

### Sticheron 3. Mode 3. Heirmologic. *Ga=F.*

Enharmonic

8 Praise Him with timbrel and dance, praise Him with strings and

8 flute. Ev-ery mem-ber of Your ho - ly bod - y en - dured dis-

8 - hon - or for us. Your head en-dured the thorns. Your face was

8 spat on. Your cheeks re - ceived the blows. Your mouth tast-ed

8 vin - e - gar min - gled with gall. Your ears heard im - pi - ous

8 blas-phe - mies. Your back re - ceived the scourg-ing. Your hand held the

8 reed. Your en - tire bod - y was stretched on the Cross. Your

8 joints were pierced by the nails, and Your side, by the spear.

