



AGE 35

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Aurélien Gabert

Performance swim coach

Passionate about swimming and training, I am looking for a performance swim coach position to offer my management and coaching skills. I am looking for a structure with ambitious projects that will allow me to feed my experience while sharing and learning in a professional environment with a high level orientation.

Experience



Aug. 2019 – ...

Elite coach, Lillestrøm, Norway

- Coach of the elite two performance groups of the club (season planning, training camps, daily workouts)
- Mentoring for the coaches of the other divisions of the club (guidance providing, experience and knowledge sharing)
- Team work with the other coaches of the club and close collaboration with the manager



Sept. 2017 – Aug. 2018

Head coach, Font romeu, France

- Head coach of the French national high performance training centre in altitude
- Management of the performance team (doctor, physiotherapist, psychologist, biomechanist, school tutors...)
- Preparation of a selection of national and international swimmers
- Season planning, organization and conduct of swim camps
- Budget management
- Training courses for coaches



Sept. 2014 – Aug. 2017

Head coach, Portuguese swimming federation

- Head coach of the Portugal high performance training centre of Rio Maior
- Coordination of the performance team (doctor, physiotherapist, psychologist, biomechanist)
- Preparation of a selection of national and international swimmers
- Organization and conduct of swim camps for the national team
- Budget management
- Conferences on performance and coaching



Jan. 2014 – Aug. 2014

Assistant coach, Madrid, Spain

- Assistant coach of Bart Kizierowski (Spanish sprint national coach), former CAL Berkeley assistant coach and swimmer, coach of Konrad Czerniak
- Involvement in all swim trainings and strength and conditioning sessions



May 2013 – Dec.2013

Assistant coach, San Cugat, Spain

Spanish national center of high performance

Personal assistant coach of Frédéric Vergnoux, national coach, coach of Mireia Belmonte Garcia

Involvement in all swim trainings and strength and conditioning sessions



Sept.2010 – May.2013

Head coach, Roanne, France

Development of the training structure (about 100 competitive swimmers)

Coordination of practice schedules

Coaching of different groups (young age group swimmers in development to national high school swimmers)

Strength training program for national elite swimmers

Skills

Management

Management of a team of international athletes

Management of a club and a high performance training center

Running of a developmental project with specific goals

Organization of swimming camps for clubs and national

teams Logistic support of transport and travel for camps and meets

Budget management

Strong communication skills

Effective and creative problem solving skills

Coaching

Season planning

Preparation of workouts, design and plan of training sessions, delivering sessions for swimmers of various skills and ages (young age group swimmer to the Olympic swimmer)

Advanced knowledge in swimming performance training and strength and conditioning. Aware of the new trends in swim coaching. (research,sharing)

Teaching

Training courses for coaches

Running of conferences about different themes

Education

Expertise performance center Gilles Cometti (Dijon, Fr)

Sept. 2011 – May 2012

Strength and conditioning university diploma

Regional center of popular education & sport (Mâcon,Fr)

Sept. 2007 – June 2008

State license as a sport educator in swimming activities

Blaise Pascal university (Clermont Ferrand, Fr)

Sept. 2005 - June 2007

Bachelor's degree in physical activities and sports sciences

Languages

<i>French</i>	<i>Mother tongue</i>
<i>English</i>	<i>Full professional proficiency (B2)</i>
<i>Portuguese</i>	<i>Full professional proficiency (B2)</i>
<i>Spanish</i>	<i>Full professional proficiency (B2)</i>
<i>Norwegian</i>	<i>A1</i>

References :

Frédéric VERGNOUX : *Email: coachfvb@gmail.com* *Tel: +34687891475*
Spanish team's national coach, coach of Mireia Belmonte Garcia, former BSCTA coach of the year

Jose MACHADO: *Email: jose.machado@fpnatacao.pt* *Tel: +351913925402*
National performance director of the Portuguese swimming federation

Richard MARTINEZ *Email: richard.martinez@ffnatation.fr* *Tel: +33681189832*
National performance director of the French swimming federation

(Please keep these information confidential)

As an assistant coach in Spain

Coaching of members of the national Spanish team, including Mireia Belmonte Garcia, Olympic gold medalist in 200m butterfly, seven times world medalist.

Coaching of top international swimmer, like Konrad Czerniak, 100m butterfly European champion in 2014, three times 100m butterfly medalist in world championships.

As a head coach in Portugal

More than 30 national records

Numerous swimmers qualified in World events with A standards

European junior various finalists and medalists

Finalists in world junior championships

European 200m bronze medalist in 2016

Swimmers classified in the first 15 in the Olympic Games and World championships

Various swimmers classified in world top 30

Named coach of the year 2017

As a head coach in Font romeu

Various swimmers qualified for the European junior championship and medalist at the Youth Olympic game

Various swimmers in the French top 5

Other :

International high performance network especially in France, Spain, Portugal, Brasil, Belgium, Canada, Norway, Denmark,

Wish of salary : 48000 to 60000 euros net salary / year