

Jayaguru
Nilachala Saraswata Sangha
Branch: America Saraswata Sangha
Program for Young Aspirants' Session

Date: December 4, 2011

Time: 11:15am-11:55am (**Eastern**)/10:15am-10:55am (**Central**)/08:15am-08:55am (**Pacific**)/
3:15pm - 3:55pm (**GMT**)

Phone Number - 1-218-936-1100 Access Code – 62719#

Backup Number – 1-218-936-1200 Access Code- 52924878

	Topic		Time
1	Pranam and opening of the curtain (Bhaba Bandhana...)	All	11:15 – 11:16
2	Shri Guru Pranam - Short Stotra Bandana	All	11:16 – 11:18
3	Introduction	Bijoy Bhai	11:18 – 11:20
4	Reading – The need for worshipping God	Gyan Bhai	11:20 – 11:30
5	Discussion and Q & A	Gyan bhai	11:30 – 11:45
6	Song	Shreya	11:45 – 11:50
7	Bhaba Binimaya	Swati	11:50 – 11:51
8	Invitation for the next session – 12-18-11	Guddi	11:51 – 11:52
9	Beg for forgiveness for any mistakes	Swati	11:52 – 11:53
10	Last Song (Dayamaya Shricharane)	Siddharth	11:53 – 11:54
11	Pranam, Jayaguru Nama Kirtan and closing of Curtain	All	11:54 – 11:55

Beginning Prarthana:

Bhaba Bandhana Mochana Pujiyabaram
Gunahinamasesha Gunadhipatim
Bhaba-bhirujane Satatam Baradam
Pranamami Gurum Siva Kalpatarum

Shri Guru Pranam:

Om Brahmanandam parama sukhadam kevalam jnanamurtim
Dvandatitam gagana sadrisam tattvamasyadi laksyam
Ekam nityam vimalamachalam sarvadhi saksibhutam
Bhavatitam trigunarahitam sadgurum tam namami.

Invitation:

Jayaguru. I invite Shri Shri Thakura, all the young aspirants, their parents and other members of America Saraswat Sangha to our next session to be held on Sunday, December 18, 2011 at 11:15 eastern time.

Beg for forgiveness for any mistakes:

Jayaguru. On behalf of all the young aspirants of America Saraswat Sangha, I beg for forgiveness from Shri Shri Thakur for any mistakes that we might have made.

The Need for Worshipping God

What is the need for worshipping God? Many think, God is not engulfed in Maya or illusion, he shall do what is necessary for the betterment of Maya-infested Jeeva. He is beyond any happiness, sorrows, praise, slander, prayer, worship. He is doing what is needed for him to do. Then, what is the need for his worship? We are engulfed in Maya; we need to follow the path of righteousness with the help of our conscience and intellect. Let God do his work and let us keep doing what we are doing. What is the need for flattery? However, that is the purpose of worshipping God. The meaning of worship is thinking of God. What is God-thinking? If you try to think of God by closing your eyes, you will see nothing but darkness. Moreover, the thought of mundane material happenings will completely overpower you.

According to Garuda Purana, God-thinking or meditating upon God is the unflinching devotion toward him while performing his worship, prayer, other day-to-day work.

We don't worship or pray God with the sole purpose of satisfying the God. We worship, pray and meditate upon him to be like him or achieve the state of Godhead. The deluded beings need to worship god to remove ignorance. The true knowledge (knowledge of self) is also acquired through prayer and worship even if the limited thinking of the mind has not completely ceased and redirected to thinking and meditating upon god. Gradually, the betterment of the individual soul is achieved when the divine qualities in the jeeva are stimulated by appearance of true knowledge. However, the state of Godhead is achieved by uninterrupted thought of God after cessation of limited mundane thinking of the mind. Then, when there is no thought of God, the unreal material things appear to be real since the mind is completely occupied by the mundane thoughts. At that time the jeeva is completely engulfed in material thoughts and gets fully established as a worldly or material being. Srimad Bhagbat says, "He who thinks of material prosperity gets his mind fixated in that. Then again, he who thinks or meditated upon God, his mind gets completely immersed in his thoughts. Hence, reject the impure thoughts like futile dreams and affix your thoughts on God by chanting his name."

Lord Sri Krishna has said to Arjun in Bhagbat Gita. "*I am easily attainable by that ever-steadfast Yogi who constantly and daily remembers Me (for a long time), not thinking of anything else (with a single or one-pointed mind), O Partha (Arjuna)!*"

Buddha has advised his followers to perform their duties by following their conscience while being unattached and devoid of desires. He has remained silent about God. Hence, the religion became lifeless and inert after sometime. How can the limited ego be annihilated, if we don't think that everything that we see, feel and think is his possession and every work is being performed at this mercy? The nectar that flows after worship of God is as useful to the soul as the breast-milk to a baby. Worshipping makes the soul strong and powerful such that it can overcome innumerable obstacles in the way of spiritual progress. It is extremely easy to obtain anything that is necessary for spiritual progress of the soul by worshipping. What more to say? Worship is everything to the soul. Let's pray to the God that we always have the right to worship.