

Basic Recipes Collection

1. Scrambled Eggs

Ingredients:

- 3 eggs
- 2 tbsp milk
- 1 tbsp butter
- Salt and pepper

Instructions:

Beat eggs with milk. Heat butter in pan. Pour in eggs and stir gently until set.

2. Grilled Cheese Sandwich

Ingredients:

- 2 slices bread
- 2 slices cheese
- 1 tbsp butter

Instructions:

Butter bread. Place cheese between slices. Grill in pan until golden brown.

3. Pancakes

Ingredients:

- 1 cup flour
- 1 cup milk
- 1 egg
- 2 tbsp sugar
- 1 tsp baking powder

Instructions:

Mix dry ingredients. Combine wet ingredients. Combine both and cook on griddle.

4. Caesar Salad

Ingredients:

- 1 head romaine lettuce
- 1/4 cup parmesan cheese
- Croutons
- Caesar dressing

Instructions:

Chop lettuce. Toss with dressing. Add cheese and croutons.

5. Spaghetti Carbonara

Ingredients:

- 400g spaghetti
- 200g bacon
- 3 eggs
- 100g parmesan
- Black pepper

Instructions:

Cook pasta. Fry bacon. Mix eggs and cheese. Combine all with hot pasta.

6. Chicken Stir Fry

Ingredients:

- 500g chicken breast
- Mixed vegetables
- 2 tbsp soy sauce
- 1 tbsp oil

Instructions:

Cut chicken into strips. Heat oil. Cook chicken, add vegetables and soy sauce.

7. Beef Tacos

Ingredients:

- 500g ground beef
- Taco shells
- Lettuce
- Tomatoes
- Cheese

Instructions:

Brown beef. Warm taco shells. Fill with beef and toppings.

8. Vegetable Soup

Ingredients:

- Mixed vegetables
- 4 cups vegetable broth
- 1 onion
- 2 cloves garlic

Instructions:

Sauté onion and garlic. Add vegetables and broth. Simmer 20 minutes.

9. Chocolate Chip Cookies

Ingredients:

- 2 cups flour
- 1 cup butter
- 1 cup sugar
- 1 egg
- 1 cup chocolate chips

Instructions:

Cream butter and sugar. Add egg. Mix in flour and chips. Bake at 375°F.

10. Banana Bread

Ingredients:

- 3 ripe bananas
- 1/3 cup melted butter
- 3/4 cup sugar
- 1 egg
- 1 tsp vanilla
- 1 tsp baking soda
- 1.5 cups flour

Instructions:

Mash bananas. Mix with butter. Add sugar, egg, vanilla. Combine dry ingredients and fold in.

11. Tomato Basil Pasta

Ingredients:

- 400g pasta
- 4 tomatoes
- Fresh basil
- 3 cloves garlic
- Olive oil

Instructions:

Cook pasta. Dice tomatoes. Sauté garlic. Combine with basil and pasta.

12. Chicken Noodle Soup

Ingredients:

- 2 chicken breasts
- Egg noodles
- Carrots
- Celery
- Onion
- Chicken broth

Instructions:

Cook chicken and shred. Sauté vegetables. Add broth and noodles. Simmer.

13. Fish and Chips

Ingredients:

- 4 fish fillets
- Potatoes
- Flour
- Beer
- Oil for frying

Instructions:

Make batter with flour and beer. Coat fish. Fry fish and chips separately.

14. Mushroom Risotto

Ingredients:

- 1 cup arborio rice
- Mixed mushrooms
- 4 cups warm broth
- 1 onion
- White wine

Instructions:

Sauté onion and mushrooms. Add rice and wine. Slowly add broth, stirring constantly.

15. Greek Salad

Ingredients:

- Cucumbers
- Tomatoes
- Red onion
- Feta cheese
- Olives
- Olive oil

Instructions:

Chop vegetables. Combine with feta and olives. Dress with olive oil.

16. Beef Stew

Ingredients:

- 2 lbs beef chunks
- Potatoes
- Carrots
- Onions
- Beef broth
- Flour

Instructions:

Brown beef. Add vegetables and broth. Simmer 2 hours until tender.

17. Chicken Curry

Ingredients:

- 4 chicken thighs
- Coconut milk
- Curry powder
- Onion
- Garlic
- Ginger

Instructions:

Brown chicken. Sauté aromatics. Add curry powder and coconut milk. Simmer.

18. Meatball Subs

Ingredients:

- Ground beef
- Breadcrumbs
- Egg
- Sub rolls
- Marinara sauce
- Mozzarella

Instructions:

Mix meat with breadcrumbs and egg. Form balls and cook. Serve in rolls with sauce.

19. Quinoa Salad

Ingredients:

- 1 cup quinoa
- Vegetables
- Lemon juice
- Olive oil
- Herbs

Instructions:

Cook quinoa. Cool. Mix with chopped vegetables and dressing.

20. Stuffed Peppers

Ingredients:

- Bell peppers
- Ground meat
- Rice
- Onion
- Tomato sauce

Instructions:

Hollow peppers. Mix meat with rice and onion. Stuff peppers and bake.

21. Chili Con Carne

Ingredients:

- Ground beef
- Kidney beans
- Tomatoes
- Onion
- Chili powder

Instructions:

Brown beef and onion. Add tomatoes, beans, and spices. Simmer 1 hour.

22. Lemon Garlic Chicken

Ingredients:

- 4 chicken breasts
- Lemon
- Garlic
- Olive oil
- Herbs

Instructions:

Marinate chicken in lemon and garlic. Grill or bake until cooked through.

23. Vegetable Fried Rice

Ingredients:

- Cooked rice
- Mixed vegetables
- Eggs
- Soy sauce
- Sesame oil

Instructions:

Heat oil. Scramble eggs. Add rice and vegetables. Season with soy sauce.

24. Caprese Salad

Ingredients:

- Tomatoes
- Fresh mozzarella
- Fresh basil
- Olive oil
- Balsamic vinegar

Instructions:

Slice tomatoes and mozzarella. Arrange with basil. Drizzle with oil and vinegar.

25. Chicken Fajitas

Ingredients:

- Chicken strips
- Bell peppers
- Onions
- Tortillas
- Fajita seasoning

Instructions:

Cook chicken with seasoning. Sauté peppers and onions. Serve in tortillas.