

Interview 1: The key themes in the interview transcript about digestive disorders with Brenda are:

- The experiences of people with digestive disorders: The interviewer asks Brenda about her experiences with digestive disorders, and Brenda shares her story, symptoms, and how she copes with her condition.
- Coping with digestive disorders: The interviewer explores how people with digestive disorders cope with their condition, and Brenda shares her strategies for managing her symptoms, including cutting out gluten from her diet.
- Types of digestive disorders: Brenda talks about her experience with inflammatory bowel disease and gluten intolerance. She also mentions her family's history of ulcerative colitis and Crohn's disease.
- Symptoms of digestive disorders: Brenda describes her symptoms, including joint pains, exhaustion, feeling full after a few bites of food, nausea, headaches, and hormonal acne.
- Diagnosis and treatment: Brenda shares her experience of getting tested and diagnosed with inflammatory bowel disease. She also talks about the challenges of getting an accurate diagnosis and treatment plan for digestive disorders.
- Impact on daily life: Brenda and the interviewer discuss the impact of digestive disorders on her life, including her sister's experiences with ulcerative colitis and the challenges of managing symptoms during puberty.
- Diet and lifestyle changes as a means of managing symptoms and preventing flare-ups

- Emotional and mental health impacts of digestive disorders
- The importance of self-advocacy and listening to one's body
- Dietary choices, particularly related to animal protein and organic options
- Open communication and humor as coping strategies.

Interview 2: Sam is a practitioner of energy healing and has experience in counseling people with digestive disorders.

- Doctors and practitioners are hesitant to give labels to digestive disorders because it can give them power and negative connotation.
- Sam has not been specifically told that they have Celiac's disease, but based on their symptoms, one might assume they do.
- Doctors may be reluctant to label a disease because of lawsuits and liability.
- Candida is a form of a parasite that causes yeast infections in the body. Traumatic experiences or occurrences can cause natural yeast in the body to expand, which leads to the growth of bad yeast that takes over the body.
- Sam and other patients have found that lifestyle changes can be a significant factor in managing their digestive disorder.
- The interviewee began experiencing symptoms of digestive disorders around age 21, including exhaustion after having a bowel movement.
- Heavy drinking in college and beyond may have contributed to the development of the disorder.
- Symptoms of the disorder include acid reflux and stomach issues, which worsen with alcohol consumption.
- The interviewee had to make the decision to stop drinking, which affected him socially, causing tension with some friends who did not understand his condition.
- The interviewee also had to adjust his diet, avoiding gluten and drinking water without ice to manage his condition.
- The condition has contributed to chronic fatigue, which has affected the interviewee's life.
- Peppers have been helpful in managing symptoms by promoting intestinal lining health.
- The interviewee had to be assertive in setting boundaries with friends who did not understand or respect his condition.
- The interview covers the experiences of people with digestive disorders and how they cope with them.
- The interviewee used to eat a lot of unhealthy foods, including pizza, Taco Bell, and sugar, which aggravated his digestive disorder symptoms.



with a digestive disorder can be challenging and how she copes with her condition by making dietary changes and being mindful of her symptoms. She also talks about the importance of listening to her body, being assertive in advocating for herself, and using humor as a coping strategy.



Figure 2: Most common words in interview 2:

In Sam's interview, the key messages discussed include the impact of diet on digestive disorders, the importance of a positive outlook and exercise in promoting good health, the potential benefits and limitations of alternative therapies and treatments, the value of information and education in empowering individuals to take control of their health, and the experiences of people with digestive disorders. Sam discusses how lifestyle changes can play a significant role in managing digestive disorders and how a positive outlook and exercise can promote good health. Sam also talks about the value of information and education in empowering individuals to take control of their health and how alternative therapies and treatments can have limitations.

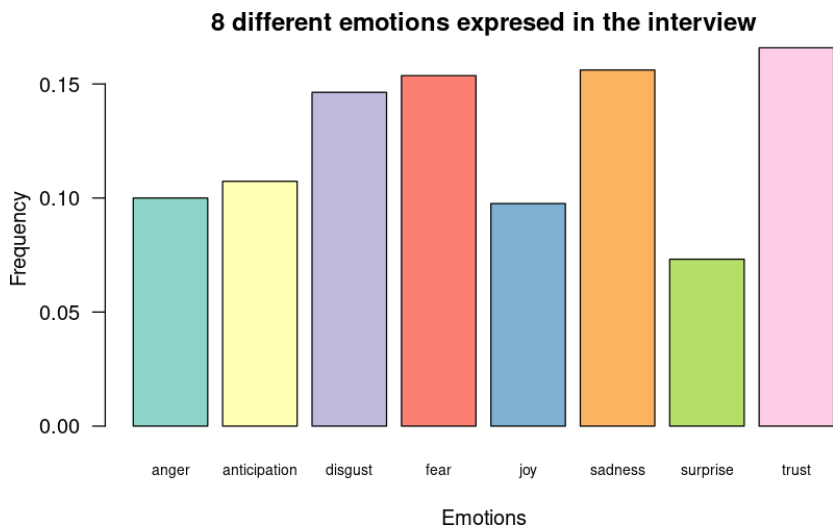
The interviews also highlight the emotional and mental health impacts of digestive disorders and how they can significantly affect a person's daily life. Both Brenda and Sam share their experiences living with a digestive disorder, which has impacted their emotional and mental well-being, causing chronic fatigue and affecting their social life.

In conclusion, the interviews with Brenda and Sam provide valuable insights into the experiences of individuals living with digestive disorders and the strategies they use to cope with their condition. The key messages from both interviews highlight the importance of dietary changes, lifestyle modifications, positive outlook, and exercise in managing digestive disorders. The interviews also emphasize the need for information and education in empowering individuals to take control of their health and the potential benefits and limitations of alternative therapies and treatments. By understanding and managing their condition, individuals can improve their overall health and quality of life.

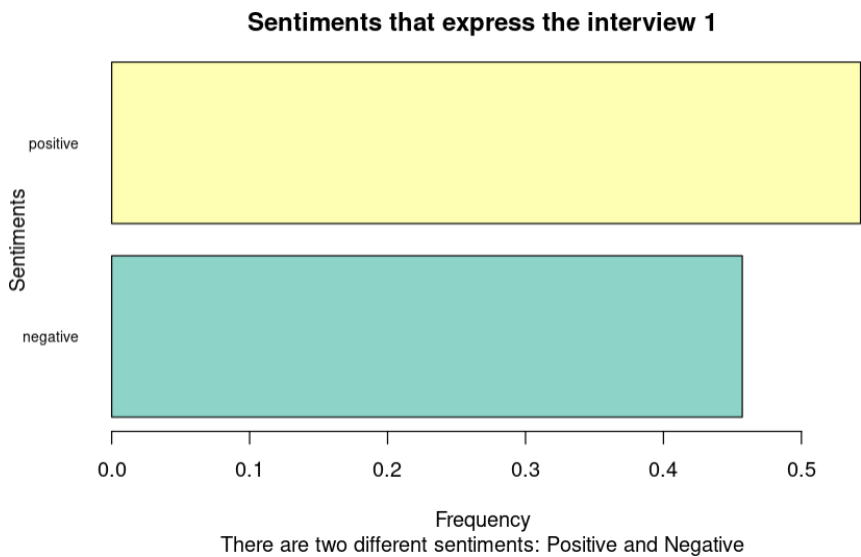
### **Additional information about the Interviews:**

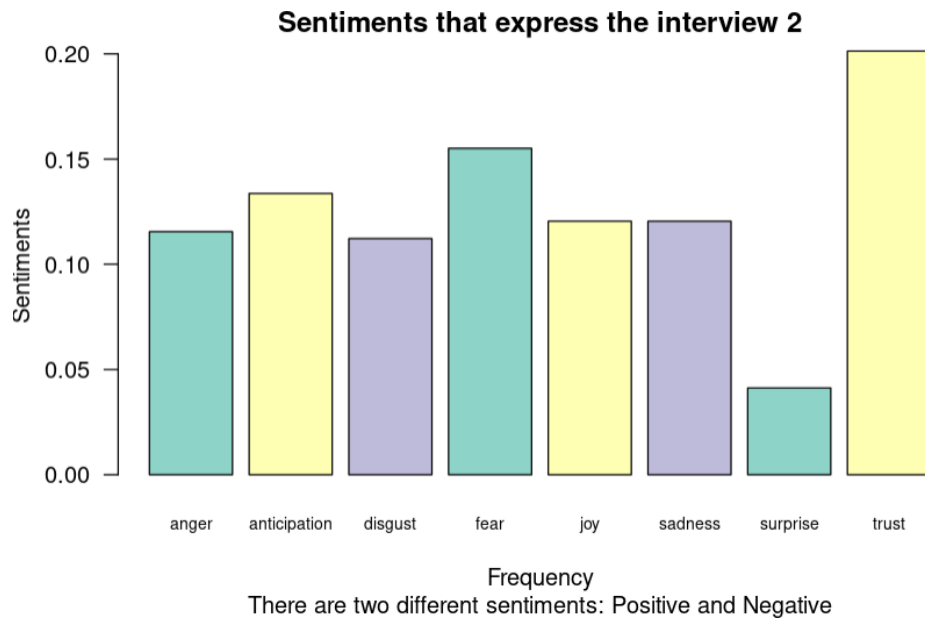
Using machine learning and programming languages, I have created the following graphic reports which allow the reader to understand the topics and structure of the interviews in a deeper way.

Sentiment analysis is a subfield of natural language processing (NLP) that focuses on understanding and classifying the emotions and attitudes expressed in text data. By analyzing the sentiment of text data, businesses can make data-driven decisions to improve customer satisfaction, product development, and brand reputation. Sentiment analysis is a rapidly growing field with many applications in various industries, and it continues to evolve with advancements in machine learning and artificial intelligence.

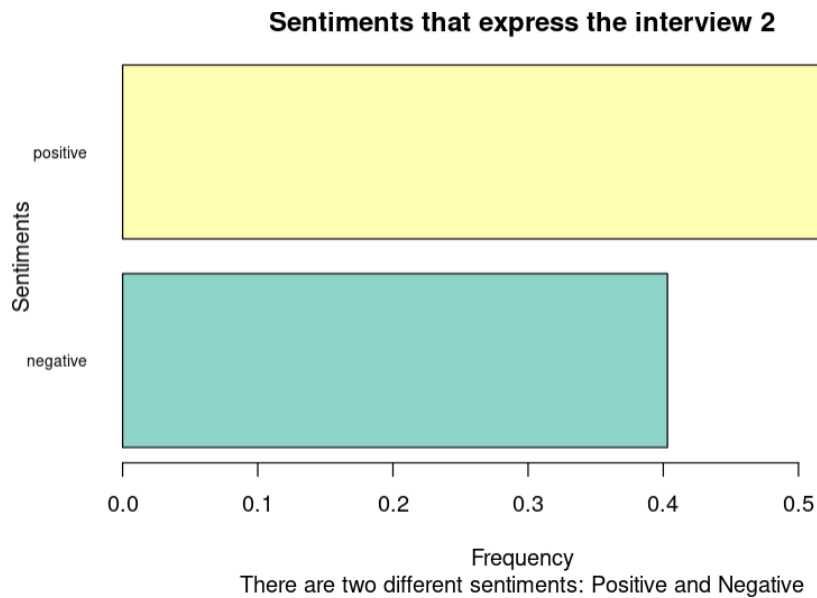


Thus, the most frequent emotions present in Interview 1 are shown in the graphic located below, which also displays the two predominant sentiments expressed in the interview.





In the same way, these graphics represent the emotional structure in the second interview.







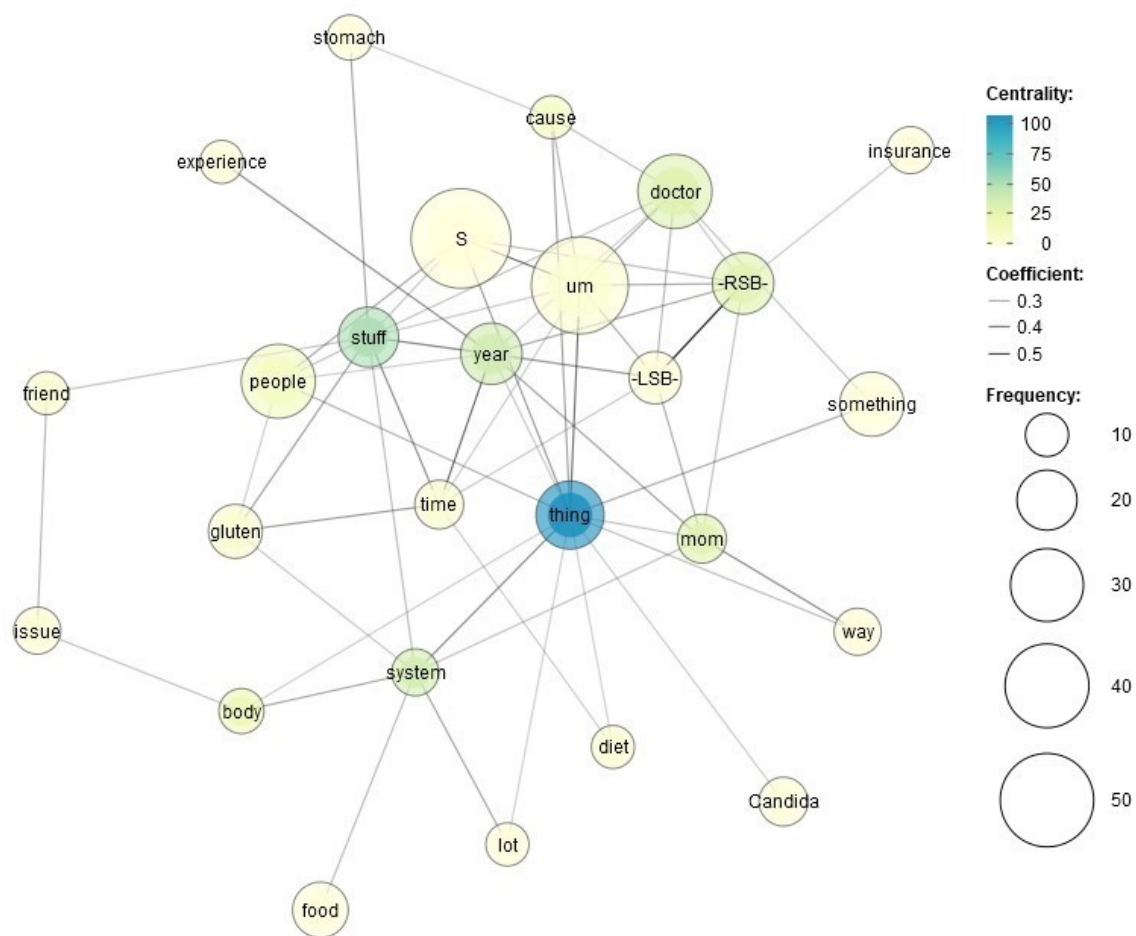


Figure 4: Thematic structure interview 2 (Sam's)

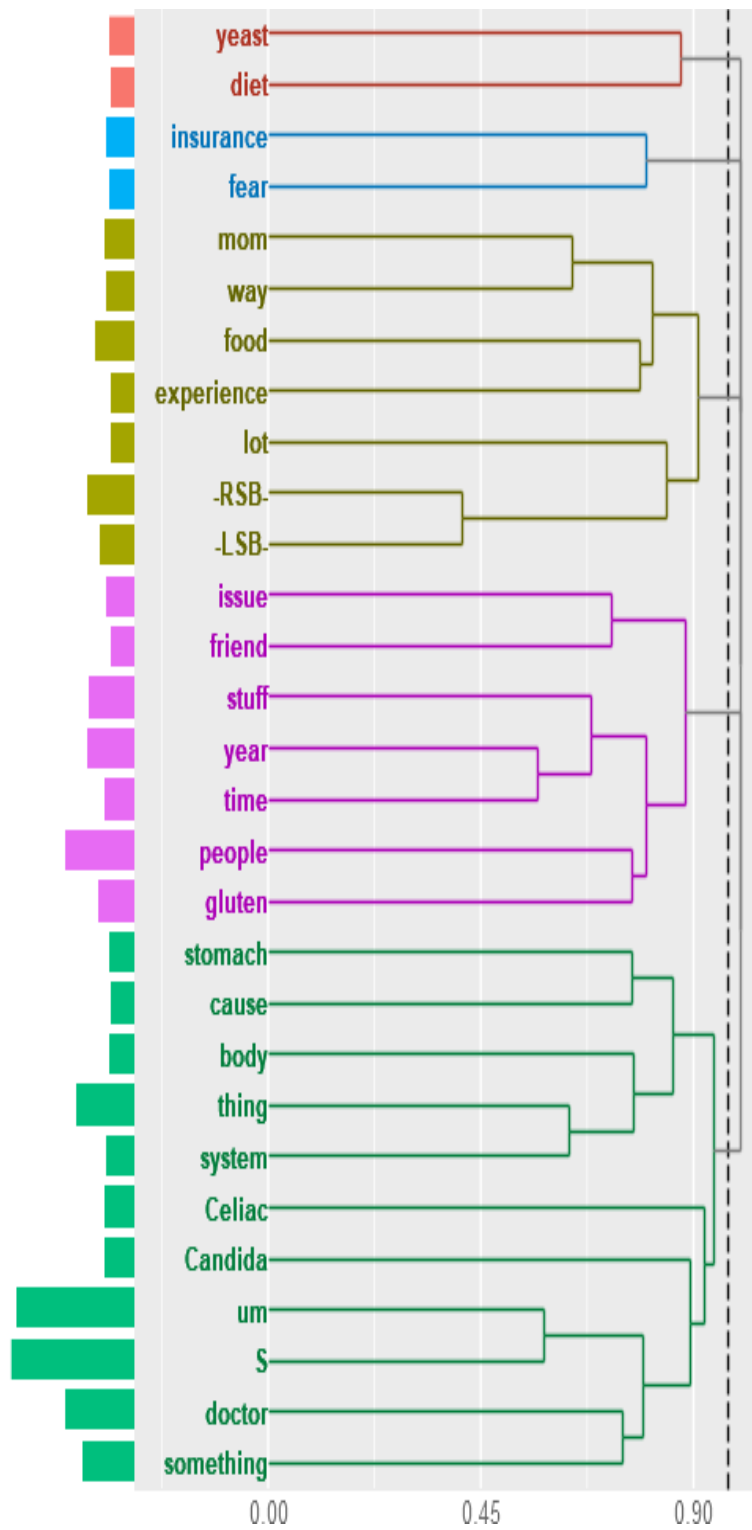


Figure 5: Word structure Interview 2



Figure 6: Word structure interview 1