

the Aliveness

Serving Our HIV/AIDS Community Since 1985 September/October 2012 Vol. 23, Issue 5

RED RIBBON RIDE

We had another great Ride in July. It was the 10th anniversary of the Ride. It raised over \$450,000 for eight local HIV/AIDS service organizations, including The Aliveness Project! Special thanks to all the riders and crew—especially our Team Aliveness members, who raised \$27,323.58! If you haven't donated yet, you still can at www.redribbonride.org.

WALK TO END HUNGER

This will be the third year for The Aliveness Project to be a full partner in the Walk To End Hunger at the Mall of America on Thanksgiving Day morning on Thursday, November 22. You and your family can help raise funds and walk for our Food Shelf and Meal Program—all funds designated to The Aliveness Project will be donated directly to us. For more information, see page 2 or visit www.walktoendhunger.org.

MIRACLE ON 38TH STREET

This will be the 25th year of our Holiday Basket Program for individuals and families affected by HIV/AIDS. In 2011 our volunteers delivered 716 baskets, with gifts for 963 adults and 472 children. Applications for recipients will be mailed out in October. People who wish to adopt a basket may sign up online by October.

This annual “miracle” could not happen without people like you. You can adopt one or more baskets or volunteer in other ways. We will need donations of new clothing, toys, gift cards, quilts, teen gifts, candy and other items. Last year, 85 percent of our baskets were adopted and we hope to do even better this year! For more information, please see page 7 and 9.

A TIME TO FEEL GRATEFUL

This fall will mark my eleventh year of serving as Executive Director of The Aliveness Project. Part of me cannot believe how quickly this time has passed. We have seen a number of changes here during that time. The Aliveness Project has grown and we are serving twice as many HIV+ members than we did back then. I still feel lucky to have the opportunity to work with such a great organization with wonderful staff and fantastic volunteers.

This is a time of year to think about what we are thankful for. Personally, I feel grateful that so many people still care about those living with HIV/AIDS and are willing to help us make The Aliveness Project a safe and welcoming place for our members. This is a wonderful place to work and make a difference in our community.

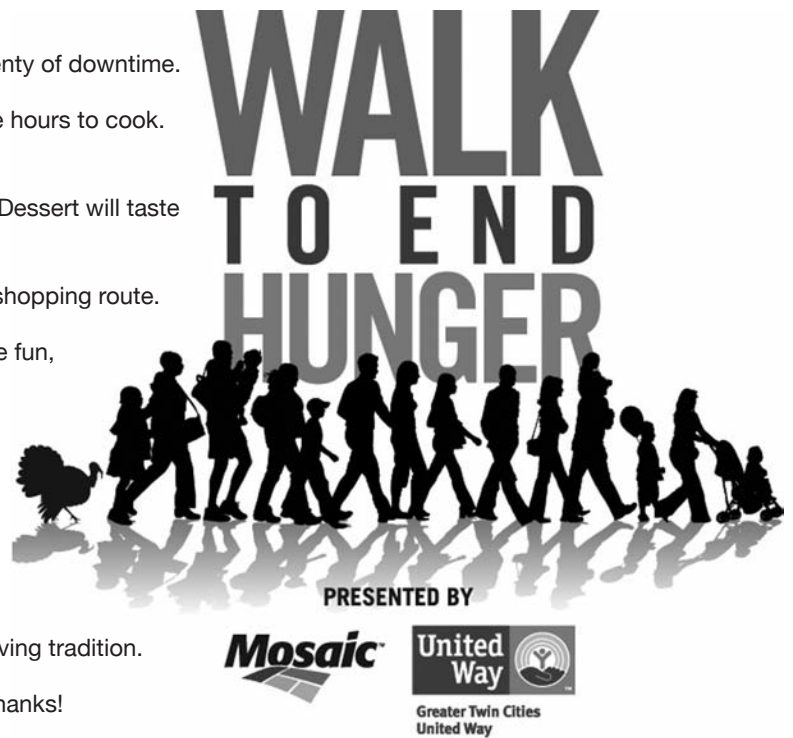
Joe Larson

Executive Director



TOP TEN REASONS TO ATTEND THE WALK TO END HUNGER

- 10 It's easy. Just roll out of bed, throw on clothes and shoes – and voilà! You're ready to fight hunger and start your day off right!
- 9 You're slated to bring the cranberries? Perfect. You've got plenty of downtime.
- 8 Oh, you'll be too busy cooking? The average turkey takes five hours to cook. So put that bird in the oven and swing on by.
- 7 Walk off some calories before you start packing 'em on later. Dessert will taste that much sweeter.
- 6 Think of this as an opportunity to map out your Black Friday shopping route.
- 5 Hunger doesn't take the day off, and neither should you! Have fun, get a little exercise and people-watch at the MOA.
- 4 Sure, sleeping in is great. But we both know you're waking up at the crack of dawn for tomorrow's door busters. Just consider this practice.
- 3 Really, not a morning person? Please. You'll have plenty of naptime once that tryptophan hits your system.
- 2 It's a lot of fun. And it's never too late to start a new Thanksgiving tradition.
- 1 Because nothing feels better than giving back before giving thanks!



THANKSGIVING DAY | NOVEMBER 22, 2012 | MALL OF AMERICA® ROTUNDA | 7:00-10:00AM | WALKTONENDHUNGER.ORG

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The Aliveline is a bi-monthly publication of The Aliveness Project, Inc. The Aliveness Project is a 501(c)(3) non-profit organization, founded in 1985 as a membership organization for individuals living with HIV/AIDS. This newsletter may report on experimental and other therapies; however, The Aliveness Project does not recommend any particular therapy. Please consult with your medical provider before trying any new treatment. Views and opinions expressed in this publication are those of the contributing authors and are not necessarily those of The Aliveness Project.

Wish List

- Interns in the Fundraising & Volunteer departments
- Scotch Heavy Duty Shipping & Packaging Tape
- Team Aliveness walkers to participate in the Walk to End Hunger (Thursday, November 22 at the MOA)
- Stockings & quilts to put in the holiday baskets
- Hundreds of adopters of Holiday Baskets
- School & employee groups to decorate the Holiday Baskets
- NEW housewares for holiday baskets (pots, pans, small gadgets, towels, sheets, etc.)
- Small electronic anything for our tech-hungry teenagers
- Family or young adult games
- Books, DVDs, CDs for teens & adults
- Gift certificates from just about anywhere!



Double your impact TODAY!

The **Otto Bremer Foundation** has generously committed a **\$200,000 Challenge Grant** toward our \$2.5 million Capital Campaign goal. **Your gift today will be matched** up to \$200,000 and allow us to start construction this summer!

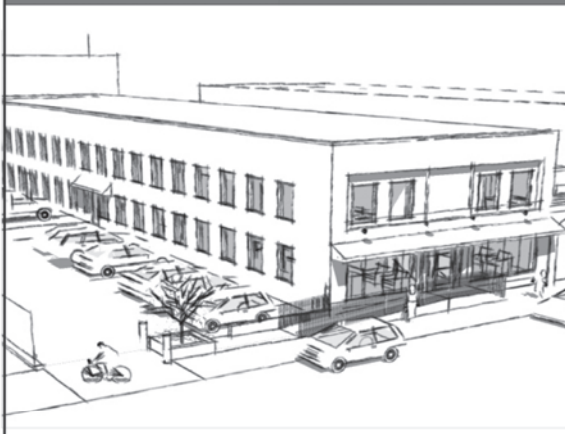
We are asking you to make a **significant contribution**. We will acknowledge all major gifts on the walls of our therapy rooms, dining room, community room, membership lounge and hallways.

YOUR NAME or the NAME OF A LOVED ONE
will be displayed to show the positive impact of your donation.

The Aliveness Project is currently serving 1,600 individuals living with HIV/AIDS each year—twice as many as we did 12 years ago—in a building designed to serve only 400.

In 2009, The Aliveness Project launched a **capital campaign** for the purchase and renovation of a new home at Nicollet Avenue and 38th Street in South Minneapolis. This new facility will offer improved accessibility, a larger food shelf, a spacious dining room, more therapy rooms and other features to better serve our HIV+ members and their families.

POSITIVE IMPACT GIFT FORM



AMOUNT

GIFT RECOGNITION

- | | |
|-----------------------------------|--|
| <input type="checkbox"/> \$10,000 | Name on THERAPY ROOM (Corporate logo optional) |
| <input type="checkbox"/> \$5,000 | Name on plaque in LOBBY (Corporate logo optional) |
| <input type="checkbox"/> \$2,500 | Name on plaque in DINING ROOM |
| <input type="checkbox"/> \$1,000 | Name on plaque in COMMUNITY ROOM |
| <input type="checkbox"/> \$500 | Name on plaque in MEMBER LOUNGE |
| <input type="checkbox"/> \$250 | Name on tile in HALLWAY |
| <input type="checkbox"/> \$100 | Name on brick in HALLWAY |

Name(s): _____

Address: _____ City, State, Zip: _____

Telephone: (_____) _____ E-mail: _____

Name(s) to be listed for gift: _____

☐ I will pay in full now.

☐ I will pledge payments:

- ☐ 12 monthly payments
☐ 4 quarterly payments
☐ 2 payments (every 6 months)

☐ Check enclosed: Payable to "The Aliveness Project."

☐ Please charge \$_____ to my credit card: ☐ MasterCard ☐ Visa

For credit card donations, please complete the following:

Credit card number: _____ Exp. date: _____

Name on credit card: _____

Your signature: _____

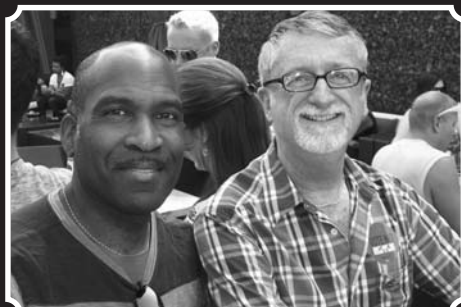
All gifts are fully tax deductible as allowed by law. Many companies match the charitable gifts of their employees. Check with your employer and if they offer such a match, please include the appropriate forms with your donation.

Return this form to: The Aliveness Project Capital Campaign, 730 East 38th Street, Minneapolis, MN 55407.

PRIDE FUNDRAISER *at CRAVE*

Check out the pictures from our very fun event at CRAVE rooftop, hosted with Lavender Magazine. It was another successful year as over 600 people enjoyed the rooftop viewing of the Pride Parade down Hennepin Avenue to Loring Park and the Festival.

People lined up early to eat their brunch and then staked out a spot to view the parade. Thanks to Lavender Magazine for including us again in this annual fundraiser!



ZOMBIE BALL

Zombie Ball, a benefit for The Aliveness Project, will take place October 13 at The Saloon. Zombie Spa (where you get Zombiefied) is from 6-9pm. Performances by celebrities returned from the dead start at 10pm.

In Living Memory

Departed this life

John L.

7/4/2012

Rosemary O.

7/17/2012

PRIDE FESTIVAL

Hundreds of people came by The Aliveness Project's booth on Saturday and Sunday of the Pride Festival. Our booth held the ever popular "Spin the Wheel" which gave the chance to win a prize. What a fun time we all had that weekend! Thanks for stopping by our booth.

Again this year at the Festival was a Bingo tent benefitting both The Aliveness Project and All God's Children Church. Thanks to Scott and Jen for heading up this endeavor to add more excitement to Pride.



ANNUAL PICNIC

The Aliveness Project's annual picnic was held at Minnehaha Falls on Friday, August 10. It was a sunny, breezy afternoon, so we had a great turnout of members, volunteers, staff, and their families, friends, and pets! The cooks outdid themselves with charbroiled meats on the grill, summery salads, fruit, and pie. The Justin Bieber piñata was a hit (ha ha), and the bingo prizes this year were stellar. Cheers to another celebration with our Aliveness family!



NEW EMPLOYEE BIO'S

My name is Corliss Zawistowski, I was the new Peer to Peer Coordinator working part-time; however, life has a way of making the right path for you if you allow it. I believe that I was in the right place at the right time, and I feel very fortunate to be currently in training for the new Medical Case Manager position at The Aliveness Project.

I have a long history of with The Aliveness Project through volunteering and working part time in the past. I will be working full-time in this new position to serve members assigned to my case load, who are in need of any multiple services surrounding case management provided by The Aliveness Project or outside vendors.

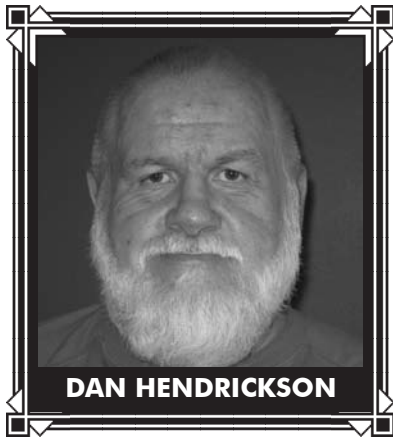
Some background information about myself, I am happily married and have two children. I have worked most of my career in social work. My background is in serving the mentally/physically disabled population. I also provide Doula services to pregnant mothers, and I am on call volunteer for Woodwinds Hospital.

In closing, I bring a wealth of knowledge in HIV/AIDS and I feel privileged to build a healthy working relationship with all that I will come in contact. Please feel free to make an appointment if you're in the building.



Quote from Corliss:

"In life you always get to make choices, I always choose to be "BETTER" never "BITTER."



I am Dan Hendrickson. I started at The Aliveness Project at the end of July in the part time role of Membership Services Program Assistant. My responsibilities include entering data and updating member information to keep files current along with a variety of other duties. My job was held until recently by Cathy.

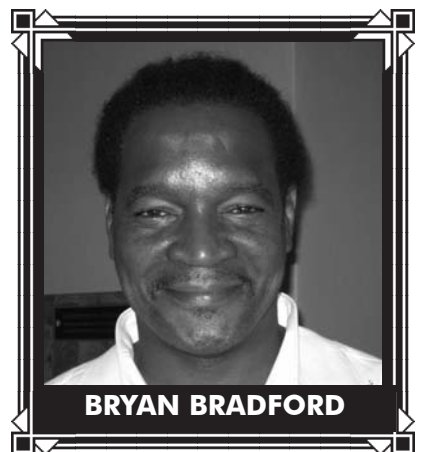
I grew up in North Dakota and lived much of my adult life in South Dakota. I had to move south because I just couldn't take those North Dakota winters anymore. I spent nearly twenty years in the restaurant business before teaching restaurant management at a tech school in Sioux Falls. In 1995 it became obvious that I would probably never be able to successfully drag my second foot through the 'Dakota closet' door and moved to the Twin Cities. I quickly found myself reveling in the sense of community I felt as I attended events and found myself surrounded by my GLBT peers.

My jobs since moving here have been in the accounting departments of insurance and retail companies – mainly Medicare B and Snyders Drugstores. I've also spent about three years working temp jobs in a variety of office settings. As soon as I became eligible for early Social Security retirement last winter, I grabbed it. I feel fortunate to have joined The Aliveness Project and look forward to being a part of the team.



Hey, I'm Angelikah Overton. I am the new Peer Program Coordinator here at The Aliveness Project. I am currently finishing my Associates degree in Human Services at MCTC. I have written for MTV's Staying Alive Campaign. I was the focus of their documentary titled "Me, Myself and HIV" and have been featured in POZ as a young adult living with HIV. I am very excited to be working at The Aliveness Project and am eager to take on the challenge of this program.

Greetings everyone! My name is Bryan Bradford and I'm happy to say that I am a new team member of The Aliveness Project. In my capacity as HIV Prevention Educator, I bring with me over 13 years of experience working and volunteering in the HIV/AIDS community. I made the transition to this great city in November 2009 from Atlanta, Georgia, hoping that I would get the opportunity to be an effective tool for HIV/AIDS prevention and education. My broad range of experience includes working with teens and adults affected/infected as a peer counselor, lecturer, and playing a pivotal role in many annual Atlanta charitable fundraising events with Common Ground Inc., Atlanta AIDS Project and Stand Inc. which helped newly released inmates re-assimilate back into mainstream society. I find my work so rewarding and fulfilling when I can be an effective catalyst for change in a person's life. I have been so blessed to have received this type of love and support on the other end of the spectrum and am happy to pay it forward. It is my wish to meet and hopefully "break bread" with each and everyone in our dynamic community we call The Aliveness Project. Thank you in advance for the opportunity to serve you!



25th Annual

Holiday Basket Program Donor & Volunteer Form

Online form at
aliveness.org

**We need your help with our Holiday Basket Program for people living with HIV/AIDS!
Your care and commitment will help make a brighter holiday season for those in need.**

Name(s): _____

Employer: _____ Organization: _____

Address: _____

City, State, Zip: _____

Phone: Preferred: ☐ Home ☐ Cell ☐ Work (_____) Secondary: ☐ H ☐ C ☐ W (_____) _____

E-mail: _____ Twitter: _____

ADOPT

☐ I want to adopt (& buy gifts for) a holiday basket for: ☐ No Preference ☐ Individual ☐ Couple ☐ Family

To determine **how many people you could adopt** (wrap and buy presents for each person), first choose the total amount you want to spend; then divide that total by \$35 (the amount we suggest spending on each individual). We will provide you with a wish list for each adopted basket.

My total budget is: \$ _____ Total number of people to adopt: _____

DONATE

☐ Please contact me/us about making an in-kind donation of _____

We need **in-kind donations** of new clothing, toys (for children & teenagers), gift cards, gloves, stocking caps, boots, games, kitchen supplies, quilts, CDs, DVDs, sporting equipment, etc.

☐ Enclosed is a donation for \$ _____. Please make your check payable to "The Aliveness Project."

☐ I want to make a credit card donation. Please charge \$ _____ to my ☐ Visa ☐ MasterCard.

Credit card number: _____ Expiration date: _____

Name on credit card: _____ Your signature: _____

Please use my gift for: ☐ Holiday Baskets ☐ Food Shelf ☐ Meals ☐ Therapies ☐ General Services

This donation is in ☐ Honor (or) ☐ Memory of: _____

VOLUNTEER

☐ Please contact me (or us) about volunteering to help with:

- | | | |
|--|---|--|
| <input type="checkbox"/> Leadership role! * (5-15 hours/week) | <input type="checkbox"/> Sewing holiday stockings | <input type="checkbox"/> Decorating boxes (Sept.-Oct.) |
| <input type="checkbox"/> Special events! ** | <input type="checkbox"/> Sewing quilts/afghans/throws | <input type="checkbox"/> Baking cookies |
| <input type="checkbox"/> Driving errands | <input type="checkbox"/> Wrapping presents | <input type="checkbox"/> Soliciting in-kind donations |
| <input type="checkbox"/> Organizing a drive for new clothing, toys, gift cards, food or other gifts | | |
| <input type="checkbox"/> Delivering 1-2 Hanukkah Baskets on Friday, Dec. 7 (limited number — requires a vehicle) | | |
| <input type="checkbox"/> Delivering 1-2 Christmas Baskets (requires a vehicle) on: | | |
| <input type="checkbox"/> Friday, Dec. 14 between 1:00 pm - 4 pm, - OR - | | |
| <input type="checkbox"/> Monday, Dec. 24, between 9:00 am - 2 pm | | |
| - Preferred Start Time: _____ | | |
| - Preferred Zip Code or City for Deliveries: _____ | | |
| - Type and Size of Vehicle: _____ | | |

*Leadership roles vary to suit interests & needs. **Special events assistance involves staffing booths at concerts, parties, etc.
Notes:

FOOD SHELF NEWS

The good news is that we are now open each Saturday from 11 AM - 1 PM. This should work well for people that work during the week and cannot make it to The Aliveness Project to pick up their bags by 4 PM.

The next paragraph is a repeat from our last newsletter, but I think this needs to be said again. There are still people coming in on Mondays to pick up their Friday food shelf bags. This won't work anymore. Please read the next paragraph carefully.

The bad news is that there is no late pick-up of Friday or Saturday food shelf appointments. The new rule is that you must pick up your bags on the day that they are scheduled (for Friday and Saturday food shelf appointments). If you have a Friday or Saturday appointment and don't pick it up the day you scheduled, your bags will be reassigned and you must make another appointment. If you know you won't be able to pick up your Friday or Saturday bags until Monday, you must call by Friday to ask to have them held. I think a good way to think about it is to pick up your bags on the day of your appointment.

Our July food drive at the Wedge Community Co-op in Minneapolis was another success. We collected 1,487 pounds of food and \$560.00 in cash donations. Thanks again to the staff, members, and shoppers of the Wedge Community Co-op for helping us out. A big thanks goes to all the volunteers for all of their great help. We couldn't get by without them.

Our next Wedge Community Co-op food drive is scheduled for September 22 and 23, so if you want to volunteer call me or stop in and let me know in early September and we will put you on the schedule. We always have a lot of fun on these food drives so why not join in? We will also be doing another food drive – also at the Wedge Community Co-op on November 17 and 18 so put it on your calendar. Thanks to all the volunteers that help in the food shelf and that help with food drives and other extra-curricular activities. We appreciate all of you.

If you recycle your tall paper handle bags please consider donating them to our food shelf. Paper is expensive so all the bags that come in really help a lot. Thanks to everyone already doing this.

Have a nice Labor Day weekend and I will see you around the Project.

Dan Capelli - *Food Shelf Director*



UNITED WAY CAMPAIGNS

Is your workplace holding a United Way or other community campaign this fall? Many employers allow employees to make designated gifts to 401(c)(3) nonprofit organizations, such as The Aliveness Project. Payroll deductions are an easy way to support our services for people living with HIV/AIDS!

VOLUNTEER NEWS

Volunteers, once again we THANK YOU for your hard work throughout the year. To show our appreciation, we invite you to this year's **Roller Disco Volunteer Recognition Party! Monday, October 8 from 7 to 9 p.m.** at the Roller Garden on 5622 West Lake Street in St. Louis Park 55416. (www.rollergarden.com) Dust off your best disco duds and dance moves for our contests and dream up your favorite tune requests. Classic skate rental is included. All volunteers from this past year are welcome but you **MUST RSVP** as space is limited. If you would, like you may bring one guest. **Do RSVP to (612) 822-7946 #208 no later than Tuesday, Oct 2.** Thank you, once again, for your heartfelt effort to keep The Aliveness Project going strong!



Thanks to our partnership with KARE 11 and Hands On Twin Cities, we once again kicked off our **Holiday Basket decorating at the State Fair.** Hundreds of folks stopped by the KARE 11 barn to learn about the program and decorate a box side or two. If your group would like to decorate boxes now is the time to contact Stephanie as baskets are due back to us the first of November. See our attached donor and volunteer form or website for more info about activities.

Our fantastic Holiday Basket program continues to grow and fill our limited space at our current location prompting a couple **exciting changes for Holiday Basket volunteers** this season. Namely, in addition to our traditional delivery date of Christmas Eve morning, Monday, Dec. 24 we will give volunteer drivers an additional option of the afternoon of Friday, Dec. 14. Please choose just one date. (Note, these dates are separate from our Hanukkah delivery on Friday, Dec. 7.) As we have not yet made the move in to our new more spacious building we hope this additional day will allow for volunteer drivers to receive their deliveries quickly. We also anticipate less wrapping this year. If your group would like to wrap, we will begin scheduling dates the week of Oct 15th. Please contact us at that time if your group would like a daytime or evening time slot.

Several volunteers are needed for **leadership roles** which may involve overseeing other volunteers, filling baskets, receiving returning adoptions, helping with special events, or other tasks. These tasks amount to about 5-15 hours a week from mid November - Christmas. If you are interested in a Holiday Basket leadership role, please contact us quite soon. Training will be mid November. Other holiday basket inquiries may be directed to Stephanie via our Holiday Basket hotline at extension ext. 207. Again this year we hope for a **large number of adoptions.** Please start talking to your family, friends, teammates, work groups, etc. to decide your adoption plans and THANK YOU for making a great holiday for our members!

Do you have **students** who are looking for a great opportunity this fall? Our first option includes gathering friends to **join Team Aliveness** for the **Walk to End Hunger on Thanksgiving** morning at the Mall of America. Student groups make great fundraisers, and the ever expanding need in our kitchen and food shelf could use their help www.walktoendhunger.org. Next, if you know a student interested in our rolling schedule of internships in fields such as public relations, fundraising & development, volunteer management or social media please get in touch with Tim (#204).

Thanks again for volunteering and I look forward to seeing you at the ROLLER DISCO! **Now go RSVP to ext. 208, please!**

VOLUNTEER SPOTLIGHT JOYCE KAPSNER

Hi, my name is Joyce Kapsner and I have been a volunteer for five years.

I read an article in Lavender magazine about The Aliveness Project and all the things they are doing for the HIV/AIDS community. Then, I gave Monica a call and asked what I could do to help. She asked me if I would like to wrap gifts for Holiday Baskets – this was the start of my volunteering for The Aliveness Project. I am blessed to work with so many caring and friendly people.

Volunteering has given me the opportunity to give back to our community.

Editor's note: Joyce is exceedingly generous and often drops in with donations for us (just like Santa)!



HEALTH & WELLNESS PROGRAM SEPTEMBER-OCTOBER 2012 EVENTS



Recipes at the vegetarian cooking class in August included spring rolls and quinoa stir-fry

“FAT: What No One is Telling You”

Saturday, September 8, 12 – 2 pm, The Aliveness Project lobby
A PBS documentary film on the 66% of Americans who are overweight or obese
Come early for brunch downstairs if you like!

“Eating Healthy for One” with Lisa Nadeau, Aliveness Project Dietitian

Thursday, September 20, 6 – 7:30 pm, The Aliveness Project Conference Room
Come early for dinner downstairs if you like

“HIV & Your Heart” with Jean Willis, Gilead Sciences

Wednesday, September 26, 6 – 7:30 pm, Sawatdee (607 Washington Ave S, Mpls)
Close to #3, 7, 16, 22, 50, 94 busses; plan for metered street parking if you drive
Dinner provided during the presentation

“No More Excuses! Get Up and Move!” with Doug Melroe, instructor at The Firm

Thursday, September 27, 6 – 7:30 pm, The Aliveness Project Conference Room
Wear athletic clothes and shoes, come early for dinner downstairs if you like

“King Corn: You Are What You Eat”

Saturday, October 6, 12 – 1:30 pm, The Aliveness Project lobby
A documentary film on the subsidized crop that drives our fast food nation
Come early for brunch downstairs if you like!

“Be Active, Eat Well -- Steps to a Healthier You” with Libby Weibel, wellness consultant

Saturday, October 13, 12 – 1:30 pm, The Aliveness Project Conference Room
Wear athletic clothes and shoes, come early for brunch downstairs if you like

“Reading Nutrition Facts Labels on Food” with Lisa Nadeau, Aliveness Project Dietitian

Thursday, October 18, 6 – 7:30 pm, The Aliveness Project Conference Room
Come early for dinner downstairs if you like

Please call (612) 822-7946 or email wellness@aliveness.org to sign up for workshops – they fill up fast!



Hanna Dorn

Health & Wellness Program Coordinator

hanna@aliveness.org

(612) 822-7946, ext. 213

THANK YOU DONORS!

Thanks to everyone who gave financial and in-kind gifts between June 14, 2012 and August 13, 2012

ORGANIZATIONS

19 Bar
42nd Street Block Club
Alexandra House
Children's Theater Company
Center for Victims of Torture
First Christian Church
Gilead Sciences, Inc.
Kingfield Neighborhood Association
Prime Timers - Minneapolis/St. Paul Chapter
Roundy's Foundation, Inc.
Y'all Come Back Saloon
The Wedge Community Co-op
Twin Cities Pride
Worldwide Outreach for Christ

INDIVIDUALS

Anonymous
Catherine Adeboye
Roxanne Allen
Jared Altschul
Joseph Amrhein
Annikka Anderberg Wilson
Kathleen Baldrica
Nick Barton
Kathleen D. Beckmann
Matthew D. Benson
Pamela Benson
Brian P. Bergee
Rex J Beyer & Nick Meyer
Dr. Walter A. & Jacqueline A. Blue
Kevin Boedigheimer *
Frank R. Braun
Maria Brittle
Doug Bruska
Steve Budas & Gail Irish
Theodore Calbazana
Mary Canino
Ron Caplinger
Eileen M. Cardwell
Gordon J. & Helen L. Carlson
Gary & Ellen Cerra
Janet Conn & Mike Debelak
Philip W. Cooper
Harlan Copeland
Mary M. Coudron
Alan Countryman
Timothy Cronin & Michael Frear
Jay Francis Cruz
Nancy Curtis
Ted B. Dankle
Anonymous
Jodi Deneen
Vivica Dennis
Nichol DePoint
Marilee Des Lauriers
Marcie Dewalt
John M. Diver
Mira Dock
Margaret A. Dockendorf
Jeffrey Dopy

Shawn P. Dunn
Carolyn Edwards
Brian Erickson
Lisa Fitzgerald
Kevin H. Flam *
Ellen D. Flannigan
Gary E. Flatgard
Tom Flicker
Gene & Charlotte Frampton *
Brittany Frandrup
Robert A. Fredericksen & Emil Sanchez
Robert L. Gamble
Steven Garrigan & Jeff Goodson
Judy Garrison
Miguel D. Gaub
Michael Gaughran
Melissa Gerads
Student Cherry
Angela Goepferd
Robert Gotwalt & Norman Jones
William D. Gray
Max Gries
Jeff Guckeen
Jessica Gutierrez
Dan Haag
Sandra E. Hall & Karol Hezsely
Miles Hamlin
Brennan Hannon
David A. Hanson & Ivar Evens *
Eric Lee Happel
Cynthia L. Haskell
April Haugen
Misti Heltemes
Tom Helwig
Jill Hiebert
Michael Hnath
Dai Hoang
Rory & Trina Hokens
Ronald (Mark) Hooker
Kathleen Humphries
Sanford D. Hunt
Marvin A. Innes
Patrick & Jean A. Jerhoff
Carol E. Johnson
Shari Johnson
Dr. Heidi L. Joos & Ivy B. Booth
Dona Jordan
Joyce & Warren Kapsner
James (Jim) C. Kemp *
William G. Kingsbury
Scott Knutson
Glenn & Ann Kohlhepp
Abby Korte
Carolyn Krech
Estee S. Krueger
Edward Kulik *
Joseph J. Kuznik
Laura Landis
Brian K. Larson
Joseph Larson & Charles Jordan *

Dr. Nickey Larson
Kurt D. Lawrason
Travis Lenander
Steven D. Levy
Jack Lewis
Brien Link
Bradley A. Litton & Judy Ratliff
Bobby Joe Long
Dick Madigan
Craig & Nancy Maehling
Tim Marburger
Dustin D. Marcellus
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WALK TO END HUNGER



PRESENTED BY



MALL OF AMERICA

We will again be part of the
Walk to End Hunger scheduled for

November 22

(Thanksgiving morning)

with registration from

7:00 - 9:30 am

The walk will be from

7:30 - 10:00 am

We would like to have

HUGE team so sign up at
www.walktoendhunger.org

Sign up today!

See page 2 for more information

www.walktoendhunger.org