

## Programa Educación Física para toda la Vida

COLEGIO: PROA SEDE TRANSITO

	APELLIDO, Nombre	FECHA DE NAC.	GENERO (1-MASC) (2-FEM)	FECHA	HORA
1	ARGUELLO ANTONELA	26/11/07	2	19/10/2023	
2	ARGUELLO SOFIA	27/09/07	2	19/10/2023	
3	BOBBIO TOMAS	05/03/08	1	19/10/2023	
4	CABANILLA ANGELA	28/01/08	2	19/10/2023	
5	COSTAMAÑA CANDELA	21/05/08	2	19/10/2023	
6	CURIOTTI LUCCA	07/10/06	1	19/10/23	
7	FERREYRA YAIRA	10/10/07	2	19/10/2023	
8	GUDIÑO KATELYN	14/02/08	2	19/10/2023	
9	GUZMAN GUADALUPE	20/09/07	2	19/10/2023	
10	JUAREZ ANITA	13/05/08	2	19/10/2023	
11	KOWALCZUK GIULIANA	14/04/08	2	19/10/2023	
12	LIUZZI CARMINA	16/07/07	2	19/10/2023	
13	MONGILARDI LUCA	09/04/08	1	19/10/2023	
14	MOYANO MIA	05/08/07	2	19/10/2023	
15	OLOCCO JAIR		1		
16	PACHECO SOLANGE	13/03/08	2	19/10/2023	
17	PONCE ELIANA		2		
18	SILVA MILAGROS	31/05/06	2	19/10/2023	
19	TORRES ROBERTINO		1	19/10/2023	
20	VALENTE JENIFFER	11/09/07	2	19/10/2023	



REGIÓN:	REGION II - ES	EE:		NIVEL:	SECUN	DARIO
LOCALIDAD:	TRANSITO			PROFE/S:	BENEDETTI	LEANDRO
<u> </u>		and a color set in	In the second se		Martin and the second	10 mm
TALLA (cm)	PESO (kg)	FLEXIÓN PROFUNDA (cm)	EXTENSIÓN (cm)	FLEXIÓN ANTERIOR (SENTADO)	FLEXIÓN ANTERIOR (PARADO)	FLEXIBILIDAI (cr DER.
161,0	67,0	30cm	42cm	1,0	1,0	10cm
157,0	67,0	32cm	42cm	1,0	1,0	12cm
171,0	70,0	32cm	26cm	0,0	1,0	19cm
160,0	62,0	26cm	27cm	0,0	2,0	1cm
155,0	65,0	15cm	19cm	2,0	1,0	7cm
165,0	54,0	35cm	27cm	1,0	1,0	0cm
160,0	60,0	48cm	64cm	3,0	3,0	3cm
163,0	60,0	28cm	36cm	3,0	1,0	0cm
150,0	60,0	30cm	36cm	1,0	1,0	14cm
154,0	60,0	30cm	32cm	1,0	1,0	6cm
160,0	50,0	25cm	37cm	3,0	3,0	0cm
162,0	50,0	24cm	22cm	3,0	3,0	6cm
180,0	65,0	26cm	50cm	3,0	3,0	0cm
165,0	50,0	36cm	40cm	3,0	3,0	6cm
164,0	63,0	30cm	33cm	3,0	3,0	5cm
171,0	80,0	9cm	25cm	3,0	0,0	18cm
1669,0	85,0	23cm	20cm	1,0	1,0	20cm
163,0	62,0	35cm	26cm	1,0	2,0	4cm

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160,0	55,0	31cm	25cm	1,0	1,0	12cm
172,0	60,0	37cm	36cm	3,0	3,0	0cm
160,0	45,0	22cm	40cm	0,0	0,0	0cm

## SALA/GRADO/CURSO:

## **CUARTO**







D Contraction D	937.4		
D HOMBRO n)	SALTO HORI	SENTARSE PARARSE	
IZQ.	CON IMP.	SIN IMP.	PANANSL
14cm	98cm	90cm	8,0
16cm	1,0	90cm	9,0
19cm	186,0	153,0	10,0
2cm	167,0	143,0	9,0
10cm	124,0	110,0	8,0
2cm	215,0	170,0	10,0
13cm	186,0	150,0	10,0
5cm	135,0	96,0	9,0
17cm	104,0	95,0	10,0
10cm	124,0	105,0	9,0
4cm	120,0	110,0	10,0
10cm	144,0	117,0	10,0
3cm	190,0	179,0	10,0
11cm	148,0	125,0	10,0
6cm	168,0	142,0	10,0
24cm	119,0	92,0	9,0
27cm	150,0	103,0	8,0
4cm	130,0	115,0	9,0

9cm	124,0	1m	10,0
1cm	186,0	158,0	10,0
1cm	2,0	176,0	10,0

