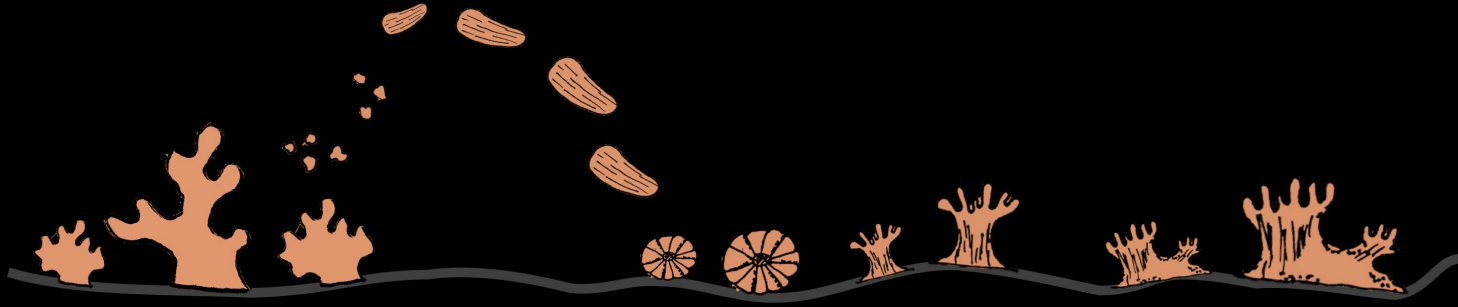
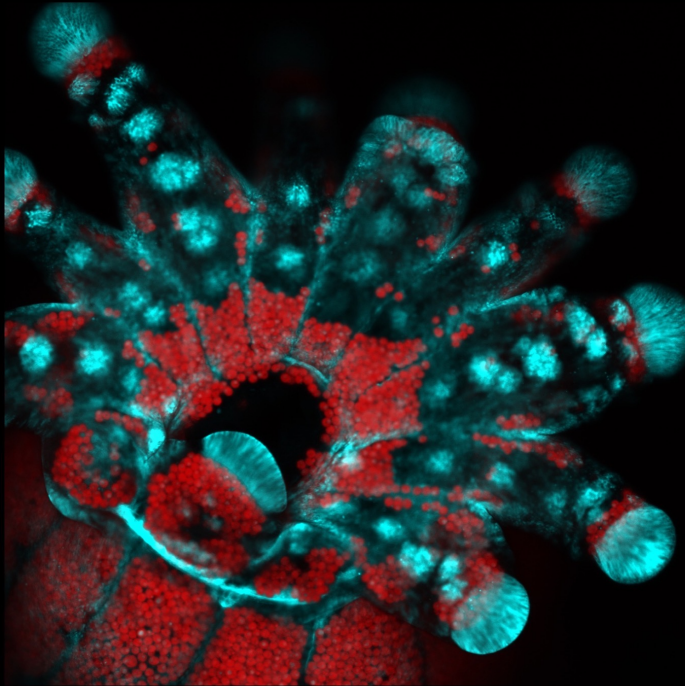


ARIANA S HUFFMYER, PhD

Postdoctoral Researcher | University of Rhode Island | University of Washington



Early life history coral reef ecophysiology and symbiosis



<https://linktr.ee/ashuffmyer>



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Things I wish I knew in grad school...

- Prioritize work-life balance, enjoy hobbies, and take time off
- Set a reasonable and sustainable schedule for your work
- Make meeting times with yourself daily
- Write something every day – even if its just one sentence!
- Same with reading papers – just one per day!
- Have writer's block? Read some papers!
- Let go of perfectionism
- Find an organization strategy that works for you
- Imposter syndrome is real – build a supportive community
- Ask for help when you need it
- Use reproducible and open workflows and notebooks
- Set boundaries and say “no” to things when you need to!
- Update CV monthly

Tips for successful proposals:

- Write the proposal for the audience – if you re-use a proposal, edit for that audience
- Be specific – show the funder that you have a plan and can execute it
- Use graphics strategically
- Provide figures that show how the project ties together all components
- Include mechanisms by which you will be able to measure and assess success of the project
- Be realistic in budgeting – things are always more expensive than you expect
- Focus on how your broader impacts can strengthen and contribute to communities - ask for community input as you plan the project
- Be direct, use clear language, and avoid jargon

My funding & proposal experience

- **Graduate student**
 - NSF Graduate Research Fellowship
 - PEO National Scholarship
 - Institution grants
 - \$150,000
- **Postdoc**
 - National Science Foundation Ocean Sciences Postdoc Fellowship
 - UW Data Science Postdoc Fellowship and Grant
 - \$377,100
- **How many did I apply for?? Dozens each year!**
 - Keep trying and use the feedback you get to make the next application better
 - Keep building your CV