

Summary of Value Education

08/08/23

In Today's class, we have learnt about target and End Goal. I agree that end goal for human is happiness and prosperity.

About two self I i.e. Self and Body was quite complex & I am not able to distinguish between their needs.

Apart from them, we got a proposal on how to attain happiness and prosperity. Harmony is key to that. Harmony among Is, Family, Society and Nature.

I also figured out that being prosperous is ~~so~~ easy but being happy is difficult and sometime excess prosperity also lead to unhappiness.

Happiness can be obtained through mental peace and prosperity with satisfaction provides mental peace. Greed for more than required prosperity may lead to mental imbalance hence Unhappiness.