| Body composition | General adiposity (PC1) | Lean mass/fat dist. (PC2) |
| --- | --- | --- |
| Android fat (%) | 0.40 | -0.24 |
| Gynoid fat (%) | 0.35 | -0.44 |
| Fat mass (lbs)\* | 0.43 | -0.03 |
| Fat mass (%) | 0.40 | -0.29 |
| Lean mass (lbs) | 0.24 | 0.63 |
| Waist cir. (cm) | 0.39 | 0.17 |
| Waist-hip ratio | 0.10 | 0.35 |
| Weight (lbs)\* | 0.38 | 0.34 |