

## TPS. Adolescents (10-19 yrs.) Treatment Preparation Sessions Checklist

AT ENROLMENT		COMMENTS
<p>Have you conducted psychosocial assessments?</p> <p>Review and check those that have been conducted:</p> <p>Mental health assessments (PHQ-9/GAD-7), substance abuse (CRAFT)* in cases of mental health issues identified refer and link to appropriate care.</p>	<p><input type="radio"/> YES    <input type="radio"/> NO</p>	
<p>Have you assessed developmental milestones?</p> <p>Use the tools in <b>Annex 3</b> of the NASCOP guidelines, ensure to identify growth retardation and/or developmental challenges. Ensure to refer to appropriate care for those in need.</p>	<p><input type="radio"/> YES    <input type="radio"/> NO</p>	
<p>Primary care giver identified?</p> <p>In case the adolescent is an emancipated minor (Refer to Emancipated minors SOP), explore whether they are comfortable with having caregiver or not during the session.</p> <p>Identify or explore options to support the adolescent until they are ready to disclose to their caregiver/guardian. (Options include adolescent mentors, social workers, CHV, nurses as may be appropriate).</p> <p><b>NOTE:</b> Adolescents can have joint or individual sessions with the caregiver.</p>	<p><input type="radio"/> YES    <input type="radio"/> NO</p>	
<p>Have you explored the Sexual Reproductive Health (SRH) understanding, fears and needs of the adolescent?</p> <p>Offer SRH counselling and prioritize interventions as appropriate, ensure this session is one-on-one with adolescent without the presence of the caregiver.</p>	<p><input type="radio"/> YES    <input type="radio"/> NO</p>	
<p>Have you established the HIV status of the child's caregiver?</p> <p>If the adolescent's caregiver is also infected, enroll in same clinic, and synchronize appointments. This includes any other family member receiving care at the clinic.</p>	<p><input type="radio"/> YES    <input type="radio"/> NO</p>	
<p>Have you provided HIV education to the caregiver and adolescent as appropriate for age? (Refer to the guide from NASCOP guidelines <b>pg. 5-10, Table 5.2</b>)</p>	<p><input type="radio"/> YES    <input type="radio"/> NO</p>	
<p>Have you identified and established appropriate adherence intervention?</p> <p>Have you linked the caregiver and adolescent as per age to a PSSG?</p>	<p><input type="radio"/> YES    <input type="radio"/> NO</p>	
<p>Have you discussed benefits of disclosure of HIV status to the adolescent?</p> <p>If yes, formulate a disclosure plan for the adolescent. Use the disclosure checklist</p>	<p><input type="radio"/> YES    <input type="radio"/> NO</p>	
<p>Have you conducted ART readiness assessment?</p> <p>If yes, initiate same day or agreed upon date and review the dosing and timing.</p>	<p><input type="radio"/> YES    <input type="radio"/> NO</p>	

Have you identified other needs?	<input type="radio"/> YES <input type="radio"/> NO	
If Yes, Link where appropriate.		
<b>* Develop a plan of treatment and follow up plan and document on the patient file/EMR.</b>		

<b>2<sup>nd</sup> visit – 2 WEEKS after ART initiation</b>		
Have you reviewed the adolescents/caregivers understanding on key HIV messages?	<input type="radio"/> YES <input type="radio"/> NO	
Ensure to review and reinforce the messages delivered at enrolment.		
Have you reviewed ART dosing, timing, and reminders?	<input type="radio"/> YES <input type="radio"/> NO	
Have you explored barriers to adherence?	<input type="radio"/> YES <input type="radio"/> NO	
Ensure to cover issues related to the school environment. Use the barriers to adherence checklist. <b>Develop a plan with adolescent to address barriers to adherence.</b>		
Have you linked to identified support systems for the adolescent?	<input type="radio"/> YES <input type="radio"/> NO	
Includes OTZ clubs or other adolescent support groups.		
Have you reviewed the SRH needs?	<input type="radio"/> YES <input type="radio"/> NO	
<b>Link to appropriate services of need and document session on patient file/EMR</b>		

<b>Four weeks after ART initiation, and further follow ups</b>		
Have you reviewed the caregivers understanding on key HIV messages?	<input type="radio"/> YES <input type="radio"/> NO	
Ensure to review and reinforce the messages delivered at enrolment.		
Have you reviewed ART dosing, timing, and reminders?	<input type="radio"/> YES <input type="radio"/> NO	
Have you explored barriers to adherence?	<input type="radio"/> YES <input type="radio"/> NO	
Use the barriers to adherence checklist. And administer <b>MMAS-4</b> <b>Develop a plan with adolescent to address barriers to adherence.</b>		
Have you reviewed the disclosure and individualized age-appropriate disclosure plan?	<input type="radio"/> YES <input type="radio"/> NO	
If yes, document and support the caregiver/adolescent by addressing any concerns or fears they might have.		
Have you linked the adolescent to PSSG?	<input type="radio"/> YES <input type="radio"/> NO	
Have you reviewed the SRH needs?	<input type="radio"/> YES <input type="radio"/> NO	
<b>Link to appropriate services of need and document session on patient file/EMR</b>		