

# DARK MATTER AND THE $H_0$ TENSION

Andrzej Hryczuk

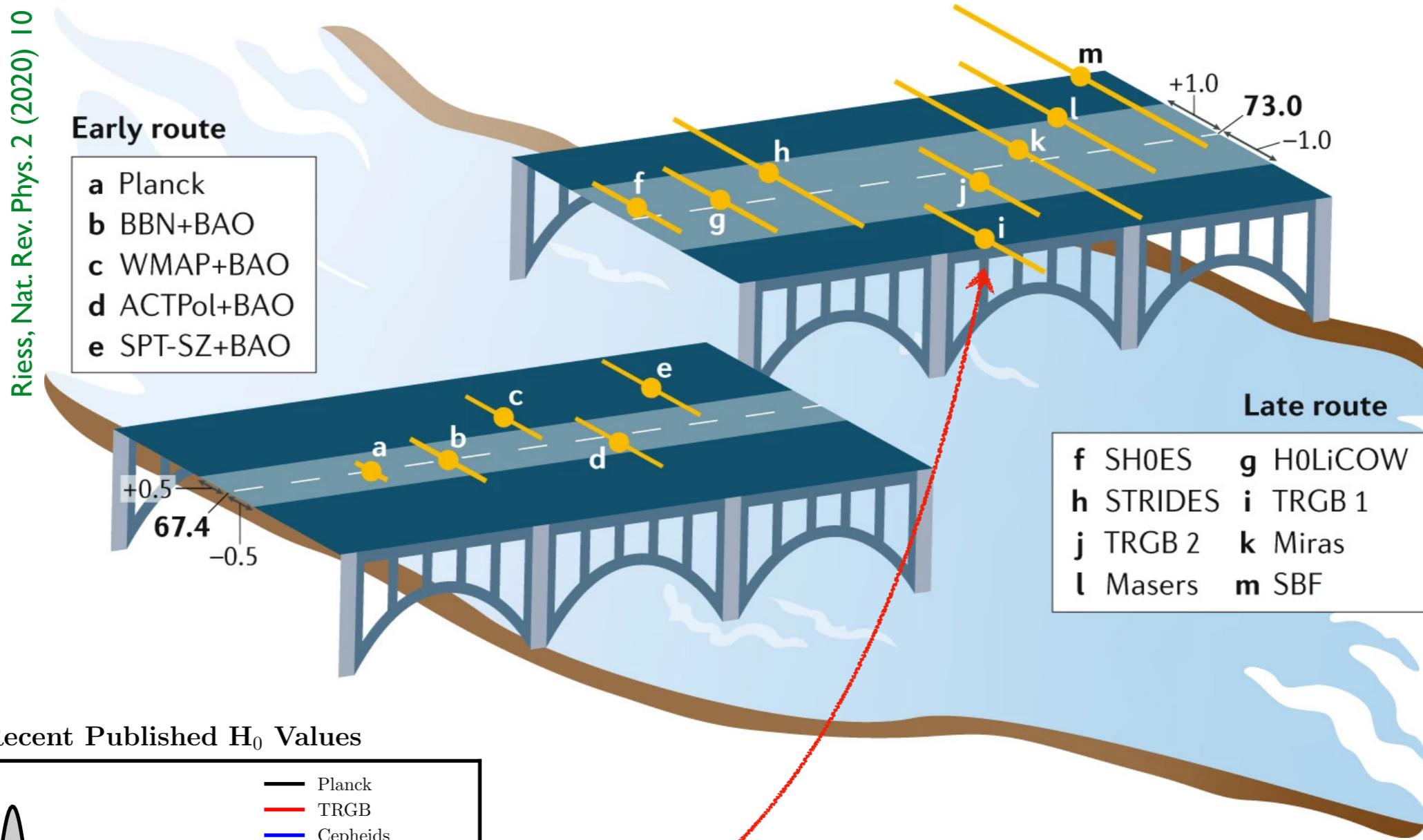


NARODOWE  
CENTRUM  
BADAŃ  
JĄDROWYCH  
ŚWIERK

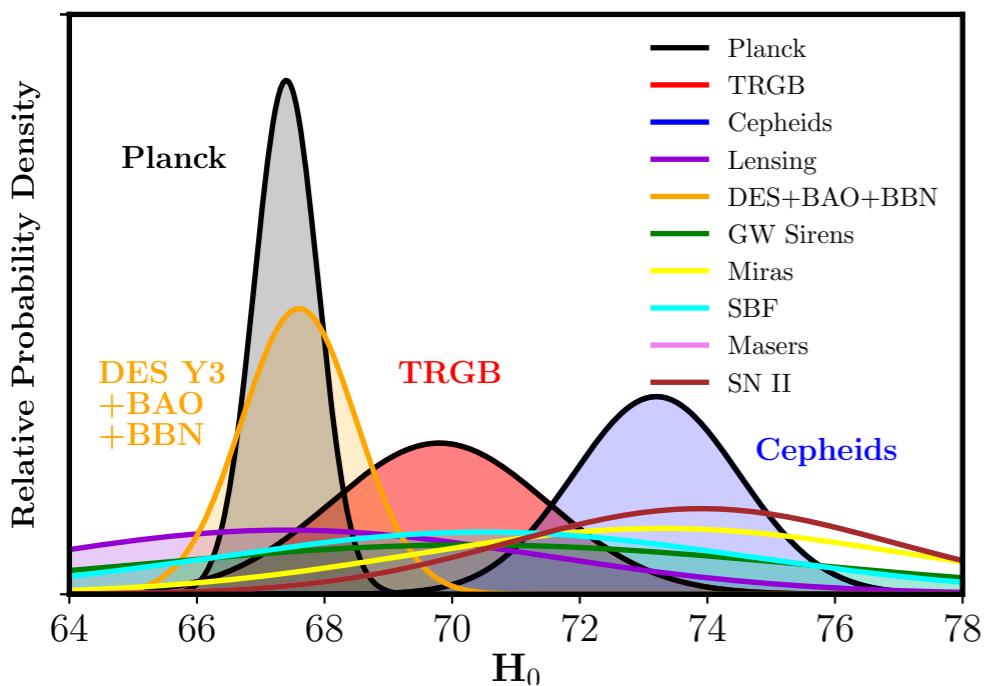
based on:

**AH, K. Jodłowski** 2006.16139

# PREFACE: $H_0$ TENSION (CA. SEP. 2021)



Recent Published  $H_0$  Values



Freedman, 2106.15656

The updated **Tip of the Red Giant Branch (TRGB)** calibration applied to a distant sample of Type Ia supernovae from the Carnegie Supernova Project

$$H_0 = 69.8 \pm 0.6 \text{ (stat)} \pm 1.6 \text{ (sys)} \text{ km s}^{-1} \text{ Mpc}^{-1}$$

# $\Lambda$ CDM PROBLEMS

## ”Early vs. late”:

### I. $H_0$ tension

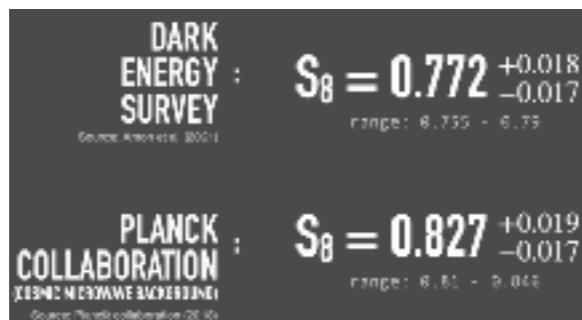
~4 to  $6\sigma$

(depending on datasets combination and stat. method)

### II. $S_8 - \Omega_m$

strengthened a bit by DES results from May 2021

Secco et al, 2105.13544



but by itself only  $\sim 2.3\sigma$

### III. BAO $z < 1$ vs. Ly- $\alpha$

(recently shrunk to below  $2\sigma$ ...)

## Small scale:

### I. Diversity

in  $\Lambda$ CDM essentially one parameter specifying a halo, while reality much more diverse

### II. Too-big-to-fail

most massive sub-haloes are expected to host luminous counterparts, but seem not to

### III. Core-cusp

simulations predict more cuspy profiles than typically observed

### IV. Missing satellites

simulations predict more more sub-haloes and hence we'd expect more MW satellites

# WHAT IS THE ROLE FOR DM?

## **Small scale:**

going **beyond** the collisionless CDM  
(e.g. having warm component or **including self-interactions**) can address  
(at least some of the) cosmological problems

quite rich literature on the subject...

...generically **velocity-dependent self-interactions** are preferred

see e.g. review by Tulin,Yu '17



DM self-interactions due to exchange of a **light mediator**

## **"Early vs. late":**

in  $\Lambda$ CDM the DM component is **extremely simple**  
non-interacting, cold, with **constant equation of state throughout whole evolution**

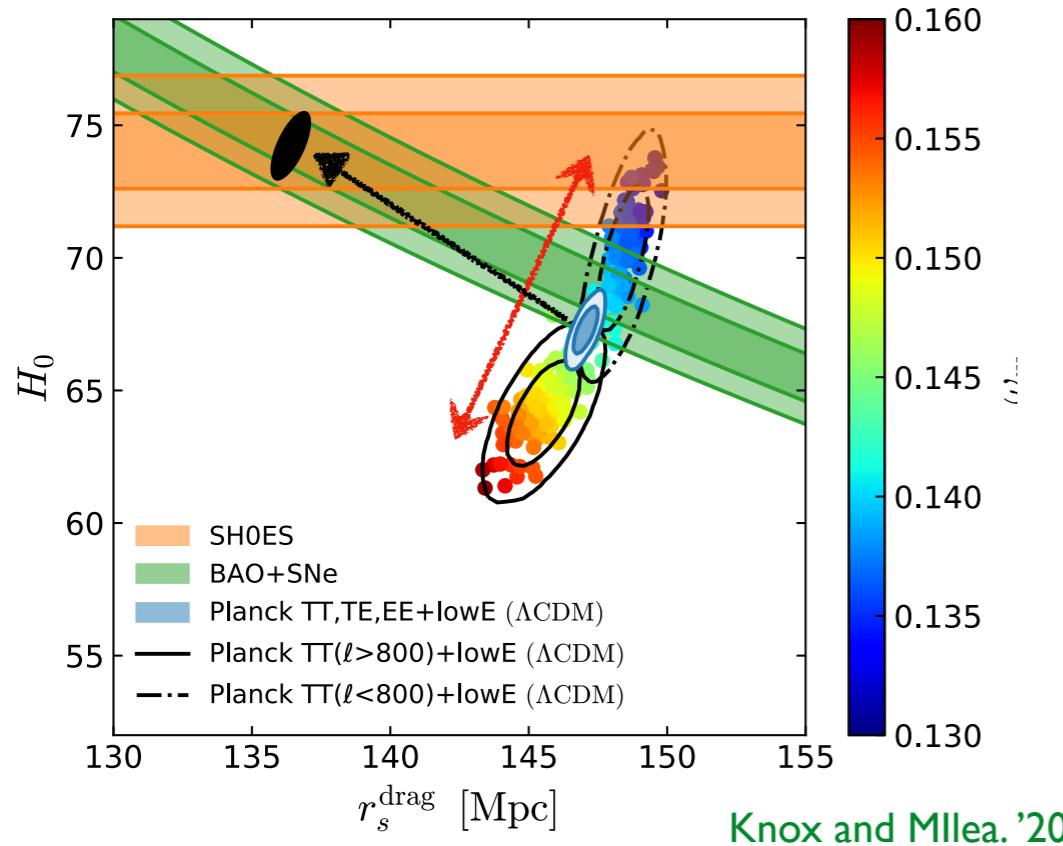


however, if at **late times** a fraction of its energy is transferred to radiation (e.g. through decay or annihilation), then this can significantly affect the evolution

**... but can it address both at the same time?!**

# DM AND THE $H_0$

Simply modifying the amount of matter in  $\Lambda$ CDM changes  $H_0$

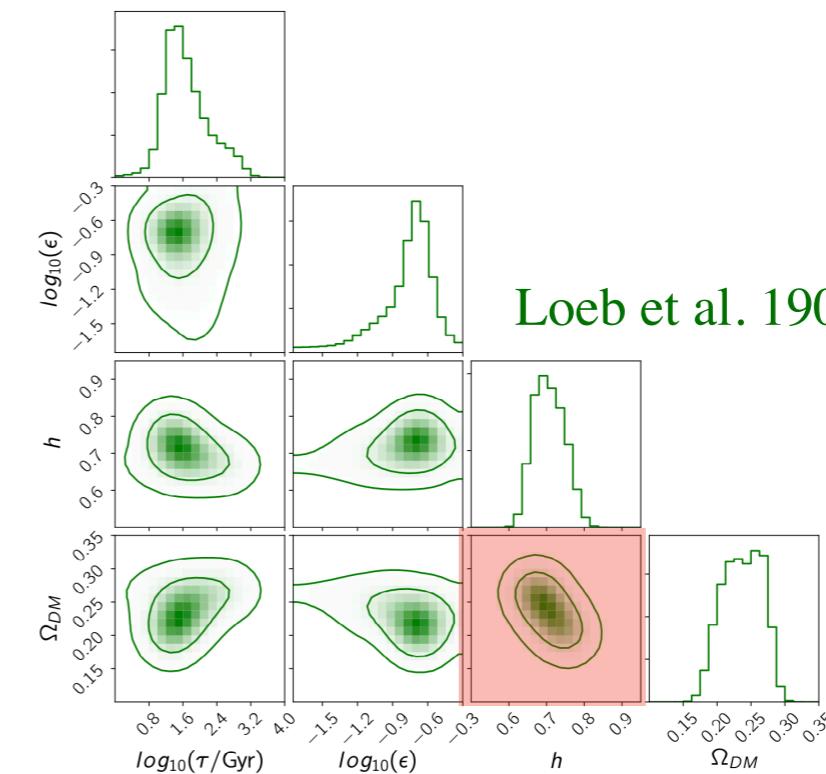


...but in an orthogonal direction to what is needed to also lower the sound horizon at the drag epoch by ~7%

However, if DM evolution changes after recombination

...the  $\Lambda$ CDM fit is unaltered, while as matter is depleted into radiation the matter-dark energy equality is shifted to earlier redshifts, allowing for higher value of  $H_0$  at late times.

E.g., fraction of DM decaying to radiation:



see also:

Poulin, Lesgourges, Serpico '16, Haridasu, Viel '20, Clerk et al. '20, ...

# JULY 2021: THE OLYMPICS

Schoneberg et al. 2107.10291

However, the DM solution (on its own) is **not among the preferred ones**:

Model	$\Delta N_{\text{param}}$	$M_B$	Gaussian Tension	$Q_{\text{DMAP}}$ Tension	$\Delta\chi^2$	$\Delta\text{AIC}$	Finalist	
$\Lambda\text{CDM}$	0	$-19.416 \pm 0.012$	$4.4\sigma$	$4.5\sigma$	X	0.00	0.00	X
$\Delta N_{\text{ur}}$	1	$-19.395 \pm 0.019$	$3.6\sigma$	$3.9\sigma$	X	-4.60	-2.60	X
SIDR	1	$-19.385 \pm 0.024$	$3.2\sigma$	$3.6\sigma$	X	-3.77	-1.77	X
DR-DM	2	$-19.413 \pm 0.036$	$3.3\sigma$	$3.4\sigma$	X	-7.82	-3.82	X
mixed DR	2	$-19.388 \pm 0.026$	$3.2\sigma$	$3.7\sigma$	X	-6.40	-2.40	X
SI $\nu$ +DR	3	$-19.440 \pm 0.038$	$3.7\sigma$	$3.9\sigma$	X	-3.56	2.44	X
Majoron	3	$-19.380 \pm 0.027$	$3.0\sigma$	$2.9\sigma$	✓	-13.74	-7.74	✓
primordial B	1	$-19.390 \pm 0.018$	$3.5\sigma$	$3.5\sigma$	X	-10.83	-8.83	✓
varying $m_e$	1	$-19.391 \pm 0.034$	$2.9\sigma$	$3.2\sigma$	X	-9.87	-7.87	✓
varying $m_e + \Omega_k$	2	$-19.368 \pm 0.048$	$2.0\sigma$	$1.7\sigma$	✓	-16.11	-12.11	✓
EDE	3	$-19.390 \pm 0.016$	$3.6\sigma$	$1.6\sigma$	✓	-20.80	-14.80	✓
NEDE	3	$-19.380 \pm 0.021$	$3.2\sigma$	$2.0\sigma$	✓	-17.70	-11.70	✓
CPL	2	$-19.400 \pm 0.016$	$3.9\sigma$	$4.1\sigma$	X	-4.23	-0.23	X
PEDE	0	$-19.349 \pm 0.013$	$2.7\sigma$	$2.0\sigma$	✓	4.76	4.76	X
MPEDE	1	$-19.400 \pm 0.022$	$3.6\sigma$	$4.0\sigma$	X	-2.21	-0.21	X
$\text{DM} \rightarrow \text{DR+WDM}$	2	$-19.410 \pm 0.013$	$4.2\sigma$	$4.4\sigma$	X	-4.18	-0.18	X
$\text{DM} \rightarrow \text{DR}$	2	$-19.410 \pm 0.011$	$4.3\sigma$	$4.2\sigma$	X	0.11	4.11	X

[Although, to be fair, it seems like none of the proposed ideas does the job well...]

# SOME MORE ISSUES...

Energy transfer to radiation  
needs to happen very late  
(often after recombination)

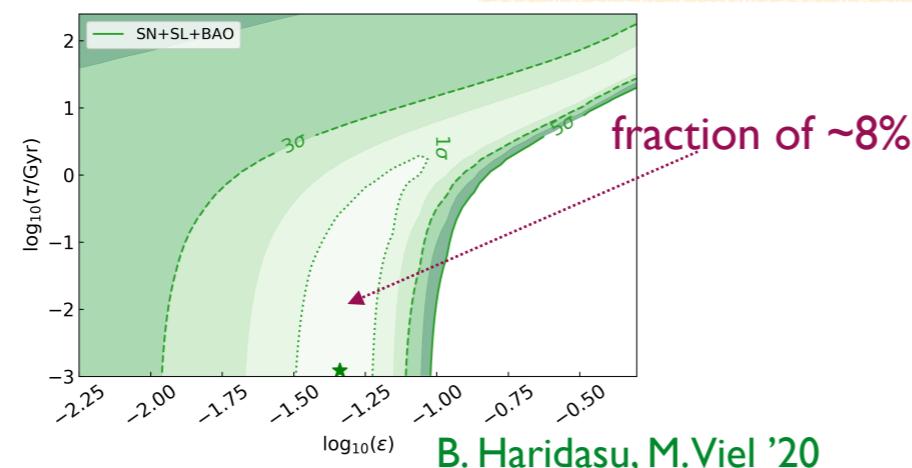


if through **annihilation**  
enormous rates are  
needed

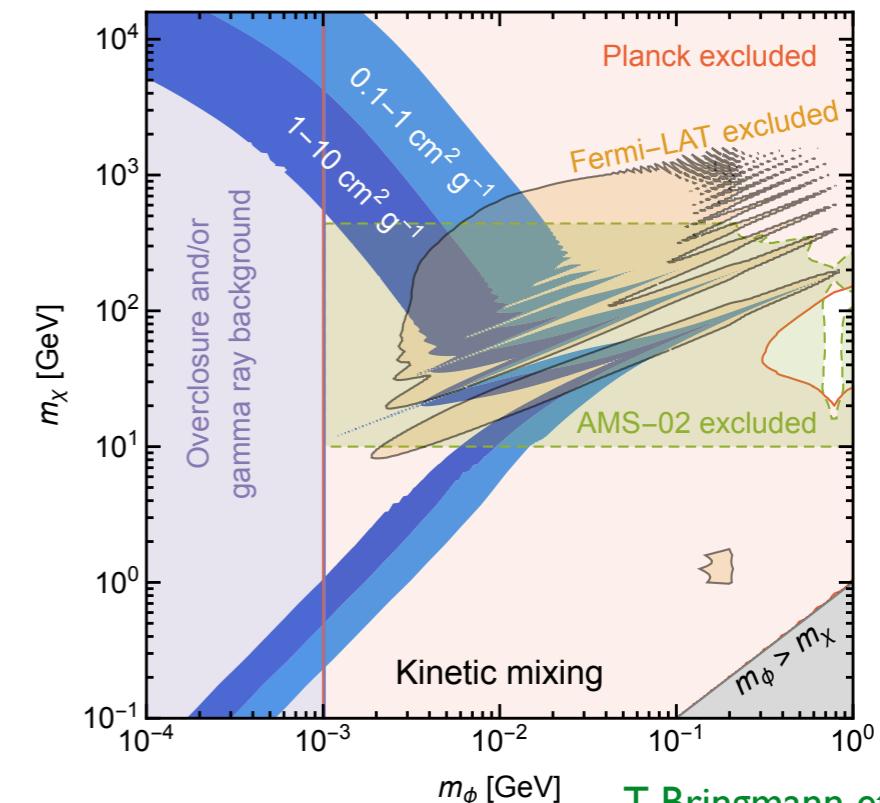
[but see T. Bringmann et al.'18;  
T. Binder et al.'18 for models  
of this type]

the **rate of change**  
**of eq. of state** not  
ideal for the fit

one needs to ensure  
**only a small fraction**  
of DM decayed  
(extremely long lifetime  
or multi-component)



Simple models with **thermally produced**  
**DM** very strongly constrained



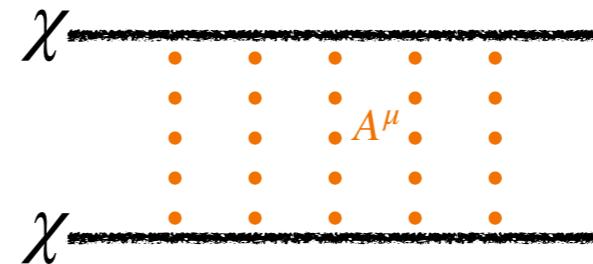
with many of the constraints quite  
severe even in more general models



**light mediator** (if coupled to SM) affects  
CMB, indirect detection, colliders...

# THE IDEA

Dark matter self-interacting  
through **light mediator**



to **avoid limits** from CMB  
and indirect detection



make the **mediator stable**...

typically overcloses the Universe

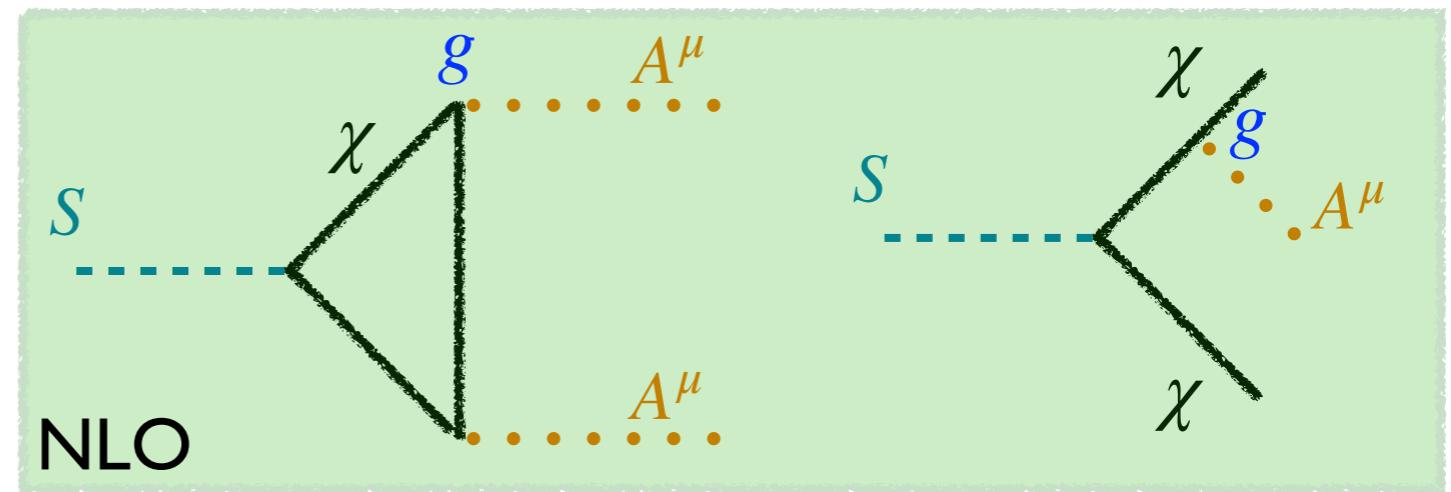
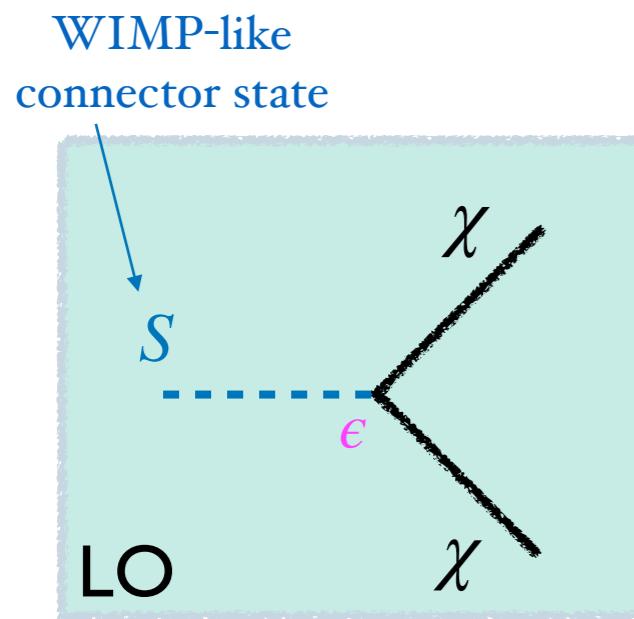
...but **never in equilibrium**  
(with negligible initial population)

freeze-in like

superWIMP like

both give viable, though not that unexpected mechanisms for  
self-interacting DM production, but superWIMP has an **intriguing feature**...

# THE IDEA



$$\Gamma_{S \rightarrow \chi\chi} \propto \epsilon^2$$

$$\Gamma_{S \rightarrow AA} \propto \epsilon^2 g^4$$

$$\Gamma_{S \rightarrow \chi\chi A} \propto \epsilon^2 g^2$$

therefore, parametrically:

$$BR(S \rightarrow AA) \propto g^4$$

$$BR(S \rightarrow \chi\chi A) \propto g^2$$

$\sim (1 - 10)\%$

(with different phase space factors  
and energy of the mediator)

if  $\delta = 1 - \frac{2m_\chi}{m_S} \ll 1$



decays mostly to matter  $\chi$

with small fraction to radiation  $A$

Property needed to modify expansion rate here **present in an automatic way!**

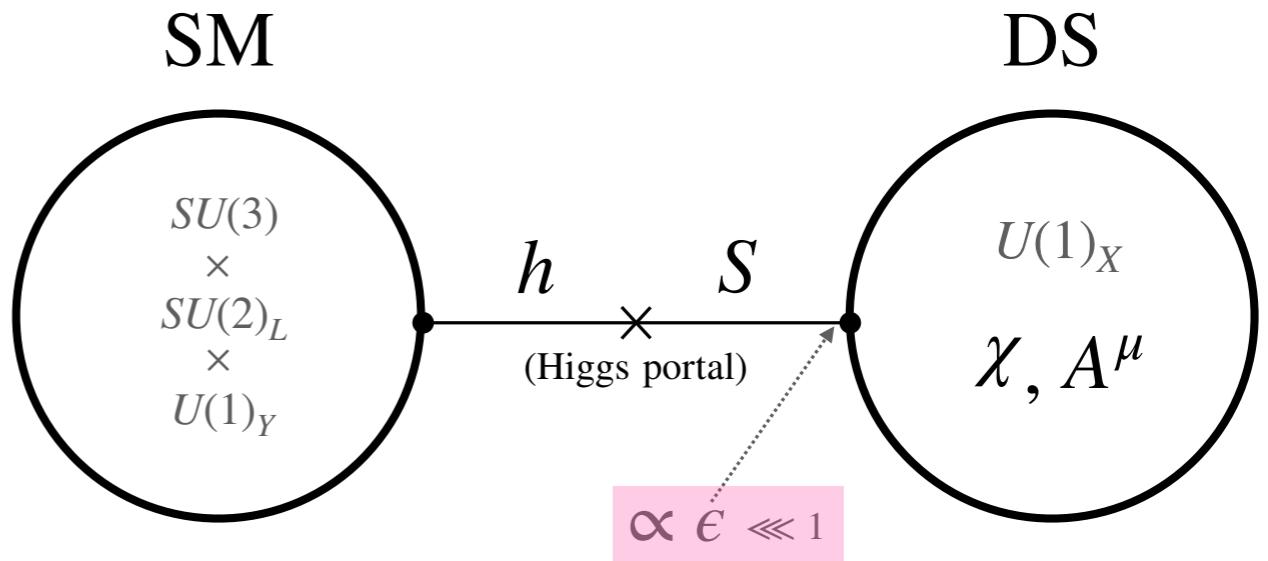
# EXAMPLE MODEL

SM and dark sector connected through a **very weak Higgs portal**:

Assume WIMP-like symmetry

$$Z_2 : S \rightarrow -S$$

that is broken\* (explicitly or spontaneously) with breaking parametrized by  $\epsilon$



Relevant interaction terms:

$$\mathcal{L}^{\text{DS}} \supset \lambda_{HS} S^2 H^\dagger H + \epsilon S \bar{\chi} \chi + \epsilon \mu_{HS} S H^\dagger H + i g A^\mu \bar{\chi} \gamma_\mu \chi$$

leads to  
freeze-out  
of  $S$

decay

$$\epsilon \ll 1$$

very long  
life-time of  $S$

subdominant

self-  
interactions

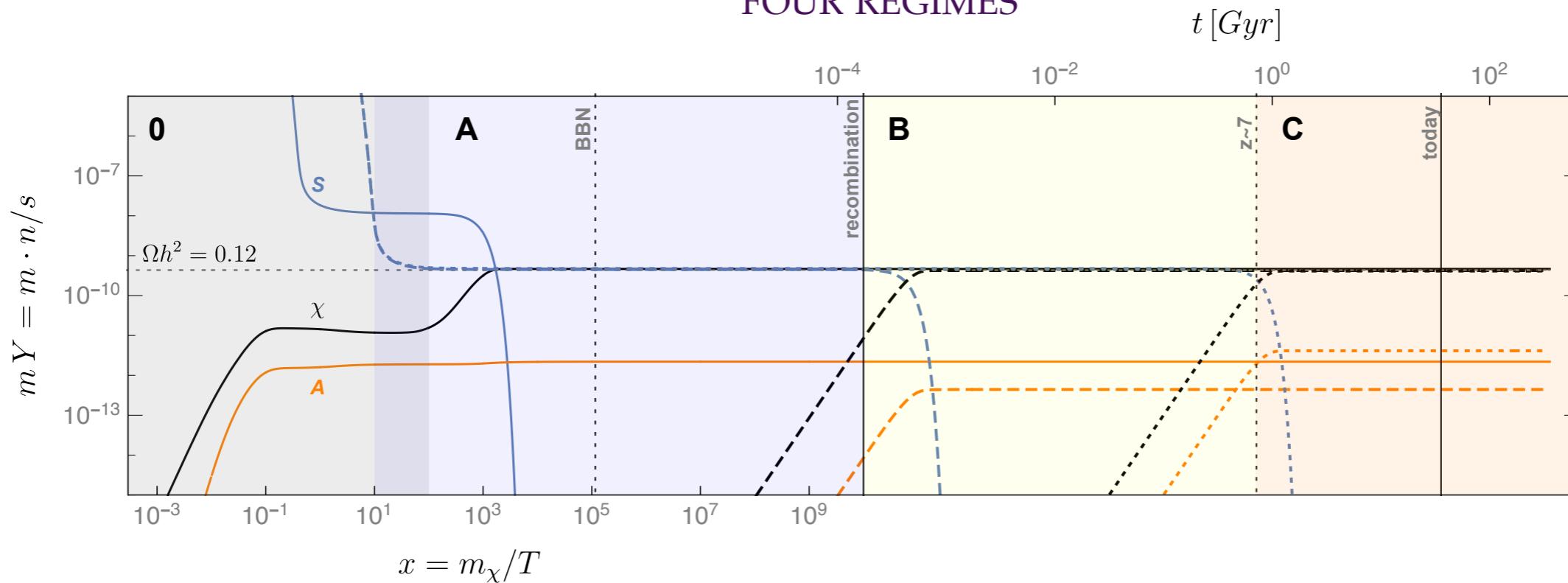
$g$  not tied  
to DM production

can be large

\* at some high scale, e.g GUT or even Planck scale

# HISTORY

## FOUR REGIMES



0) weak  $\lesssim \epsilon$

DS thermalizes, usual thermal self-interacting DM model

B) ultra weak  $\lesssim \epsilon \lesssim$  very weak

life-time on cosmological scales  
changing the expansion rate -  
chance to impact the  $H_0$  tension

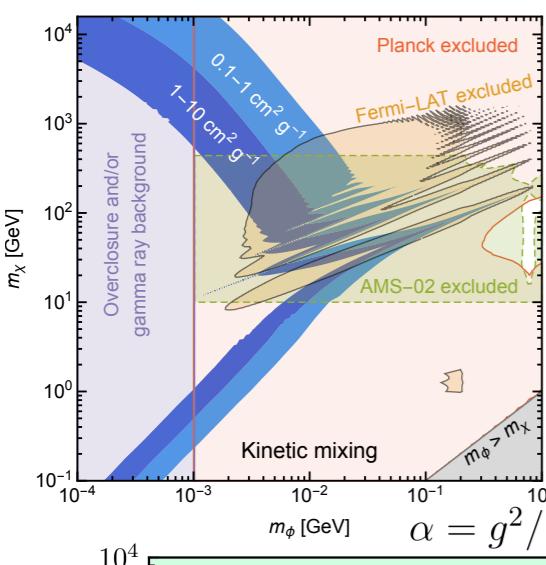
A) very weak  $\lesssim \epsilon \lesssim$  weak

superWIMP production, viable model but no impact on  $H_0$  tension

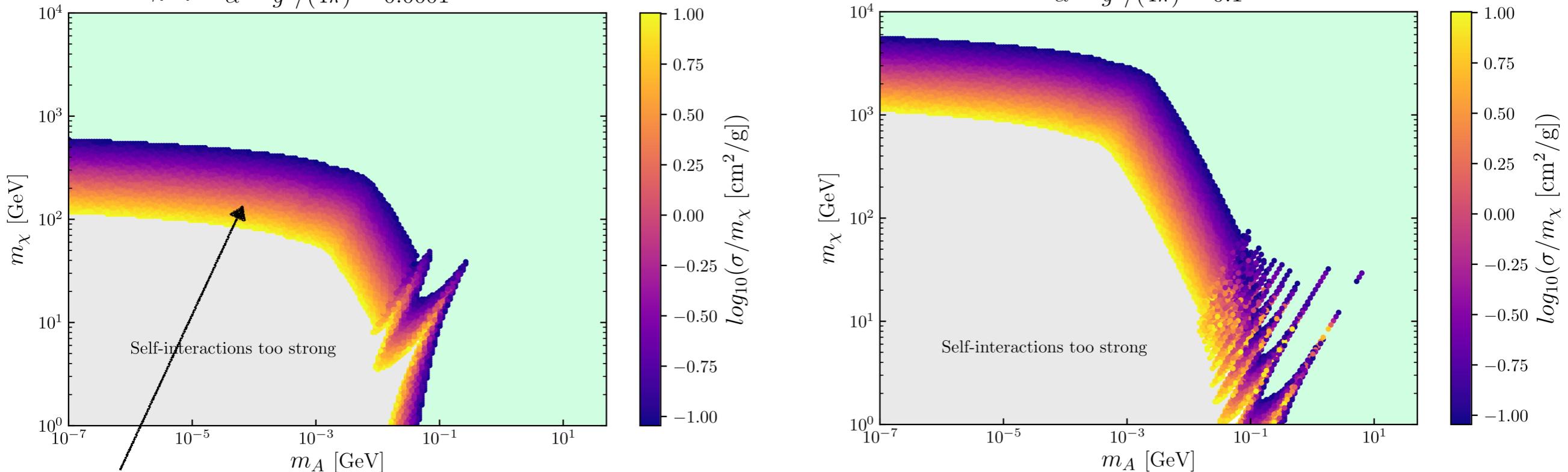
C)  $\epsilon \lesssim$  ultra weak

two-component DM ( $S$  and  $\chi$ ), where only one is self-interacting (in this case perhaps even ultra-strongly)

[The model can be viewed also as an extension of the usual Higgs portal DM to weaker couplings]



# REGIME A: ONLY SIDM



preferred regime for  
small scale problems

In this regime DM is produced  
from **out of equilibrium decay**  
and never thermalizes

more extended parameter space  
giving large self-interactions than  
in thermal models

the mediator **is not in the plasma** and therefore can be  
absolutely stable

# DCDM MODEL

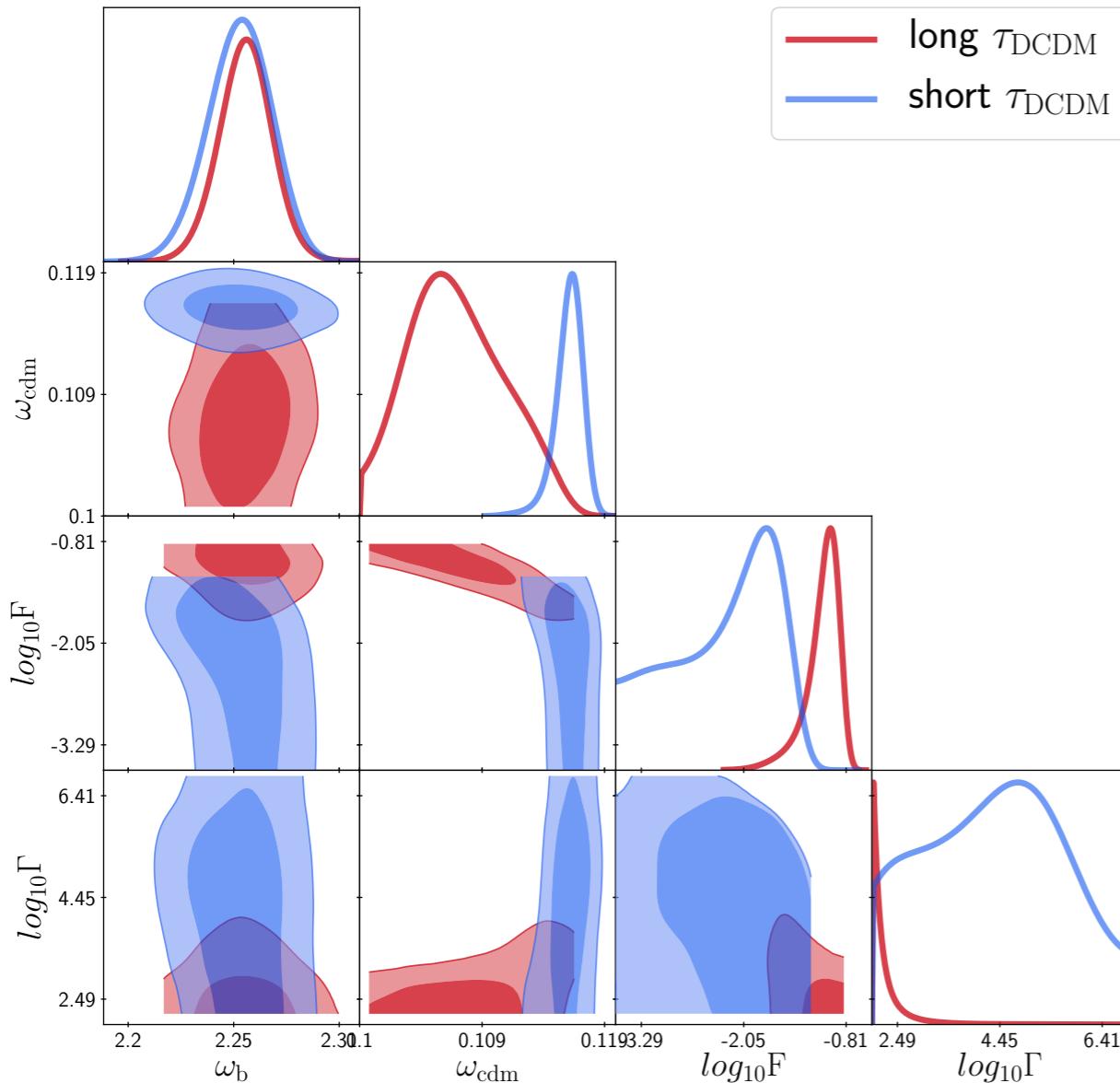
It has been noted that the Decaying DM model (DCDM) with two parameters:

$\Gamma$  — decay width

$F$  — fraction of the decaying component

can improve the fit to the Hubble parameter over the CDM

...; S.Aoyama et al. '14; V. Poulin, P. Serpico, J. Lesgourges '16; K. Enqvist et al. '15; G. Blackadder, S. Koushiappas '18; Y. Gu et al. '20; ...



We have performed our fit with MontePython using combined datasets:

- Planck 2018
- BAO data from the BOSS survey
- the galaxy cluster counts from Planck catalogue
- local measurement of the Hubble constant.

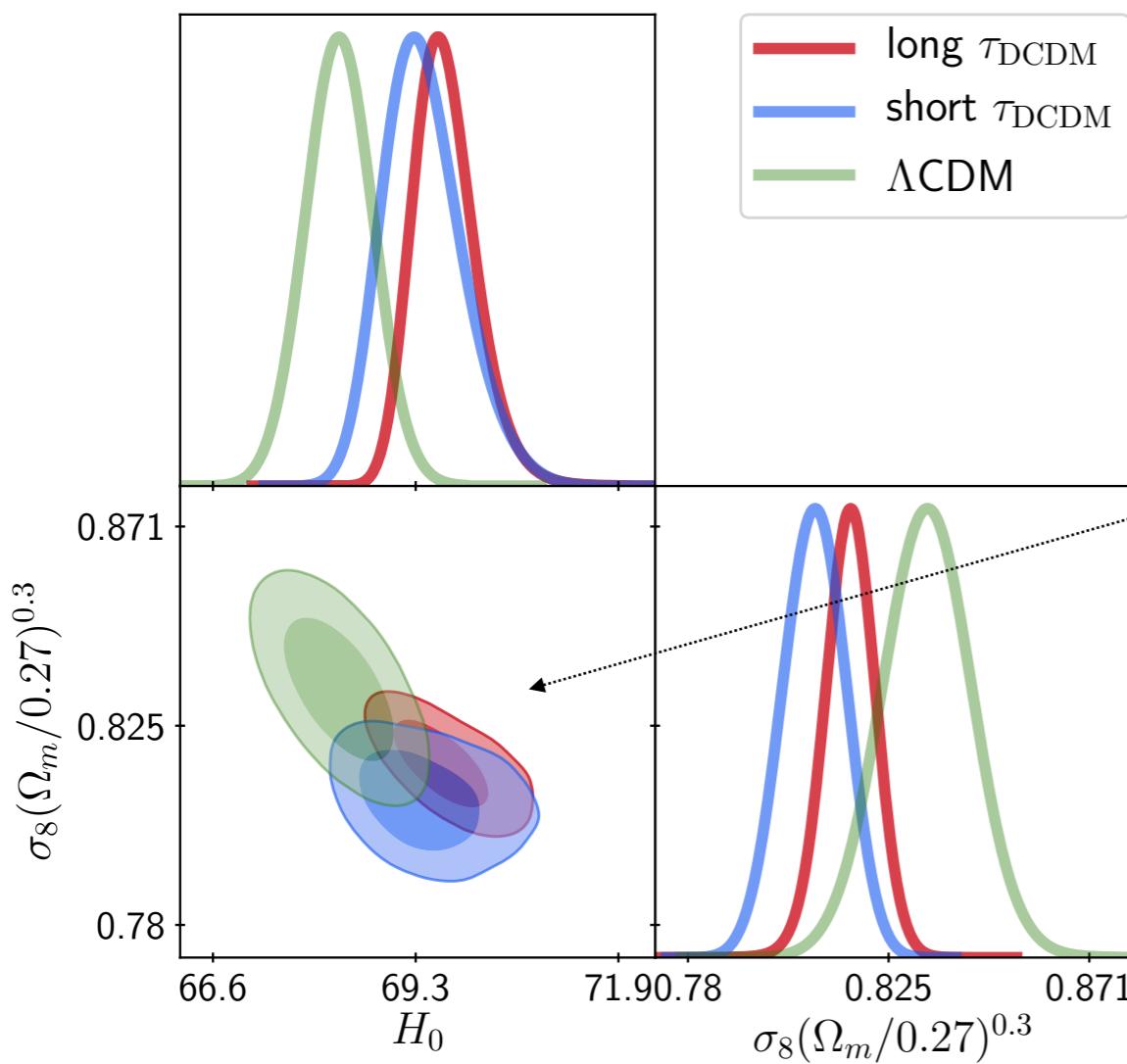
with two different life-time priors: short and long (motivated by previous results)

K.Vattis, S. Koushiappas, A. Loeb '19

# DCDM MODEL

The  $H_0$  parameter best fit:

$\log_{10} F$	$-2.41^{+0.96}_{-0.48}$	$-1.1^{+0.25}_{-0.081}$	-
$\log_{10} \Gamma$	$4.36^{+1.38}_{-1.49}$	$2.33^{+0.13}_{-0.33}$	-
$H_0$	$69.4^{+0.43}_{-0.60}$	$69.7^{+0.33}_{-0.44}$	$68.28^{+0.45}_{-0.45}$
$\sigma_8$	$0.791^{+0.0062}_{-0.0051}$	$0.80^{+0.0030}_{-0.0031}$	$0.8065^{+0.0073}_{-0.0077}$



Two preferred lifetime regimes:

- short (regime B):  $\tau \sim 4 \text{ Myr}$  while fraction of dark radiation is strongly constrained to be **below  $\sim 1\%$**
- long (regime C):  $\tau \sim 5 \text{ Gyr}$  while fraction of dark radiation is allowed to be **as big as  $\sim 10\%$ .**

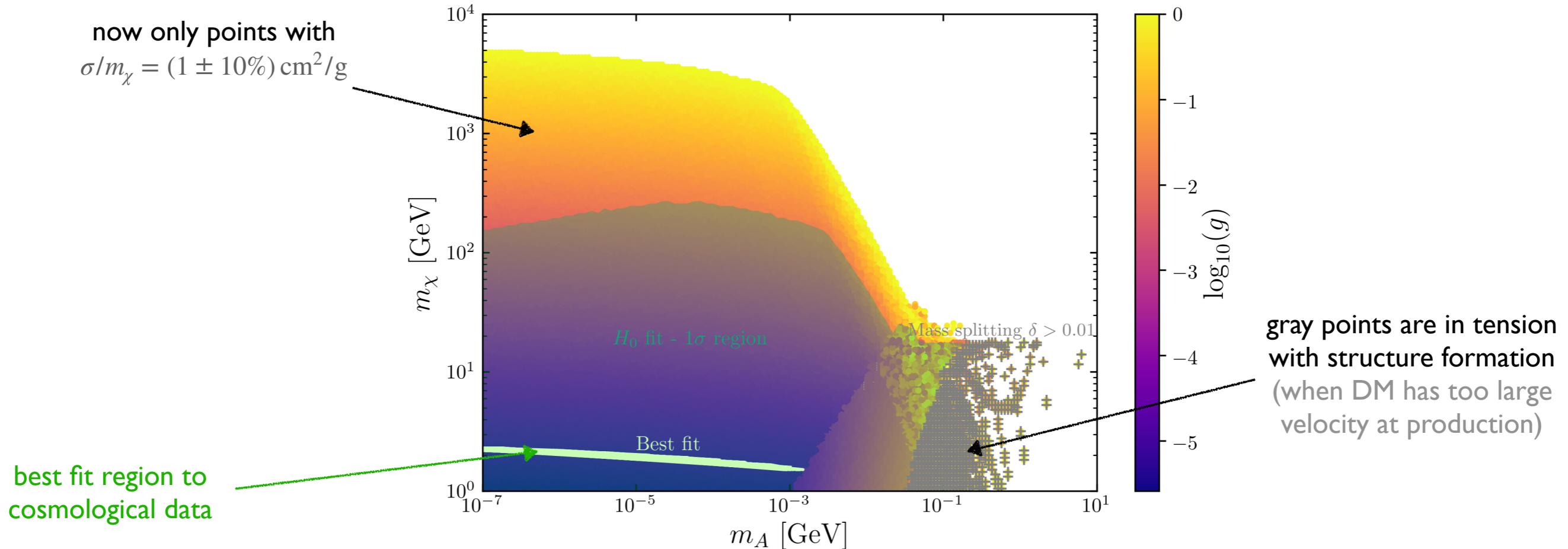
The shift of the  $H_0$  compared to  $\Lambda\text{CDM}$  is however **rather mild** in models of the type as our example

... although this could perhaps be modified with model building, **complete solution of the  $H_0$  tension is unlikely**

see also S. Clark et al. '20

but DCDM can play its **part in the full solution**

# REGIME B: SIDM FROM LATE DECAYS



In this regime life-time on cosmological scales changing the expansion rate - chance to impact the  $H_0$  tension

best fit spans over wide region of mediator mass  $\lesssim 1\text{MeV}$  but pretty specific  $m_\chi$

though the change of the  $H_0$  parameter is not large enough to completely solve the tension

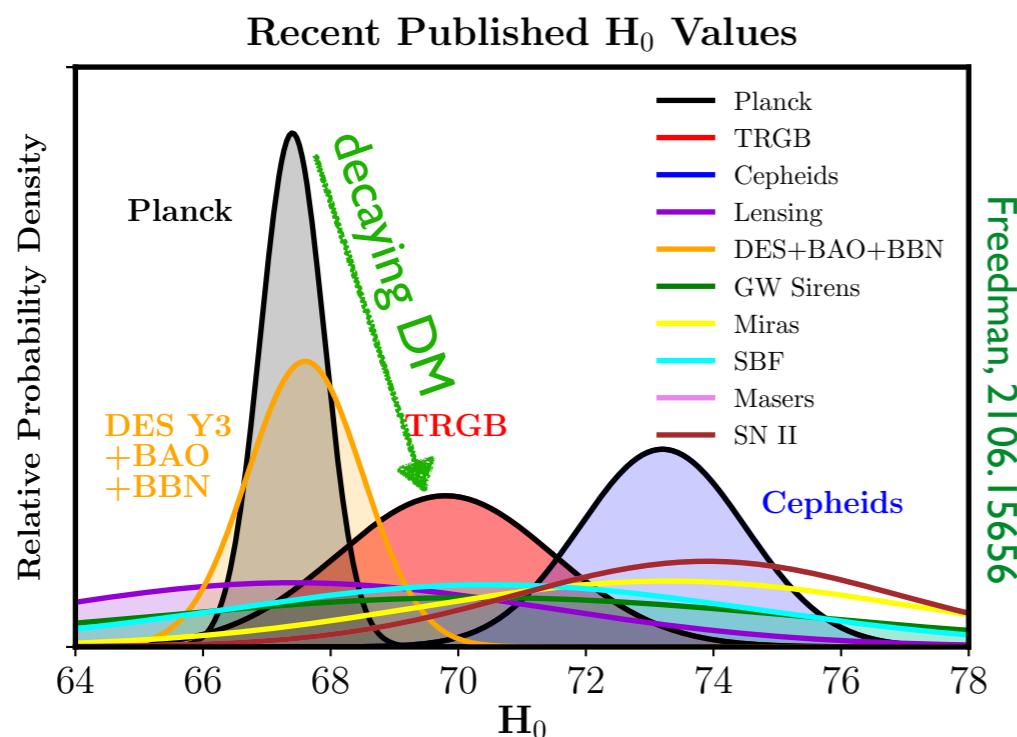
# DOES THIS MODEL SOLVE THE $H_0$ TENSION?

NO...

...but:

I.

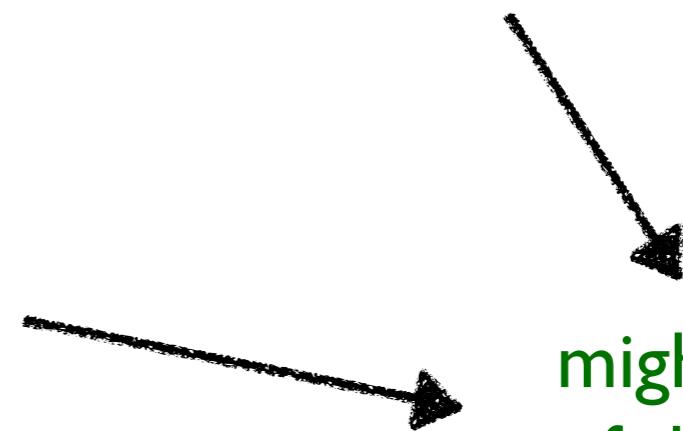
II.



There is a growing consensus that a mix of pre- and post-recombination effects are needed to completely solve the tension  
(unless systematics is to blame...)

TRGB:  $H_0 = 69.8 \pm 0.6 \text{ (stat)} \pm 1.6 \text{ (sys)} \text{ km s}^{-1} \text{ Mpc}^{-1}$

our best fit:  $H_0 = 69.4 + 0.43 - 0.60 \text{ km s}^{-1} \text{ Mpc}^{-1}$



might be a part of the solution!

# REGIME C: ULTRA-SIDM

For longer  $S$  life-times it won't decay completely even till today



two-component DM ( $S$  and  $\chi$ )  
combination of CDM and SIDM



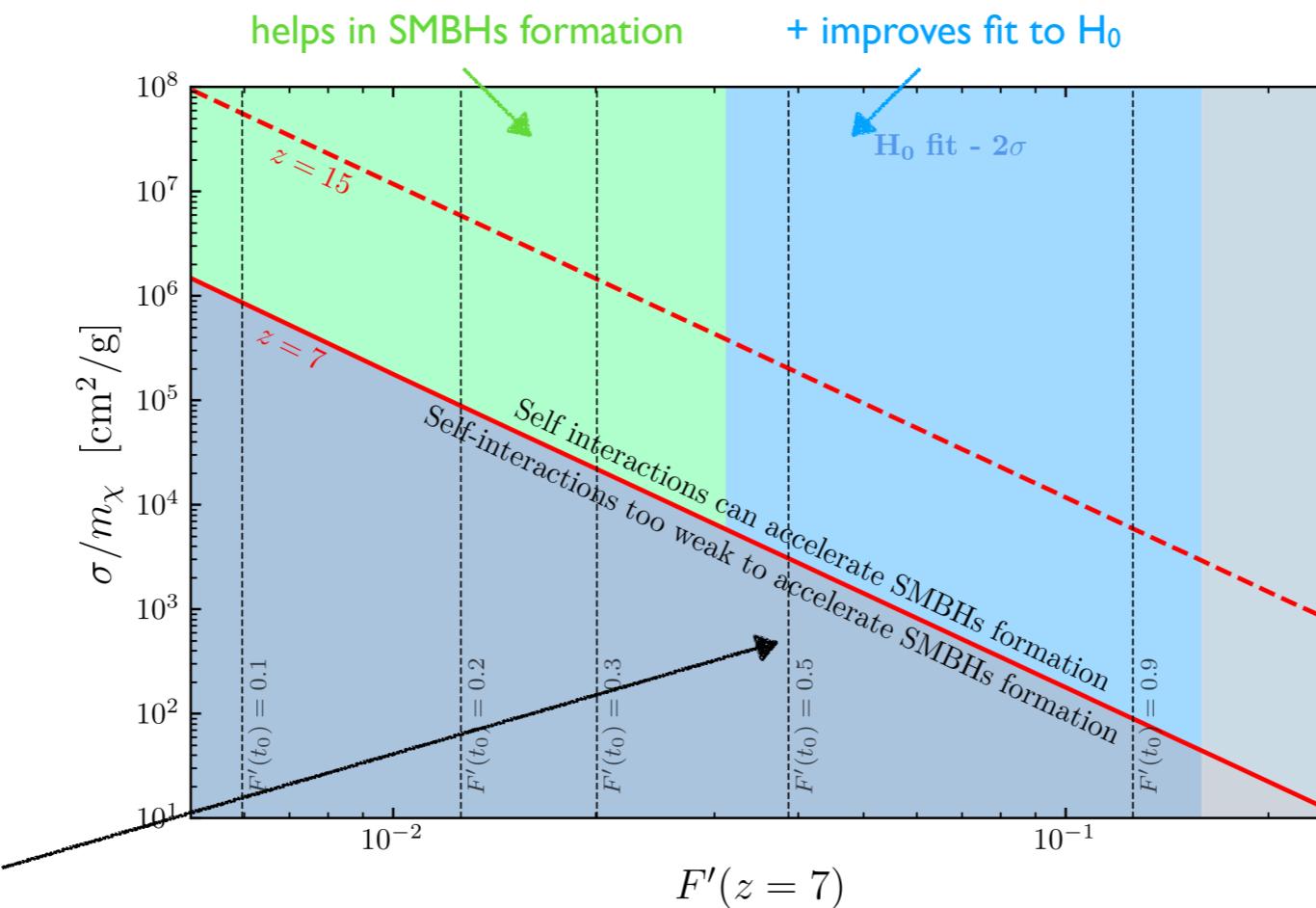
when **only fraction of DM is self-interacting** it can actually have **much larger scattering cross section**



to fit the  $H_0$  one needs larger fraction going to radiation (i.e. larger BR to mediator  $A$ )



problem: between  $z \sim 7$  and  $z \sim 0$  large fraction of  $S$  will manage to decay leading to too large present day population of uSIDM



the model can either improve the fit to  $H_0$  or help with SMBHs formation rate, but not both



uSIDM

J. Pollack, D. Spergel,  
P. Steinhardt '14

provides a candidate mechanism for **seeding the formation of supermassive black holes (SMBHs)**

[standard formation theory is challenged by observation of very old,  $z \sim 7$  SMBHs]

J. Choquette, J. Cline,  
J. Cornell '19

# BONUS: XENON 1T

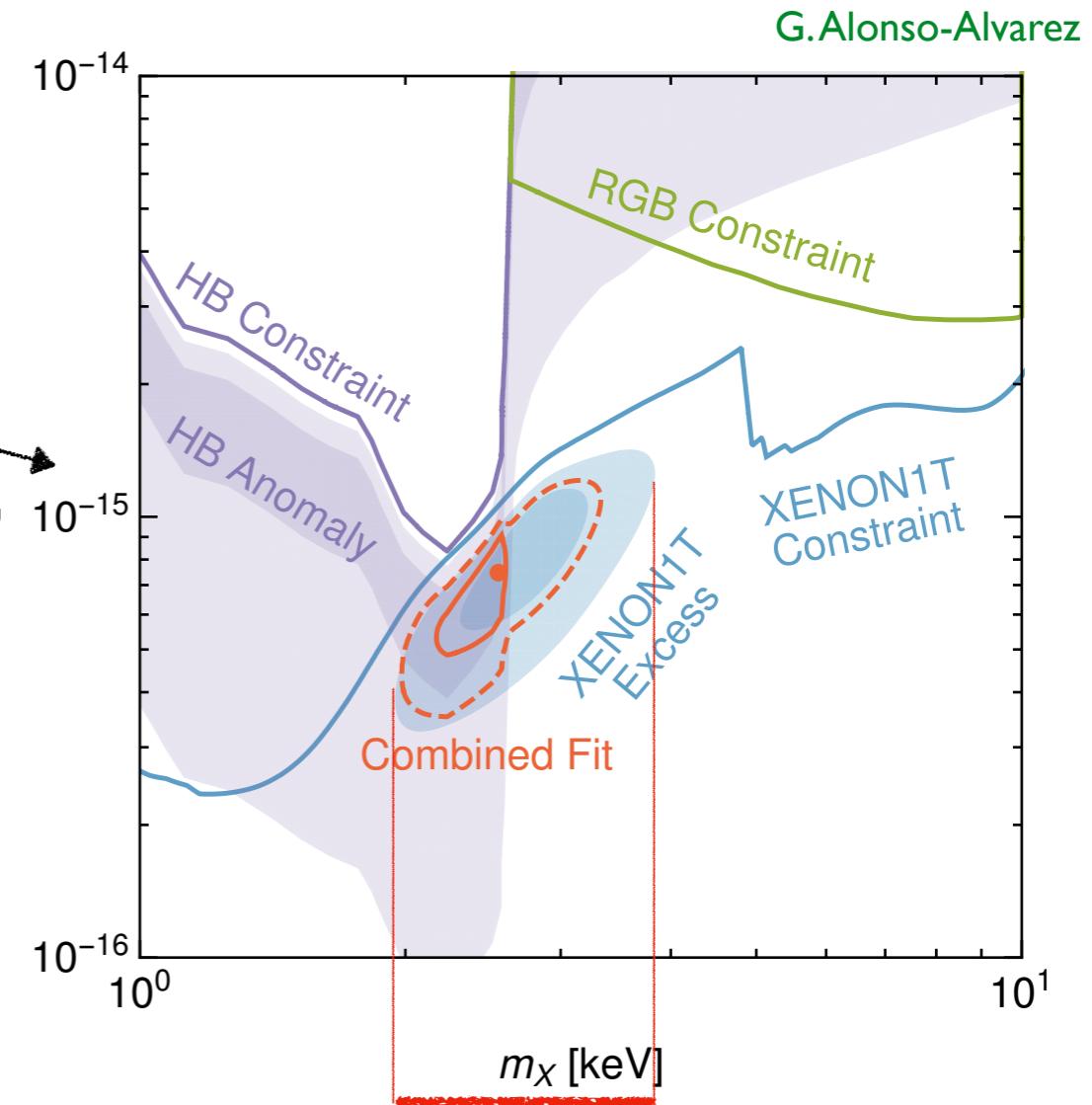
Throughout the whole discussion we assumed the mediator is completely stable...

...but it does not need to be

Allowing e.g. some small kinetic mixing with the SM photon **does not spoil any of the results above**, while can have phenomenological consequences

e.g.  
↓

Worth investigating also other potential signals, e.g. the detection of the decay products (especially in regimes B and C)



[mass range perfectly consistent with best fit to self-interaction strength +  $H_0$  in our model]

# CONCLUSIONS

1. Mechanism of self-interacting DM production from decays of an intermediate state offers a new way of constructing models satisfying the known constraints
2. It provides a natural way of transferring few % of energy density to radiation at late times allowing for slightly alleviating the  $H_0$  tension

[or from a different angle: can be a part of the solution as it's quite likely that true explanation is a combination of few effects]
3. Extensions of the simple model discussed here can offer interesting phenomenology and are worth investigating
4. More data coming: a 5yr observing run by the upgraded LIGO, Virgo, KAGRA and LIGO India detectors should be enough to measure  $H_0$  to 1% by 2030