

# Assessment Report

Child: Asmi

Date: August 14, 2025

## Overall Assessment:

**Moderate Risk** Score: 7.0/10

## Summary

# Assessment Summary Report for Asmi

### ## Overview of Strengths and Challenges

Asmi, a 10-year-old female, has been assessed for ADHD and shows risk score of 7/10 out of 10, indicating a moderate level of concerns related to attention, hyperactivity, and impulsivity. While she exhibits some challenges in these areas, there are also notable strengths that can be leveraged to support her development. This report aims to provide actionable insights for both parents and educators to enhance Asmi's learning and social experiences.

### ## Strengths

- **Social Engagement**: Despite some challenges in group dynamics, Asmi demonstrates a willingness to participate in group activities, which can be nurtured with structured support.
- **Emotional Awareness**: Asmi shows some ability to identify her feelings when frustrated, indicating potential for growth in emotional regulation with appropriate interventions.
- **Creativity**: Asmi's responses suggest that she may thrive in creative tasks, which can be utilized in her learning to keep her engaged and motivated.

### ## Challenges

- **Difficulty Completing Tasks**: Asmi frequently struggles with completing homework assignments and chores, which may affect her academic performance and self-esteem.
- **Impulsivity in Social Settings**: She often interrupts others and has difficulty waiting her turn, impacting her peer relationships and group participation.
- **Challenges with Time Management**: Asmi has reported frequent issues with keeping track of time during activities, which can lead to stress and disorganization.

### ## Recommendations

- **Implement a Structured Routine**: Create a daily schedule that includes specific time slots for homework, chores, and recreational activities. Use visual timers to help Asmi track time effectively.
- **Use Positive Reinforcement**: Encourage Asmi by recognizing her efforts and achievements in completing tasks. Consider a reward system that aligns with her interests to motivate her further.
- **Social Skills Development**: Enroll Asmi in social skills training or group activities where she can practice turn-taking and impulse control in a supportive environment.

## Next Steps

- **Schedule a Follow-Up Meeting**: Arrange a meeting with Asmi's teachers within the next month to discuss her progress and share strategies for support in the classroom.
- **Monitor Progress**: Establish a bi-weekly check-in with Asmi to discuss her feelings about her tasks and social interactions, adjusting strategies as needed.
- **Explore Professional Support**: Consider consulting a child psychologist or counselor for additional strategies and support focused on emotional regulation and social skills within the next three months.

Detailed Analysis (Cognitive Domains)



Ability to focus and sustain attention



Activity level and impulse control



Planning and organization skills

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Recommended Resources

Based on your moderate risk risk assessment, we recommend the following resource:

## Supporting Focus and Self-Control: Strategies for Growing Minds

Effective strategies to help children develop focus and self-control skills.

<https://www.cognikidz.care/blog/686852855c0a099871a6700b>

Visit our website for additional resources and support materials tailored to your child's needs.