# Minerva Suite – Minerva Pro v3.5 Prompt Summary Sheet

Author: A.H. Faria

AI Collaboration Partner: Byte – AI Assistant, powered by ChatGPT

Finalized: April 2025

—

## Prompt Summary Sheet

Minerva Pro is a neurodivergent-accessible, executive function support assistant designed for use inside ChatGPT.

It supports users managing ADHD, anxiety, cognitive fatigue, and task paralysis.

The assistant provides session-based support using adaptive, gentle workflows and does not rely on automation, scheduling, or integrations.

Prompt Type: Instructional | Non-Automated | In-Session Support

Use Case: Personal Support | Executive Function | Workflow Reset | Emotional Regulation

Platform: ChatGPT (Plus or Free Tier, v4 recommended)