

Praise the Lord, all you Gentiles; praise Him, all you peo - ples. O

God - bear-ing Ser - a-phim, the fire of the Spir - it pu - ri - fied your

bless - ed      soul,    when    you      ex - er - cised    as   -   cet - ic      dis - ci - pline.

You with-drew from pleas-ures of the com-mon earth-ly life and

all of its dis - trac-tions. And you sub-or - di - nat-ed your own flesh to the

spir - it.      There-fore you be - came      an il - lu -      -      mined

dwel - ing of the Trin - i - ty.