

MEDICITI HOSPITAL

‘Nakhakhu, Lalitpur’

Contact:041-4217766,PO Box:xxx-xxx

Patient Name: Ram Ghimire

Report Status: Preliminary

Age: 25Y

Date Time: 2010-08-07

Gender: M

Name of Doctor: Dr. Anu Malla

Body Site: Heart

MBBS(IOM,TU) MD(IOM,TU)

Record Type: Fluctuating Blood Pressure

NMC No: 1798

Category: 103693007

Allergy

None

Vital Parameters

Pulse: 90 per min

SPO2: 98 percentage

Temperature: 97.5 F

Respiration: 18 per min

Height: 190 cms

Blood Pressure (mm per Hg)

Weight: 75 kgs

Systolic: 130

BMI: 22.40

Diastolic: 90

Symptoms

Onset: 2020-06-25

1. Nausea

4. Shortness in Breathing

2. Restlessness

5. Severe Headaches

3. Chest Pain

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Comments

- | | |
|---------------------------|-----------------------------|
| 1. Family History | 4. Over consumption of salt |
| 2. Overload of work | 5. Greasy and Oily diet |
| 3. Lack of adequate sleep | |

Tests to be Performed

1. Electrocardiogram(ECG)

Prescriptions

1. Norvasc
2. Light Exercise