

VAU.S. Department
of Veterans Affairs**VA**U.S. Department
of Veterans Affairs**#VETRESOURCES**
MOST POPULAR IN 2019

Since we began VetResources last year, you've opened it more than 100M times and clicked on resources more than 12M times. That's hundreds of thousands of free event tickets, premium subscriptions, audio books, National Park passes, video games, Walgreens Flu shots, Amazon Prime membership discounts, and so much more!

Thousands of you have already shared VetResources, and if you haven't already please share it with your Veteran friends and supporters. Our goal is share VA and non-VA resources with all Veterans, their Families, Caregivers, and Survivors.

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Free Concert, Sport Tickets from VET TIX

Vet Tix provides free event tickets to currently-serving members of the military, Veterans, their families, as well as immediate family of those that have made the ultimate sacrifice while serving. More than 6.7 million tickets have been distributed to date. *Eligibility is determined through ID.me, a third-party identify verification service that is also available to use on [VA.gov](https://www.va.gov).*

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National Park Passes

Veterans, with a service-connected disability rating, are entering Federal recreation lands and national parks for free with an America the Beautiful-the National Parks and Federal Recreational Lands lifetime Access Pass.

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The Veterans Health ID Card for Base Access

The Defense Department announced expanded Commissary, Military Service Exchange and MWR access as of Jan. 1, 2020. Veterans who are eligible and want to take advantage of in-person benefits must have a Veterans Health Identification Card, or VHIC.

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The VA Welcome Kit



In 2019, more than 500K VA Welcome Kits were downloaded or given to Veterans, their families, caregivers and survivors. This step-by-step kit guides you to the benefits and services you've earned.

[DOWNLOAD](#)

Space A Flights

The Space-A Program fills surplus capacity and seating on DOD aircraft. A popular perk among retirees, eligible disabled Veterans can also take advantage of the program and fly for free. To be eligible for Space-A flights, Veterans must have a permanent and total service-connected disability rating.

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Free Flu Shots at Walgreens



VA and Walgreens are national partners, providing no-cost flu shots to VA enrolled Veterans. Now through March 31, 2020, Veteran patients nationwide have the option of getting their flu shot at any Walgreens location, in addition to their local VA health care facilities.

[LEARN MORE](#)

Free Sports Gear for Military/Veteran Kids

The United Heroes League (UHL) honors military kids with free sports gear, pro-sports tickets, access to free sports camps, and grants to cover the costs of sports association fees. Any active service member or Honorably discharged Veteran who deployed to a combat zone (as defined by DOD or VA), with children under 18, are encouraged to apply.

[LEARN MORE](#)

Free VA Recipes and Cookbooks



Your food choices can make a difference in managing your health. VA's Nutrition services promote wellness and disease prevention by ensuring effective nutrition education and counseling for Veterans. To make meal planning easy, VA has put together some free healthy recipes, video tutorials and cookbooks.

[LEARN MORE](#)

Free Video Games for Veterans

Operation Supply Drop's Games to Grunts program supports community engagement to Veterans, military, and their families through video games. *Eligibility is determined through ID.me, a third-party identify verification service that is also available to use on [VA.gov](https://www.va.gov).*

[LEARN MORE](#)

Free LinkedIn Premium Account

LinkedIn offers Veterans, VA caregivers and Fry Scholars a free 1-year premium career subscription, including one year of access to LinkedIn Learning. The one year free upgrade to premium includes a library of over 14,000 business, technical, and creative courses on LinkedIn Learning.

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Free Local Events for Veterans with Team Red, White and Blue's App

Looking for local events to connect with other Veterans? Maybe ruck, or a run with some kindred spirits while traveling for work? Perhaps you're looking to perform some community service with others in your city? [Team Red, White, & Blue's](#) new app provides access to thousands of physical, social, and service-oriented events led by volunteer leaders and members throughout the country. [Download on IOS](#) [Download on Android](#)

[LEARN MORE](#)

Exclusive Veteran Access to [ShopVCS.com](https://shopvcs.com)



VA's Veterans Canteen Service launched an online shopping site exclusively available to Veterans enrolled in VA, their families, and VA employees. The site serves as an expanded catalog of items not offered in Patriot Stores, the retail shops located in the VA hospitals and clinics.

[SHOP VCS](#)

Amtrak Veteran Discounts

Veterans receive a 10% discount on the lowest available rail fare on most Amtrak trains. Use the Fare Finder at the beginning of your search and select 'Military Veteran' for each passenger as appropriate to receive the discount. Active-duty U.S. military members, their spouses and dependents are also eligible to receive a 10% discount on the lowest available rail fare.

[LEARN MORE](#)

Free Digital Shadowboxes and Premium Membership from [TogetherWeServed.com](https://www.togetherweserved.com)

Together We Served has built one of the most comprehensive databases of U.S. Military training and operating units in existence. TWS, offers a digital platform to capture a Veteran's entire military service from boot camp to separation.

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Network and ask Questions on [RallyPoint.com](https://www.rallypoint.com)

[RallyPoint](https://www.rallypoint.com) is a social network exclusive to the military community. Currently, 1.6 million service members, Veterans, family members, government civilians, caregivers, and survivors are engaging on RallyPoint.

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Borne The Battle Podcast: Military Films



In the era of comic book films, the business of telling military stories in Hollywood has changed. Or so say this week's panel on "Borne the Battle." Marine and Navy Veterans Dale Dye, Jennifer Marshall, Travis Wade and Hiram Murray discuss the state of military films and the Veteran filmmaking community.

[LEARN MORE](#)[LISTEN](#)

Did you know the [National Resource Directory](#) has more than 14,000 vetted resources available to you right now?

Upcomming Events

- [2/5/2020 Veterans Experience Action Center in Montgomery, Alabama](#)

VA News Releases

- [Secretary Wilkie's Statement Regarding House Veterans' Affairs Ranking Member Phil Roe's Retirement Announcement](#)
- [VA's Veterans Health Administration Central Office gets realignment to improve care for Veterans](#)

VAntage Point

- [Veteran goes from homeless to hopeful](#)
- [7 stress resources Veterans can use right now](#)
- [With help from VA, formerly homeless Veteran is ready to live on his own](#)
- [Homes For Our Troops gives Veteran new home in time for holidays](#)
- [Active Heroes offers Veterans activities and resources](#)
- [Thank Vietnam Vets by hosting event as commemorative partner](#)
- [VA's Warrior to Soulmate \(W2SM\) program](#)
- [VA sports program offers a way for athletes to adapt](#)
- [VA North Texas opens new 13-bed inpatient unit](#)
- [VA tackles medical device vulnerabilities and cyberthreats](#)
- [VA guides Veteran out of darkness](#)
- [VA celebrates Year of the Nurse by thanking the nurses who serve Veterans](#)



Find a VA Facility near you.

[FACILITY LOCATOR](#)

Not sure where to start?

[VA WELCOME KIT](#)

No Veteran Should Be Without a Place to Call Home

Free Help for Homeless Veterans Dial 1-877-4AID-VET (1-877-424-3838) for 24/7 access VA's services for homeless and at-risk Veterans

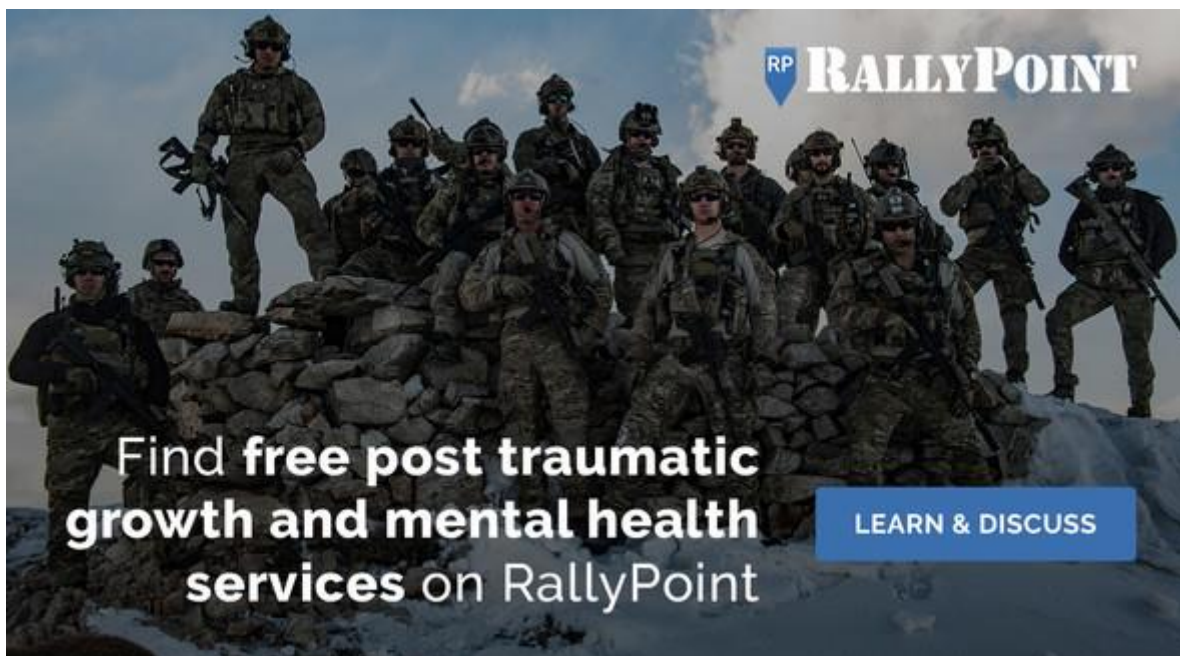
[Homeless Veteran Chat](#) Confidential, 24/7 online support for homeless Veterans and friends

<https://www.va.gov/homeless> for more information

Are you a Veteran in crisis or concerned about one?

Did you know that VA offers same day services in Primary Care and Mental Health at 172 VA Medical Centers across the country? [Make the Connection Resource Locator](#)

Contact the [Veterans Crisis Line](#) (1-800-273-8255 and press 1, [Chat](#), or Text 838255.)



Also, learn about no-cost [PTS treatment programs](#).

Want to receive this newsletter or other VA updates?





Health Care



Disability



Education and Training



Careers and Employment



Pension



Housing Assistance



Life Insurance



Burials and Memorials



Records

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If you are in crisis and need immediate help, please call 1-800-273-8255 and (PRESS 1) or visit <http://www.veteranscrisisline.net/>.

Please remember the only secure way to ask personal questions is at <https://iris.custhelp.com>. Explore VA benefits at explore.va.gov



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