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Article Overview:

This scoping review investigates the effectiveness of occupational therapy coaching interventions for parents of **children with sensory integration difficulties**. Four studies were included in the review, and participants were children with autism spectrum disorder with sensory integration challenges.

Clients in focus: children with autism spectrum disorder with sensory integration challenges.

Key take home messages:

1. Preliminary findings suggesting that parent coaching resulted in positive outcomes on: child functional skills and behaviour, parent knowledge and sense of competence, and reduced parental stress.
2. Acceptability of one-to-one parent coaching intervention reported to be high.
3. Main components of coaching interventions were: a problem-solving approach; information sharing on sensory integration; parent goal setting (in 3 of the studies)
4. The literature demonstrated some limitations. This included studies using different approaches, small samples, and volunteer participants. Therefore interpret results with caution as it is difficult to compare data and generalize findings.
5. There is a need for research to further investigate group-based parent coaching.