# Study Material - Youtube

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# Video Overview

- Comprehensive summary: This lecture introduces Denoising Diffusion Probabilistic Models (DDPMs), also known as Diffusion Models. The instructor positions them as a state-of-the-art class of generative models, surpassing even Generative Adversarial Networks (GANs) and Variational Autoencoders (VAEs) in many modern applications, especially conditional image generation. The core approach of the lecture is to build an understanding of DDPMs by framing them as a special, more structured version of Latent Variable Models, specifically as a Hierarchical Variational Autoencoder (HVAE) with unique properties.
- Learning objectives: Upon completing this lecture, students will be able to:
  - Define Denoising Diffusion Probabilistic Models (DDPMs) and understand their significance in modern Generative AI.
  - Articulate the fundamental goal of generative modeling: to sample from an unknown data distribution.
  - Explain how DDPMs can be conceptually understood as a special case of Hierarchical Variational Autoencoders (HVAEs).
  - Identify and describe the three key properties that distinguish DDPMs from standard VAEs.

### • Prerequisites:

- A solid understanding of **Variational Autoencoders (VAEs)**, including the concepts of an encoder, decoder, latent space, and the evidence lower bound (ELBO).
- Familiarity with basic probability theory, including probability distributions and conditional probability.
- Foundational knowledge of neural networks and their role as function approximators.

#### • Key concepts covered in THIS SPECIFIC VIDEO:

- Denoising Diffusion Probabilistic Models (DDPMs)
- Generative Modeling Problem
- Latent Variable Models
- Variational Autoencoders (VAEs)
- Hierarchical Variational Autoencoders (HVAEs)
- Encoding vs. Decoding Processes
- Fixed vs. Learnable Model Components

# Denoising Diffusion Probabilistic Models (DDPMs) - Deep Understanding

#### **Introduction and Motivation**

At the forefront of modern Generative AI are **Denoising Diffusion Probabilistic Models (DDPMs)**, often referred to simply as **Diffusion Models**. As introduced at (00:11), these models represent the current state-of-the-art for many generative tasks, including the highly popular text-to-image synthesis seen in commercial systems.

While this course has previously covered two major families of generative models—Generative Adversarial Networks (GANs) and Variational Autoencoders (VAEs)—DDPMs represent a third, powerful paradigm. The instructor notes that there are multiple ways to interpret diffusion models, including from the perspectives of stochastic calculus or energy-based models. However, this lecture will build upon the established knowledge of VAEs, framing DDPMs as a specialized form of a latent variable model.

#### The Generative Modeling Problem: A Refresher

The fundamental task of generative modeling, as restated at (02:18), is to learn the underlying structure of a dataset to generate new, similar data.

Formal Problem Statement: - We are given a dataset  $D = \{x_1, x_2, ..., x_n\}$ . - Each data point  $x_i$  is assumed to be an independent and identically distributed (i.i.d.) sample from an unknown, true data distribution, denoted as  $p_x$ . - The Goal: To learn a model that can effectively sample new data points that appear to be drawn from this same unknown distribution  $p_x$ .

Given 
$$D = \{x_1, \dots, x_n\} \sim \text{i.i.d. } p_x$$
, learn to sample from  $p_x$ .

This is the core challenge that all generative models, including DDPMs, aim to solve.

# DDPMs as a Special Case of Hierarchical VAEs

The instructor's chosen approach is to understand DDPMs by viewing them as an evolution of Variational Autoencoders. This provides a clear and intuitive pathway from a known concept to a new one.

#### From VAEs to Hierarchical VAEs

First, let's recall the structure of a standard VAE (04:24). A VAE consists of two main components: 1. **Encoder**: A probabilistic model  $q_{\phi}(z|x)$  that takes a data point x from the high-dimensional data space and maps it to a distribution in a lower-dimensional latent space Z. The parameters  $\phi$  are learned. 2. **Decoder**: A probabilistic model  $p_{\theta}(x|z)$  that takes a point z from the latent space and maps it back to a distribution in the original data space. The parameters  $\theta$  are also learned.

The overall process can be visualized as compressing data into a meaningful latent representation and then decompressing it to generate data.

Figure 1: A conceptual diagram of a standard Variational Autoencoder, showing the encoding and decoding steps.

A Hierarchical VAE (HVAE), introduced at (05:42), extends this idea. Instead of a single latent space, it uses a *chain* of latent spaces, creating a deeper hierarchy.

- Encoding in HVAE: The data is progressively transformed through a series of latent spaces:  $X \to Z_1 \to Z_2 \to \cdots \to Z_T$ .
- Decoding in HVAE: The process is reversed to generate data:  $Z_T \to Z_{T-1} \to \cdots \to Z_1 \to X$ .

This multi-step process allows the model to learn representations at various levels of abstraction, which can be more powerful.

```
graph TD
    subgraph HVAE Architecture
    direction LR
        X["Data (x)"] --> Z1["Latent 1 (z)"] --> Z2["Latent 2 (z)"] --> Zdots["..."] --> ZT["Latent T
        ZT -->|Decoding| Zdots2["..."] -->| | Z2_dec["Latent 2"] -->| | Z1_dec["Latent 1"] -->| | X_hat
    end
```

Figure 2: A conceptual diagram of a Hierarchical Variational Autoencoder, showing a chain of latent spaces for both encoding and decoding.

A DDPM is a specific type of HVAE that adheres to a strict set of properties, making it unique and powerful.

#### The Three Defining Properties of DDPMs

As explained from (08:37), a DDPM can be seen as an HVAE with the following three critical properties:

- 1. Multiple Latent Spaces (09:08) A DDPM utilizes a deep hierarchy of latent spaces, denoted as  $Z_1, Z_2, ..., Z_T$ . This is the foundational property it shares with HVAEs.
- 2. Dimensionality Preservation (09:44) This is a major departure from traditional autoencoders. In a DDPM, the dimensionality of every latent space is identical to the dimensionality of the original data space.

**Mathematical Formulation:** For a data space X and latent spaces  $Z_t$ , the dimensionality is preserved:

$$\dim(z_t) = \dim(x) \quad \forall t \in \{1, 2, \dots, T\}$$

Intuition: Unlike a VAE, which creates a low-dimensional "bottleneck" to force the model to learn compressed features, a diffusion model does not compress information by reducing dimensions. The transformation into the latent space is achieved differently, primarily by adding noise.

3. Fixed, Non-Learnable Encoding Process (11:12) This is the most crucial and innovative property of DDPMs. - In a standard VAE, the encoder  $q_{\phi}(z|x)$  is a neural network with parameters  $\phi$  that are learned via backpropagation. - In a DDPM, the encoding process (often called the **forward process** or **diffusion process**) is **fixed**. It is a pre-defined, non-learnable procedure that gradually adds noise to the data through the hierarchy of latent spaces. - Because the process is fixed, it has no learnable parameters. The only parts of the model that are learned are the parameters of the **decoder** (the **reverse process**).

**Key Distinction:** - **VAE**: Both the encoder and decoder are learned. - **DDPM**: The encoder is fixed; only the decoder is learned. The task of the decoder is to reverse the fixed noising process, hence the name "Denoising Diffusion."

# Comparison: VAE vs. DDPM

The following table and diagram summarize the fundamental differences discussed in the lecture.

| Feature          | Variational Autoencoder (VAE)                     | Denoising Diffusion Probabilistic Model (DDPM)                |
|------------------|---|---|
| Encoding Process | Learnable neural network $q_{\phi}(z x)$          | Fixed, non-learnable probabilistic procedure $q(z_t z_{t-1})$ |
| Decoding Process | <b>Learnable</b> neural network $p_{\theta}(x z)$ | <b>Learnable</b> neural network $p_{\theta}(z_{t-1} z_t)$     |

| Feature           | Variational Autoencoder (VAE)                 | Denoising Diffusion Probabilistic<br>Model (DDPM)     |
|-------------------|---|---|
| Latent Space Dim. | Typically a <b>low-dimensional bottleneck</b> | Same dimension as the input data                      |
| Latent Hierarchy  | Typically one latent space                    | A deep hierarchy of latent spaces $(T \text{ steps})$ |

```
graph TD
    subgraph VAE
        X_vae[Data] -->|Learnable Encoder| Z_vae[Latent Space]
        Z_vae -->|Learnable Decoder| X_hat_vae[Generated Data]
end
subgraph DDPM
        X_ddpm[Data] -->|Fixed Forward Process (Noising)| Z_chain[Z → Z → ... → Z_T]
        Z_chain -->|Learnable Reverse Process (Denoising)| X_hat_ddpm[Generated Data]
end
VAE -- Contrasted with --> DDPM
```

Figure 3: A high-level comparison of the learning frameworks for VAEs and DDPMs.

# Key Takeaways from This Video

- **DDPMs are Latent Variable Models**: They can be understood as a special instance of Hierarchical VAEs, which provides a strong conceptual link to more familiar generative models.
- The Forward Process is Fixed: The "encoding" in a DDPM is a pre-defined, gradual noising process. It does not involve any learning. This is a fundamental shift from VAEs.
- The Reverse Process is Learned: The core learning task in a DDPM is to train a model (the decoder) that can systematically reverse the noising process. This is the "denoising" aspect.
- No Dimensionality Reduction: Unlike typical autoencoders, the latent spaces in a DDPM have the same dimension as the original data. The transformation is about adding noise, not spatial compression.

# Self-Assessment for This Video

- 1. Question: What are the two common names for the models discussed in this lecture?
  - Answer: Denoising Diffusion Probabilistic Models (DDPMs) and Diffusion Models.
- 2. Question: According to the instructor, how do DDPMs relate to VAEs?
  - **Answer:** DDPMs can be viewed as a special case of Hierarchical Variational Autoencoders (HVAEs).
- 3. **Question:** What is the primary difference between the encoder of a standard VAE and the "forward process" (encoder) of a DDPM?
  - **Answer:** The VAE encoder is a learnable neural network. The DDPM forward process is a fixed, non-learnable probabilistic procedure.
- 4. Question: How does the dimensionality of the latent spaces in a DDPM compare to the input data space?
  - **Answer:** The dimensionality is the same.  $\dim(z_t) = \dim(x)$ .
- 5. **Question:** What is the primary learning objective of a DDPM?
  - **Answer:** To learn the decoding (or reverse) process, which involves systematically denoising a variable from a pure noise distribution back to a clean data sample.