

Ὡδὴ εἴ ᾠχος βαρὺς

Γη

Τὸ δι- ἅ τὸν φό-βον σου λη-φθὲν Κύ-ρι- ε,

ἐν γα-στρί τῶν Προ-φη-τῶν,

καὶ κυ- η- θὲν ἐ- πὶ τῆς γῆς πνεῦ-μα σω-τη-ρί- ι- ας, Γη

ἁ- πο-στο- λι- κὰς καρ-δί-ας κτί-ζει κα-θα-ράς,

καὶ ἐν τοῖς πι-στοῖς εὐ- θέ- ες ἐγ-και- νί- ζε-ται Γη

φῶς γὰρ καὶ εἰ-ρή- η-νη, δι- ό- τι τὰ σὰ προ-στά-α-γμα-α-τα. ς

Τὸ διὰ τὸν φόβον σου ληφθὲν Κύριε, ἐν γαστρὶ τῶν Προφητῶν, καὶ κυηθὲν ἐπὶ τῆς γῆς πνεῦμα σωτηρίας, ἀποστολικάς καρδίας κτίζει καθαρὰς, καὶ ἐν τοῖς πιστοῖς εὐθὲς ἐγκαινίζεται· φῶς γὰρ καὶ εἰρήνη, διότι τὰ σὰ προστάγματα.

Ode 5. Irmos.

Through fear of you, Lord, the Spirit of salvation, conceived in the womb of the Prophets, and brought to birth on earth, creates clean hearts in the Apostles, and renews a right Spirit in the faithful; for your commandments are light and peace. **Archimandrite Ephrem**

That which for the fear of You was conceived, O Lord,* in the belly of the prophets, and was brought forth on the earth,* the Spirit of salvation,* now in the Apostles is creating clean hearts,* and in the believers is renewed upright.* For, as it is written, Your commandments are light and peace. **S. Dedes**