

1. Explain the feelings of respect, glory, reverence, and gratitude.
2. How can we practice reverence daily?
3. Does reverence mean respect?
4. How do people show reverence?
5. Explain the concept of false reverence.
6. What are the steps required to fulfill our basic aspiration?
7. Define Aspiration. State the link between effort and aspiration.
8. Why is there a gap between our present effort and expectation to get something?
9. Diagrammatically represent life with clarity of basic aspiration.
10. Define effort.
11. How does value education helps in fulfilling one's aspirations?
12. What is the meaning of prosperity? How can you say that you are prosperous?
13. What is the program to fulfil the basic human aspirations? Explain
14. Do you think that human beings are sum-total of sentiments and physical aspects the 'self' and the 'body'? Explain your answer using examples.
15. What do you understand by fulfillment of basic aspirations?
16. Does lack of self-confidence play any role in increasing peer pressure? Illustrate with one relevant example.
17. How can right understanding of the self help in dealing with peer pressure?
18. "Our constant need for external validation is deeply connected to effects of peer pressure on us." - Do you support this proposal? Give reasons for your claim.
19. Can value education provide a long term holistic solution to our constant need to conform? Analyse with respect to your understanding of peer pressure.
20. Can peer pressure have any positive impact on an individual? Explain with two real life examples.
21. Make a list of values in human relationship. How do they contribute to maintain harmony in human relationships? Describe in brief.
22. What is Trust? Substantiate your argument describing some of your real-life incidents.
23. 'Trust is the foundation value of human relationships.' Do you agree or disagree? Why?
24. Justify your arguments on the basis of right understanding of the self.
25. Misconceptions about intention and competence often result in loss of trust and disharmony in relationships. How should the terms 'intention' and 'competence' be understood?
26. What happens when we doubt the intention of others', instead of recognising the lack of competence? Exemplify.
27. With reference to the feeling of trust, distinguish between 'response' and 'reaction'. How do they impact human relationships? Explain.
28. Has the feeling of trust any relation with when we want to bring improvement in others or we get irritated and become angry? Did you experience such situations? Share your experience.
29. Find out the distinction between wealth and prosperity?
30. "My happiness depends on others, what can I do about it"? With this preconditioning of mind, explore whether it is possible to achieve my basic aspiration?
31. What will be naturally acceptable to you: love (to stand or rise in love) or infatuation (to fall in love)? Justify your answer.
32. Make a list of your concerns at individual level, and are you making effort to resolve your concerns or for something else?
33. Trust is the foundation value and Love is the complete, explain these feelings with reference to harmony in the family?
34. What are the five basic systems of a human society?
35. Write a short note on three aspects of preservation?
36. Reflect on your response or reaction to situations where your favourite path to what you assumed to be your goal was closed.
37. Find out the human goal at each of the four levels and what are the gross misunderstandings at each level? Are we having such notions?
38. Is there a particular sequence in which the human goals can be fulfilled? Explain.
39. Explain the feelings of respect, glory, reverence, and gratitude.
40. How can we practice reverence daily?
41. Does reverence mean respect?
42. How do people show reverence?
43. Explain the concept of false reverence.
44. Elaborate on the concept 'co-existence of self and body'.
45. Examine whether health problems of recent times are more due to problems with the body or problems with the Self. Explain with examples.
46. Mention necessary factors to maintain good health.
47. 'Self-regulation' is essential to maintain health', elaborate with examples.
48. Explain the concept of holistic health.
49. How does the family impact the health of the individual?
50. According to your understanding what are the efforts you need to make to improve from reaction to response. Explain with relevant examples.
51. Do you agree that our decisions are an outcome of preconditioning? Justify
52. Are you special, unique, different from the others or similar to others?
53. Do you tend to compete or collaborate with your classmates? When are you more at ease?

54. What is naturally acceptable – to differentiate or to relate, to be complimentary?
55. When does mutual growth /competence gets better while we work in collaboration or in isolation. Illustrate with relevant examples.
56. What is the proposal for the definition of trust? Illustrate the feeling of trust with one
57. example, preferably from your own experience.
58. Distinguish between intension and competence. What is the outcome when we confuse the two and we doubt the intention of the other? What is the outcome when we can see them separately and we trust the intention of the other?
59. 'If I trust the intention of everyone, people will take undue advantage of me'. Is this statement true or false? Explain.
60. Distinguish between reaction and response with the clarity of feeling of trust. Give one example of each for a particular case relationship.
61. How is trust the foundation value of a relationship?
62. What do you mean by competence? I mean I can find out their skills – is that their competence?
63. For how long should you help the other to improve their competence? 10 times? What if the other does not want to improve?
64. Define gratitude. Why I will show my gratitude to the society?
65. Make a list of problems in the society. What can be done to address the problems in the society?
66. How mutually prosperity is relevance to the societal needs? Explain briefly.
67. What are the common goals of a human society? Are you working to achieve the goals? Explain briefly.
68. What is the foundation value of undivided society? How you are living in your hostels/Institution campus?
69. How you are leading your village holistically, write down briefly.
70. Explain what are factors required to develop your village/society with values.
71. Feeling of love lay down the basis of undivided society. Explain.
72. Critically examine the prevailing notions of happiness in the society and their consequences.
73. Choose any two current problems of different kind in the society and suggest how they can be solved on the basis of natural acceptance of human values.
74. What is the meaning of prosperity? How can you make our society prosperous?
75. Define "affection". How does affection lead to harmony in the society?