

**On Wednesday Evening
of the Second Week 2015**

From the Triodion.

Sticheron Idiomelon. Tone 1.

*Bring my soul out of prison to give thanks to
Your name, O Lord.*

Having undertaken the spiritual fast,
brethren, let us speak no lies with our tongues,
nor give each other a cause for scandal. But
illuminating the light of our souls through
repentance, let us cry to Christ with tears:
Remit our falls in sin, lover of mankind.

*The righteous shall wait for me, until You
reward me.*

Having undertaken the spiritual fast,
brethren, let us speak no lies with our tongues,
nor give each other a cause for scandal. But
illuminating the light of our souls through
repentance, let us cry to Christ with tears:
Remit our falls in sin, lover of mankind.

For the Martyrs.

Mode 1. Automelon.

*Out of the depths I have cried to You, O Lord.
O Lord, hear my voice.*

O Martyrs, extolled in all the world, *
you were not concealed by earth, * but rather
heaven admitted you. The gates of Paradise
* unto you were opened. * Having gone
within, you now * enjoy the tree of life, and
you intercede with Christ on our behalf, *
supplicating that surpassing peace * and great
mercy * be upon our souls bestowed.

Stichera Prosomia. By Joseph.

Tone 3.

*Let your ears be attentive to the voice of my
supplication.*

Through the prayers of your divine
Apostles, Lord, enable us to perform a proper
fast, with compunction of mind. That, being
saved by you, we may glorify you, gracious
and merciful God.

*If You, O Lord, should mark transgression, O
Lord, who would stand? For there is forgiveness
with You.*

Your coming will be great and fearful,
Lord, when you will come in righteous
judgment. Do not condemn me, though
I stand condemned, but spare me as the
compassionate God, through the acceptable
prayers of your Apostles.

Another. By Theodore.

Tone 6.

*Because of Your law, O Lord, I waited for You;
my soul waited for Your word. My soul hopes in
the Lord.*

Apostles of Christ, the lights of those
born on earth, and treasures for the world
of the knowledge of God. Through your
prayers deliver those who praise you from
temptation. Enable us to pass the time of
fasting in peace, as children, so that having
attained the Passion of Christ, with boldness
we may offer songs of praise to our God.

From the Menaion.**Thursday, March 5, 2015****Mode 1. O Martyrs, extolled.**

From the morning watch until night; from the morning watch until night, let Israel hope in the Lord.

O all-lauded Martyr, you endured * many hardships and the brutal and unbearable tortures; but you thereby put to flight * that most crafty serpent, * and you trampled him beneath your beautifullest feet, O all-glorious St. Conon. Pray to Christ, * interceding that surpassing peace * and great mercy be upon our souls bestowed.

For with the Lord there is mercy, and with Him is abundant redemption. And He will redeem Israel from all his transgressions.

O all-lauded Martyr, you endured * many hardships and the brutal and unbearable tortures; but you thereby put to flight * that most crafty serpent, * and you trampled him beneath your beautifullest feet, O all-glorious St. Conon. Pray to Christ, * interceding that surpassing peace * and great mercy be upon our souls bestowed.

Praise the Lord, all you Gentiles; praise Him, all you peoples.

Conon, by the Holy Spirit's light * was your mind illumined, and you thus diminished the evil demons' darkness in the world. * O all-lauded Martyr, * you were transferred to the light that never sets, rejoicing in God forever. Now, entreat the Lord, * interceding that surpassing peace * and great mercy be upon our souls bestowed.

For His mercy rules over us; and the truth of the Lord endures forever.

O praiseworthy Conon, you became * a shrine and a temple of the Holy Trinity; and the holy shrine wherein your corpse * reverently was buried * has become a river of innumerable cures, O all-honored Saint. And now, entreat the Lord, * interceding that surpassing peace * and great mercy be upon our souls bestowed.

Glory. Both now. **Theotokion.**

Rejoice, purest Maiden, about whom * we have heard the strange reports. Rejoice, O God-planted holy tree of Paradise. Rejoice, * for you drive out demons. * Double-edged sword, rejoice, * for you cut off the head of the enemy when you gave birth to God. * O all-holy and all-blameless one, * you recalled us * when we were estranged from God.

DEACON

Wisdom! Arise!

READER

Gladsome light of holy glory of the holy, blessed, heavenly, immortal Father, O Jesus Christ: arriving at the hour of sunset and having seen the evening light, we praise the Father, Son, and Holy Spirit, God. It is worthy for You to be praised at all times with happy voices, O Son of God and Giver of life; and therefore the world glorifies You.

PRIEST

The evening...

THE READINGS**READER**

Prokeimenon. Mode pl. 2. Psalm 31 (32).

Be glad in the Lord and rejoice greatly, O righteous ones, and boast, all you upright in heart.

Blessed are those whose transgressions are forgiven, and whose sins are covered.

The reading is from Genesis.

PRIEST

Wisdom! Let us be attentive!

READER

4:16-26

But Cain went out from the face of God and dwelt in the land of Naïd opposite Edem. And Cain knew his wife; and she conceived and gave birth to Enoch. And he was building a city; and he named it with his son's name, Enoch. To Enoch was born Gaïdad; and Gaïdad begot Maleleël; and Maleleël begot Mathousala; and Mathousala begot Lamech. And Lamech took two wives; the name of the one was Ada and the name of the second Sella. And Ada gave birth to Jobel; he was the father of those who dwell in tents and feed cattle; and the name of his brother was Joubal; it was who he revealed psaltery and harp. While Sella too gave birth, to Thobel, and he was a smith, a bronze smith of bronze and iron; while Thobel's sister was Noëma. Now Lamech said to his wives, Ada and Sella, 'Hear my voice, wives of Lamech, give ear to my words: because I have killed a man to my wounding, and a youth to my bruising. Because it has been revenged on Cain seven times, but on Lamech seventy times seven'. Now Adam knew Eve his wife; and she conceived and gave birth to a son, and named his name Seth, saying: For God has raised up for me other seed in place of Abel, whom Cain killed. And to Seth there was a son; he named

his name Enos; he hoped to call on the name of the Lord God. (*Lash*)

Prokeimenon. Mode 1. Psalm 32 (33).

Let Your mercy, O Lord, be upon us, as we hope in You.

Rejoice greatly in the Lord, O righteous ones; praise is fitting for the upright.

(*sung*)

Command!

PRIEST

Wisdom! Arise! The light of Christ shines upon all.

READER

The reading is from Proverbs.

PRIEST

Wisdom! Let us be attentive!

READER

5:15-23 and 6:1-3

My son, drink water from your own vessels, and from the source of your own wells; let the waters from your source overflow for you, let your waters go through your streets. Let them be for you alone, and let no stranger share with you. Let your source be for you your own, and be glad with the wife of your youth. Let the hart of love and the colt of your graces be your companion, let her be considered your own, and let her be with you at every moment; for living in the company of her love, you will achieve much. Be not much with a strange woman, do not be held in the arms of woman not your own; for the ways of a man are before the eyes of God, he keeps watch on all his tracks. Iniquities hunt a man; while each one is bound in ropes of his own sins. This man dies with the uninstructed; he has been cast out of the abundance of his own livelihood, and he has perished through folly. My son, if you go surety for your friend, you will entrust your hand to an enemy; for

a man's own lips are a strong snare, and he is caught by the lips of his own mouth. Do, my son, what I command you, and be safe. (*Lash*)

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