|  | | **Study Population** | |  |
| --- | --- | --- | --- | --- |
| **Variables** | **n** | **Community** N = 28051 | **University** N = 14661 | **p-value**2 |
| **GAD-7 Total Score** | 4271 |  |  | **<0.001** |
| *Mean (SD)* |  | 4.8 (4.0) | 4.1 (3.4) |  |
| *Median (Q1, Q3)* |  | 4.0 (1.0, 8.0) | 3.0 (2.0, 6.0) |  |
| *Min, Max* |  | 0.0, 21.0 | 0.0, 21.0 |  |
| **GAD-7 Anxiety** | 4271 |  |  | **<0.001** |
| *No Anxiety (0-9)* |  | 2410 (85.9%) | 1333 (90.9%) |  |
| *Anxiety (10 and above)* |  | 395 (14.1%) | 133 (9.1%) |  |
| **PHQ-9 Total Score** | 4271 |  |  | **<0.001** |
| *Mean (SD)* |  | 6.1 (5.0) | 4.8 (4.4) |  |
| *Median (Q1, Q3)* |  | 4.0 (2.0, 11.0) | 3.0 (2.0, 8.0) |  |
| *Min, Max* |  | 0.0, 27.0 | 0.0, 26.0 |  |
| **PHQ-9 Depression** | 4271 |  |  | **<0.001** |
| *No Depression (0-12)* |  | 2447 (87.2%) | 1365 (93.1%) |  |
| *Depression (13 and above)* |  | 358 (12.8%) | 101 (6.9%) |  |
| **PSQ Psychosis** | 4271 |  |  | **<0.001** |
| *No Psychosis (0-2)* |  | 2179 (77.7%) | 896 (61.1%) |  |
| *Psychosis (3 and above)* |  | 626 (22.3%) | 570 (38.9%) |  |
| **PSQ Total score** | 4271 |  |  | **<0.001** |
| *Mean (SD)* |  | 1.6 (2.2) | 2.1 (2.2) |  |
| *Median (Q1, Q3)* |  | 1.0 (0.0, 2.0) | 2.0 (0.0, 4.0) |  |
| *Min, Max* |  | 0.0, 10.0 | 0.0, 10.0 |  |
| **Age** | 4267 |  |  | **<0.001** |
| *Mean (SD)* |  | 38.8 (14.0) | 24.3 (9.4) |  |
| *Median (Q1, Q3)* |  | 36.0 (28.0, 47.0) | 21.0 (19.0, 24.0) |  |
| *Min, Max* |  | 17.0, 101.0 | 17.0, 72.0 |  |
| *Missing* |  | 0 | 4 |  |
| **Age group** | 4267 |  |  | **<0.001** |
| *< 20 years* |  | 68 (2.4%) | 459 (31.4%) |  |
| *20-34 years* |  | 1178 (42.0%) | 814 (55.7%) |  |
| *35-49 years* |  | 976 (34.8%) | 127 (8.7%) |  |
| *50 and above* |  | 583 (20.8%) | 62 (4.2%) |  |
| *Missing* |  | 0 | 4 |  |
| **Gender** | 4271 |  |  | **0.010** |
| *Female* |  | 1634 (58.3%) | 794 (54.2%) |  |
| *Male* |  | 1171 (41.7%) | 672 (45.8%) |  |
| **Marital Status** | 4271 |  |  | **<0.001** |
| *Single* |  | 1446 (51.6%) | 1251 (85.3%) |  |
| *Married* |  | 1359 (48.4%) | 215 (14.7%) |  |
| **Household head** | 4190 |  |  | **<0.001** |
| *No* |  | 795 (29.2%) | 1083 (73.9%) |  |
| *Yes* |  | 1929 (70.8%) | 383 (26.1%) |  |
| *Missing* |  | 81 | 0 |  |
| **Level of Education** | 4266 |  |  | **<0.001** |
| *No formal education* |  | 1081 (38.6%) | 0 (0.0%) |  |
| *Primary level* |  | 850 (30.4%) | 0 (0.0%) |  |
| *Secondary level* |  | 741 (26.5%) | 0 (0.0%) |  |
| *Tertiary level* |  | 128 (4.6%) | 1466 (100.0%) |  |
| *Missing* |  | 5 | 0 |  |
| **Year of study** | 1466 |  |  |  |
| *First* |  | 0 (NA%) | 603 (41.1%) |  |
| *Second* |  | 0 (NA%) | 438 (29.9%) |  |
| *Third* |  | 0 (NA%) | 229 (15.6%) |  |
| *Fourth* |  | 0 (NA%) | 196 (13.4%) |  |
| *Missing* |  | 2805 | 0 |  |
| **Supportive** | 1466 |  |  |  |
| *Not suppotive* |  | 0 (NA%) | 244 (16.6%) |  |
| *Slightly supportive* |  | 0 (NA%) | 184 (12.6%) |  |
| *Moderately Supportive* |  | 0 (NA%) | 296 (20.2%) |  |
| *Supportive* |  | 0 (NA%) | 435 (29.7%) |  |
| *Very Supportive* |  | 0 (NA%) | 307 (20.9%) |  |
| *Missing* |  | 2805 | 0 |  |
| **Source of Income** | 1466 |  |  |  |
| *Family* |  | 0 (NA%) | 570 (38.9%) |  |
| *Personal* |  | 0 (NA%) | 332 (22.6%) |  |
| *Loan* |  | 0 (NA%) | 236 (16.1%) |  |
| *Scholarship* |  | 0 (NA%) | 315 (21.5%) |  |
| *Other* |  | 0 (NA%) | 13 (0.9%) |  |
| *Missing* |  | 2805 | 0 |  |
| **Awareness** | 1466 |  |  | >0.999 |
| *No* |  | 0 (NA%) | 911 (62.1%) |  |
| *Yes* |  | 0 (NA%) | 555 (37.9%) |  |
| *Missing* |  | 2805 | 0 |  |
| **Mental Health Sevices** | 1466 |  |  | >0.999 |
| *No* |  | 0 (NA%) | 1324 (90.3%) |  |
| *Yes* |  | 0 (NA%) | 142 (9.7%) |  |
| *Missing* |  | 2805 | 0 |  |
| **Activity Level** | 4271 |  |  | **<0.001** |
| *Never* |  | 148 (5.3%) | 99 (6.8%) |  |
| *Rarely* |  | 703 (25.1%) | 251 (17.1%) |  |
| *Occasionally* |  | 979 (34.9%) | 575 (39.2%) |  |
| *Frequently* |  | 975 (34.8%) | 541 (36.9%) |  |
| **Social media use** | 4271 |  |  | **<0.001** |
| *< 1 hour* |  | 1104 (39.4%) | 338 (23.1%) |  |
| *1-3 hours* |  | 462 (16.5%) | 507 (34.6%) |  |
| *3-5 hours* |  | 537 (19.1%) | 445 (30.4%) |  |
| *> 5 hours* |  | 702 (25.0%) | 176 (12.0%) |  |
| **1. Feeling nervous, anxious, or on edge** | 4271 |  |  | **<0.001** |
| *Not at all sure* |  | 1255 (44.7%) | 691 (47.1%) |  |
| *Several days* |  | 1227 (43.7%) | 618 (42.2%) |  |
| *Over half the days* |  | 184 (6.6%) | 131 (8.9%) |  |
| *Nearly every day* |  | 139 (5.0%) | 26 (1.8%) |  |
| **2. Not being able to stop or control worrying** | 4271 |  |  | **<0.001** |
| *Not at all sure* |  | 1624 (57.9%) | 706 (48.2%) |  |
| *Several days* |  | 644 (23.0%) | 602 (41.1%) |  |
| *Over half the days* |  | 449 (16.0%) | 139 (9.5%) |  |
| *Nearly every day* |  | 88 (3.1%) | 19 (1.3%) |  |
| **3. Worrying too much about different things** | 4271 |  |  | **<0.001** |
| *Not at all sure* |  | 1399 (49.9%) | 688 (46.9%) |  |
| *Several days* |  | 964 (34.4%) | 574 (39.2%) |  |
| *Over half the days* |  | 322 (11.5%) | 170 (11.6%) |  |
| *Nearly every day* |  | 120 (4.3%) | 34 (2.3%) |  |
| **4. Trouble relaxing** | 4271 |  |  | **<0.001** |
| *Not at all sure* |  | 1836 (65.5%) | 862 (58.8%) |  |
| *Several days* |  | 557 (19.9%) | 444 (30.3%) |  |
| *Over half the days* |  | 308 (11.0%) | 141 (9.6%) |  |
| *Nearly every day* |  | 104 (3.7%) | 19 (1.3%) |  |
| **5. Being so restless that it's hard to sit still** | 4271 |  |  | **<0.001** |
| *Not at all sure* |  | 1806 (64.4%) | 874 (59.6%) |  |
| *Several days* |  | 601 (21.4%) | 431 (29.4%) |  |
| *Over half the days* |  | 272 (9.7%) | 142 (9.7%) |  |
| *Nearly every day* |  | 126 (4.5%) | 19 (1.3%) |  |
| **6. Becoming easily annoyed or Irritable** | 4271 |  |  | **<0.001** |
| *Not at all sure* |  | 899 (32.0%) | 779 (53.1%) |  |
| *Several days* |  | 1332 (47.5%) | 517 (35.3%) |  |
| *Over half the days* |  | 420 (15.0%) | 139 (9.5%) |  |
| *Nearly every day* |  | 154 (5.5%) | 31 (2.1%) |  |
| **7. Feeling afraid as if something awful might happen** | 4271 |  |  | **<0.001** |
| *Not at all sure* |  | 1430 (51.0%) | 971 (66.2%) |  |
| *Several days* |  | 882 (31.4%) | 359 (24.5%) |  |
| *Over half the days* |  | 341 (12.2%) | 106 (7.2%) |  |
| *Nearly every day* |  | 152 (5.4%) | 30 (2.0%) |  |
| **1. Little interest or pleasure in doing things** | 4271 |  |  | **<0.001** |
| *Not at all* |  | 1072 (38.2%) | 734 (50.1%) |  |
| *Several days* |  | 1419 (50.6%) | 564 (38.5%) |  |
| *More than half the days* |  | 208 (7.4%) | 127 (8.7%) |  |
| *Nearly every day* |  | 106 (3.8%) | 41 (2.8%) |  |
| **2. Feeling down, depressed, or hopeless** | 4271 |  |  | **<0.001** |
| *Not at all* |  | 1447 (51.6%) | 813 (55.5%) |  |
| *Several days* |  | 723 (25.8%) | 508 (34.7%) |  |
| *More than half the days* |  | 480 (17.1%) | 126 (8.6%) |  |
| *Nearly every day* |  | 155 (5.5%) | 19 (1.3%) |  |
| **3. Trouble falling or staying asleep, or sleeping too much** | 4271 |  |  | **<0.001** |
| *Not at all* |  | 1220 (43.5%) | 741 (50.5%) |  |
| *Several days* |  | 1050 (37.4%) | 497 (33.9%) |  |
| *More than half the days* |  | 366 (13.0%) | 198 (13.5%) |  |
| *Nearly every day* |  | 169 (6.0%) | 30 (2.0%) |  |
| **4. Feeling tired or having little energy** | 4271 |  |  | **<0.001** |
| *Not at all* |  | 901 (32.1%) | 741 (50.5%) |  |
| *Several days* |  | 1417 (50.5%) | 522 (35.6%) |  |
| *More than half the days* |  | 344 (12.3%) | 170 (11.6%) |  |
| *Nearly every day* |  | 143 (5.1%) | 33 (2.3%) |  |
| **5. Poor appetite or overeating** | 4271 |  |  | **<0.001** |
| *Not at all* |  | 1627 (58.0%) | 877 (59.8%) |  |
| *Several days* |  | 667 (23.8%) | 430 (29.3%) |  |
| *More than half the days* |  | 358 (12.8%) | 132 (9.0%) |  |
| *Nearly every day* |  | 153 (5.5%) | 27 (1.8%) |  |
| **6. Feeling bad about yourself or that you are a failure or have let yourself or your family down** | 4271 |  |  | **<0.001** |
| *Not at all* |  | 1623 (57.9%) | 965 (65.8%) |  |
| *Several days* |  | 718 (25.6%) | 356 (24.3%) |  |
| *More than half the days* |  | 295 (10.5%) | 125 (8.5%) |  |
| *Nearly every day* |  | 169 (6.0%) | 20 (1.4%) |  |
| **7. Trouble concentrating on things** | 4271 |  |  | **0.003** |
| *Not at all* |  | 1885 (67.2%) | 907 (61.9%) |  |
| *Several days* |  | 644 (23.0%) | 407 (27.8%) |  |
| *More than half the days* |  | 183 (6.5%) | 104 (7.1%) |  |
| *Nearly every day* |  | 93 (3.3%) | 48 (3.3%) |  |
| **8. Moving or speaking so slowly or being so fidgety or restless that you have been moving around a lot more than usual** | 4271 |  |  | **<0.001** |
| *Not at all* |  | 1580 (56.3%) | 971 (66.2%) |  |
| *Several days* |  | 745 (26.6%) | 341 (23.3%) |  |
| *More than half the days* |  | 363 (12.9%) | 116 (7.9%) |  |
| *Nearly every day* |  | 117 (4.2%) | 38 (2.6%) |  |
| **9. Thoughts that you would be better off dead or of hurting yourself in some way** | 4271 |  |  | **<0.001** |
| *Not at all* |  | 2022 (72.1%) | 1120 (76.4%) |  |
| *Several days* |  | 560 (20.0%) | 278 (19.0%) |  |
| *More than half the days* |  | 126 (4.5%) | 54 (3.7%) |  |
| *Nearly every day* |  | 97 (3.5%) | 14 (1.0%) |  |
| **Have there been times when you felt very happy indeed without a break for days on end?** | 4271 |  |  | 0.263 |
| *No* |  | 1461 (52.1%) | 790 (53.9%) |  |
| *Yes* |  | 1344 (47.9%) | 676 (46.1%) |  |
| **Was there an obvious reason for this and did your relatives or friends think it was strange or complain about it?** | 4271 |  |  | 0.074 |
| *No* |  | 2075 (74.0%) | 1047 (71.4%) |  |
| *Yes* |  | 730 (26.0%) | 419 (28.6%) |  |
| **Have you ever felt that your thoughts were directly interfered with or controlled by some outside force or person?** | 4271 |  |  | **<0.001** |
| *No* |  | 2440 (87.0%) | 957 (65.3%) |  |
| *Yes* |  | 365 (13.0%) | 509 (34.7%) |  |
| **Did this come about in a way that many people would find hard to believe, for instance, through telepathy?** | 4271 |  |  | **<0.001** |
| *No* |  | 2612 (93.1%) | 1117 (76.2%) |  |
| *Yes* |  | 193 (6.9%) | 349 (23.8%) |  |
| **Have there been times when you felt that people were against you?** | 4271 |  |  | **<0.001** |
| *No* |  | 2025 (72.2%) | 1181 (80.6%) |  |
| *Yes* |  | 780 (27.8%) | 285 (19.4%) |  |
| **Have there been times when you felt that people were deliberately acting to harm you or your interests?** | 4271 |  |  | **<0.001** |
| *No* |  | 2540 (90.6%) | 1393 (95.0%) |  |
| *Yes* |  | 265 (9.4%) | 73 (5.0%) |  |
| **Have there been times when you felt that something strange was going on?** | 4271 |  |  | **0.008** |
| *No* |  | 2342 (83.5%) | 1176 (80.2%) |  |
| *Yes* |  | 463 (16.5%) | 290 (19.8%) |  |
| **Did you feel it was so strange that other people would find it very hard to believe?** | 4271 |  |  | 0.615 |
| *No* |  | 2549 (90.9%) | 1339 (91.3%) |  |
| *Yes* |  | 256 (9.1%) | 127 (8.7%) |  |
| **Have there been times when you heard or saw things that other people couldn’t?** | 4271 |  |  | **0.004** |
| *No* |  | 2407 (85.8%) | 1209 (82.5%) |  |
| *Yes* |  | 398 (14.2%) | 257 (17.5%) |  |
| **Did you at any time hear voices saying quite a few words or sentences when there was no one around that might account for it?** | 4271 |  |  | 0.116 |
| *No* |  | 2607 (92.9%) | 1381 (94.2%) |  |
| *Yes* |  | 198 (7.1%) | 85 (5.8%) |  |
| 1n (%); Mean (SD); Median (IQR); Range | | | | |
| 2Wilcoxon rank sum test; Pearson's Chi-squared test; Fisher's exact test | | | | |