

Link to all the sources used:

<https://www.cdc.gov/nchs/data/databriefs/db508.pdf>

<https://www.who.int/news-room/questions-and-answers/item/obesity-health-consequences-of-being-overweight>

<https://www.obesityaction.org/resources/obesity-the-link-between-your-weight-and-your-family>