I lay restless in my grandma's small apartment where I occupied the let out couch indefinitely. I lay on my back agitated, staring up at the white plaster ceiling. I sat up in the dark hugging my knees tightly against my chest, trying to guard against the silont anxiety creeping into my gut. I rocked myself back and forth how a mother does when she tries to calm her baby. It didn't work. I threw myself back into the lumpy matress in frustration.

There was an ominous feeling beginning to settle over me I wasn't going to make it. I had been "home" from the joint for seven months and had only been employed for two of those.

My first couple weeks out, a grocery packing warehouse rolled the dice on me, despike my record. The only problem was it was a train trip and two bus rides out in the suburbs. It seemed like I spent more getting to and from work than I actually earness at work. After a few absences and tordies they let me to.

After that, the door of opportunity stammed sheet in my face over and over again. Temp agencies wouldn't even hire me. I began to cringe everytime I had to check the "dreaded box";

"Have you ever been convicted of a crime?" Yes No

Everyone was growing impatient; my Parole officer was threatening violate me and send me back to Jail; my grandma was threatening to throw me out; and my pregnant girlfriend manadase to know what my plan for our baby's future was. I was beginning to feel desperate.

I had saw a commercial for Job Corps earlier that day. "Free job training and career opportunities" is what they we offering. I saw a way out. An escape from this suffocating vironment and a legit way to elevate myself financially. I

A representative answered and began asking me a series of questions. Everything locked promising; I was old enough, I have a high-school diploma. But I never made it past the third question. "Have you ever been convicted of a felong?" My heart sank in unison with the phone into the receiver.

I wasn't going to make it.

Menally Mills This is the aftermath of the war on drugs and mass incarceration where one can be legally boarred from employment, housing assistance, professional licenses where one can be self employed, voting, jury service etc. Some of the most fundamental rights of a citizen. The allows scary thing is, that the narrative above is that of I in 31 adults who are behind boars, on probation or on parole. To put that in even pursue greater perspective, is the the North Lawn Gale neighbor hood on the West side of Chicago, where 70% of that community is ex-offenders.

Employment satisfies a basic human new to be selfsufficient, to support one's family, and to feel purposeful
and likelected Artiblethan valuable. It helps instill selfesteem and to lower the chances for re-offending. How are
the hundreds of thousands being released from prisons every year,
be able to move forward when the invisible hand is
holding them back?