

⚙️ Settings &

Input

Daily Water Goal (Liters)

3.00

Select Date

2025/09/15

Current intake for 2025-09-15:

0.0L

Add Water Intake

Quick Add:

Glass (250ml)

Bottle (500ml)

Large Bottle (1L)

Custom Amount:

0.25

- +

Add to Total

Set as Total

Reset Day



Water Intake Tracker

📅 Today's Progress

Water Consumed

Daily Goal

Progress

Remaining

0.0L

3.0L

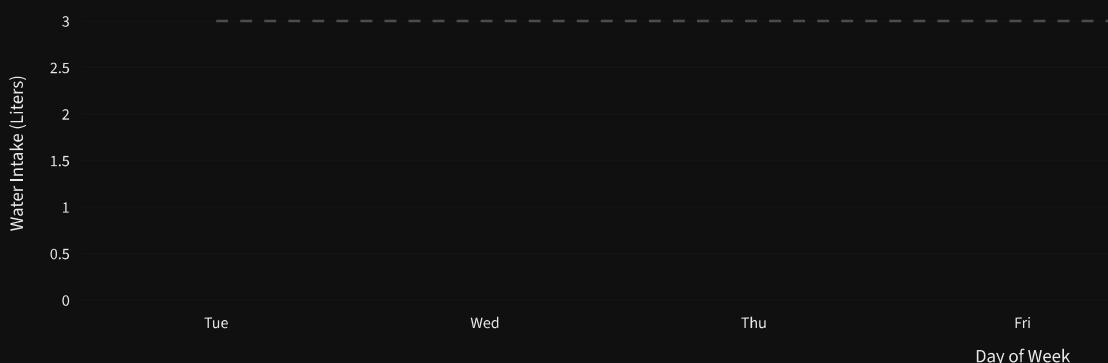
0.0%

3.0L

↓ -3.0L from goal

📈 Weekly Hydration Chart

Weekly Water Intake Progress



Weekly Average

0.0L

Goals Achieved

0/7 days

Total Weekly Intake

0.0L

> View Weekly Data

> Hydration Tips