

CDC  
Coronavirus Self-Checker  
Decision Tree  
V66

Final Clearance Date: January 17, 2021

## Care and Testing Messages

### CARE MESSAGES

<b>MSG0. &lt;&lt;Please make a selection so I can help give you care advice.&gt;&gt;</b> You have not made a selection. Please start again and select options for each question so that I can help give you advice.
<b>MSG1. &lt;&lt;Sounds like you (they) are feeling ok.&gt;&gt;</b> Learn more about COVID-19 and what you (they) can do to stay safe on the CDC website.
<b>MSG2. [no care message 2]</b>
<b>MSG3. [no care message 3]</b>
<b>MSG4. &lt;&lt;Urgent medical attention may be needed. Please call 911 or go to the Emergency Department.&gt;&gt;</b> Based on your (their) symptoms, you may need urgent medical care. Please call 911 or go to the nearest emergency department. Tell the 911 operator or emergency staff if you have had contact with someone with COVID-19.
<b>MSG5. &lt;&lt;Call a medical provider.&gt;&gt;</b> Sorry you (they) are not feeling well. Your (their) symptoms may be related to COVID-19. You (they) also have medical conditions that may put you (them) at risk of becoming more seriously ill. <ul style="list-style-type: none"><li>• Call your (their) medical provider, clinician advice line, or telemedicine provider.</li><li>• If you (they) feel worse, and you (they) think it is an emergency, call 911 or seek medical care immediately.</li><li>• Stay home (keep them home) except to get medical care.<ul style="list-style-type: none"><li>• Do not go to work, school, or public areas including grocery stores, pharmacies, or restaurants. Consider delivery options for food and medicine.</li><li>• Do not use public transportation or ride sharing.</li><li>• Wash your hands often with soap and water.</li><li>• Cover your coughs and sneezes with a tissue.</li><li>• Avoid close contact with other people. Stay at least 6 feet away from other people.</li></ul></li><li>• Wear a mask when around others.</li><li>• Consider using telehealth services if available.</li><li>• Learn how to take care of yourself or someone else who is sick.</li><li>• Take these steps to help protect others from getting sick.</li></ul>
<b>MSG6. ADULT (Age 18 and Up) &lt;&lt;Contact the occupational health provider at your workplace immediately.&gt;&gt;</b> Tell the occupational health provider (or supervisor) in your workplace that you're feeling sick as soon as possible. <ul style="list-style-type: none"><li>• Follow any additional guidelines from public health officials</li></ul>
<b>MSG7. &lt;&lt;Contact a medical provider in the care center, nursing home, or homeless shelter where you (they) live.&gt;&gt;</b> Tell a caregiver in your (their) facility that you (they) are sick and need to see a medical provider as soon as possible. Living in a long-term care facility or nursing home may put you (them) at a higher risk for severe illness.  Help protect others from getting sick: <ul style="list-style-type: none"><li>• Stay in your room as much as possible except to get medical care.</li><li>• Cover your coughs and sneezes with a tissue.</li><li>• Wash your hands often with soap and water.</li><li>• Avoid close contact with other people. Stay at least 6 feet away from other people.</li><li>• Wear a mask when around others.</li><li>• Clean and disinfect frequently touched surfaces in your room.</li><li>• Monitor your health and notify a medical provider if you think you are getting sicker.</li></ul>
<b>MSG8. &lt;&lt;Stay home (keep them home) and take care of yourself (them). Call your (their) medical provider if you get worse.&gt;&gt;</b> Sorry you are (or your child is) not feeling well. Your symptoms may be related to COVID-19. <ul style="list-style-type: none"><li>• Stay home (keep them home) except to get medical care.<ul style="list-style-type: none"><li>• Do not go to work, school, or public areas including grocery stores, pharmacies, or restaurants. Consider delivery options for food and medicine.</li><li>• Do not use public transportation or ride sharing.</li><li>• Cover your coughs and sneezes with a tissue.</li><li>• Wash your hands often with soap and water.</li><li>• Avoid close contact with other people. Stay at least 6 feet away from other people.</li></ul></li><li>• Wear a mask when around others.</li><li>• If you (they) feel worse, and you (they) think it is an emergency, call 911 or seek medical care immediately.</li><li>• Learn how to take care of yourself or someone else who is sick.</li><li>• Take steps to help protect others from getting sick.</li></ul>
<b>MSG9. &lt;&lt;Stay home (keep them home) and take care of yourself (them). Call your (their) medical provider.&gt;&gt;</b> Sorry you (they) are not feeling well. Your (their) symptom(s) may be related to COVID-19. <ul style="list-style-type: none"><li>• Call your (their) medical provider, clinician advice line, or telemedicine provider.</li><li>• Stay home (keep them home) except to get medical care.<ul style="list-style-type: none"><li>• Do not go to work, school, or public areas including grocery stores, pharmacies, or restaurants. Consider delivery options for food and medicine.</li><li>• Do not use public transportation or ride sharing.</li><li>• Cover your coughs and sneezes with a tissue.</li><li>• Wash your hands often with soap and water.</li><li>• Avoid close contact with other people. Stay at least 6 feet away from other people.</li></ul></li><li>• Wear a mask when around others.</li><li>• If you (they) feel worse, and you think it is an emergency, call 911 or seek medical care immediately.</li><li>• Consider using telehealth services if available.</li><li>• Learn how to take care of yourself or someone else who is sick.</li><li>• Take steps to help protect others from getting sick.</li></ul>
<b>MSG10. &lt;&lt;Sorry you (they) are feeling sick. Stay home (keep them home) and monitor your (their) symptoms. Call your (their) medical provider if you (they) get worse.&gt;&gt;</b> Watch for COVID-19 symptoms. If you (they) develop any of these symptoms or if you (they) start to feel worse, call your (their) medical provider, clinician advice line, or telemedicine provider.  Here are some steps that may help you (them) feel better: <ul style="list-style-type: none"><li>• Stay at home and rest.</li><li>• Drink plenty of water and other clear liquids to prevent fluid loss (dehydration).</li><li>• Cover your coughs and sneezes with a tissue</li><li>• Wash your hands often with soap and water.</li></ul>
<b>MSG11. &lt;&lt;Please check with your Ministry of Health or local health department for additional information and guidelines about COVID-19 in your location.&gt;&gt;</b>
<b>MSG12. Please consent to use the Coronavirus Self-Checker. Refresh the page to start again.</b>
<b>MSG13. Thanks! Your location has its own self-assessment tool. Please click here** to be directed to it.</b>  ** Insert hyperlink to the state's website if they have their own triage tool.
<b>MSG14. If you start to feel sick, tell a medical provider in the care center, nursing home, or shelter where you live.</b>

### CARE MESSAGES (con't)

<b>MSG15. &lt;&lt;Contact the occupational health provider at your workplace.&gt;&gt;</b> Tell your occupational health provider (or supervisor) that you may have been in contact with someone with suspected COVID-19. You may be asked to wear a mask over your nose and mouth to protect yourself and those around you. <ul style="list-style-type: none"><li>• Check your temperature twice a day for 14 days.</li><li>• Watch for COVID-19 symptoms. Learn more about COVID-19 and how you can protect yourself and others on the CDC website.</li></ul>
<b>MSG16. &lt;&lt;Monitor for symptoms.&gt;&gt;</b> Watch for COVID-19 symptoms. If you (they) develop symptoms, call your (their) medical provider, clinician advice line, or telemedicine provider. Learn more about COVID-19 and steps you (they) can take to protect yourself (themselves) and others on the CDC website.
<b>MSG17. &lt;&lt;Monitor for symptoms, wear a mask.&gt;&gt;</b> Watch for COVID-19 symptoms. If you (they) develop symptoms, call your (their) medical provider, clinician advice line, or telemedicine provider. When around other people, you (they) will be asked to wear a mask over your (their) nose and mouth to protect yourself (themselves) and those around you (them). Masks should not be used for anyone who has trouble breathing, is unconscious, incapacitated, or otherwise unable to remove the mask on their own.
<b>MSG18. &lt;&lt;Monitor for symptoms, stay at home.&gt;&gt;</b> <ul style="list-style-type: none"><li>• Stay home for 14 days from the day you (they) last had contact. To determine when to start and end isolation, follow CDC guidance.</li><li>• Take your (their) temperature twice a day and watch for symptoms of COVID-19. Practice social distancing.<ul style="list-style-type: none"><li>• Stay at least 6 feet away from others and stay out of crowded places.</li></ul></li><li>• If possible, stay away from people who are at higher risk for getting very sick from COVID-19.</li><li>• If you (they) develop symptoms, follow CDC guidance.</li></ul>
<b>MSG19. &lt;&lt;Contact a medical provider.&gt;&gt;</b> This tool is intended for people 2 years or older. Please call the child's medical provider, clinician advice line, or telemedicine provider if your child is less than 2 years old and sick.
<b>MSG20. &lt;&lt;Please ask your parent or guardian to help you complete these questions.&gt;&gt;</b>
<b>MSG21. &lt;&lt;Please ask your parent or guardian to answer these questions with you.&gt;&gt;</b>
<b>MSG22. &lt;&lt;Ask a parent or guardian to assist you, or if taking by yourself, share these results with your parent/guardian.&gt;&gt;</b>
<b>MSG23. &lt;&lt;Contact a medical provider if you (they) get sick.&gt;&gt;</b> Help protect others from getting sick: <ul style="list-style-type: none"><li>• Stay in your room as much as possible except to get medical care.</li><li>• Cover your coughs and sneezes with a tissue.</li><li>• Wash your hands often with soap and water.</li><li>• Avoid close contact with other people. Stay at least 6 feet away from other people.</li><li>• Wear a mask when around others.</li><li>• Clean and disinfect frequently touched surfaces in your room.</li><li>• Monitor your health and notify a medical provider if you think you are getting sicker.</li></ul>
<b>MSG24. &lt;&lt;Contact an administrator or nurse at your (their) school or child care as soon as possible.&gt;&gt;</b> Tell the administrator or nurse at your (their) school or child care that you (they) are feeling sick.
<b>MSG25. &lt;&lt;Contact a medical provider in the care center, nursing home, or homeless shelter where you (they) live.&gt;&gt;</b> Tell a caregiver in your (their) facility that you (they) may have been in close contact with someone who may have COVID-19. They can help prevent infections at your (their) facility or shelter.  Help protect others from getting sick: <ul style="list-style-type: none"><li>• Stay in your room as much as possible except to get medical care.</li><li>• Cover your coughs and sneezes with a tissue.</li><li>• Clean your hands often.</li><li>• Avoid close contact with other people. Stay at least 6 feet away from other people.</li><li>• Wear a mask when around others, if possible.</li><li>• Monitor your health and notify a medical provider if you start to feel sick.</li></ul>
<b>MSG26. &lt;&lt;Contact an administrator or nurse at your (their) school or child care.&gt;&gt;</b> Tell an administrator or nurse at your (their) school or child care that you (they) may have been in contact with someone with suspected COVID-19. <ul style="list-style-type: none"><li>• Wear a mask over your (their) nose (their) and mouth to protect you (they) and those around you (them).</li><li>• Check your (their) temperature twice a day for 14 days.</li><li>• Watch for COVID-19 symptoms. Learn more about COVID-19 and how you (they) can protect yourself (themselves) and others on the CDC website.</li></ul>
<b>MSG27. &lt;&lt;If you (they) test positive for SARS-CoV-2 infection.&gt;&gt;</b> Stay home and away from others until <ul style="list-style-type: none"><li>• it has been 10 days since symptoms first appeared and</li><li>• 24 hours with no fever without the use of fever-reducing medications and</li><li>• other symptoms of COVID-19 are improving* (*Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation)</li></ul> <ul style="list-style-type: none"><li>• Please inform your (their) close contacts that they have been potentially exposed to SARS-CoV-2. CDC recommends that all close contacts of people with confirmed or probable COVID should:<ul style="list-style-type: none"><li>• get tested and</li><li>• quarantine for 14 days from the day of their last exposure. You (they) may also receive a call from a contact tracing professional – see this video for more information.</li></ul></li><li>• Get rest and stay hydrated. Take over-the-counter medicines, such as acetaminophen, if needed to help you (them) feel better.</li><li>• Separate yourself (them) from other people. As much as possible, stay in a specific room and away from other people and pets in your (their) home.</li></ul>
<b>MSG28. &lt;&lt;If you (they) test negative for SARS-CoV-2 infection.&gt;&gt;</b> <ul style="list-style-type: none"><li>• It is possible that you (they) were very early in your (their) infection when your (their) sample was collected and that you (they) could test positive later.</li><li>• If your (their) symptoms worsen after testing negative, please contact your (their) healthcare provider.</li></ul>
<b>MSG29. &lt;&lt;While waiting for your (their) results, isolate at home.&gt;&gt;</b> <ul style="list-style-type: none"><li>• You (they) should isolate at home pending test results and follow the advice of your (their) health care provider or a public health professional.</li></ul>
<b>MSG30. &lt;&lt;If you do not get tested, you (they) should.&gt;&gt;</b> <ul style="list-style-type: none"><li>• Stay home and away from others until<ul style="list-style-type: none"><li>• it has been 10 days since symptoms first appeared and</li><li>• 24 hours with no fever without the use of fever-reducing medications and</li><li>• other symptoms of COVID-19 are improving* (*Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation)</li></ul></li></ul>
<b>MSG31. &lt;&lt;If you (they) have been in close contact with someone with confirmed COVID-19.&gt;&gt;</b> <ul style="list-style-type: none"><li>• CDC recommends that all close contacts of people with confirmed COVID-19 should:<ul style="list-style-type: none"><li>• quarantine for 14 days from the day of their last exposure. You (they) may also receive a call from a contact tracing professional – see this video for more information.</li><li>• follow the recommendations of your local public health department.</li></ul></li><li>Based on local SARS-CoV-2 testing availability, there may be options to reduce the time people spend in quarantine. See this page for more information.</li></ul>

### TESTING MESSAGES

<b>T0. &lt;&lt;No COVID-19 testing needed at this time.&gt;&gt;</b> Based on the answers given, you (they) do not need to get tested unless recommended or required by your (their) healthcare provider, employer, or public health official.
<b>T1. [No testing message]</b>
<b>T2. &lt;&lt;You (they) may be eligible for COVID-19 testing.&gt;&gt;</b> Visit your health department's website or talk to your medical provider for more information. To find a testing location near you, visit the HHS website.
<b>T2.international. &lt;&lt;You (they) may be eligible for COVID-19 testing.&gt;&gt;</b> Contact your local emergency services for more information.
<b>T3. &lt;&lt;You (they) need to be tested for COVID-19.&gt;&gt;</b> Based on the answers given, you (they) are a close contact of a person with COVID-19. <ul style="list-style-type: none"><li>• CDC recommends that all close contacts of people with confirmed COVID-19 should:<ul style="list-style-type: none"><li>• get tested and</li><li>• quarantine for 14 days from the day of their last exposure. You (they) may also receive a call from a contact tracing professional – see this video for more information.</li><li>• follow the recommendations of your local public health department.</li></ul></li></ul> Based on local SARS-CoV-2 testing availability, there may be options to reduce the time people spend in quarantine. See this page for more information.
<b>T4. &lt;&lt;Sounds like you (they) may have symptoms of COVID-19. You (they) should get tested for COVID-19.&gt;&gt;</b> <ul style="list-style-type: none"><li>• CDC recommends that anyone with symptoms of COVID-19 should get tested and follow the advice of your (their) healthcare provider. For more information on when to test, visit the CDC website. Contact your local or state health department to find a testing location near you.</li><li>• If you (they) have symptoms of COVID-19 and are not tested, it is important to stay home. Find out what to do if you (they) are sick.</li></ul>
<b>T5. &lt;&lt;No further COVID-19 testing needed at this time unless recommended by a provider.&gt;&gt;</b>
<b>T6. &lt;&lt;Further COVID-19 testing may not be needed at this time, unless recommended by a provider.&gt;&gt;</b>
<b>T7a. &lt;&lt;You (they) may want to consider asking your (their) provider about testing and treatment for influenza.&gt;&gt;</b> Because some of the symptoms of flu and COVID-19 are similar, it may be hard to tell the difference between them based on symptoms alone, and testing may be needed to help confirm a diagnosis. See this CDC webpage for more information about COVID-19 and influenza.

### APPENDIX

<b>Do not agree to disclaimer message:</b> Your consent is required to use the Self-Checker.
<b>Do not consent:</b> Please consent to use the Self-Checker.
<b>Given to every user in their first care message:</b> Please also see your local area's website: (link to state/territory/city health department website based on their location selection)
<b>For Age 13 to 17 and if assessment is done by Myself then MSG22 at the end.</b>

# Notes

Previously used Identifiers (**do not reuse**):

AS-1  
AS-2  
PS-9  
PS-10  
PS-11  
PS-12  
PS-13  
PS-14  
PS-15  
PS-17  
PS-18  
PS-19  
PS-20  
PS-21  
PS-22  
PS-23  
Q32  
Q33

## Enter Screening



CDC SELF-CHECKER TEMPLATE - [postV63]

**Note for International Users**

**IS-2**  
Given to every user in their first care message if not from United States or U.S. territory.

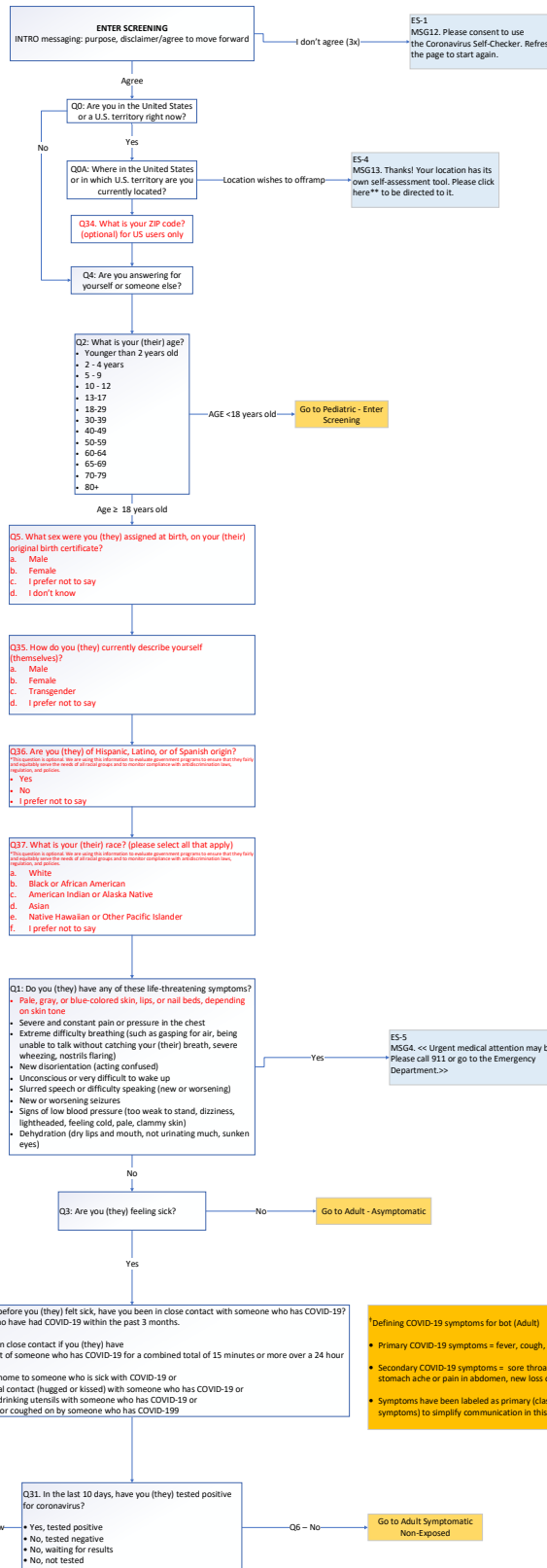
MSG11. <<Please check with your Ministry of Health or local health department for additional information and guidelines about COVID-19 in your location.>>

**T2-International** <<You (they) may be eligible for COVID-19 testing.>>  
Contact your local emergency services for more information.

**Note**

If the user fails to answer a question 3X, then stop triage and MSGD.

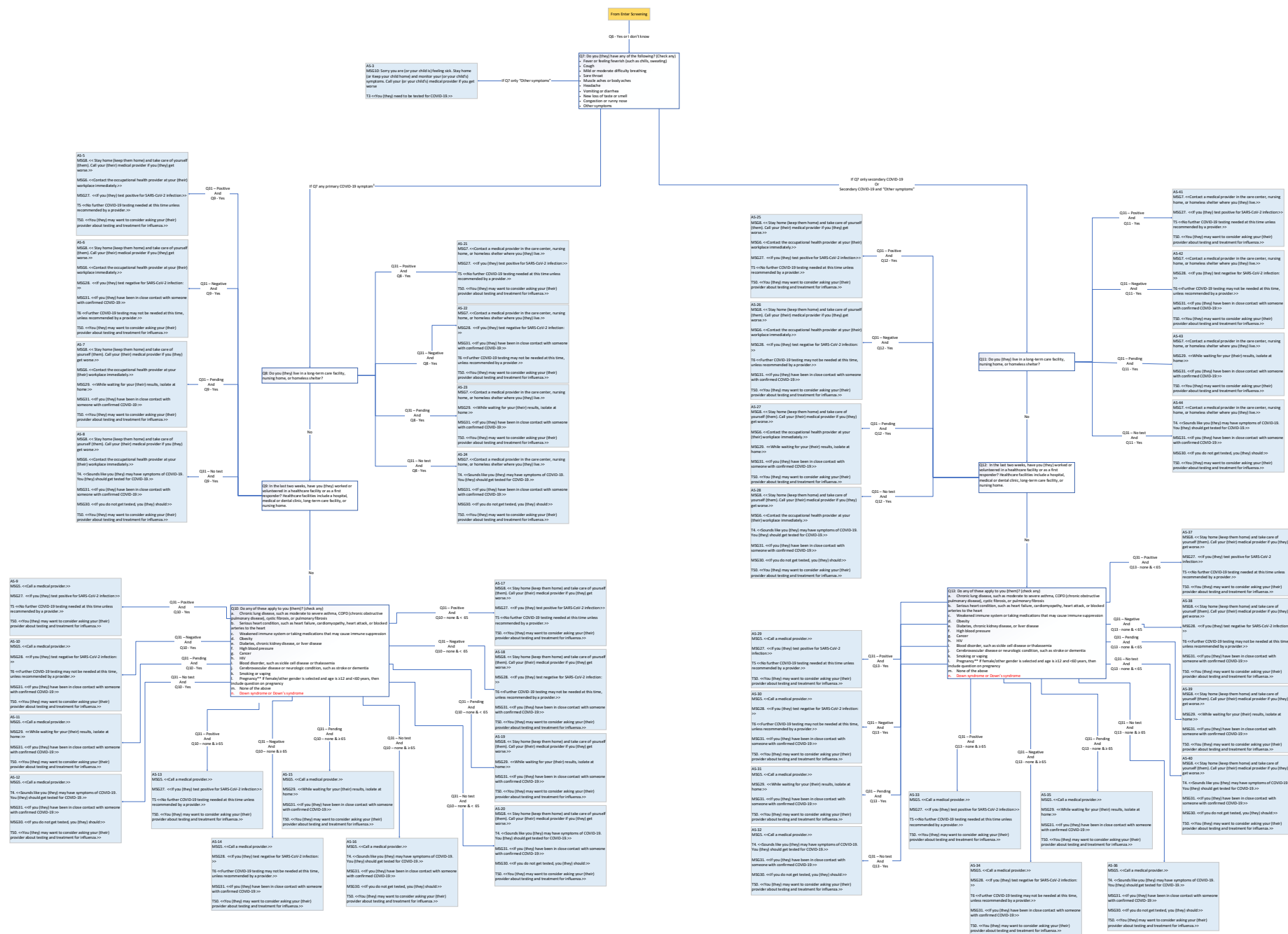
**ES-3**  
MSGD. <<Please make a selection so I can help give you care advice.>>

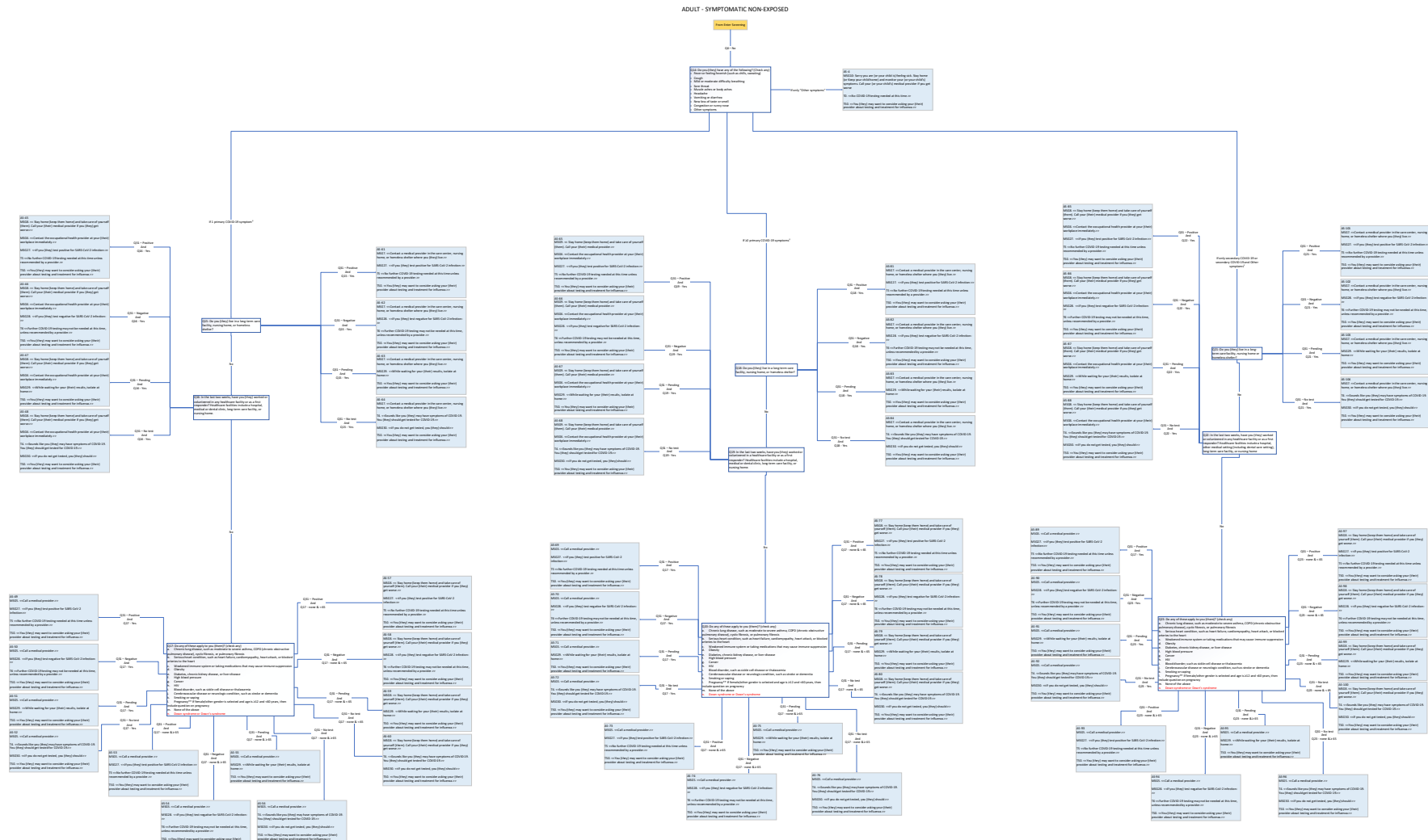


**Defining COVID-19 symptoms for bot (Adult)**

- Primary COVID-19 symptoms = fever, cough, mild or moderate difficulty breathing
- Secondary COVID-19 symptoms = sore throat, muscle aches or body aches, headache, vomiting or diarrhea, stomach ache or pain in abdomen, new loss of taste or smell, rash, red eye, and congestion or runny nose
- Symptoms have been labeled as primary (classic COVID-19 symptoms) and secondary (additional COVID-19 symptoms) to simplify communication in this decision tree.

ADULT - SYMPTOMATIC EXPOSED

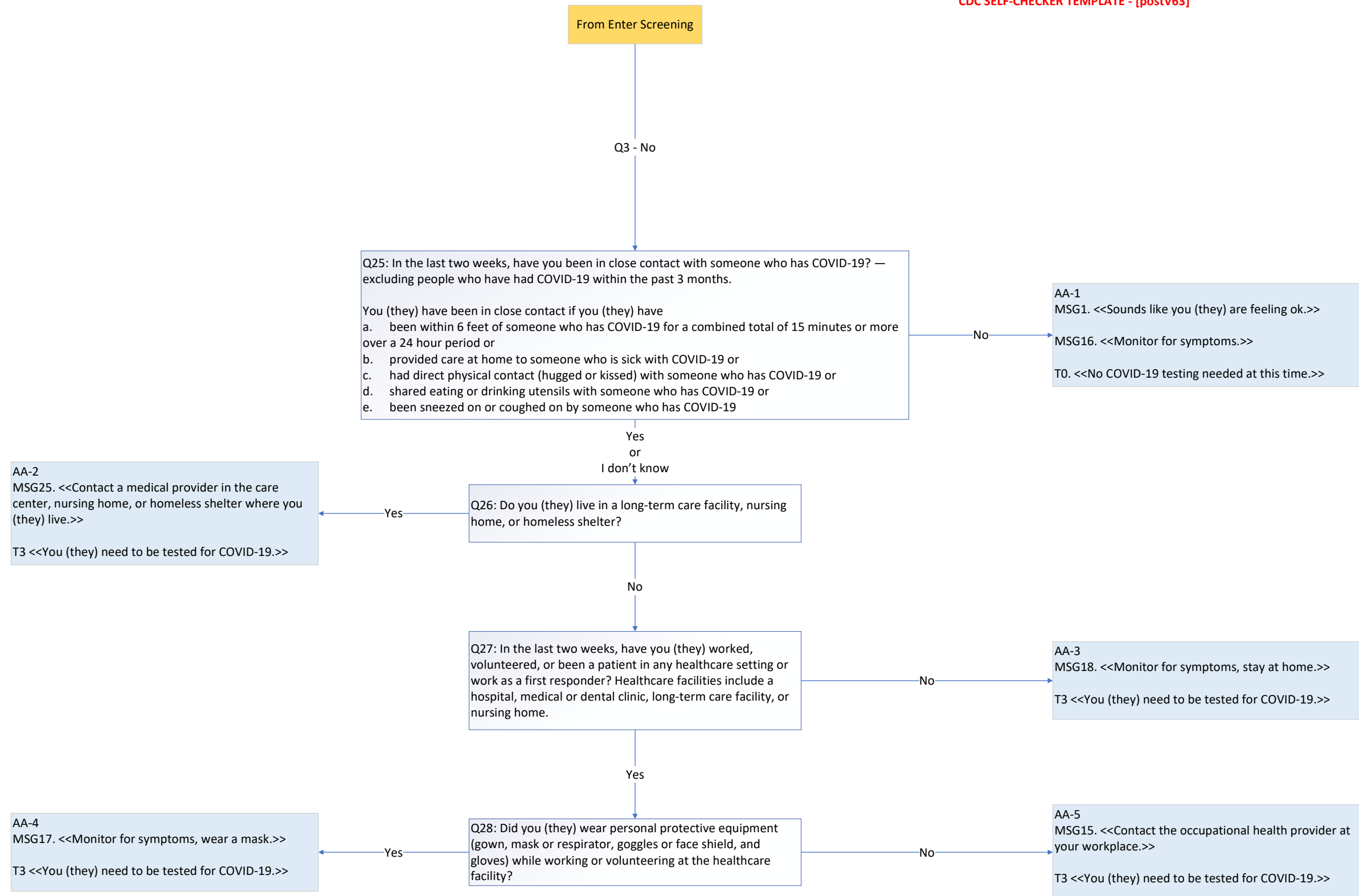




# ADULT - ASYMPTOMATIC PATHWAY



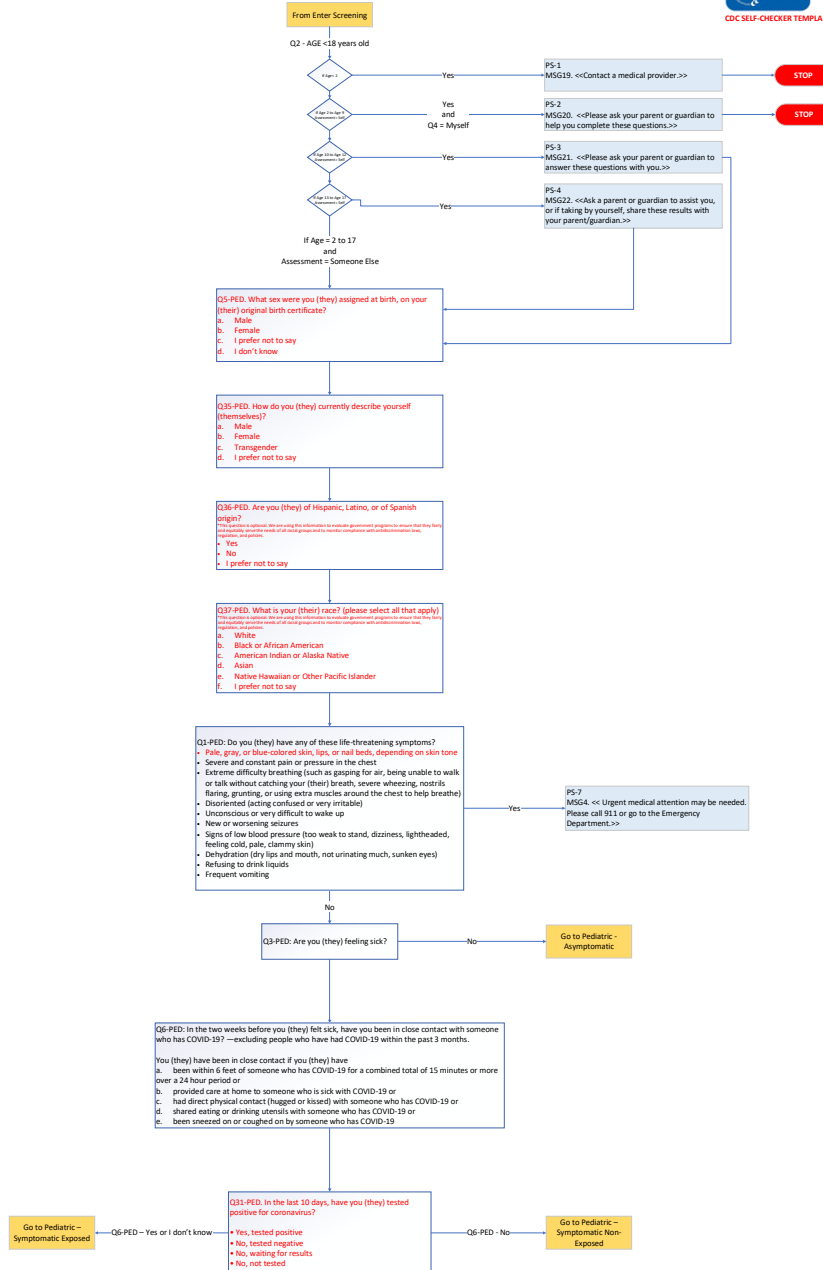
CDC SELF-CHECKER TEMPLATE - [postV63]



## Pediatric – Enter Screening



CDC SELF-CHECKER TEMPLATE - [postv63]



### Note

If the user fails to answer a question 3X, then stop triage and MSGO.

### PS-5

MSGO: Please make a selection so I can help give you care advice.

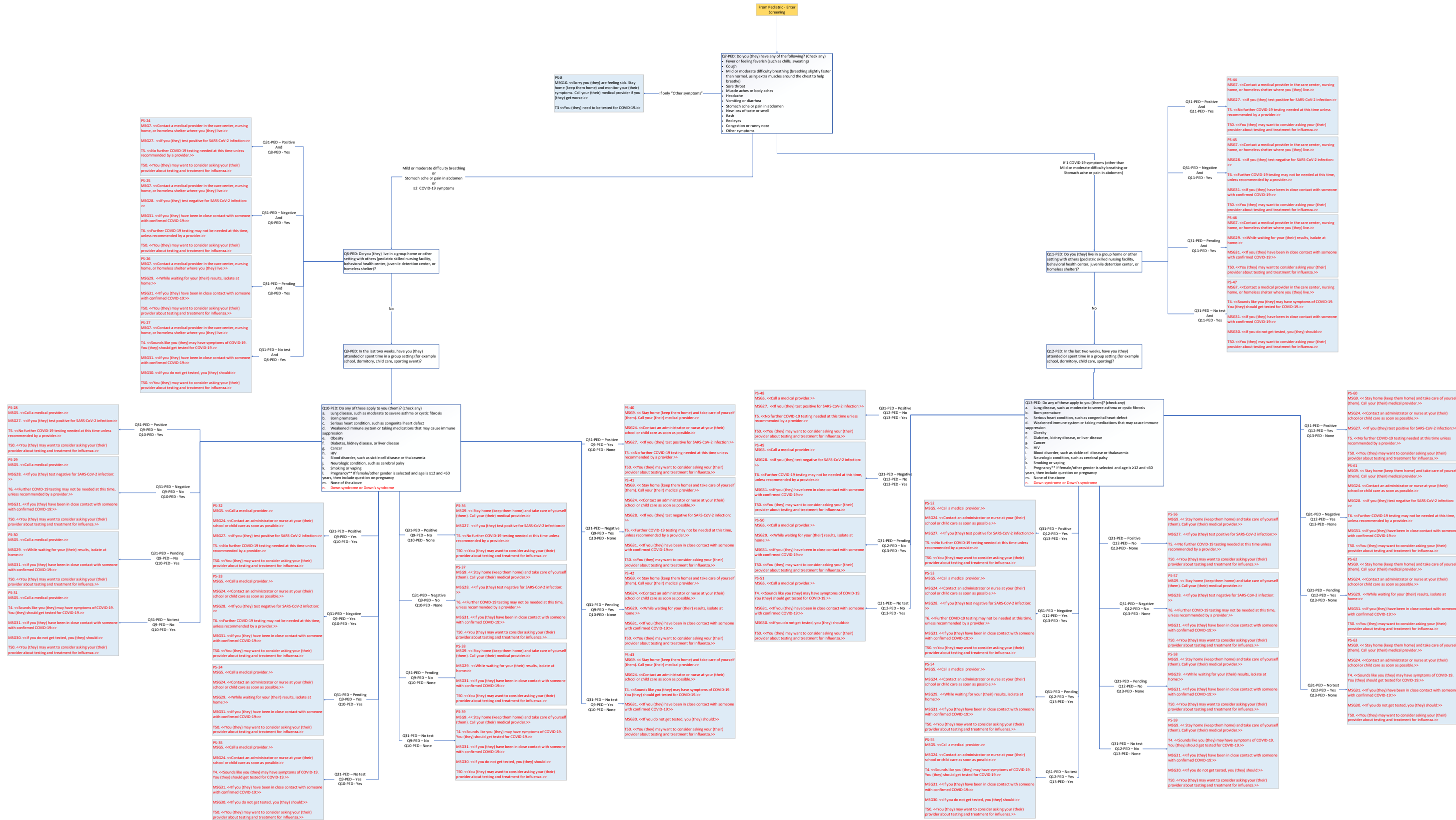
### Note

For Age 13 to 17 and if assessment is done by Myself then add following message.

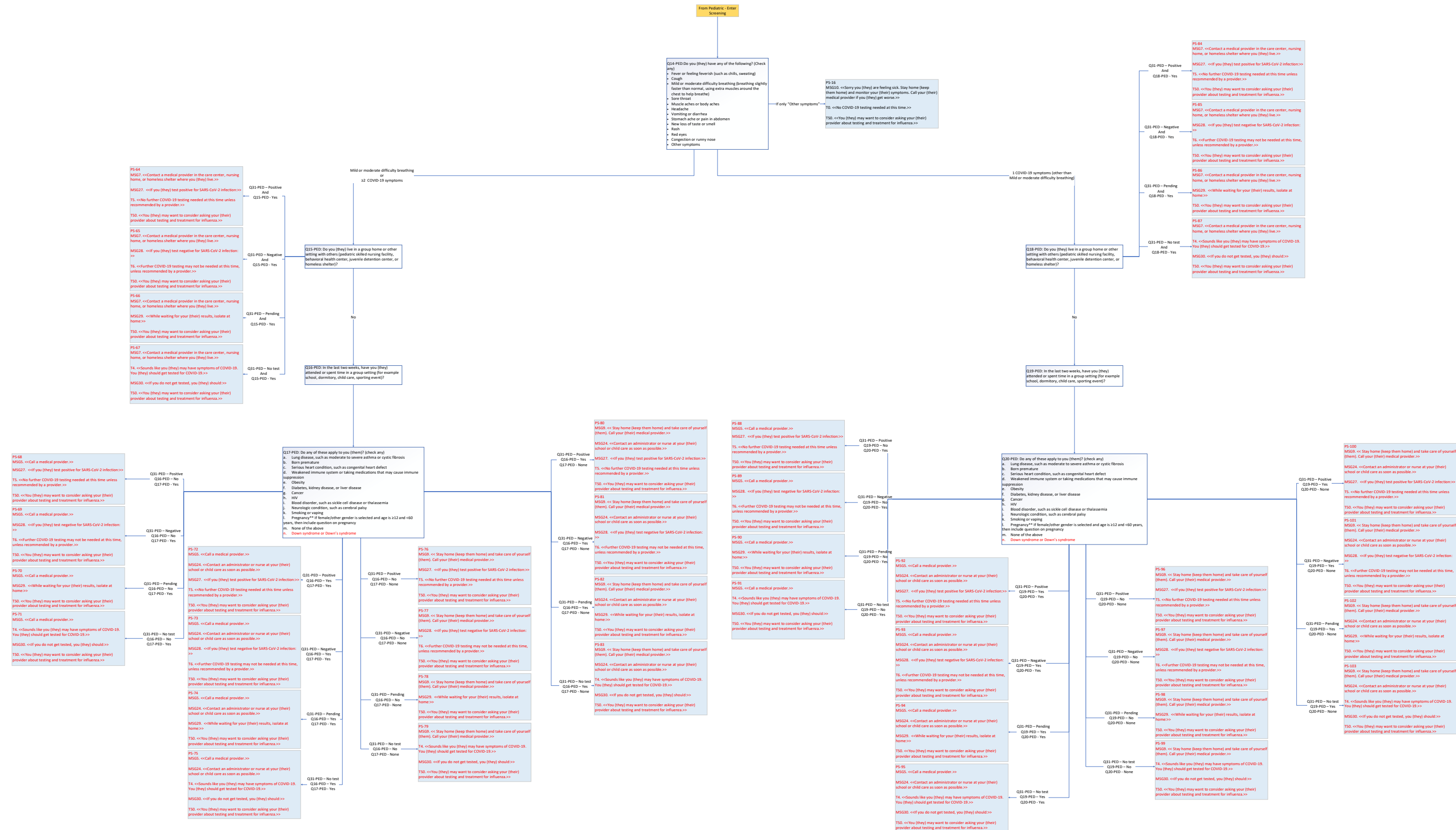
### PS-6

MSG22: Ask a parent or guardian to assist you, or if taking by yourself, share these results with your parent/guardian.





Pediatric - Symptomatic Non-Exposed



## PEDIATRIC - ASYMPTOMATIC PATHWAY



CDC SELF-CHECKER TEMPLATE - [postV63]

