Both now. **Theotokion.**

Mode 4. *You appeared.*

Un-as - sail - a - ble   Guard - i - an   of   those in   trou-

-ble,   ar-dent   Help - er   of   the   ones   who   place their   ev-ery hope on

you,   from   ev-ery   dan - ger de - liv - er   me.   You   are the   help   and as-

-sis - tance of   all   in   need.