

**Apostichon 1. Mode 4. Heirmologic.  $X_w?$   $G0$**

8 **Diatonic**

8 As - cend - ing up - on the cross, O Lord, you a - bol-ished our an-

8 ces-tral curse; and de - scend-ing in - to Ha-des, you set free

8 those in e - ter-nal bonds. And you be - stowed on hu-man-

8 kind in-cor - rup - tion and life. We there-fore praise and glo - ri-

8 fy your res-ur - rec-tion on the third day.