

**KMC HOSPITAL**  
'Sinamangal, Kathmandu'  
Contact:041-xxxxxxx,PO Box:xxx-xxx

Patient Name: Shyam Sharma

Report Status: Preliminary

Age: 21Y

Date Time: 2021-02-07

Gender: M

Name of Doctor: Dr. Sameer Aryal

Body Site: General Body

MBBS(IOM,TU) MD(IOM,TU)

Record Type: Blood Sugar Fluctuation

NMC No: 2618

Category: 103693007

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**Allergy**

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Pet Allergy(Cat)

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**Vital Parameters**

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Pulse: 90 per min

SPO2: 98 percentage

Temperature: 97.5 F

Respiration: 18 per min

Height: 170 cms

Blood Pressure (mm per Hg)

Weight: 90 kgs

Systolic: 120

BMI: 31

Diastolic: 80

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**Symptoms**

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Onset: 2020-03-20

1. Weight Loss

4. Blurred Vision

2. Frequent Urination

3. Excessive Hunger

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**Comments**

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1. Excessive consumption of sugar
2. Obease Diet
3. Lack of exercise
4. Over consumption of meat and fat

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**Tests to be Performed**

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1. Glucose [Mass/Volume] in Serum, Plasma or Blood

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**Prescriptions**

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1. Metformin
2. Metaglip