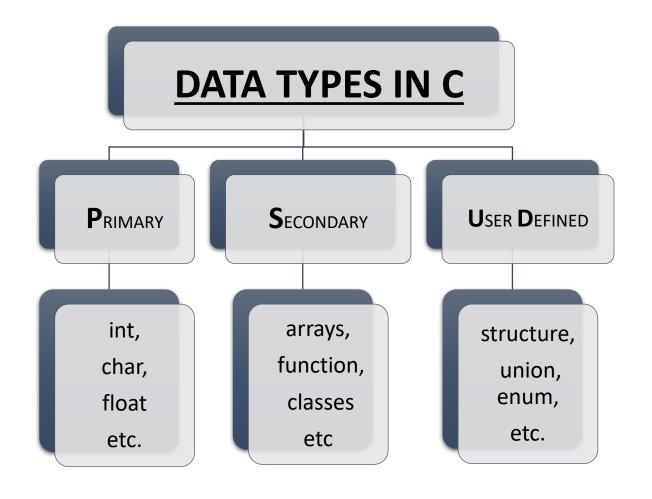
LAB NUMBER # 07



STRENGTHS:

I believe on ALLAH in every situation.

I can mannage my problems.

I'm good in taking sleep properly.

I can control my self to bad habits

WEAKNESSES:

My reading and writing is not good.

I can't control to my self, when I'm scrolling.

I ignore my weaknesses.

I'm not working on my weaknesses

SWOT ANALYSIS

OPPORTUNITIES:

My young age is best opportunity for me.

In my college, my teachers is best opportunity for me.

My parents are also.

My good friends are also.

THREATS:

While I'm studying, notifications are threats.

My acadmic pressure.

My stress & anxieties