



Does going to university in a different country affect your mental health? A Japanese international university surveyed its students in 2018 and published a study the following year that was approved by several ethical and regulatory boards.

The study found that international students have a higher risk of mental health difficulties than the general population, and that social connectedness (belonging to a social group) and acculturative stress (stress associated with joining a new culture) are predictive of depression.

Explore the `students` data using PostgreSQL to find out if you would come to a similar conclusion for international students and see if the length of stay is a contributing factor.

Here is a data description of the columns you may find helpful.

Field Name	Description
<code>inter_dom</code>	Types of students (international or domestic)
<code>japanese_cate</code>	Japanese language proficiency
<code>english_cate</code>	English language proficiency
<code>academic</code>	Current academic level (undergraduate or graduate)
<code>age</code>	Current age of student
<code>stay</code>	Current length of stay in years
<code>todep</code>	Total score of depression (PHQ-9 test)
<code>tosc</code>	Total score of social connectedness (SCS test)
<code>toas</code>	Total score of acculturative stress (ASIIS test)

...	↑↓	L..	...	↑↓	...	↑↓	...	↑↓	...	↑↓	...	↑↓	s.	...	↑↓	...	↑↓	japane...	...	↑↓	...	↑↓	englis...	...
0	Inter	SEA	Male	Grad	24	4	5	Long	3	Average	5	High												
1	Inter	SEA	Male	Grad	28	5	1	Short	4	High	4	High												
2	Inter	SEA	Male	Grad	25	4	6	Long	4	High	4	High												
3	Inter	EA	Female	Grad	29	5	1	Short	2	Low	3	Average												
4	Inter	EA	Female	Grad	28	5	1	Short	1	Low	3	Average												
5	Inter	SEA	Male	Grad	24	4	6	Long	3	Average	4	High												
6	Inter	SA	Male	Grad	23	4	1	Short	3	Average	5	High												
7	Inter	SEA	Female	Grad	30	5	2	Medium	1	Low	1	Low												
8	Inter	SEA	Female	Grad	25	4	4	Long	4	High	4	High												
9	Inter	Others	Male	Grad	31	5	2	Medium	1	Low	4	High												
10	Inter	Others	Female	Grad	28	5	1	Short	1	Low	2	Low												
11	Inter	SEA	Female	Grad	31	5	1	Short	1	Low	4	High												
12	Inter	SA	Male	Grad	29	5	1	Short	1	Low	4	High												
13	Inter	EA	Male	Grad	23	4	1	Short	3	Average	4	High												
14	Inter	SEA	Female	Grad	31	5	1	Short	1	Low	3	Average												
15	Inter	Others	Female	Grad	30	5	1	Short	1	Low	5	High												

Rows: 286

Expand

index	...	↑↓	stay	...	↑↓	count_int	...	↑↓	average_phq	...	↑↓	average_scs	...	↑↓	average_as
0			10					1			13				32
1			8					1			10				44
2			7					1			4				48
3			6					3			6				38
4			5					1			0				34
5			4					14			8.57				33.93
6			3					46			9.09				37.13
7			2					39			8.28				37.08
8			1					95			7.48				38.11

Rows: 9

Expand