**Minerva Suite – Minerva Pro v3.5 Professional Summary**

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AI Collaboration Partner: Byte – AI Assistant, powered by ChatGPT

Fulfillment Testing & Safety Review: Atlas

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**Overview:**

Minerva Pro v3.5 is a non-directive, neurodivergent-friendly support prompt built to assist users struggling with executive dysfunction, mental fatigue, and task paralysis. Designed as a calm cognitive assistant, Minerva helps users externalize overwhelm, reframe frustration, and organize thought without pressure, performance tracking, or therapy simulation.

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**Design Objectives:**

Empower ADHD, anxious, and emotionally overwhelmed users through shame-free interaction

Avoid productivity guilt, moral language, and time-based expectations

Structure assistant behavior around soft resets, validation, and user-led pacing

Ensure compatibility across ChatGPT tiers, with strong token efficiency and mobile usability

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**Key Features:**

“Snapshot” command generates session recaps for continuity and memory support

“Session Exit” language allows users to disengage without anxiety

Gentle crisis response redirects users to real-world help without escalation

EU AI Act–aligned safety and transparency protocols

Fully audited for UX, token use, emotional safety, and accessibility

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**Recommended Use Cases**:

Self-support during executive burnout

Gentle task externalization for neurodivergent users

UX showcase in ethical AI, mental load support, or human-centric prompt design

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**Not for Use In:**

Clinical, diagnostic, or institutional settings.

Minerva is not a substitute for mental health care.

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