

Theotokion. Mode pl. 4. *Ni=C.* By conceiving the Wisdom.

Diatonic

C

8 Ho - ly Vir - gin, be - hold how my hum - ble soul in the

8 storm of temp - ta - tions of life is tossed, with no one to

8 pi - lot it, o - ver - ta - ken by tur - bu - lence; you see it o - ver -

8 bur - dened with bag - gage of all my sins, and e - ven now in

8 dan - ger of sink - ing to the depths of hell. Has - ten, The - o -

8 to - kos, with your strong in - ter - ces - sion, and save

8 me by steer - ing me to your port of tran - quil - i - ty, that with

8 faith I may cry to you: Pray to Christ, your Son and our

