# Abstract

This is a Release Management Plan for Blood Pressure Monitoring Web Application. The Plan covers architecture updates for the creation of loosely coupled microservices, and continuous build, test, and release plans as part of the Automated DevOps Cycle.

# Introduction

The Blood Pressure Monitoring Web Application, will undergo architectural transformation towards a microservice architecture, supporting de-coupling and independent services. Release, Delivery, and Deployment solution will embrace DevOps techniques to deliver Continuous Build, Test, Release, and Deployment pipeline. The Release plan will leverage from Blue-Green Deployment strategy to accomplish zero downtime in deployment.

Using a microservices approach, the team is promising to deliver a highly scalable, available solution, accommodating high traffic as business need expands.

The overall solution, which includes both Microservices and DevOps approach, will be robust, reliable, cost-effective, and scalable, satisfying expanding business requirements.

The DevOps process proposed in this document, also promotes vulnerability checks during build and deployment, guaranteeing the software delivered is of higher quality and safe to deploy.

# Microservices: Design and Decomposition

## Current Application Design

The current Application a 2-Tier design, consisting of a Front-End UI Service and a Backend Web Service, and a Mongo Database working as a persistence data store. Current solution design does offer a basic Microservices design, it is de-coupled and independent to some extent.

To fully leverage a better Microservices Design, more de-coupling and decomposition will be needed.

Diagram

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Figure : Current Design

## Architecture Changes

1. Frontend UI service communicates with backend Microservices, instead of communicating with Database directly.
   1. This limits exposure to database connection, data structure and credentials to all microservices.
2. Calculation of Blood Pressure Category is a separate Microservice.
   1. Calculation of Category is an independent business process, it should be de-coupled to separate Microservices.
   2. It enhances the de-coupling making the solution more independent, it can be promoted to Serverless for future design upgrades.
3. Blood Pressure Recording to database is also moved is a new Microservice.
   1. It only accepts Blood Pressure Reading and persist it to Database.
   2. Promotes separate channel for writing to the database.
4. Backend Service is transformed to Data Service only responsible to read historical data from the database.
   1. It Reduces the responsibility of Data Service, restricting it to only read historical data from the database.
   2. It increases flexibility, there is a separation of services and channels for reading and writing to the database.

The resultant Microservice follows “separation of concern”. Each Microservices is de-coupled, has its own responsibility, lifecycle, and scalability. This increases testability, can be easily upgraded and patched without downtime.

All Microservices are packaged independently, but deployed as one solution.

Diagram

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Figure : Updated Microservices

## Implementation

The new design consists of 3 Microservices and a UI Service

1. Info Service: Calculates the category of Blood Pressure.
2. Recording Service: Persists the Blood Pressure Reading to Database.
3. Data Services: Provides the historical Blood Pressure data from Database.
4. UI Service: Provides the User Interface to accept Blood Pressure reading from users.

## Technology Stack

It is better to stick with one programming language, until there is a compelling use-case where implementation requires multiple programming languages.

NodeJS is perfectly suitable for all our code implementation:

* It is powerful, fast, scalable, robust, functional, and reactive.
* Has a large community support, with release of new libraries.
* Has simple build and testing infrastructure.
* Has many libraries which support REST and End-To-End Testing.

## Code Updates

The Backend Java Based Web Service is transformed to a NodeJS application. There will be 2 new microservices which will be written using NodeJS.

### Express JS

“Express JS” is NodeJS module for REST Communication. It is Unopinionated and easily customizable. Use reactive approach for HTTP response and request. It supports JSON “Content-Type” by default, thus reducing the conversion complexity.

### Cypress

Cypress is an automated Test Tool, with the capability to perform End-To-End tests for components, and user interface. It can integrate with various reporting interface to provide a formatted result.

## Cloud Infrastructure

The application is delivered as a cloud solution, it will be deployed on Azure Cloud’s Kubernetes cluster (AKS). DevOps pipeline provides the infrastructure to automate the Build, Test and Deployment to the Azure Clouds. The required credentials and properties to access the cluster will be built in the pipeline.

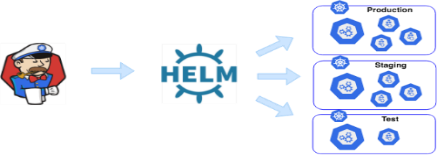
### Cloud Deliverables

Application is delivered as a cloud solution on a Kubernetes cluster. Kubernetes is a vendor-agnostic solution, which can run on any cloud provider. It also creates its private network with its own isolated, security networking, and scalability rules. Kubernetes scales the application unit, across its cluster which is composed of its nodes. This reduces the effort in provisioning new VMs for scaling up.

For deploying the application on a Kubernetes cluster:

* Individual Microservice applications must be delivered as a Docker Image.
* Manifest files for each Microservices, containing deployment and networking of Docker images as Pods in Kubernetes cluster.
* Packaging and grouping the manifests as Helm Charts, published to a docker registry.
* All Credentials and Environment properties must be injected at runtime.
* All deployable artifacts (i.e. docker image and helm charts) must be published to the cloud provider’s Container Registry.
* Application should be disposable, it can be destroyed and started without any side-effect.
* All deployment, configuration, scaling and networking requirements should be configured in a manifest file.

### Helm Chart

 A Helm chart can be thought of as a Kubernetes package. Charts contain the declarative Kubernetes resource files required to deploy an application. Similar to an RPM, it can also declare one or more dependencies that the application needs in order to run.

(Andrew Block, JUNE 2020)

Advantages of Helm Chart:

* Helm chart provided reusable templates for Kubernetes deployment, which allowed us to update the configuration during the deployment phase for different environments.
* Helm provides a dependency option, which allows us to integrate with another dependent application deployment. Using Helm dependency, we now package and deploy the entire solution as one single chart or deployment.
* Helm also manages application version and lifecycle (Install, Upgrade and Rollback and Uninstall)

## Code Repositories

Each Microservice has its repository. This allows us to control the build, versioning, and release independently.

|  |  |  |
| --- | --- | --- |
| Repository Name | Github | Purpose |
| EAD\_CA2\_BP\_INFO\_SERVICE | [link](https://github.com/AINULX00159358/EAD_CA2_BP_RECORDING_SERVICE) | Business function, which accepts blood pressure readings and computes the Level. |
| EAD\_CA2\_BP\_DATA\_SERVICE | [link](https://github.com/AINULX00159358/EAD_CA2_BP_DATA_SERVICE) | Provides historical blood pressure readings based on ID like email |
| EAD\_CA2\_BP\_RECORDING\_SERVICE | [link](https://github.com/AINULX00159358/EAD_CA2_BP_RECORDING_SERVICE) | Service which records the blood pressure reading to the database |
| EAD\_CA2\_BP\_FE\_SERVICE | [link](https://github.com/AINULX00159358/EAD_CA2_BP_FE_SERVICE) | Front End UI service Blood Pressure reading |
| EAD\_CA2\_BP\_DEPLOYMENT | [link](https://github.com/AINULX00159358/EAD_CA2_BP_DEPLOYMENT) | Provides the Solution as Helm Chart packaging all the above services as dependencies. The repository also contains deployment pipeline code for Mongo Database and Ingress-nginx configuration. |

#### Code Structure

The code is structured keeping in mind the NodeJS requirements, NPM requirements, Helm packaging, and Cypress Test. The Helm folder contains the Kubernetes manifest, services, and value files. The code repository also contains Azure Test and Build Pipeline file, which is executed in the Azure DevOps pipeline. Cypress Test specification is available in the “cypress” folder.

Text

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azure-end-2-end-test.yaml : Contains azure pipeline code for building and testing docker image.

azure-pipeline.yaml: Contains azure pipeline code for creation of docker image and Helm chart. Both Helm chart and docker image is published to Azure Container Registry

Figure :Source Code Structure

# Architectural Challenges

## High Scalability and Availability

The application is deployed in the Kubernetes cluster as a POD. A pod is a basic deployment unit, which is orchestrated by the Kubernetes engine to distribute and scale in their clustered nodes. Kubernetes will handle scalability, and maintain SLA, security, communication, and high availability.

Each Microservices application is deployed with a minimum of 2 replicas, to support High Availability.

Kubernetes manages the load balancing between the replicas.

Kubernetes will ensure:

* Each replica resides on multiple nodes.
* Maintain the SLA, always keeping the minimum replica-sets in the cluster.

## Networking, Exposing Services

A picture containing text

Description automatically generatedMicroservices deployed in Kubernetes expose their container port, using “service”. Kubernetes assign a virtual IP to that service, which is known as “ClusterIP”. The service with virtual IP and the Port number becomes a communication endpoint for the application.

All Microservices configure their services as default, i.e. “ClusterIP”. This restricts pod accessibility and communication within the cluster.

The external traffic will be proxied to the Front-End UI Service using the “Ingress-Nginx” Kubernetes Load-Balancer.

Figure : Sample Service YAML

## Nginx Ingress Controller (expose service to Web)

Diagram

Description automatically generated*An Ingress Controller is a Kubernetes controller that is deployed manually to the cluster, most often as a Daemon Set or a Deployment object that runs dedicated Pods for handling incoming traffic load balancing and smart routing. It is responsible for processing the Ingress objects (which specify that they especially want to use the Ingress Controller) and dynamically configuring real routing rules. A commonly used Ingress controller for Kubernetes is* ***ingress-nginx***

Text

Description automatically generated(McKendrick, 2022)

Ingress-Nginx controller scans all namespaces for resources of the kind “Ingress”, which contains routing information based on the path prefix. The routing information maps the URL’s path prefix with a Kubernetes service name and port, thus routing traffic to the respective service in the backend.

Figure : Ingress YAML file

## Deploying Ingress Controller

Ingress controller is not available by default in many Cloud Infrastructure, it can be deployed using minimum effort. The details are provided in [Installation Guide - NGINX Ingress Controller (kubernetes.github.io)](https://kubernetes.github.io/ingress-nginx/deploy/) and [Create an ingress controller in Azure Kubernetes Service (AKS) - Azure Kubernetes Service | Microsoft Learn](https://learn.microsoft.com/en-us/azure/aks/ingress-basic?tabs=azure-cli#create-an-ingress-controller)

A dedicated Ingress-Nginx deployment pipeline is available in code repository <https://github.com/AINULX00159358/EAD_CA2_BP_DEPLOYMENT/blob/main/LoadBalancer/ingress/ingress-nginx-deployment.yaml>

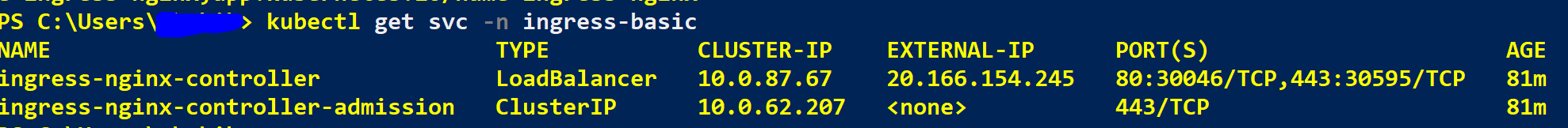
Ingress Controller is delivered as Helm chart, which starts an Ingress Nginx POD and provisions a Service of type “LoadBalancer”. When a service is exposed as type “LoadBalancer” in the cluster, Kubernetes assign a Public IP to this service, which is visible as “EXTERNAL-IP”.

Figure : ingress-nginx-controller

External Traffic is received on the Public IP by the Ingress controller. The routing rules prepared using configuration will route the traffic to the configured service based on the path prefix.

# DevSecOps Delivery Pipeline

## Delivery Pipeline

The Blood Pressure Web Application is divided into 4 independent deliverable services or applications. All applications are NodeJS Applications, it will use NPM (Node Package Manager) to assemble their dependencies at runtime. Dockerfile is provided in every repository to package a Docker image and pushed to ACR (Azure Container Registry).

Finally, the application is packed as a Helm Chart. The helm chart contains the Kubernetes Manifest file that defines the pod (, Kubernetes basic processing unit). Pod will download and compose a docker image on startup. Helm chart also contains the Service YAML file, which specifies the ports to be exposed, and a service name.

### Azure Pipeline

Azure DevOps provides the infrastructure for developing and running the Pipeline. It has options to connect to ACR, AKS, and external GitHub Repository. The pipeline has credentials, authorizations, subscriptions and service connections to facilitate the build, release, and deployment of the application.

## Build Stages

Diagram

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Figure : Build Stages

**Build Pipeline**

The build and release pipeline is stored as a YAML file in our code repository. Azure Pipeline provisions these files, and executes them when code change is triggered.

### List of all Build and Release pipelines

|  |  |  |
| --- | --- | --- |
| Name | Pipeline File | Purpose |
| Data-Service-Test | [azure-end-2-end-test.yaml](https://github.com/AINULX00159358/EAD_CA2_BP_DATA_SERVICE/blob/main/azure-end-2-end-test.yaml) | Build Docker image, Check Vulnerability, Integration Test for bpDataService app |
| Data-Service-Build | [azure-pipeline.yaml](https://github.com/AINULX00159358/EAD_CA2_BP_DATA_SERVICE/blob/main/azure-pipeline.yaml) | Package Docker Image and Helm Chart to Azure Container Registry for bpDataService app (*triggered by Data-Service-Test success)* |
| INFO-SERVICE-TEST | [azure-end-2-end-test.yaml](https://github.com/AINULX00159358/EAD_CA2_BP_INFO_SERVICE/blob/main/azure-end-2-end-test.yaml) | Build Docker image, Check Vulnerability, Integration Test for bpInfoService app |
| INFO-SERVICE-BUILD | [azure-pipeline.yaml](https://github.com/AINULX00159358/EAD_CA2_BP_INFO_SERVICE/blob/main/azure-pipeline.yaml) | Package Docker Image and Helm Chart to Azure Container Registry for bpInfoService app (*triggered by INFO-SERVICE-TEST success)* |
| Recording-service-test | [azure-end-2-end-test.yaml](https://github.com/AINULX00159358/EAD_CA2_BP_RECORDING_SERVICE/blob/main/azure-end-2-end-test.yaml) | Build Docker image, Check Vulnerability, Integration Test for bpRecordingService app |
| Recording-service-build | [azure-pipeline.yaml](https://github.com/AINULX00159358/EAD_CA2_BP_RECORDING_SERVICE/blob/main/azure-pipeline.yaml) | Package Docker Image and Helm Chart to Azure Container Registry for bpDataService app (*triggered by Recording-Service-Test success)* |
| FE-Service-Test | [azure-end-2-end-test.yaml](https://github.com/AINULX00159358/EAD_CA2_BP_FE_SERVICE/blob/main/azure-end-2-end-test.yaml) | Build Docker image, Check Vulnerability, Integration Test for bpFEService app |
| FE-Service-Build | [azure-pipeline.yaml](https://github.com/AINULX00159358/EAD_CA2_BP_FE_SERVICE/blob/main/azure-pipeline.yaml) | Package Docker Image and Helm Chart to Azure Container Registry for bpFEService app (*triggered by FE-Service-Test success)* |
| SOLUTION-BUILD | [helm-build-pipeline.yaml](https://github.com/AINULX00159358/EAD_CA2_BP_DEPLOYMENT/blob/main/Pipelines/helm-build-pipeline.yaml) | Package all above applications as Helm Chart Dependency and publish a common Helm Chart to Azure Container Registry (*triggered by FE-Service-Test success)* |

Table : Build Pipelines

#### Text Description automatically generatedSolution Build

Figure : Helm Chart Dependency

The “SOLUTION-BUILD” pipeline prepares the Helm charts for the solution, packing all microservices as its dependent Charts, and a common value file. The Helm chart is published to Azure Container Registry as “charts/bpwebapp”.

The Helm chart from the Solution-build also packages a service manifest for the Mongo Database service of type “ExternalName”.

Diagram

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Figure : Service Type as External Name

Services of type ExternalName can be used to proxify applications that are not actually running on your cluster, while still keeping the Service as a layer of abstraction that can be updated at any time.

(Raul, 2021)

Text

Description automatically generated

Mongo Database service is deployed in the “mongo” namespace. Application in other namespaces like “blue” or “green” can access the service FQDN. But instead using an ExternalName allows us to update the service dynamically without updating the running application consuming it.

Figure 10 : MongoDB ExternalName Service

#### Packaging the Solution

Diagram

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Figure 11: Helm Chart Packaging Solution

### Vulnerability Scan

Software vulnerability scan must be carried on the deployable artifacts and container images, before releasing the software for production.

Trivy Scan is an open-source tool that can scan docker images for various vulnerabilities and breaches. The scanner is integrated into the Azure Build Pipeline stages so that vulnerability scanning is done in every build before publishing to the Azure Container Registry.

The vulnerability report will be published in the build pipeline.

To use Trivy Scan, it is first installed on the build VM machine. After the docker image is built, the Trivy scan is executed for the vulnerability scan. The image build is passed as a parameter to the Trivy scanner.

Text

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Figure : Trivy Scanner script

Trivy Scan, by default, exits with exit code of 0. If the build must be broken in case of Critical and High vulnerabilities, “*--exit-code 1*” option will be added to the Trivy scan command.

### Automation in E2E Testing

Cypress provides an E2E Test framework. It is capable of testing application that uses Web UI or REST interface. It is specifically designed for NodeJS applications capable of doing live testing of UI components. The reporting tool is added to consume to test result and publish it to the test pipeline. Cypress Test process is integrated into the Azure Build Pipeline, which provides the capability to perform End to End Test during the build process, before pushing the docker image to ACR.

To run the Cypress test, the NodeJS application should be running. The application’s docker image is executed in the local docker environment, along with its dependencies. Cypress Test will perform an “End to End” test, calling the application’s exposed endpoints.

Cypress test is executed using NPM command, with reporting format as JUNIT. The test report is piped to a file, which is published to the Build Pipeline Result.

A screenshot of a computer

Description automatically generated with medium confidence

Figure : Cypress E2e Testing pipeline config

#### Sample Test Report

Graphical user interface, text, application

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Figure : Sample test report

### Deployment Pipeline

The Blood Pressure Web Application is deployed to the Azure Kubernetes cluster. The deployment will require “Service Connection”, which acts like authorization for the pipeline to deploy on Azure Kubernetes. Each steps involving connection to Azure Kubernetes Cluster require either Azure resource subscription or Service Connection per namespace.

The Release Pipeline deploys the Helm Chart created and pushed by the build pipeline to the Kubernetes cluster.

Diagram

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Figure : Deployment Pipeline high-level view

### Deployment Strategy (Blue Green Deployment)

The deployment process starts by creating a Release Branch. The docker image and helm chart version are tagged by REL-*version-number.*  (REL stands for Release). All deployments are triggered manually using a dedicated release pipeline for different namespaces. All security and authorization are injected into the pipeline, reducing any manual user entry.

#### Blue Green Deployment Strategy

Graphical user interface, diagram

Description automatically generatedBlue-green deployment is a technique to reduce the downtime associated with the release. It concerns having two identical production environments, one called **green**, the other called **blue**.

If we want to make a new release, then we deploy everything to the green environment and, at the end of the release process, change the load balancer to the green environment. (Leszko, 2017)

To accomplish Blue Green Deployment, the Blood Pressure Application is deployed in two different namespaces, blue and green. Nginx Ingress configuration will be used to expose the application to public IP. As per the norm, an application that is marked as blue is considered Live. The green namespace is reserved for application staging.

Diagram, schematic

Description automatically generatedFigure : Blue Green Deployment High Level View

## Azure Release Pipelines

Link to Releases: <https://dev.azure.com/AINULX001593580081/EAD_CA2/_release>

Deployment Pipelines

|  |  |
| --- | --- |
| Release Pipeline Name | JSON File |
| Application Deployment BLUE | [Application Deployment BLUE.json](https://github.com/AINULX00159358/EAD_CA2_BP_DEPLOYMENT/blob/main/Pipelines/Application%20Deployment%20BLUE.json) |
| Application Deployment GREEN | [Application Deployment GREEN.json](https://github.com/AINULX00159358/EAD_CA2_BP_DEPLOYMENT/blob/main/Pipelines/Application%20Deployment%20GREEN.json) |

Table : Deployment Pipeline

### Blue Green Pipelines

|  |  |
| --- | --- |
| Release Pipeline Name | JSON File |
| BlueToGreen | [BlueToGreen.json](https://github.com/AINULX00159358/EAD_CA2_BP_DEPLOYMENT/blob/main/Pipelines/BlueToGreen.json) |
| GreenToBlue | [GreenToBlue.json](https://github.com/AINULX00159358/EAD_CA2_BP_DEPLOYMENT/blob/main/Pipelines/GreenToBlue.json) |

Table : Blue Green Traffic Pipelines

## Versioning, Upgrade Rollback Procedure

Application will follow Semantic Versioning rule, which uses 3 parts of version number, i.e. “MAJOR.Minor.Patch”. Applications are deployed and upgraded using Helm. Every deployment is an Helm upgrade command, which will updated currently deployed application if there is any change in the artifacts.

After upgrade, Helm does a rolling restart of the *upgraded* PODs. There is no service downtime due to restart, because minimum 2 replicas are maintained per microservices.

Since Blue-Green deployment strategy is followed, new version of application is first deployed on Staging site (Green). Application is made live only after successful completion of E2E (End-To-End) Test.

Helm rollbacks the application to the last version, which is triggered after failure of E2E test.

## Distributing Database Credential

Database credentials is safely distributed in using a Kubernetes secrets. Kubernetes provide a kind called “secrets” which is specifically designed to hold confidential data. Confidential data is injected to pods deployment using volume and persistence volume claim.

Text

Description automatically generatedThe secret is deployed using deployment file. There is one secrets per namespace. During Deployment of applications the secrets is passed as volume mount to a “mountPath” *“/etc/mongo-secrets”,* which is read by application at runtime.

Text

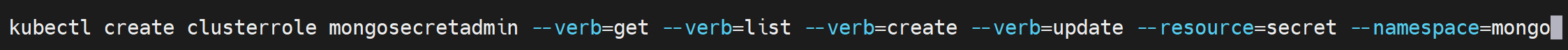
Description automatically generated

Figure : Mongo Secrets yaml

To secure Mongo Database, credentials is provided using security file, which is volume mounted during deployment. The security file is embedded in pod volume from secret named “mongo-secrets”, created in earlier steps.

Figure : MongoDB deployment with secrets

Cluster Role is created to control access to secrets created, safeguarding against accidental modification. The cluster role is then added to specific service account.



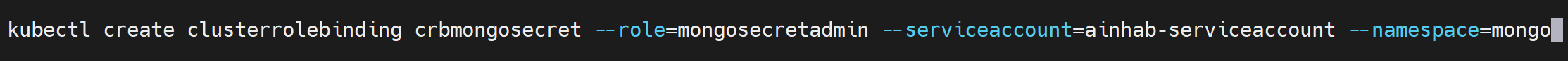


Figure : Cluster Role and Role Binding for mongo secrets

# Monitoring and Logging

## Kubernetes Cluster Metrics

Kubernetes has a dedicated service, called “kube-state-metrics”, which listens to the Control Plane and generates metrics about resources. These metrics provide valuable insight about the health of the cluster, resource utilization and deployed artefacts. Alerts is also configured using the Kubernetes monitoring and metrics.

Azure provides in-house monitoring tools for Kubernetes, which analyse logs, generate metrics, and configure alerts. External cloud-based monitoring and logging solution is popular in enterprise world. Some popular examples are Datadog, Splunk, Dynatrace, etc. These solutions requires a light weight agent or jobs in the cluster, which scrapes logs and metrics to the cloud server.

Monitoring solution is also provided using Prometheus and Grafana. Both are added using Azure Portal to the monitoring workspace.

## Prometheus Integration

Prometheus is deployed from [GitHub](https://prometheus-community.github.io/helm-charts) using Helm Command. This deploys Prometheus “Node Exporter”, “Operator” and “State-Metrics”. Prometheus server is exposed as “Load Balancer” using a Configuration YAML file <https://github.com/AINULX00159358/EAD_CA2_BP_DEPLOYMENT/blob/main/monitoring/prometheus-loadbalancer.yaml>

This exposes the Prometheus server to external traffic, using a public IP passed in the YAML file.

## Add Grafana using Azure Portal

Azure portal provides a deployment Wizard to add the resource named “Azure Managed Grafana”. The wizard deploys a basic Grafana web application, using subscription ID, Resource Group and location. The basic deployment creates a Grafana workspace with a public endpoint.

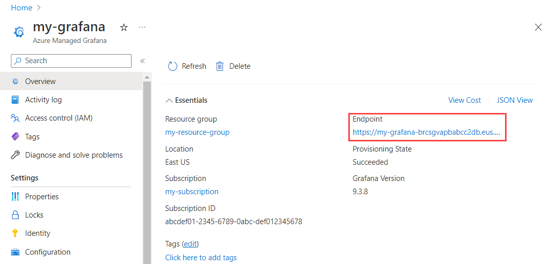
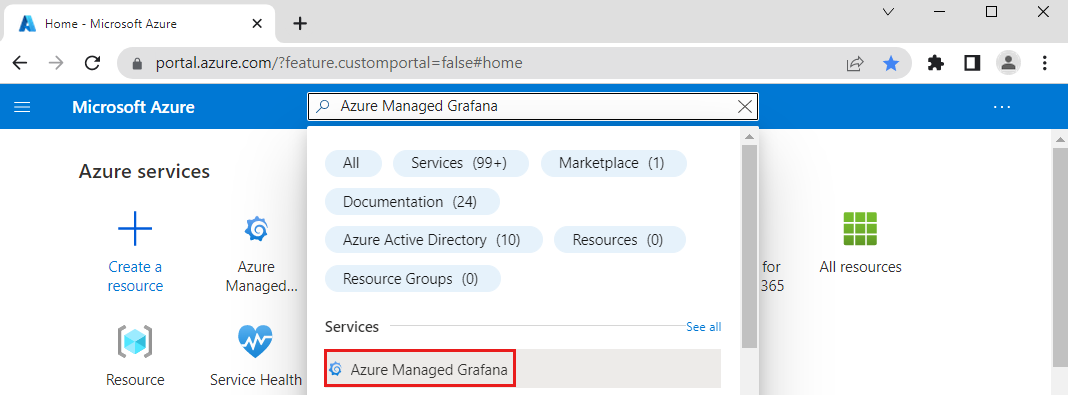


Figure : Add Azure Managed Grafana

### Connect to Prometheus server deployed in previous steps with Grafana.

Prometheus is added as a “Data Source” in Grafana using Prometheus Server Load Balancer IP, exposed in previous steps. After Prometheus “Data Source” is synced, Kubernetes Dashboards starts populating the metrics after few seconds.

Prometheus Agents collect all the metrics from Kubernetes “metric-server” and “control pane”, and scrapes it to Prometheus server. Grafana pulls these metrics to populate the graphs and user interfaces.

Some screen shorts of the Dashboard are provided below

|  |  |
| --- | --- |
|  |  |
|  |  |
|  |  |

Figure : Grafana Kubernetes Dashboard

# Future Improvements

* Secure Mongo database credentials using Vault (e.g. HashiCorp)
* Use Datadog as Enterprise-wide external Logging and Monitoring Solutions

# Cost Estimates



# Conclusion

The Automated deployment pipeline for the Blood Pressure Web Application has all DevSecOps features, which build, test, scans and deploys Microservices application to Azure Kubernetes Cluster. The process automates the build, packaging, and release of Microservices to Container Registry. The Automated Deployment pipelines deploys applications as Blue-Green deployment, with Zero-Downtime. Monitoring of Microservices is provided using Prometheus and Grafana services provided as SaaS.

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