

Typical Daily Schedule

November 4th to 14th, 2019

(Arrive on 3rd - Depart on 15th)

Athletes in Action World Headquarters

Xenia, Ohio

Morning

8:00 am - 12:00 pm

Breakfast

Thought for the Day

Team Time

Leadership Development

Afternoon

12:00 pm - 5:00 pm

Lunch

Instruction Time

Travel time for longer trip

Occasional Free Time

Evening

5:00 pm - 10:00 pm

Dinner

Games with Basketball Coaches Academy

Debrief of the Day

Occasional Free Time