| Cardiometabolic | Lipid metabolism (PC1) | Glucose control (PC2) | HDL cholesterol (PC3) |
| --- | --- | --- | --- |
| HDL cholesterol | -0.30 | 0.19 | 0.66 |
| LDL cholesterol | 0.48 | -0.09 | 0.31 |
| Total cholesterol | 0.45 | -0.06 | 0.39 |
| Triglycerides (blood)\* | 0.37 | -0.13 | -0.47 |
| ApoB | 0.47 | -0.14 | 0.21 |
| Glucose (blood) | 0.14 | 0.69 | 0.04 |
| Insulin\* | 0.29 | 0.32 | -0.14 |
| HbA1c (%) | 0.09 | 0.58 | -0.15 |