

AI-READI Screening Questionnaire

This is used as an initial screening tool for enrollment. The questionnaire asks if an individual is pregnant or has Type 1 diabetes, which are both exclusion criteria for the AI-READI study. Those who are 40 or older, are not pregnant, and do not have Type 1 diabetes will be presented with a series of additional questions on previous diabetes diagnoses, diabetes-related medications, biological sex assigned at birth, and race/ethnicity. Completing this screening questionnaire is voluntary and does NOT obligate individuals to participate in AI-READI. If the answers show that the individual qualifies, then he/she will be formally invited to participate.

1. Are you currently pregnant?
 - Yes
 - No
2. Has your doctor or other health care provider ever told you that you have any of the following:
 - A. Type I Diabetes**
 - Yes
 - No
 - B. Elevated A1C levels (elevated blood sugars)**
 - Yes
 - No
 - C. Type II Diabetes**
 - Yes
 - No

If yes, at what age were you first diagnosed? _____

- D. Pre-diabetes**
 - Yes
 - No
3. Do you take pills to control your A1C and blood glucose levels?

Examples: Metformin (Glucophage, Glumetza, Fortamet, Riomet), Glucotrol, Amaryl, DiaBeta, Blynase PresTab, Micronase, Actos, Avandia, Precose, Glyset, Prandin, Starlix, Januvia, Onglyza, Tradjenta, Nesina, Invokana, Farxiga, Jardiance, Welchol, and Cyclocet

 - Yes
 - No
4. Do you inject insulin to control your blood glucose levels?
 - Yes
 - No

5. Do you use other injections to control your blood glucose levels? Examples: Victoza, Ozempic, Symlin, Tanzeum, and Trulicity

- Yes
- No

6. Do you use lifestyle changes to control your A1C and blood glucose levels?

Examples: regular exercise, avoiding sugary foods and beverages, eating a balanced diet with lots of vegetables, sticking to a consistent eating schedule

- Yes
- No

Please answer the following demographic questions.

7. What sex were you assigned at birth? That is, what is on your original birth certificate?

- Female
- Male
- Intersex
- Other
- Prefer not to say

Other (please specify)

8. Are you of Hispanic, Latina/x or Spanish origin? Please check all that apply.

- No
- Yes, Mexican
- Yes, Puerto Rican
- Yes, Cuban
- Yes, Dominican Republic Yes, Central American Yes, South American Yes, Chicano
- Yes, Other
- Prefer not to say

Other (please specify)

9. How would you describe your race/ethnicity? (check all that apply)

- American Indian or Alaska Native Asian
- Black or African American
- Middle Eastern
- Native Hawaiian or Pacific Islander North African

- White
- Other race, ethnicity or origin
- Prefer not to say

Other (please describe)

_____ Tribal affiliation (please describe)

10. Which one of these groups would you say best represents your race?

- American Indian or Alaska Native Asian
- Black or African American
- Middle Eastern
- Native Hawaiian or other Pacific Islander North African
- White or Caucasian
- Other race, ethnicity or origin
- Prefer not to say

11. What is your ancestry or ethnic origin?

(Examples: Italian, Jamaican, African American, Cambodian, Cape Verdean, Cherokee, Navajo, Nez Pearce, Norwegian, Dominican, French Canadian, Haitian, Korean, Lebanese, Polish, Nigerian, Mexican, Taiwanese, Ukrainian, and so on.)
