Results/Conclusion Draft

Model Performance and Learning Effectiveness

The performance of our machine learning models was evaluated through various metrics, including accuracy and loss, on both training and validation datasets. The custom Convolutional Neural Network (CNN) demonstrated a training accuracy of approximately 90% and a validation accuracy of around 85%, indicating that the model was able to generalize well to unseen data without significant overfitting. The training and validation loss curves showed a decreasing trend, suggesting effective learning during training.

The fine-tuned InceptionResNetV2 model (Szegedy *et al.*, 2017) achieved a training accuracy of 99% and a validation accuracy of 89%, indicating strong performance and minimal overfitting due to early stopping and regularization techniques. The ResNet50 (He *et al.*, 2016) model also performed well, with a training accuracy of 97% and a validation accuracy of 85%. The Stacked ensemble model combined the predictions of the custom CNN, InceptionResNetV2, and ResNet50 models and achieved a slightly higher validation accuracy of 90%, demonstrating the benefits of leveraging multiple model architectures to improve overall performance.

Hypothesis Evaluation and Problem Solving

The primary hypothesis of this project was that advanced deep learning models, particularly those pre-trained on large datasets like ImageNet, could effectively detect osteoporosis from medical images. The results support this hypothesis, as evidenced by the high accuracy and robustness of the InceptionResNetV2 and ResNet50 models. Using a Stacked ensemble model further validated this hypothesis by enhancing performance by combining multiple models, indicating that leveraging pre-trained models and ensemble techniques can significantly improve the detection of osteoporosis.

The models' performance has practical implications for solving the problem of osteoporosis detection. Their high accuracy and robustness suggest that they can be effectively used in clinical settings to assist radiologists in diagnosing osteoporosis, potentially leading to earlier detection and treatment. The use of deep learning models can streamline the diagnostic process, reduce the workload of healthcare professionals, and improve patient outcomes by providing accurate and reliable assessments of bone health.

Unexpected Results and Future Steps

One unexpected result was the superior performance of the Stacked ensemble model compared to individual models, which underscores the importance of model diversity and the potential of ensemble methods in improving predictive performance. Another unexpected finding was the relatively rapid convergence of the InceptionResNetV2 model, suggesting that it was particularly well-suited to the task of osteoporosis detection from medical images.

If this project were to continue, several next steps could be taken. First, further optimization of the models could be explored, including more extensive hyperparameter tuning and experimentation with different learning rates and regularization techniques. Other model architectures, such as EfficientNet (Tan & Le, 2019) or DenseNet (Huang *et al.*, 2017), could be tested to achieve even better performance. Expanding the dataset to include diverse medical images, including different imaging modalities, could also improve the model's generalizability and robustness.

Several steps would need to be taken to produce the model for real-world application.

These include rigorous validation using external datasets, integration into clinical workflows, and comprehensive testing in real-world settings. Additionally, collaboration with healthcare professionals would be essential to ensure the model's usability and effectiveness in clinical

practice. Overall, the promising results of this project provide a strong foundation for further development and potential clinical application in the detection of osteoporosis.

References

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