

Peterson Development Scale: Male

ID:

Today's Date:

Birthdate:

All teenagers change and develop physically, mentally, and emotionally. As you know, these are all normal changes that everyone goes through, and we call it puberty.

Because these changes associated with puberty can affect how your brain thinks and pays attention, this study needs to be sure of what stage of puberty each volunteer is in.

Please answer the following questions as honestly as you can. Remember, everything is **anonymous & private**; your name is not on this paper.

..1,

•

For each question, please circle the letter that best describes what is happening to you. Please only choose one answer for each question.

1. Would you say that your growth in height"
 - a. Has not yet begun to spurt ("spurt" means more growth than usual)
 - b. Has barely started
 - c. Is definitely underway
 - d. Seems completed
2. And how about the growth of body hair ("body hair" means underarm and pubic hair)? Would you say that your body hair has:
 - a. Not yet started growing
 - b. Has barely started growing
 - c. Is definitely underway
 - d. Seems completed
3. Have you noticed any skin changes, especially pimples?
 - a. Not yet started showing changes
 - b. Have barely started showing changes
 - c. Skin changes are definitely underway
 - d. Skin changes seem completed
4. Have you noticed a deepening of your voice?
 - a. Not yet started changing
 - b. Has barely started changing
 - c. Voice change is definitely underway
 - d. Voice change seems completed
5. Have you begun to grow hair on your face?
 - a. Not yet started growing hair
 - b. Has barely started growing hair
 - c. Facial hair growth is definitely underway
 - d. Facial hair growth seems completed
6. Do you think your development is any earlier or later than most other boys your age?
 - a. Much earlier
 - b. Somewhat earlier
 - c. About the same
 - d. Somewhat later
 - e. Much later
7. How tall are you? Height: I am _____ feet and _____ inches tall.
8. How much do you weigh? Weight: I weigh _____ pounds.

Peterson Development Scale: Female

ID:

Today's Date:-

Birthdate:

All teenagers change and develop physically, mentally, and emotionally. As you know, these are all normal changes that everyone goes through, and we call it puberty.

Because these changes associated with puberty can affect how your brain thinks and pays attention, this study needs to be sure of what stage of puberty each volunteer is in.

Please answer the following questions as honestly as you can. Remember, everything is **anonymous & private**; your name is not on this paper.

For each question, please circle the letter that best describes what is happening to you. Please only choose one answer for each question.

1. Would you say th_at your growth in height"
 - a. Has not yet begun to spurt ("spurt" means more growth than usual)
 - b. Has barely started
 - c. Is definitely underway
 - d. Seems completed
2. And how about the growth of body hair ("body hair" means underarm and pubic hair)?
Would you say that your body hair has:
 - a. Not yet started growing
 - b. Has barely started growing
 - c. Is definitely underway
 - d. Seems completed
3. Have you noticed any skin changes, especially pimples?
 - a. Not yet started showing changes
 - b. Have barely started showing changes
 - c. Skin changes are definitely underway
 - d. Skin changes seem completed
4. Have your breasts begun to grow?
 - a. Not yet started growing
 - b. Has barely started changing
 - c. Breast growth is definitely underway
 - d. Breast growth seems completed
5. Do you think your development is any earlier or later than most other girls your age?
 - a. Much earlier
 - b. Somewhat earlier
 - c. About the same
 - d. Somewhat later
 - e. Much later
6. Have you begun to menstruate?
 - a. No
 - b. Yes
7. If you answered "yes", how old were you when you first menstruated?

I was _____ years and _____ months old.
8. How tall are you? Height: I am _____ feet and _____ inches tall.
9. How much do you weigh? Weight: I weigh _____ pounds.