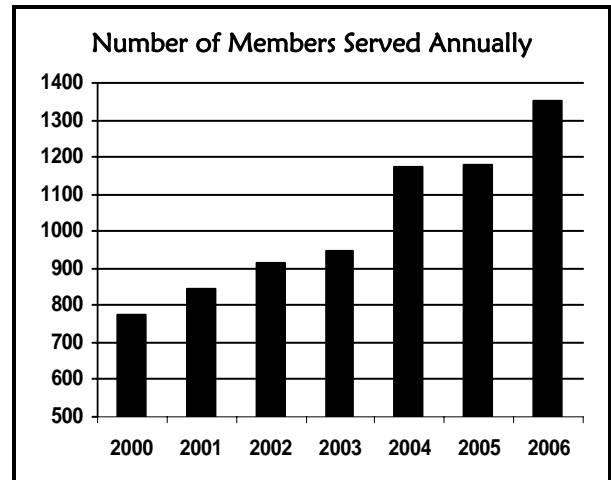
RACE:		
African American	32%	22%
African-Born	3%	12%
Asian/Pacific Islander	2%	1%
Caucasian	53%	55%
Hispanic *	7%	8%
Native American	5%	2%
Other / Multi-racial	2%	1%

* Hispanics are part of a variety of racial groups and may be listed under other categories.

AGE:		
0-13 years	0.1%	0.5%
13-19 years	0.4%	1%
20-29 years	8%	10%
30-39 years	24%	24%
40-49 years	44%	41%
50-59 years	18%	18%
60+ years	5%	5%

MODE OF EXPOSURE:		
Men Who Have Sex with Men	48%	52%
Heterosexual	28%	12%
Injecting Drug Use	5%	7%
MSM / IDU	3%	5%
Perinatal	1%	1%
Other	3%	1%
Refused / Unspecified	2%	9%
Unknown	10%	13%

TOTAL INDIVIDUALS: 1,352 5,566



	Aliveness Program Recipients	HIV/AIDS Cases in Minnesota
RESIDENCE:		
Hennepin	66%	57%
Ramsey	16%	18%
Dakota	2%	4%
Anoka	2%	3%
Washington	1%	1%
Carver	0.4%	1%
Scott	0.2%	1%
Greater Minnesota	6%	15%
Wisconsin	1%	NA
Iowa	0.2%	NA
Unknown	5%	NA

CHILDREN:		
No Child in Home	82%	NA
1 Child	7%	NA
2 Children	7%	NA
3 Children	3%	NA
4 or More Children	1%	NA

ANNUAL INCOME:		
< Federal Poverty Level*	70%	NA
> 100% & < 300%**	18%	NA
> 300%** of FPL	6%	NA
Unknown	6%	NA

TOTAL INDIVIDUALS: 1,352 5,566

* \$9,576 is the 2006 Federal Poverty Level for an individual.

** \$28,728 is 300% of the Federal Poverty Level for an individual.

positive IMPACT



Maria finds a new home at The Aliveness Project

“My name is Maria. I was born and raised in Spain. I didn’t know much about AIDS when I lived there — except that I thought it was affecting gays in the United States. When my husband and I both tested HIV positive in 1985, I knew instinctively to keep it quiet because of the stigma.

“My husband and I used to travel to Minnesota to visit my husband’s family. Eventually, after he became too sick to travel, we both settled in Minnesota.

“After he died in 1995, I felt scared and alone. I didn’t speak English well, so it was hard to communicate with people. I became depressed, believing I would die soon, like my husband.

“It was a very difficult period in my life. Finally, I started coming to The Aliveness Project.

“What really struck me was seeing people like me. Through the friends I met at The Aliveness Project, I learned that I didn’t have to be secretive or feel shameful. I now feel safe and normal.

“Because of HIV, I have faced depression, ongoing pain and numerous digestive problems. The massages and shiatsu I receive through the Complementary Care Program really tone down these symptoms. On a scale of 1-10, my pain is often as high as “7,” which is pretty severe. After a therapy session, however, my pain is about a “4” for several days, making it possible to take care of myself and still be active.

“Currently, I have a part-time job, but I also try to volunteer occasionally.

“The Aliveness Project’s staff and volunteers give hope to me and other members — it makes a difference to know that people care. Thank God that The Aliveness Project is here for people like me!”

positive IMPACT

**Rob feels accepted
and wants
to give back**



“My name is Robert. I tested HIV-positive in 1985. I lived in California until 1988. When I returned to Minnesota, I heard of The Aliveness Project, but I think that I was hesitant to come here. I felt uncertain and afraid to be out about my status.

“In October 2006, a friend in treatment told me about The Aliveness Project. He gave me an application, which I completed. Then I called to make an appointment with the Director of Membership Services.

“It was love at first sight! The kindness, humanity and generosity of the place were overwhelming. At The Aliveness Project, I felt instant affirmation of who I was and my place in the world. From the receptionist to staff and other members, it was a nonjudgmental and welcoming place!

“I have found the complementary care therapies to be very holistic. All the therapists work closely together and, thanks to acupuncture, I have quit smoking.

“Now I volunteer with The Aliveness Project, because what I get from everyone here is so much more than I can give back.”

OUR PROGRAMS & SERVICES

On-site Meal Program

The On-site Meal Program is the cornerstone of The Aliveness Project. Many of our members have limited incomes, so meals help them maintain a balanced diet and good health. Our cafeteria serves lunch six days per week (Monday - Saturday) and supper on Tuesdays, Wednesdays and Thursdays.

Number of Meals	28,406
Individuals Served	893

Food Shelf Program

Along with our Meal Program, our Food Shelf helps supply additional food resources for our members and their families.

Food Shelf Appointments	1,997
Individuals Served	537
Family Members Served	3,509
Pounds of Food Distributed	77,572
Number of Meals Provided	51,715

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Individuals using our food services report:

- ✓ 92 percent say “the meals & food shelf help me maintain my health.”
- ✓ 90 percent say “these services help stretch my financial resources & live independently.



Complementary Care

Our Complementary Care Program is one of our most unique services and provides healing therapies such as acupuncture, chiropractic treatments, massage, shiatsu, and other body treatments.

Each of these therapies complements more traditional treatments and helps our members manage the symptoms of HIV/AIDS and decrease the side effects of medications.

Complementary Care Sessions	2,970
Individuals Served	551

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Members using our Complementary Care services report the following benefits:

- ✓ 63% experienced a decrease in the intensity or number of symptoms (fatigue, muscle or joint pain, sleep problems, neuropathy, headaches & diarrhea).
- ✓ 68% reported a decrease in feelings of sadness or depression.

OUR PROGRAMS & SERVICES



Holiday Basket Program

Our Holiday Basket Program is a special program that provides gift baskets for members and their family members. Each basket includes clothing, hygiene items, food products and other presents.

In 2006, hundreds of individuals, families and organizations donated thousands of gifts, wrapped presents, adopted baskets, sewed quilts and stockings, and delivered baskets.

Number of Holiday Baskets	574
Adults Served	785
Children Served	481

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"I have received a Holiday Basket for the past few years..... One year, I remember needing a winter coat and then receiving it in my basket. It really made a difference for me! I don't have much money to afford things like that. There are always fun items in each basket that make me feel good, because I know they were given and made by someone who cares."

- Sharon

Care Advocacy Program

Our Care Advocacy Program provides advocacy services for members who and who need short-term assistance with finding financial assistance, housing, health insurance or other basic social services.

Care Advocacy Sessions	816
Individuals Served	369

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"Success began for me the first day I came to The Aliveness Project. I was homeless, and staff helped me find a clean, quiet shelter appropriate for me.

"Since then, I moved into my own apartment and have been living there for more than a year. The food shelf also provides much-needed food. With this assistance, I have been able to also afford basic necessities for my new apartment."

- Lisa

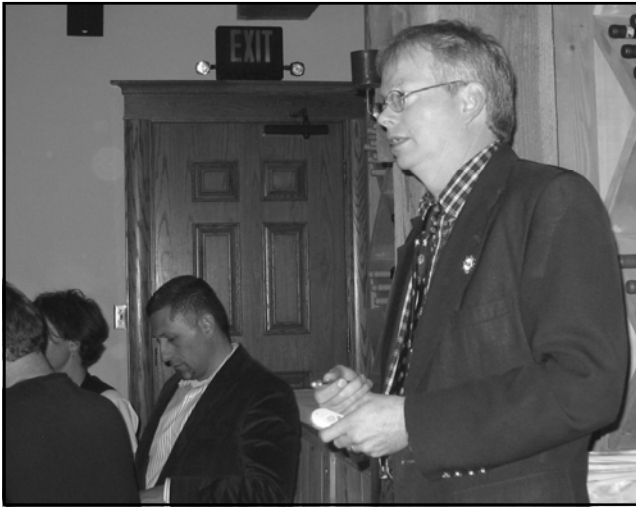
Positively Alive Program

Our Positively Alive Program offers HIV prevention outreach services (which includes distribution of condoms, safer sex kits, and bleach kits), individual counseling, and case management services.

Outreach Interventions	1,453
Individual Counseling Sessions	228
Case Management Sessions	170



OUR PROGRAMS & SERVICES



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"When I first came to The Aliveness Project, I was surprised by all the things that were there. I have used the computers and library to help me learn more about HIV resources available to me.

"Now when I am here, I feel part of the fellowship. I know that I am with others who are having similar experiences."

- Steven

Other Services

There are a number of other services that are coordinated by our staff and volunteers, as well as other community organizations that use our facility to conduct outreach to our members.

Last year, these services included:

- ✓ *Educational Seminars on Topics Related to Current Treatments, Healthy Living, etc.*
- ✓ *Free Access To Social Events (theatre performances, concerts, etc.)*
- ✓ *Free Hair Cuts.*
- ✓ *Outreach Programs for Injecting Drug Users and Other Populations.*
- ✓ *Social Gatherings, such as our Summer Picnic, Halloween Party, etc.*
- ✓ *Veterinary Services for Members' Pets.*

HIV Speaker Bureau

Our Speaker Bureau is made up of members living with HIV/AIDS, and our speakers are in high demand. Our Speaker Bureau presents to schools, colleges, communities of faith, chemical dependency programs and workplace groups. In 2006, our members delivered 64 presentations, reaching an estimated 1,842 youth and adults.

HIV Resource Library

The Aliveness Project also offers services to help our members be as educated and self-sufficient as possible. Our HIV Resource Library has a number of books and magazines related to HIV/AIDS and the latest information regarding HIV treatments and ongoing research.

Our Library also offers Internet access for members who want to research medical and treatment information, as well as identify a variety of resources.. In 2006, 285 members used this service during 2,402 sessions of 30 minutes or approximately 1,200 hours of sessions.



A SNAPSHOT OF HIV/AIDS IN MINNESOTA

Today there are an estimated 1.039 million to 1.185 million individuals living with HIV/AIDS in the United States — the largest number ever — according to the Centers for Disease Control and Prevention. Of these, between 252,000 - 315,000 (24-27%) are unaware of their HIV infection and are not getting the care they need.

The number of people living with an AIDS diagnosis has been increasing in recent years: from approximately 290,400 in 1998 to 425,910 at the end of 2005. CDC estimates that approximately 40,000 people per year in America become infected with HIV, a number that has remained relatively stable — but unacceptably high — for much of the past decade.

According to the Minnesota Department of Health, since the beginning of the HIV epidemic in 1981 until the end of 2006, 8,149 cases of HIV infection were reported in Minnesota. 2,838 of these cases are known to be deceased. At the end of 2006, there were 5,566 individuals reported to be currently living with HIV in Minnesota — a 6.6% increase from 2005. Of these individuals, 3,105 (56%) are living with HIV (non-AIDS) and 2,461 (44%) have an AIDS diagnosis.

The Minnesota Department of Health reports that 318 Minnesotans were newly diagnosed with HIV infection in 2006 — a five percent increase from 2005. This is the highest number of new cases reported in a single year since 1995, when 343 were reported.

Previously, the number of newly diagnosed AIDS cases and the number of deaths among AIDS cases had been declining due to the introduction of new antiretroviral treatments (including protease inhibitors) in 1996. Over the past few years, however, there has been an increase in the number of diagnosed cases of AIDS, from a low of 124 cases in 2001 to 163 in 2006 (a 31% increase).

People of color continue to be disproportionately affected by HIV/AIDS. While approximately 88% of males in Minnesota are white, last year 55% of the new HIV infections were among white men. Men of color make up approximately 12% of the male population, but 45% of the men diagnosed with HIV in 2006. Similarly, women of color make up 11% of the female population and 68% of the new cases of HIV among women.

Some additional 2006 statistics include:

- Young men (ages 13 to 24) made up 35 or 11% of new HIV cases. This is about twice the number reported for this group in 2002.
- Gay and bisexual men made up 64 percent of new cases.
- Women made up 28 percent of new cases.
- Young men and women (ages 13 to 24) accounted for 18 percent of new cases.
- One in three people who tested HIV-positive last year were "late-testers" — meaning they had already progressed to full-blown AIDS by the time the infection was diagnosed. Typically, they were living with HIV for eight to 10 years before their diagnosis.
- Currently, there are more Minnesotans living with HIV than ever before — and, as a result, more people in need of the services offered by The Aliveness Project. In 2006, one in four Minnesotans living with HIV/AIDS used our services!

posi+ive IMPACT

"When I first tested HIV-positive in 1997, I was living on my tribe's reservation. It seemed like there was little support for Native Americans living with HIV.

"One time, I was picked up by the tribal police and — because I had HIV — I was quarantined for five days. It seemed like they wanted me to live with shame. But I did not want to live my life that way.

"I first heard about The Aliveness Project from a relative who had recently lost someone due to AIDS. She told me it was a place to help those living with HIV.

"I finally came here and was overcome by the helpfulness, friendliness and caring of the people I met that first day. After years of dealing with how I was treated on the reservation, I finally found a place that was welcoming and felt so comfortable!

- Amy

OUR VOLUNTEERS

Our phenomenal team of caring volunteers is truly the heart of The Aliveness Project!

For the first time in our organization's history, over 1,000 individuals served as volunteers during 2006! These volunteers came to us as individuals and from a variety of community and workplace groups. Together they contributed an unprecedented total of 30,000 hours to The Aliveness Project!

Last year, our volunteers included:

- Aliveness Project members.
- Community members who have a personal concern for people living with HIV/AIDS.
- People from a wide range of ages — from children to teenagers to senior citizens.
- Mostly residents of the Twin Cities — however, some volunteers travel from Duluth, Rochester and many parts of Minnesota. Our volunteers also come from other states and countries from around the globe.
- Volunteer teams from corporations, schools, colleges, and faith communities — with significant increases in the number of individuals from all these groups.

Volunteers play a vital role at all levels of our organization and programs, including:

- | | |
|---|---|
| ✓ <i>Annual Volunteer Recognition Event</i> | ✓ <i>Holiday Basket Program</i> |
| ✓ <i>Board of Directors</i> | ✓ <i>Housekeeping and Maintenance</i> |
| ✓ <i>Building Improvement</i> | ✓ <i>Kickball, Bowling and Sledding Parties</i> |
| ✓ <i>Complementary Therapies</i> | ✓ <i>Kitchen Helpers</i> |
| ✓ <i>Data Entry</i> | ✓ <i>Library</i> |
| ✓ <i>Dining Out For Life</i> | ✓ <i>Membership Advisory Committee</i> |
| ✓ <i>Errand Drivers</i> | ✓ <i>Minnesota Red Ribbon Ride</i> |
| ✓ <i>Fall Fundraiser "Carnival of Life"</i> | ✓ <i>Newsletter & mailings</i> |
| ✓ <i>Food Shelf Program & Food Drives</i> | ✓ <i>Office Assistants</i> |
| ✓ <i>Fundraising</i> | ✓ <i>Professional Consulting</i> |
| ✓ <i>GLBT Pride Booth</i> | ✓ <i>Reception Desk</i> |
| ✓ <i>Hair Cuts</i> | ✓ <i>Vet Clinic</i> |
| ✓ <i>HIV Community Picnic</i> | ✓ <i>Web Design and Maintenance</i> |



positive IMPACT

"(As someone living with HIV), I also participate by volunteering. It helps me realize that there are many people out there who are supportive.

"Volunteering helps me break through the stigma and isolation of HIV by being involved with other volunteers. They have really helped me to no longer feel ashamed."

- Andy

THE VALUE OF VOLUNTEERS!

The Aliveness Project could not exist without volunteers! Their collective work is both vital and invaluable. For the year 2006, Independent Sector assigned a value to volunteer time of \$18.77 per hour.

What this means is that our volunteers' efforts last year — a combined total of at least 30,000 hours of service — have an estimated value of more than \$563,100.00! We would need to increase our annual operating budget by at least 85% or hire 14 full-time staff to complete the work of these committed volunteers!



THANKS TO OUR 2006 VOLUNTEERS

The Aliveness Project thanks and acknowledges the following volunteers from 2006!

Please accept our apology if your name has been inadvertently omitted.

Businesses / Organizations

16th Avenue South Block Club,
Minneapolis
3M
Abbott Laboratories
African American AIDS Task
Force
All God's Children Metropolitan
Community Church
Alpha Kappa Psi
America Votes
American Financial
American Red Cross
Americorps
Ameriprise
Ameriprise -
Black Employee Network
Ameriprise Pride Coalition
Amore Coffee
Aspire Chiropractic
The Atoms of Minneapolis
AT & T
ATT League
Augsburg College
Augustana Apartments
Aveda Institute
Balance Chiropractic
Basilica of Saint Mary
Best & Flanagan, LLP
Best Buy Finance
Bethany Lutheran Church
Bethel University
Bethlehem Lutheran Church -
Senior High Ministry
Bio Script
The Black Guard of Minneapolis
Bloomington-Kennedy
High School
Blue Cross Blue Shield of MN,
Volunteer Council
Blue Cross Blue Shield -
Blue Pride
Blue Cross Blue Shield -
Heart of Blue
Bonnie Sainio's Homemade
Cards
Boy Scouts, Scouting for Food
Bristol Meyers Squibb
Brownie Girl Scouts
Buy/Sell Realty
Carlson School of Management
Graduate Volunteer Corps
Century Community College
The Chair
Children's Hospital -
Teenage Medical Services
Peer Educators
The Children's Theatre
Christ Presbyterian Church
Christ Presbyterian Church,
Edina
Church of St. Joan of Arc
Claire Housing
Clark Consulting
Coffee Eclectic
College of St. Benedict
Columbia Heights High School
Communications Workers of
America
Costumes & Creatures
Cretin-Derham Hall
- Spectrum Students
Dahl Chiropractic Services
Daily Massage
De la Salle High School
District 202
Double Rainbow II Group
Eastview High School
Edina High School
El Colegio Charter School
Experience Works
F.L.O.W.
Friendly Hills Middle School
Gap Inc.

GAPS Assembly -
University of Minnesota
General Mills Betty's Family
Girl Scouts
Glad Creations Quilt Block
GlaxoSmithKline
Great American History Theatre
Guthrie Theatre
Hamline University
Hamline University Campus
Ministry
Hamline University
School of Law
Hamline University United
Methodist Student Movement
Hammergren & Meyer
Hands On Twin Cities
Harbor City International School,
Duluth
Hennepin County HIV Clinic
Hennepin County PLL
Hennepin County Probation
Historic Theatre Group
Hope House
Hospice Twin Cities
The Imperial Court of Minnesota
Integrative Therapies, Rochester
Inver Grove Heights Animal
Hospital
KARE 11
KFAI Radio
Kiwanis Club
La Oportunidad
Lavender Magazine
Linden Hills Acupuncture
Little Country Theatre
Lutheran Church of
Christ the Redeemer
Macalester College MACTION
Maceon Photography
Maplewood Middle School
Maplewood School District
Mavrik Realty
MaxWell Pharmacy
Medtronic Triangle Alliance
Memorial Blood Centers
Memorial Blood Centers
The Men's Center
Metro State University -
Lavender Bridge
Midwest Energy Assoc.
Minneapolis City Council & Staff
Minneapolis College of Art &
Design
Minneapolis Community
& Technical College
Minneapolis Edison High School
Minneapolis North High School
Minneapolis Public Schools
Minneapolis South High School
Minneapolis Urban League
Minneapolis Washburn High
School
Minnesota AIDS Project
Minnesota College of
Acupuncture &
Oriental Medicine
Minnesota Council of Churches
Minnesota Dept. of Health
Minnesota HIV Services
Planning Council
Minnesota International Center
Minnesota Life College
Minnesota Opera
Minnesota Red Ribbon Ride
Minnesota School of Business-
Massage Program
Minnesota Stocks, Debentures
& Bonds
Minnesota Vixen
Mississippi Market
MN Life College
Mounds View High School
Mystic Lake Casino

New Spirit United Church of
Christ
New Spirit United Church of
Christ, Eagan
Normandale Community College
Nursing Program
Normandale Nursing Program
North Central University
North Dakota State University -
Little Country Theatre
North Hennepin Community
College - Phi Theta Kappa
North Hennepin Community
College - Nursing Program
North Saint Paul High School
Northwestern Health Sciences
University
Novel Women Book Club
O'Keefe Matz Chiropractic Clinic
Olive Salon
Omegon
Open Door
OWWLS
Park House
Phi Theta Kappa
Positive Link
Pride Institute
Project for Pride in Living
Project Remand
Prudential Financial Services
Pulte Homes
Quest EAGLE
Quilters for Restorative Justice
Ramsey County GLBT &
Friends - Employee Resource
Network
Regions Hospital
Regions Hospital ID Clinic
RE/MAX Results — Amy Ruzick
& Kay Johnson
Rivers Way Meditation Center
Robbinsdale Armstrong High
School
Robbinsdale Cooper High
School
ROR Tax Professionals
Rotary Club - Minnesota
RSVP Vacations
Saint Paul Academy
Schneider Drug
The Seesters
Shen Men Acupuncture
& Natural Health Care
Shepherd of the Lakes
Lutheran Church
Shoe-A-New
Sister Sludge Coffee
Skills for Tomorrow School
Skyview Middle School
- 7th Graders
Soul Essence
Spring Lake Park Area Learning
Center
St. Cecilia's Catholic Church,
Minneapolis
St. Francis Cabrini Catholic
Church
St. John's Confirmation
Students
St. John's of Prior Lake -
Confirmation Students
St. Nicholas Church, Carver
Stardust Lanes
Student Global AIDS Campaign
Target Corporation
Target Corporation Member
Service Center
Target Financial Services
Volunteer Council
Target Volunteer Council
Tibotec Therapeutics
Ticket Works
Todd Konkol Catering
The Town House -
Triangle of Hope

Tree Trust
Tulle & Dye Inc.
Turtle Club
Twin Cities Bicycling Club
Twin Cities Front Runners
Twin Cities Gay Hockey
Association
Twin Cities Gay Men's Chorus
Twin Cities GLBT Pride
Twin Cities Goodtime
Softball League
Twin Cities Quorum
United Theological Seminary
University of Minnesota - CLA
Group
University of Minnesota - GAPS
Assembly
University of Minnesota -
GLBT Programs Office
University of Minnesota -
Medical Schools World AIDS
Day Coalition
University of Minnesota -
Occupational Therapy
Program
University of Minnesota -
School of Dentistry
University of Minnesota -
School of Public Health
University of Minnesota School
of Public Health
University of Minnesota YMCA
"Y Buddies"
University of St. Thomas
University of Wisconsin -
River Falls
V.A. Medical Center
Wake Up We're Affected
Walgreens Stores
Wedge Community Co-op
Wet Paint
Wilson's Leather - Marketing
Department
Women Venture
Woodbury United Methodist
Church
Y Force University YMCA
YMCA Ridgedale
YWCA - Minneapolis Downtown
YWCA - Minneapolis Midtown
Zheng Qi Acupuncture Clinic

Individuals

James Aisenbrey
Rafai Abdelmounem
Sharon & Sam Abelson
Izzy Abraham
Kenny Adams
Patricia Adams
Kristi Adamson
Heidi Adelman & Mike Everetts
Michelle Adman & Family
Dan Adolphson
Chance Agers
Alejandro Aguilera
Sandy Agustin & Desiree Larson
Mack Alea
Christine Anderson
Bob Anderson
Darlene Anderson
Mark & Deborah Anderson
Bob Address
Jerry Andrews
David Ansari
Andy Ansell
Nancy Anselmin & Dave Vidnar
Neville Ansley
Alyssa Arabadji
Gene Arel
Frank Arena
Rebecca Arnoldy
Julia Ashley
Charlie Attilano Ruanova
Michelle Atkins

Sue Austin & Family
Erin Azer
Laura Bachinski & Renee
DeLong
Wendi Bame
Jim Bartingale
Edith Bacon
Yanni Bacouros
Patrick Bailey
Larry Baker
Maria Baker & Kevin Hiniker
Lisa Baldwin & Jennifer Kusz
Bariso Balla
Susan Bangasser
Brian Barnes & Bill Williamson
Amy Barrett
Karl Barrett
Dawn Bartell & Lois Peterson
Emily Bastian
Stephanie Bauman
Layne Beckman
Scott Belcher
Lonny Beliveau
Andra Belland
Amy Bemis
Julie Benson
Pam Benson & Family
Lisa Berg
John Berg
Marsha Berry
Anthony Bettendorf
Eileen Bezat
Joe Bielawa
Anyia Bilgutay
Alisha Billingsley
Scott Bilodeau & Richard Carper
Mark Blachowski
Mary Blegen
Elizabeth Bley
Alicia Bloch
Melanie Bloom & Olivia Meyer
Lisa Boone
Gary Bobzien
Justin Bodie
Rob Boisvert
Thomas Boman
Kirk Bonner
Gloria Boxell
Cheryl Boyes
Daniel Boyer
Jane & Anne Boyer
Liz & Joe Brandel & Family
Kent Brainerd
Jim Brenny
Daniel Breslin
Bev Brogie & Matt McLaughlin
Elbert Brown
Felisha Brown
Philip Brown
Charlie Brown
Susan Brunelle
Bridget Bruner
Mary Buhr
Ernesto Bueno & Chris Guzman
Chris Bun
Fr. Clem Burke
Korene Burke
Molly Burke & Family
Korene Burke
Sandy Burke & Caroline
Dave Burton & Amy Ouradnik
Richard Buske
Kimberly Bussey
Matt Butts
Leslie & Jim Byrne
Susan Brott
Molly Cacek
Sue & Rich Cairn & Family
Paul Capetz
Jamie Cardenas
Mark Carlton & Grandara
John Carlson
Lois Carrier
Bill & Lynn Carrol & Jackie
Brent Casey



THANKS TO OUR 2006 VOLUNTEERS

The Aliveness Project thanks and acknowledges the following volunteers from 2006!

Please accept our apology if your name has been inadvertently omitted.

Dan Cashman
Jim & Billie Cashman
Mark & Melissa Caulfield
& Family
Jim & Margie Charlebois
Jessica Cheney
Ken Cheney
Kathy Chinn
Julie Choquette
Charles Christiansen
Christopher Cichon
Donna Clay
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- **\$100** — Provides food shelf services for 6 households.
- **\$75** — Funds 3 sessions of acupuncture, massage, and other healing therapies.
- **\$50** — Supports services to help a member find housing, financial assistance, health insurance, or other needs.
- **\$25** — Pays for 11 hot meals.

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Address: _____ City, State, Zip: _____

Telephone: (_____) _____ E-mail: _____

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☐ Please charge \$_____ to my credit card: ☐MasterCard ☐Visa

☐ I want to pledge a monthly donation of \$_____:

☐ I will mail in my donation. ☐Please make a monthly charge to my credit card.

For credit card donations, please complete the following:

Credit card number: _____ Expiration date: _____

Name on credit card: _____ Your signature: _____



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Altria Group, Inc.
Ameriprise Financial - Employee Giving Campaign
Anemoni Sushi & Oyster Bar
Arezzo Ristorante
AT&T League MN
Aura
Auriga
Aurora Spa, Inc.
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Axel's Bonfire - Chanhassen
Axel's Bonfire - Eagan
Axel's Bonfire - Mendota Heights
Axel's Bonfire - Savage
Axel's Bonfire - St. Paul
Axel's Bonfire - Woodbury
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Bar Abilene
Barbette
Betsy's Back Porch, Inc.
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Buona Sera
Cafe Brenda
Café Latte
Café Twenty-Eight
Carmelo's Ristorante
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Chez Daniel Bistro
Chiang Mai Thai
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Chipotle Mexican Grill, Inc.
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Christos Union Depot Place
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Church of St. Joan of Arc
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Yum!

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Church of St. Joan of Arc
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Park House
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Park Square Theatre
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RE/MAX Results
- Amy Ruzick & Kay Johnson
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Matthew F. Witchell, Inc.

OUR FINANCES

OPERATING STATEMENT - UNRESTRICTED

Fiscal year ending December 31, 2006

INCOME:	2006	2005
Contributions, Memorials & Grants	\$ 207,388	\$ 195,333
Government Grants	\$ 291,256	\$ 256,550
Special Events	\$ 103,031	\$ 68,944
Charitable Gaming	\$ 36,227	\$ 61,497
Investment Income	\$ 17,188	\$ 4,848
Miscellaneous	\$ 2,728	\$ 2,633
Total Support and Revenue	\$ 657,818	\$ 589,805

EXPENSES:		
Salaries & Benefits	\$ 325,402	\$ 253,660
Meal Program	\$ 59,736	\$ 49,654
Food Shelf	\$ 37,282	\$ 36,163
Complementary Care Program	\$ 41,663	\$ 44,170
Utilities/Maintenance/Insurance	\$ 45,682	\$ 35,403
Professional Fees	\$ 23,803	\$ 16,567
Other Expenses	\$ 87,808	\$ 68,756
Depreciation	\$ 12,133	\$ 13,564
Total Expenses	\$ 633,509	\$ 517,937

Change in Net Assets **\$ 24,309** **\$ 71,868**

BALANCE SHEET

Fiscal year ending December 31, 2006

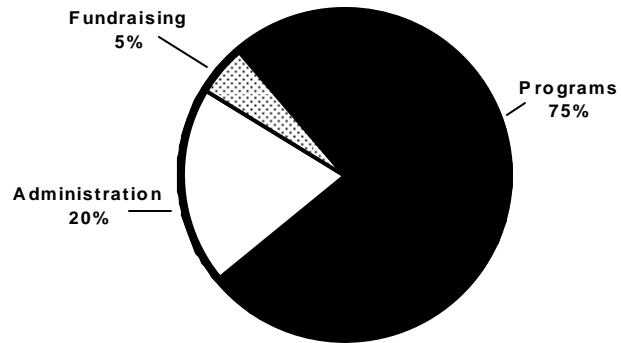
	2006	2005
ASSETS:		
Cash	\$ 74,136	\$ 165,124
Investments	\$ 274,625	\$ 189,597
Grants and Contracts Receivable	\$ 30,862	\$ 39,467
Other Assets	\$ 39,999	\$ 27,420
Property & Equipment	\$ 156,205	\$ 162,058
Total Assets	\$ 575,827	\$ 583,666

LIABILITIES:		
Accounts Payable	\$ 12,166	\$ 13,453
Accrued Salaries & Vacation	\$ 26,978	\$ 23,750
Payroll Taxes Payable	\$ 269	\$ 729
Other Liabilities	\$ 3,323	\$ 4,852
Total Current Liabilities	\$ 42,736	\$ 42,784
Total Net Assets	\$ 533,091	\$ 540,882

TOTAL LIABILITIES AND NET ASSETS **\$ 575,827** **\$ 583,666**

Where your donations go:

Programs	75%
Administration	20%
Fundraising	5%



Our Mission

To encourage self-empowerment
and provide direct services to
persons living with HIV/AIDS.

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