

## Kathisma I. Mode 1. *The soldiers keeping watch.*

Soft Chromatic

G

8 De - vout Pa - i - si - os, on Mt. Ath - os and Si - nai and

8 Sto - mi - on you led, like the fa - thers be - fore you, a tru - ly an -

8 gel - ic life, and by it you ex - hort - ed all to dis -

8 dain all things and deeds and words that are use - less, and to

8 nev - er cease to con - cen - trate ev - ery ef - fort to care for their im -

8 mor - tal soul.