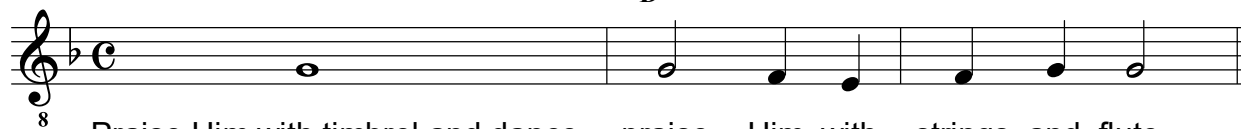


## Lauds Sticheron 1-2. Mode 1. *Pa=D. For the celestial.*

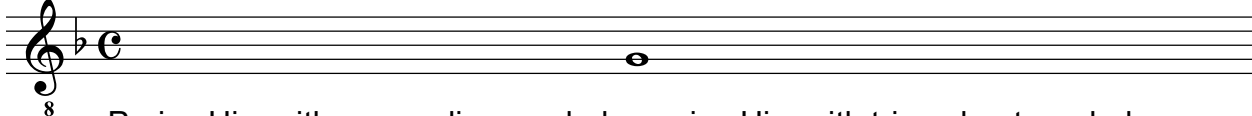
Diatonic

D



Praise Him with timbrel and dance, praise Him with strings and flute.

Diatonic



Praise Him with resounding cymbals, praise Him with triumphant cymbals.

D



Let ev-ery-thing that breathes praise the Lord.

Diatonic

D



Danc-ing in cho - rus in heav - en and in the courts of the



Lord with those re - nowned wise vir-gins, O de - vout ho - ly



Mar-tyr, most wise Pa-ra-ske - vi, you were giv - en the grace from the



Lord to cure ill-ness-es, and to ex - pel the un - clean spir-its



and to heal those who come to you for this with faith.

### Lauds Sticheron 3. Mode 1. *Pa=D. For the celestial.*

Diatonic

D



8 Patiently I waited for the Lord, and He at - tend - ed to me.

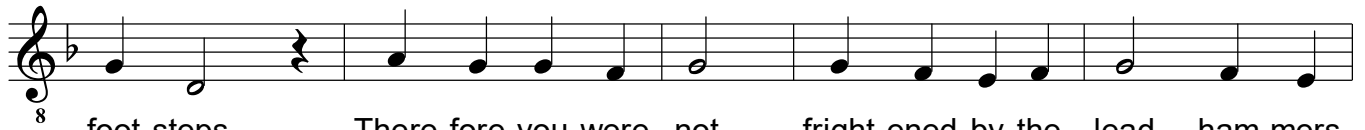
D



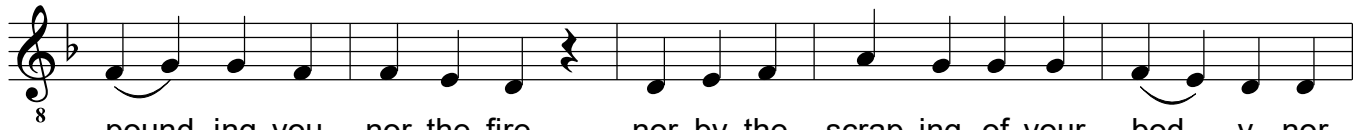
8 You dashed the might of the god - less im - pi-ous kings to the



8 ground, and un - to God, O Vir - gin, you di - rect - ed your



8 foot-steps. There-fore you were not fright-ened by the lead ham-mers



8 pound-ing you, nor the fire, nor by the scrap-ing of your bod - y, nor



8 by the heat of the caul-dron, nor the death by sword.

# Lauds Sticheron 4. Mode 1. *Pa=D. For the celestial.*

Diatonic

D

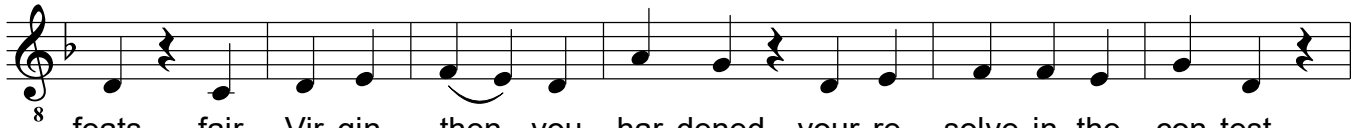


8 And He planted my feet upon rock, and He dir - ect - ed my steps.

D



8 First-ly you wore out your bod - y with your as - cet - ic



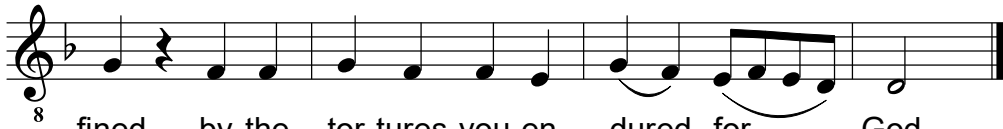
8 feats, fair Vir-gin, then you har-dened your re - solve in the con-test.



8 Thus, O ho - ly glo - ri-ous Mar - tyr of Christ, you be - came like a



8 ho - ly sword wrought in the heav-ens, like gold smelt-ed and re-



8 fined by the tor-tures you en - dured for God.