AE-1r State Transition Model

SATISFIED

Risk < 0.25

Complexity ↑
Temp ↑

CONCERNED

0.25 ≤ Risk < 0.45

Recovery

Load ↑
Coherence ↓

DISTRESSED

0.45 ≤ Risk < 0.65

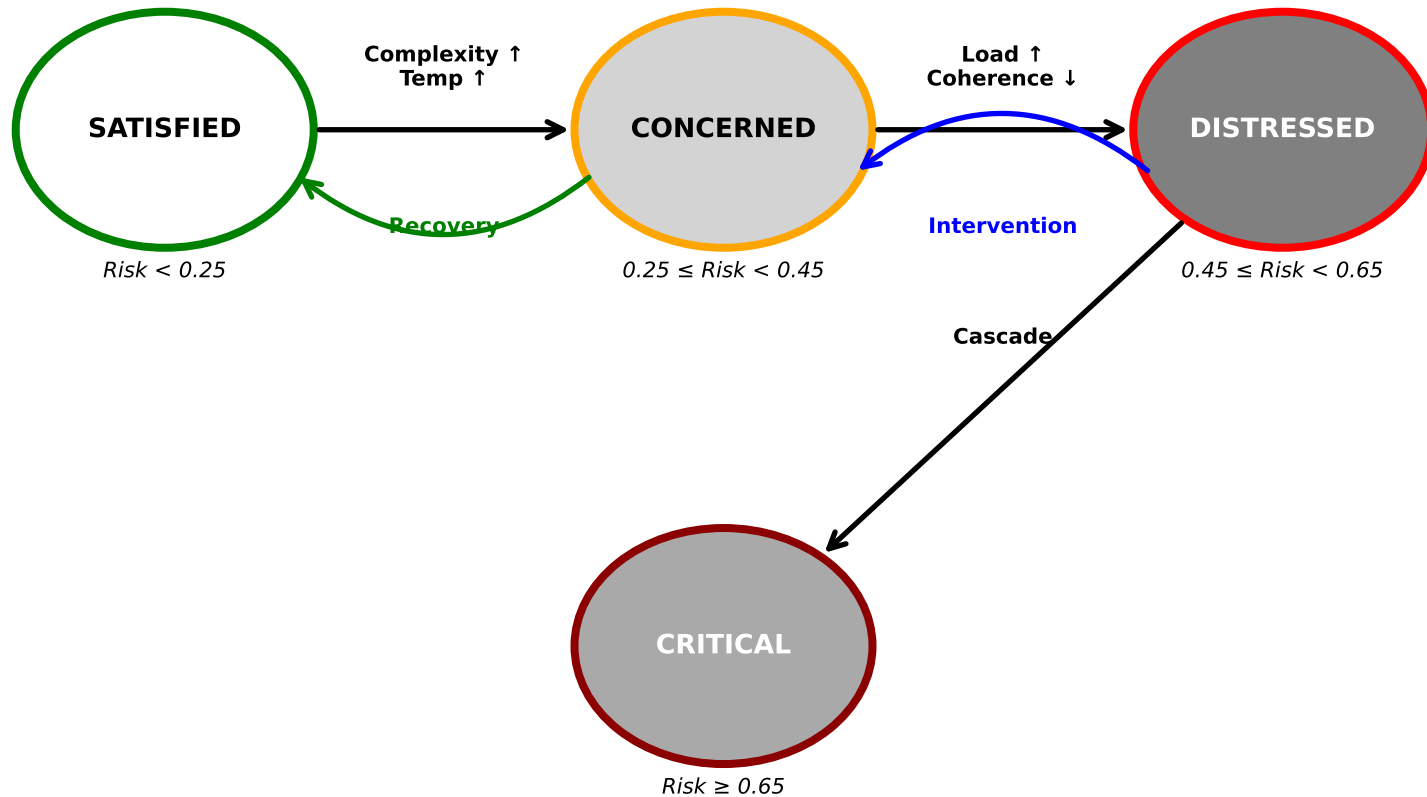**Intervention**

Cascade

CRITICAL

Risk ≥ 0.65

Key Mechanisms:

- Green: Self-regulation
- Blue: External intervention
- Black: Risk escalation