

Jayaguru
Nilachala Saraswata Sangha
Branch: America Saraswata Sangha
Program for Young Aspirants' Session
Date: September 18, 2011

Time: 11:15am-11:55am (**Eastern**)/10:15am-10:55am (**Central**)/08:15am-08:55am (**Pacific**)/
3:15pm - 3:55pm (**GMT**)

Phone Number - 1-218-936-1100 Access Code – 62719#
Backup Number – 1-218-936-1200 Access Code- 52924878

	Topic		Time
1	Pranam and opening of the curtain (Bhaba Bandhana...)	All	11:15 – 11:16
2	Shri Guru Pranam - Short Stotra Bandana	All	11:16 – 11:18
3	Introduction	Bijoy Bhai	11:18 – 11:20
4	Reading – Results of Karma and reincarnation	Gyan Bhai	11:20 – 11:30
5	Discussion and Q & A	Gyan bhai	11:30 – 11:45
6	Song	Shreya	11:45 – 11:50
7	Bhaba Binimaya	Sarthak	11:50 – 11:51
8	Invitation for the next session – 10-02-11	Shreya	11:51 – 11:52
9	Beg for forgiveness for any mistakes	Sarthak	11:52 – 11:53
10	Last Song (Dayamaya Shricharane)	Bhakti	11:53 – 11:54
11	Pranam, Jayaguru Nama Kirtan and closing of Curtain	All	11:54 – 11:55

Beginning Prarthana:

Bhaba Bandhana Mochana Pujiyabaram
Gunahinamasesha Gunadhipatim
Bhaba-bhirujane Satatam Baradam
Pranamami Gurum Siva Kalpatarum

Shri Guru Pranam:

Om Brahmanandam parama sukhadam kevalam jnanamurtim
Dvandatitam gagana sadrisam tattvamasyadi lakshyam
Ekam nityam vimalamachalam sarvadhī saksibhutam
Bhavatitam trigunarahitam sadgurum tam namami.

Invitation:

Jayaguru. I invite Shri Shri Thakura, all the young aspirants, their parents and other members of America Saraswat Sangha to our next session to be held on Sunday, October 2, 2011 at 11:15 eastern time.

Beg for forgiveness for any mistakes:

Jayaguru. On behalf of all the young aspirants of America Saraswat Sangha, I beg for forgiveness from Shri Shri Thakur for any mistakes that we might have made.

Jayaguru

Results of Karma and Reincarnation

Brahman or God and the life after death of physical body are integral part of any religion. Why would a human engage in moral and spiritual practices if they don't believe in reincarnation or a life after death of their physical body? What is the necessity of various rules, regulations, prayer, worshipping if all the sufferings are permanently ended at the time of death? What is the need for practices of stringent control of senses, penance? People of Hindu origin generally believe in a birth after death and carry forward of the results of karma in this birth. The satis (widows) jump into husband's funeral pyre with the belief that they will be together in their next birth. The same belief enables people to sacrifice their life for others. Often times, this belief is challenged with the educated mass.

The Abrahamic religions don't accept re-birth or reincarnation. However, they accept a life (heaven or hell) after the death of the physical body. They say, "After death, the human go to heaven or hell forever based on their sins and virtue. Then they may go to heaven or hell temporarily and then go to their eternal abode based on the lesser of sin or virtue." This puts a serious allegation on God being unjust and cruel. Even millions of years in the temporary abode are a minute fraction to unlimited time in the other abode. The God, who is known as ocean of mercy, would not punish someone to stay in hell forever for his acts in human life for a few years. Is that not injustice and cruel?

Hence, we have to accept that living in heaven or hell forever is not justified. It is also not possible to immerse in the state of Brahman while living in heaven or hell since the soul can't practice yoga, gyan, devotion etc while in those places. Then where does the soul go? Analyzing the society, one can't find similarity with anything. Many live in the society with unending happiness and misery. Some people are born to rich families and some are destined to be poor. Some may have been born rich and had a luxurious childhood. However, they suffer innumerable miseries in their later life. Why are these inequalities and contrast in this creation of God? God, who is full of unending mercy, is absolutely fair and just. He bestows love and mercy on everyone big or small, rich or poor, king or citizen, dumb or intelligent. He is devoid of finding difference in self and other. In his creation, there is no partiality. Why is such an inequality in this world? It is called unseen or *adrusta*. This unseen is nothing but the results of karma of previous birth. A great man Chanakya had said, "The poorness is due to results of karma from previous birth". Humans are completely under control of their Karma and results of it. The karma from previous births gets a human its results in this birth as unforeseen.

The human enjoy happiness and suffer from miseries due to the results of karma. They are born due to their karma, they live with their karma and at end they die with and due to their karma. Could anyone be foolish enough to say that God has given immense suffering to a toddler who is suffering from a crippling disease? That is the reason why the Hindus believe in re-birth and karma. Since Hindus believe in Karma, rest of the spiritual and religious belief becomes well established in their mind. This is not a small glory for the Hindus. The western scientists accept that the matters don't get destroyed; they change from one to other or to energy. Similar belief exists in Hinduism. If this gross body can't be destroyed, how can a subtle body full of desire be

destroyed? After the death, the material that made the gross body gets transformed or mixed with other material. For example, majority part of a body is water which evaporates and carbon which may transform into other matters due to burning of the body or decay. Similarly, the subtle body gets separated from the gross body and gets re-birth with the same type of subtle bodies. Srikrishna said in gita, "The soul lives his old body and enters into a new one, just like a man changes his old clothes into new."

The human changes many times while in his gross body. The body that a human has while he was a child transforms to an adult body when he grows up. The adult body is very different than the body of a baby. The human body transforms from being a baby to a child to an adolescent to a youth to an adult to a middle-aged to an old man. When a human goes from being a baby to a toddler, the baby in him dies and the toddler is born. Even if the baby-body dies the human is still alive in a toddler body. If the human body goes through these death and birth so many times during their life time, why would the subtle body die when this gross body dies? Hence, we proved via argument that the soul takes a different body after the gross body dies. The subtle body also has similar state and transformation like the gross body. Hence the intelligent human do not get perturbed at death.

According to Hinduism, till the soul is liberated, the repeated death and birth of the gross body continues. Before the soul lives the gross body, a subtle body (linga sarira) is created. The soul leaves the gross body after taking shelter in the subtle body. The soul then leaves this world and enters into a place called pretaloka or pitruloka. It endures the results of its sin here before progressing into swarga loka where it enjoys the results of the virtues. Once the results of sins and virtues are depleted, the soul then is left with some desires and impressions. It then enters into a womb with those desires and impressions to take a gross body again. It is very strange. It can't be seen by ordinary gross eyes except for the yogis.