

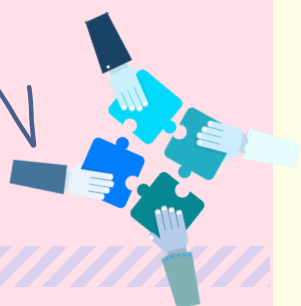


PERSONAL LEARNING GOALS

HOME LEARNING MENU

(EARLY YEARS)

COOPERATION



- My Chores - Complete a series of tasks to help people at home: tidying up toys, setting the table, sweeping the floor.
- Little Chef - assist parents in a cooking or baking activity. Select a recipe that will involve mixing, kneading, slicing, cutting, folding, rolling.

COMMUNICATION



- My Family - Bring a photo of your family to school. Talk about the people in your family with your class.
- My Holiday - Bring a photo from your favourite holiday. Talk about the place and the things you did.

DEEP THINKING



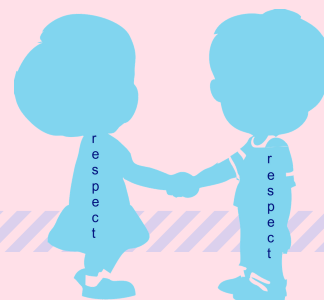
- Complete a 36-48-piece jigsaw puzzle without any help.
- Create your own painting inspired by a famous painter: Jackson Pollock, Composition II by Mondrian

CURIOSITY



- Plant Growth - Find out what makes a plant grow through an experiment. Grow seeds in three pots and place each pot in a different area: by the window, inside a cupboard, and on a shelf.

RESPECT



- Toy Swap - Invite a friend to exchange toys with you between a day to a week. Take care of your friend's toy as if it was your own.
- Common Courtesy - Use the 'magic words': Please, Thank-you, Excuse Me, Sorry, more often at home, and in the community.

RESILIENCE



- Golden Mile - Put your sports shoes on and run a mile or around a park with your parents. After that, cool down with 3 to 4 different yoga poses.

ADAPTABILITY



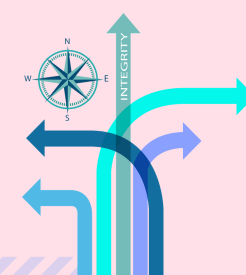
- Playdate - Join a class or group activities that you have never done before: painting, ballet, football, basketball, swimming, dance. Explain the rules for this place and activity.

INTERNATIONAL MINDEDNESS



- Counting 1-10 - learn how to count in a language different from your own.
- Make a poster or book called 'My Family'.

INTEGRITY



- The Little Red Hen - parents to read this folk tale. Then talk about making good choices that pay off in the end.