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[illegible]

29.4.20

Chapter-1

Our Body

I Key Words

1. bones

2. muscles

3. skeleton

II Fill in the blanks

1. Bones and muscles give

shape and support to the body.

2. There are 206 bones in our body.

3. Muscles help our bones to move.

Key words

1. muscles

2. posture

3. exercise

4. healthy

II Fill in the blanks

1. There are 600 muscles in our body.

2. The tongue is one of the strongest muscles in our body.

III Who am I?

1. I help the bones move.

2. I am harder than

the bones.

Ans) Teeth

3. I give shape and support to the body.

Ans) Bones

IV Answer the following

1. Describe the functions of bones and muscles.

Ans) a. Bones give shape and support to our body.

b. Muscles help the bones move.

c. Muscles and bones help to perform different activity.

2. What do you mean by posture?

Ans) Posture is the way we position our body while sitting,

standing and moving
g.

3. Write the importance of good posture.

Ans: Good posture help to maintain a healthy mind and body. It boosts our

self confidence.

V HOT'S

How

1. What would happen if you had no joints in your body?

Ans: We can not bend any body part.

9.5.2020

Our body

Muscles

More than 600

Soft to touch

Helps in movement

20.5.2020

Chapter-3

Houses around us

I Fill in the blank

ks

Houses are mainly
of two types.

2. Houses made of
mud are not strong.

3. A building with many storey is known as multi-storied building.

4. Houses made of stones, cement, wood and bricks are known as pucca

houses.

5. Houses in hilly areas have sloping roofs.

II Give 10 examples for each

a) Temporary house - tent, caravan.

b) Permanent house -
Apartment, hut

III Answer the following

1) Why do we need
a house?

Ans) House protects us
from heat, cold, rain,
thieves and wild

animals.

b) It gives us shelter.
or.

2) What are two
types of houses?

Ans The two types of
houses are

a) Permanent house

b) Temporary house

3) What are kutcha house?

Ans Houses made of mud.

straw, mud, stones

and bamboo are

known as kutcha

house eg: Hut.

Q) What are the different types of roofs?

a) flat roofs

b) slanting roofs

c) Arched roofs

d) sloping roofs

Hw

FA-1 Enrichment activity

Our body

Cotton bud activity

Make a framework
of human skeleton

using cotton and ear
buds.

Rahul

2-F

